

## Excessive Hair fall Due To Driving Stress of Covid -19

Susan Farshi\*

Department of Dermatology, Tehran University of Medical Sciences, Tehran, Iran

### DESCRIPTION

Millions of individuals worldwide have contracted the Coronavirus. Through the numerous survivors that recovered from it, we tend to area unit learning regarding the long effects. One in all the recent signs that doctors area unit seeing is for stress-related hair loss. Whereas hair loss isn't an instantaneous result of having contractile COVID-19, the strain from the health problem, everything regarding the pandemic area unit contributive factors.

#### Understanding stress and hair loss

If you've got found yourself shedding a lot of hair than usual, you're not alone. A standard kind of hair loss is termed telogen emission. Several factors will cause this condition that vary from surgery, physical or psychological stress, high fever, weight loss diet modification, and even when birthing and through change of life.

You may be asking what role will COVID-19 plays during this. If you contract the COVID virus, telogen emission can be a aspect result you may see. Individuals with grippe, streptococcal sore throat or several different sicknesses yet because the coronavirus will all cause a private to suffer hair loss. Of course, you must grasp that you just don't need to puke to own this condition show. This type of hair loss will have an effect on people who realize themselves stressed by the pandemic. Throughout the past year, individuals have had stressors from the sensation of cabin fever to individuals losing their jobs. Emotional stress will trigger your body to react and hair loss is one in all the items that may happen. If you were feeling stressed before the pandemic then the strain throughout it solely compounds and makes things worse.

#### Treatment for hair loss

As upsetting because it is also the condition is additionally treatable. The hair loss you've got are replaced with new hair in time. Forward the hair loss you're experiencing isn't from medication or organic process deficiency. Exercise and a well-balanced diet with scores of super molecule can facilitate however managing their stress could be a huge a part of it. If your hair loss is severe and your hair loss isn't returning because it ought to their area unit different avenues you'll explore like optical device hair loss treatments and PRP.

Platelet rich Plasma (PRP) medical care could be a tremendous treatment that's growing in quality. Your blood contains mesenchymal stem cells and autologous blood merchandise that contain specific growth factors which will aid in tissue reconstruction and healing. PRP offers men and ladies an answer for natural hair growth by stimulating the hair follicles that turn out hair.

The process is easy, a little regarding of your blood is taken and place into a centrifuge which is able to separate your plasma. The rich-plasma is then injected into your scalp within the space wherever cutting hair and hair loss is occurring.

The COVID virus has affected a great deal of individuals within the last year and whether or not you were one in all the numerous that contracted the virus, had a troublesome time coping with the pandemic or simply the isolation that has been felt has caused you to feel a lot of stress than usual then you may expertise hair loss. Rest assured we tend to at PAI (Personal Activity Intelligence) Medical cluster in Virginia perceive however fulminant hair loss will have an effect on you and that we area unit here to supply our facilitate therefore you'll regain your hair and your authority.

**Correspondence to:** Susan Farshi, Department of Dermatology, Tehran University of Medical Sciences, Tehran, Iran, Email: susan08gmail.com

**Received:** 07-Oct-2022, Manuscript No. HTT-22-21310; **Editor assigned:** 10-Oct-2022, PreQC No: HTT-22-21310 (PQ); **Reviewed:** 25-Nov-2022, QC No: HTT-22-21310; **Revised:** 01-Dec-2022, Manuscript No: HTT-22-21310 (R); **Published:** 28-Dec-2022; DOI: 10.35248/2167-0951.22.12.197

**Citation:** Farshi S (2022) Excessive Hair fall Due To Driving Stress of Covid -19. Hair Ther Transplant. 12:197

**Copyright:** © 2022 Farshi S. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.