Opinion Article

## Tympanometry Treatment for Hearing Disorder

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## DESCRIPTION

Tympanometry is a test that assists in determining the correct functioning of the middle ear. The eardrum, also known as the tympanic membrane, is located behind the middle ear. The purpose of the test is to determine the state and mobility of the tympanic membrane as it responds to pressure variations. The test assists doctors in identifying and monitoring any middle ear disorders. Following the test, the doctor records the data in a graph known as a tympanogram. Tympanometry is a test that assists in determining the correct functioning of the middle ear. The eardrum, also known as the tympanic membrane, is located behind the middle ear. The purpose of the test is to determine the state and mobility of the tympanic membrane as it responds to pressure variations. The test assists doctors in identifying and monitoring any middle ear disorders. Following the test, the doctor records the data in a graph known as a tympanogram.

A tympanogram is a graphical representation of the eardrum's function in reaction to variations in air pressure within the ear canal. When sound waves strike the eardrum, a portion of the sound is absorbed and sent to the middle ear. The remaining portion of the sound is reflected. The doctor can assess the middle ear functions, particularly the eustachian tube function, using the information on the tympanogram. Normal Readings are as the eardrum responds to the stimulation; the line takes on a "peak" structure around the 0 daPA if the values are within the usual range. Normal readings show that: The eardrums function normally. There is no middle ear fluid. For kids and adults, the normal pressure inside the middle ear varies from +50 to -50 daPA. Abnormal readings are the line may extend beyond or before the 0 da Pa level if the measurements are irregular.

Take notice that daPa is an air pressure measurement that stands for decapascals. The line will be flat if the eardrum is not sensitive, most likely owing to perforation or fluid. Other possible explanations for the tympanometry results include: Scarring of the eardrum as a result of ear infections, middle ear pressure that exceeds the usual range, ear tumors in the middle ear, lack of movement and other concerns affecting the middle ear ossicles, earwax is clogging the eardrum. Hearing aids may not repair the hearing loss if moisture or earwax is obstructing the eardrum. Instead, they should talk with the doctor to determine the best course of action.

## **CONCLUSION**

A primary care physician may use an otoscope to peek into the ear canal before the test. This is to ensure that no earwax or other object is blocking the ear canal. They will next insert a probe-like instrument into the ear canal. It may feel strange at first, and you may hear loud tones as the equipment begins to gather measurements. The air pressure in the ear is changed throughout this test, causing the eardrum to move back and forth. A tympanogram is a recording of the movement of the eardrum. During the exam, the patient will be unable to move, speak, or swallow. If they do, the result may be wrong. Tympanometry simply looks for signals that anything is wrong with the middle ear. The most prevalent reason for an abnormal tympanogram is fluid in the middle ear. Other tests may be required to diagnose an ear condition. If the test results are consistently abnormal, or the doctor feels that anything other than fluid is behind the tympanic membrane, they may refer to a specialist for more testing and a follow-up examination.

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