Commentary

## Types of Congenital Disorder during Pregnancy

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## DESCRIPTION

Congenital means present birth and describes birth defects. Congenital illnesses may be influenced by inherited environmental variables impact of child's growth and health. A child with a congenital ailment may experience health problems or a disability for the rest of the life. Congenital defects are a common cause in pregnant which leads anxiety, especially the condition runs in the family. Some congenital abnormalities may be present at birth in that case a kid will be born with one or all congenital abnormalities which are detectable during pregnancy. Minor abnormalities are inconspicuous which structural and aesthetic faults that are assessed subjectively. Minor anomalies are distinguished from malformations, which happen during blastogenesis and organogenesis, as evolving during pathogenesis the acquisition of final form occurs between days 57 and 266 of development. During this time, the foetus grows quickly and each organ's function and cell type mature while also acquiring its distinct characteristics. The degree to which a physical attribute is inherited varies with some characteristics being predominately inherited and others being strongly influenced by environmental factors. Genetically caused disorders usually involve multiple genes that were acquired from both parents. Multifactorial is a term that sometimes used to describe a kind of variation which is polygenically determined. The population exhibits a significant incidence of the mildest, most recent anomalies, and many of them appear to be predominantly hereditary. These include certain peculiarities that might or might not be internal. No problem occurs at heart, brain, or other organs until an autopsy is carried out after a person dies from non-congenital reasons or after sustaining an injury.

## Typical congenital conditions include

Cleft palate and cleft lip: Palate and lip deformities It is believed that a combination of genes and environmental factors, including the mother's exposure to the environment, what she consumes or drinks, or certain drugs she uses while pregnant, can cause cleft palate and cleft lip.

**Fragile X syndrome:** Fragile X syndrome is the most prevalent underlying genetic cause of autism. Autism is present in one-third of persons who have the syndrome. However, even those who do not have autism frequently display certain autistic traits, such as avoiding eye contact and finding it difficult to socially communicate with others.

**Dwarf syndrome:** Down's syndrome, also known as trisomy 21, is a genetic disorder caused by the presence of a third copy of chromosome 21 in whole or in part. It is commonly associated with physical growth delays, mild to severe intellectual disabilities, and unusual facial characteristics. The average IQ of a young adult with Down syndrome is 50, which is comparable to a child who is eight or nine years old, while individual differences do exist.

Amniocentesis: Amniocentesis is a prenatal test that can detect genetic disorders such Down syndrome and spina bifida and other health issues in an unborn child. A medical practitioner uses a needle to retrieve a small amount of amniotic fluid from the uterus, and then a lab tests the sample to look for specific disorders.

## **CONCLUSION**

Although congenital cystic disorders are generally considered to be paediatric illnesses, congenital cystic diseases refer to any lung cystic process supposed to have already been present at birth. The most frequent congenital cystic diseases seen in surgical pathology are congenital lobar over inflation (also known as congenital lobar emphysema), congenital cystic adenomatoid malformation (CCAM), also known as congenital pulmonary airway malformation (CPAM), bronchogenic cyst, and pulmonary sequestration. There is a lot of overlap between these entities, indicating a common pathogenesis. In some situations, there are also further pulmonary problems. Congenital cystic lung problems are frequently found in gestation and are associated with a favourable postnatal phase when there is no foetal hydrops or other serious congenital defects.

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