

HPV Vaccination Concepts in the Reality of Today

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ABSTRACT

The aim of this review is to evaluate the complex interaction between HPV and human body, in order to contextualize its role in the development of infective-related disease and neoplastic transformation.

While the clinical value of vaccination on the field of gynecology has been widely investigated, the growing introduction of universal coverage (both males and females) leads to the need to extend investigations to adjunctive areas of interest. This is the rationale to extend and combine in a single review the main emerging areas where the HPV vaccination could induce an effective immunological response: HPV-related upper aerodigestive tract (UADT) pathologies, and HPV-related alterations of reproductive processes in males and females.

There is no doubt that universal vaccination against HPV (9vHPV) is demonstrating its effectiveness in the prevention of most HPV-related conditions and worldwide prevalence data allow us to consider HPV vaccination from adolescence to late adulthood.

We can conclude that: i) HPV infection is still very prevalent in sexually active population and may be associated to cervical, oropharyngeal, penile and anal cancers; ii) due to HPV vaccination and screening for cervical cancer, the incidence of cervical carcinoma is strongly decreased; iii) the rate of oropharyngeal cancer is growing worldwide and since 2010 it represents in males the most frequent HPV related cancer among U.S. population; iv) HPV semen infection, has been related to impaired sperm parameters, higher miscarriage rate and, in general, to couple infertility both by natural and assisted conception; v) recent efforts toward a universal vaccination against HPV have demonstrated its effectiveness in the prevention of most HPV-related conditions; vi) growing evidences suggest positive effects of adjuvant vaccination in patients with HPV related cancer and in HPV infected infertile couples.

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INTRODUCTION

More than 630,000 cancer cases each year (4.5% of all cancers) are attributable to the Human Papilloma Virus (HPV), which represents a significant threat to global public health [1]. HPV-related tumors account for 8.6% of all tumor cases in females (N=570,000) and 0.8% of cases (N=60,000) in males. Most of HPV-related tumors are localized in the uterine cervix (N=528,000), followed by those of the head and neck region (N=37,500), anus (N=35,000), penis (N=13,000), vagina (N=12,000) and vulva (N=8,500). HPV-16 is the most commonly identified genotype in HPV-related tumors, while the combination of HPV 16/18 genotypes (included in 2vHPV) and HPV 6/11/16/18/31/33/45/52/58 genotypes (included in 9vHPV) account for 73% (N=460,000) and 90% (N=570,000) of cases, respectively.

Cervical cancer remains the second most common cancer in women living in less developed regions, with about 445,000 new cases in 2012 and approximately 230,000 deaths. On the other hand, oropharyngeal carcinoma (OPC) represents a growing threat in developed countries.

Currently, more than 200 types of HPV have been identified and about 15 types (HPV 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66, 68, 82) have demonstrated tumorigenic potential. However, it is important to remember that Human Papilloma Viruses are ubiquitous. The estimated worldwide HPV-DNA point prevalence is approximately 10%. The highest estimates were found in Africa and Latin America (20–30%), and the lowest in southern Europe and South East Asia (6–7%).

HPV infections are transmitted mainly through direct skin-to-skin or skin-to-mucosa contact, and the highest incidence of anogenital infection occurs in teens and young adults. Increasing age is linked to a decrease in the acquisition of anogenital HPV infection as a corollary of fewer new partners and, possibly, immunity to previously cleared infections. Non-sexual routes account for a tiny minority of HPV infections, and include perinatal transmission and, possibly, transmission by medical procedures and fomites.

The 2vHPV vaccine containing genotypes 16 and 18 and the 4vHPV vaccine containing genotypes 16, 18, 6 and 11 have been introduced in Europe and United States since many years. Furthermore, in June 2015 the EMA (European Medicines Agency) [2] has authorized the commercialization of the 9-valent HPV vaccine (9vHPV) in the European Union. In line with the new European public health target for HPV vaccination, the objective is to offer adolescents of both genders maximum protection against all HPV-related pathologies.

This literary review is aimed at assessing new evidences and developments in the field of HPV-related diseases, giving a comprehensive and updated view on the impact of novel vaccination strategies.

HPV Virion or Virus: Infection or Cancer

In 1983 Bândeă [3] proposed the hypothesis that within HPV infected cells, HPV could be represented by virus particles, or by spores (or virions), that are reproductive forms. Low-risk HPVs may have evolved a life cycle that is optimized to rapidly produce copious amounts of progeny virus and readily form large productive lesions to maximize transmission of the virus to a new host. Conversely, high-risk HPV types tend to favor integration in the infected cell, altering cell regulation and promoting neoplastic transformation through expression of E6 and E7 (Figure 1). Such a model may predict that different HPVs may infect distinct target cells and that there may be differences in the persistence of viral genomes in infected host cells [4].

In the everyday practice HPV, DNA testing can detect both virus and virion through the expression of relevant genes or proteins, considering the necessity of the expression of E6 and E7 genes to maintaining the malignant growth of cervical cancer cells, specifically by inhibiting the tumor suppressors p53 [5]. Therefore, conventional DNA-based HPV tests that measure by E6 or E7 are well suitable for detection of HPV in clonal transformed cells that can lead to cancer but will also detect the E6/E7 DNA part present inside virions. When the detected viral HPV-DNA originates from a dividing cell, the detected HPV-DNA is never infectious (dividing cells do not support virion production) and does not affect fertility, but the viral DNA can transform the dividing cell it resides in, which could in time lead to pre-cancer and cancer [6].

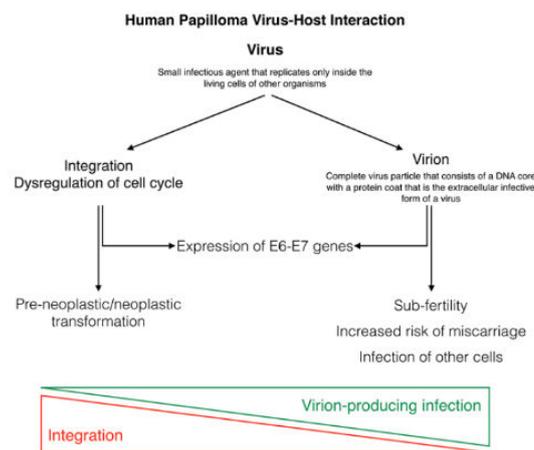


Figure 1: Human papilloma virus-host interaction.

The above mentioned concepts are opening a new questioned approach on the effect of the HPV virion producing pathway. In fact, in non-dividing desquamating cells HPV virions can cause temporal subfertility and the documentation shows that an infection with HPV during pregnancy is associated with the risk of spontaneous abortion [6].

Nevertheless, detection of HPV-DNA in women does not preclude from achieving a pregnancy. It only diminishes the chances with increasing amount of free virions being able to bind or to enter the oocyte. Different is expected to be the evaluation if the detected oncogenic HPV-DNA could originate from clonal HPV transformed cell population that could develop into cancer. Women with HPV induced cervical cancer and without simultaneously occurring HPV virion inducing infection would not be at increased risk for miscarriages or reduced chances of achieving a pregnancy. The explanation of this would be related to the adherence of HPV virions because the detected HPV-DNA is confined to the nucleus of the dividing HPV transformed cells.

Many reports suggested that the presence of circulating HPV-DNA could be a triggering event for virus diffusion into bloodstream, even in the absence of clinically detectable HPV related diseases. The presence of papillomavirus in peripheral blood leukocytes was reported by experimental data from animal models, showing that BPV (Bovine Papilloma Virus) DNA and transcripts can be found in blood cells a few days after intradermal inoculation of horses with BPV1 [7]. In humans, different types of HPV (genotypes 6,11,16,19) were reported to be present in peripheral blood mononuclear cells (PBMC) from female patients affected by HPV infections of the genito-urinary tract [8]. Moreover, in a study performed on HIV patients, about 20% of blood samples were tested positive for HPV-DNA type 16 [9]. Again, in female patients with cervical cancers Rombaldi et al. demonstrated that HPV-DNA can be detected in peripheral blood cells [10]. In this study, authors concluded that HPV detected in blood cells of cancer patients was not-only subtended by metastatic cells but was also related to PBMC. In another report performed in Australia, authors demonstrated the presence of HPV-DNA in peripheral leukocytes from a cohort of healthy blood donors (8% of subjects) [11]. However, the vast majority of these studies did not show HPV inside blood cells but its presence on the outside surface of cells. A more recent study, documented the presence of human papillomavirus markers in peripheral blood of 25% of patients with HPV-genitourinary infection. Both HPV-16 E6 and L1 proteins co-localized with the viral DNA [12]. In that study, authors reported that cells displaying molecular hallmarks of HPV were frequently found to be CD20+ B-lymphocytes and CD56+ natural killer-like (NK-like) cells, two leukocyte populations recruited during viral infection. Taken together, these findings rises major concerns regarding the risk of developing cancers to distal organs.

The Role of HPV Seminal Infection

Seminal infection represents the consequences of a predominantly virion-producing differentiation of the HPV "life-cycle". Transmission of the infection may be horizontal (by genital-genital, manual-genital, or oral-genital contact) or vertical (from mother to fetus). The risk factors that aid the establishment of this infection are: sexual intercourse at a young age, multiple sexual partners, prolonged use of oral contraceptives, high degree of parity, smoking, immunosuppression, co-infection with HIV and other sexually transmitted agents [13].

Several studies have now shown the presence of HPV in the semen of some subjects and its correlation with infertility. In fact, a higher prevalence of HPV infection has been reported in semen from infertile patients, independently of the presence of risk factors for HPV [14].

A systematic review and meta-analysis by Laprise et al. [15] reported a prevalence of HPV in the seminal fluid of 16% and 10% in the infertile and general population, respectively. Similarly, in a subsequent meta-analysis, Foresta et al. described a prevalence ranging from 2% to 31% in the general population, rising to 10%-36% in men with infertility of unknown origin [16]. Finally, in 2017, Lyu et al. published a meta-analysis on the relationship between HPV seminal infection and clinically treated infertility [17]. Evaluating a total of 31 studies, including 5,194 males, they observed an 11.4% prevalence of seminal infection in the general population (n=2.122) and of 20.4% in subjects afferent to assisted reproduction clinics (n=3.072). HPV 16 was the most common genotype, with a prevalence of 4.8% in the general population and 6% in fertility treatment candidates. Also in this case, a significantly increased risk of infertility was reported in infected males, suggesting that HPV at the seminal level could represent a risk factor for infertility in males. This has been confirmed by a further meta-analysis published in 2018 [18].

The prevalence of HPV in the sperm of infertile males therefore appears to be higher than that of the general population. Furthermore, data from the literature suggest that the presence of HPV could be able to reduce motility, induce the presence of antibodies and modify the seminal pH [19-22]. In a recent study, Boeri et al. showed that the presence of high-risk HPV in semen of infertile men is associated even with higher sperm DNA fragmentation [23].

However, there are only few data about the presence and significance of HPV in sperm. In particular, the exact localization and mechanism of infection by HPV in sperm, as well as the role of infected sperm cells as a transmission vector for the virus to the oocyte and possible interference with fertilization and embryo development are little known. Beside natural fertility, this is also of crucial importance in relation to in vitro fertilization techniques because of the possibility that sperm infected with HPV injected in the oocyte cytoplasm could interfere with fertilization, implantation, embryo development, premature abortion, and definitively with outcome and safety of these techniques. An in vitro study performed in 2011 [24], shed new light in these aspects. The authors showed that sperm infection takes place through the binding between the viral capsid of HPV and the protein syndecan-1 on the sperm head. Moreover, they demonstrated that infected sperm are able to transfer the capsid protein L1 and E6/E7 viral genes to the oocyte. Finally, they showed that HPV genome released by sperm was actively transcribed by the penetrated oocyte. These findings would explain the growing number of evidences concurred to identify the impairment of human reproduction as a consequence of sperm HPV infection [25,26,16]. In these articles, authors clearly demonstrated that couples undergoing assisted reproduction more frequently experience reduced fertilization, implantation and birth rate when the male partner

has HPV semen infection. In particular, the presence of HPV-DNA bound to sperm resulted as the best predictive factor of early miscarriage.

Recent data suggested that HPV prophylactic vaccination is effective in reducing mean clearance time in patients featured by HPV semen infection. This evidence may have a breakthrough impact on the clinical approach to patients with long-lasting HPV semen infection and in particular for those infertile patients eligible for ART (assisted reproduction technique) [27]. On this basis, a retrospective study was conducted to compare the natural reproductive outcome in vaccinated and unvaccinated patients [28]. The authors included 151 infertile couples with partners suffering from HPV seminal infection. Among the partners, 79 had received the vaccine while 72 had refused it. In the group receiving vaccination, in parallel to a higher rate of recovery, an improvement in the seminal parameters and a higher percentage of natural pregnancies were found (36% vs. 6%). Furthermore, among couples where the partner had received the vaccine, the rate of abortions was significantly reduced compared to that observed in the unvaccinated ones.

In summary, the finding of HPV in the sperm seems to be strongly predictive of the negative outcome of pregnancy. In this context, adjuvant vaccination seems to be associated with a higher eradication of HPV in the seminal fluid and with a significant increase in the rate of natural pregnancies and live births.

The Impact of Human Papilloma Virus in the Upper Aerodigestive Tract

The recently increasing prevalence of HPV infection in OPC has led to a radical change in the clinical and epidemiological characteristics of this disease, with a growing interest in the role of HPV in head and neck oncology. During the period 1999-2015, the CDC (Centers for Disease Control and Prevention) analyzed data from cancer registries covering 97.8% of the U.S. population [29]. In this report, cervical cancer rates decreased 1.6% per year while OPC rates increased among both men (2.7%) and women (0.8%). Incredibly in 2010, as a result of cervical cancer screening [30], the incidence of OPC in males resulted for the first time higher than that of cervical cancer. During 2015, the CDC reported 11,788 cases of cervical carcinoma and 18,917 cases of OPC, including 15,479 (82%) among men and 3,438 (18%) among women.

Conventional non-HPV-related OPC have comparable characteristics to the wide family of head and neck tumors. These tumors are typically characterized by a peak of incidence in the advanced age and a close relationship with classic risk factors, such as smoking and alcohol abuse. However, researchers have recently identified a progressive growth in a patient population with significantly different characteristics: younger age, lower prevalence of risk factors and favorable prognostic results [31]. This group of subjects, previously unidentified due to their lower prevalence, represents the cohort of patients affected by HPV-related OPC (HPV-OPC). In fact,

further studies demonstrated that HPV infection represents the main oncogenic drive in this subset of tumors.

Currently, the incidence of OPC is steadily growing throughout the world (particularly in North America and northern Europe), with a relative prevalence in males [32]. This phenomenon, investigated by various meta-analyses [33,34] is mainly linked to the increasing prevalence of oral infection from high-risk HPV genotypes and, consequently, to an increased incidence of HPV-OPC. The magnitude of this increase led to define this scenario as an actual HPV epidemic [35].

According to the study by Mehanna et al. [33] the global prevalence of HPV in the context of OPC has shifted from about 40% before 2000 to more than 70% after 2005. This growth appears to be rapid and progressive, with more recent data showing a prevalence above 90% in northern Europe [36].

Specifically, the HPV genotype most commonly associated with these tumors is the 16, responsible for about 84% of HPV-OPC [37-40].

Additional high-risk genotypes (mainly 33 and 18, also comprised in the 9-valent vaccine) are identifiable in approximately 10% of cases. This represents a significant advantage for potential vaccination coverage. In fact, the 9-valent vaccine has the potential to prevent infection by almost all genotypes associated with this disease.

In general, the prevalence of oral/oropharyngeal infection from high-risk HPV genotypes is highly variable in the population: ranging from 0% to about 6% [41-43], with peaks of 18% when more accurate analyses are performed [44]. This variability is mainly related to the geographic area analyzed, the genotypes included in the evaluation and the technique employed for determination. However, it is possible to observe a large group of individuals characterized by silent infection, without the immediate development of benign or neoplastic lesions, for whom the mechanism of initiation and neoplastic progression is not yet clear.

The number of sexual partners (especially as regards oral sex) was found to be the primary modifiable risk factor for this infection [45,43]. In addition, males showed a prevalence of infection three times higher than females. It has been suggested that the recent increase of incidence in HPV-OPC may be connected to the progressive modification of sexual habits, leading to a greater risk of infection [46].

In general, HPV-related OPC represents a separate neoplasm from conventional head and neck cancers and its differences can be observed in a variety of aspects: epidemiology, genetic and molecular mechanisms, clinical presentation, response to therapy and prognosis. Although the different epidemiological characteristics have already been mentioned, it is essential to underline how they often lead to a different patient management in the daily clinical practice. In fact, patients are frequently younger, belonging to a higher socio-economic class, with a healthier lifestyle, lower comorbidities and a lower rate of tobacco consumption [45]. These differences encouraged the search for a better balance in their therapeutic approach. In the face of a higher life expectancy and greater social and work

commitment, the treatment outcomes (long-term complications and sequelae) assume a predominant value in view of the improved prognosis. The main objective is to obtain the same survival results while reducing treatment invasiveness and sequelae.

For this reason, it has been possible to observe a rise in minimally invasive surgical techniques and non-surgical therapeutic regimens that may reduce post-treatment sequelae [47-49]. Currently, several clinical trials aimed at identifying the right balance between therapeutic efficacy and side effects are ongoing [47-49]. However, given the very recent development of these techniques, there is still no sufficient data to modify the current treatment indications.

From a genetic and molecular point of view, HPV-OPC is radically different from its HPV-negative counterpart. The Cancer Genome Atlas (TCGA) [50] provided essential genetic characterization data for hundreds of head and neck squamous cell carcinomas (including HPV-OPC). Therefore, it was possible to confirm the substantial difference of the tumors driven by HPV infection, which are based on molecular activation mechanisms that are separate from other neoplasms. This is mainly due to the influence of the E6 and E7 proteins (an integral component of HPV) on the genomic regulation network.

These differences in the constitutive mechanisms of HPV-related OPC result in a different biological behavior. In fact, these tumors frequently present as early lesions (small and with minimal deep infiltration), but with significant nodal involvement [31]. In some cases, this imbalance between local extension (T category) and nodal burden (N category) can result in the impossibility of identifying the tumor of origin in the presence of metastatic lateral neck lymph nodes positive for HPV. This scenario, also characterized by an increasing incidence in the last decade, is defined as "carcinoma of unknown primary" [51]. Finally, it is crucial to underline how the different biological characteristics of HPV-OPC translate into prognostic results that are significantly improved when compared with those of the HPV-negative counterpart, regardless of the stage of disease. This has been widely demonstrated by several researches, including the rigorous study by Ang and co-workers [52] assessing a homogeneous cohort of 323 patients.

These clinical and prognostic differences have led to a change in the TNM staging system, which introduced a different prognostic classification for HPV-OPC and non-HPV-related carcinomas in the transition from the 7th to the 8th edition [53].

Indeed, this is the first official staging system differentiated by a molecular factor in head and neck oncology.

Once the critical role of HPV in the oncologic field has been clarified, it is necessary to mention its impact on other diseases of the upper aerodigestive tract (UADT). In fact, vaccination can have an equally significant effect on these affections. The most frequent are the squamous papilloma, the condyloma acuminatum, and the verruca vulgaris. Although the effect on individual health is not as significant as that of OPC, the impact

of these frequent diseases on general healthcare is non-negligible.

HPV infection (genotype 6 and 11) is also closely related to the recurrent respiratory papillomatosis, a rare disease which prevalence is about 2:100,000 in adults and 4:100,000 in children. This affection is characterized by the development of numerous papillomas involving the larynx or contiguous regions of the respiratory tract, especially in the pediatric age, due to maternal-fetal transmission. These papillomas often interfere with breathing and phonation and can frequently relapse, requiring various surgical procedures throughout the patient's life. Without treatment, the disorder is potentially fatal due to the progressive obstruction of the airways.

Thus, in the head and neck region, vaccination for HPV may potentially influence this complex array of diseases, characterized by a wide range of incidence and clinical impact. The main reason why the current HPV vaccines are not licensed for prevention of head and neck cancers is that clinical trials were only able to show an effect against cervical and other anogenital premalignant lesions [54-58].

Interestingly, various randomized phase III clinical trials have shown a significant reduction in the incidence of anogenital infections, genital warts and cervical or anal pre-neoplastic HPV 16/18 lesions following the implementation of vaccination programs [59-62].

This provides a first indirect proof of the possible effect of this preventive measure also at the level of the UADT [63]. Furthermore, additional studies have shown the production of a high titre of HPV-specific antibodies in oral mucosa fluids (saliva and mucosal transudate) in vaccinated subjects [64,65].

A study published in 2018 by Chaturvedi et al. [66] showed the first direct results of vaccination on the prevalence of oral/oropharyngeal HPV infection in 2,627 young adults. The comparison between unvaccinated and vaccinated subjects showed an 88% reduction in the rate of oral/oropharyngeal infection of the 4 genotypes included in the vaccine employed in the American population (6, 11, 16 and 18), shifting from a prevalence of 1.61% to 0.11%. These data confirm the preliminary results obtained by Herrero et al. [67] that observed a 93% reduction in the prevalence of HPV 16 and 18, although the analyzed population was less generalizable compared to that of Chaturvedi et al. However, although with favorable perspectives, high-quality data confirming the effectiveness of vaccination in preventing HPV-OPC is still lacking. In fact, the wide latency interval between HPV oropharyngeal infection and the development of HPV-related tumors, as well as their relatively advanced age of onset, do not yet allow to evaluate the effects of recent vaccination campaigns. In the future, it will be possible to observe the direct influence of this preventive measure on the global incidence of OPC.

Finally, tertiary prevention (reduction of relapses) represents a further potential for HPV vaccination in the field of UADT pathologies. This is particularly true when considering both recurrent respiratory papillomatosis and OPC, for which several there are several studies showing a reduction in the relapse rate

and an increase in the disease-free interval in affected patients who were treated with the quadrivalent vaccine [68,69].

HPV Infections, Immunity and Cancer

The immune system plays a central role in determining the outcome of HPV infection and the immune response essential for the clearance of HPV.

The HPV-16 E6 and E7 oncoproteins are constitutively expressed in cancer lesions as putative targets for the immune response against HPV [70].

As an aberration of virus infection, the constant activity of the viral proteins E6 and E7 leads to increasing genomic instability and accumulation of oncogene mutations, resulting in cancer formation [71,72,4]. Although the immune response is able to overcome the evasion mechanisms and clear infection in most cases, prolonged persistence of high-risk HPV types sometimes leads to malignancy.

Defense mechanisms include components of both the innate and the adaptive immune systems. The components of the innate immune response are activated complement ones, destroying virus infected cells and the virus itself. Specific antibodies for viral surface antigens block binding and/or fusion of virus, and coat the viral particles to facilitate receptor mediated phagocytosis and/or complement mediated lysis of virus. Antibody production from the mucosal tissues prevents HPV infection in the mucosal surface. The majority of HPV infections are cleared before cancer formation begins. However, if the host immune system fails to eliminate the virus, persistent HPV infection occurs.

Recent therapeutic approaches have shown the great potential of the stimulation of innate immune mechanisms, generally increasing Th1 or cytotoxic cells activities at the final step or even, both. T-cell mediated immune responses against oncogenic HPV are believed to play a central role in HPV-associated cancers. Natural killer (NK) cells are important components of the innate immune system directly involved in the anti-viral immune response. Ligands for NK cell receptors are primary for viral immune evasion. A study field, which is receiving more attention currently, considers the importance of the cells adjacent to the HPV-related tumor and all the environment surrounding it, highlighting the stromal cells (e.g. fibroblasts) as well as the cytokines and chemokines they produce. These cells may be considered as co-factors for HPV-associated carcinogenesis due to the intense cross-talk between them and epithelial tumor or immune cells at the tumor microenvironment [73].

Numerous investigations have identified NF- κ B as an important modulator in driving chronic inflammation to cancer. This transcription factor is indispensable for the malignant progression of transformed cells associated with various inflammatory cells and a network of signaling molecules. The expression and the function of numerous cytokines,

chemokines, growth factors, and survival factors are NF- κ B-dependent. It has been suggested that HPV oncogene-mediated suppression of NF- κ B activity contributes to HPV escape from the immune system [74-76].

Specifically, cytokines attract other immune cells to the HPV-infection or -tumor microenvironment, by inducing T cell activation or differentiation and, in case of NK cells, by killing HPV-infected cells. Several studies have demonstrated the great potential of these cells in tumor prevention and eradication [77,78].

In particular, it is highlighted the contribution of both cells with some immune properties (e.g., keratinocytes and stromal cells) and the immune cells themselves, such as the antigen presenting cells (APCs), NK cells, macrophages and neutrophils. Furthermore, a hypothesis of stromal cell-centered HPV-related carcinogenesis is presented. The major role of stromal cells in HPV-related carcinogenesis, however, is to induce a proinflammatory milieu, a condition for establishment of HPV transformed cells. In addition, stromal cells support virus immune evasion, matrix architectural change, proliferation, invasion, angiogenesis and are associated with chronic infection [79-81].

In summary, the causal relationship between chronic inflammation and cancer is widely accepted. Therefore, there is a strong association between tumor viruses and development of cancers due to viral immune evasion.

Conclusions

Only a few years ago attention for HPV vaccination was paid almost entirely to the prevention of genital cancers and of cervical cancer. In particular where, along with cervical cancer screening programs, it helped lowering its incidence. Vaccination programs were aimed almost exclusively at young girls and women, with very few exceptions (e.g. Australia). In the meantime, the rate of OPC was growing worldwide and since 2010 it represents the most frequent HPV related cancer in the U.S.: data that helped paying attention to male HPV vaccination. This was even more evident when the first data about presence of the virus in the seminal fluid, bound to sperm's head, were published, making it clear that infection could lead to impaired sperm parameters, higher miscarriage rate and in general to couple infertility both by natural and assisted conception (Tables 1 and 2).

The capacity of vaccination to elicit a powerful immune response has been used as an adjuvant in patients with HPV-related cancer both to prevent recurrence and in association with targeted therapy, as well as in HPV infected infertile couples. It is interesting to observe the implication of this ancestral virus in two apparently distant areas, the beginning of life - fertility - and one of the most destructive diseases - cancer. At present there is no doubt that universal vaccination against HPV has demonstrated its effectiveness in the prevention of most HPV-related conditions and worldwide

prevalence data allow us to consider HPV vaccination from adolescence to late adulthood (Tables 1,2 and 3).

Table 1: Focus on the Context.

Does the presence of the virus in the individual have only a meaning of sexual infection, due to sexual actions between individuals?

In the majority of cases the presence of HPV is due to a sexual transmission of the virus.

Infants, children, and adults can acquire both high-risk and low-risk infections by birth or by close contact.

HPV DNA detection in amniotic fluid, fetal membranes, cord blood and placental trophoblastic cells all suggest HPV infection in utero, i.e. prenatal transmission.

The mother seems to be the main transmitter of HPV to her newborn, but subsequent HPV infections are acquired horizontally via saliva or other contacts (20% of cases?).

The possibility of transmitting infection via breastfeeding is debated, but to date there is not enough evidence to limit the practice of natural breastfeeding in HPV-positive women.

Infection can also happen through auto or hetero-inoculation, through the contact with the fingers of subjects with genital lesions due to HPV strains by uninfected individuals.

There is some evidence that infection can also occur through prolonged exposure to contaminated clothing, because the virus can persist on contaminated objects [82-85].

Table 2: Focus on the New.

Can the presence of the HPV virus be seen as evidence of a parasitic strain (such as from cutaneous or intestinal microbiota)?

An alteration in the bacterial microbiota composition is described, even if there is not enough evidence on how the bacterial microbiota alterations can influence and predispose the HPV infection.

The association between HPV infection and alterations in the composition of the oral bacterial microbiota in breast-fed infants is described.

It is believed that the composition of the vaginal microbiome can influence the innate immune response, the susceptibility to infection and the development of cervical pathology [86,87].

Table 3: The Economic Value of HPV Vaccination.

After the introduction of the vaccine, the clinical information concerning the HPV changed considerably:

At the time of its introduction, the HPV vaccine was mostly used for the prevention of cervical cancer in women.

A few years later, the role of HPV as causative agent of gender-neutral cancers was proved, namely anal, oral and head and neck cancers.

In 2015, a new version of the vaccine was introduced, active on a larger number of HPV strains causing malignancies.

Switch to universal vaccination with the 9vHPV vaccine means:

Further reduce the burden on public health of HPV-related cancers and diseases.

May lead to near-elimination of related HPV cancers and warts.

Reaching an important level of cost-effectiveness.

To recover the necessary investment to finance the new vaccination strategy, freeing up resources to support the prevention of other infectious diseases.

With this literature review, we can conclude that: i) HPV infection is still very prevalent in sexually active population and may be associated to cervical, genital, oropharyngeal, penile, and anal cancers; ii) in the past years, due to HPV vaccination and screening for cervical cancer, the incidence of cervical carcinoma is strongly decreased; iii) the rate of oropharyngeal cancer is growing worldwide and since 2010 it represents in males the most frequent HPV related cancer among U.S. population; iv) HPV semen infection, particularly when HPV is bound to sperm, has been related to impaired sperm parameters, higher miscarriage rate and in general to couple infertility both by

natural and assisted conception; v) recent efforts toward a universal vaccination against HPV have demonstrated its effectiveness in the prevention of most HPV related conditions; vi) growing evidences suggest positive effects of adjuvant vaccination in patients with HPV related cancer and in HPV infected infertile couples.

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