

Editorial Note

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ABSTRACT

Following article consist of the basic highlight and the glimpse of the quality research published in the year 2019 at glance. I am very much delighted to introduce you with the Journal.

With the same enthusiasm as it was for the previous year, we are under the process of compiling and releasing our upcoming editions as well. We acknowledge the support of all of the Journal associates along with the peer reviewers, editorial board members and the journal coordinators..

Keywords: Editorial; Note; Psychology; Psychotherapy.

INTRODUCTION

On behalf of the Journal's Elite Editorial Board members, Prominent Reviewers and the supporting Editorial Team I am very much delighted to introduce the Journal of Psychology and Psychotherapy (JPPT) a rapid peer reviewed journal which is a valuable source of information for scholars, researchers, professionals, and students, providing in-depth perspectives on intriguing contemporary topics of Psychology. Built on an ethos of openness, we are passionate about working with the global academic community to promote open scholarly research to the world. I am pleased to announce that, all issues of the 10th Edition up till now were published online well within the time and the print issues were also brought out and dispatched within 30 days of publishing.

The major objective of J Psychol Psychother is to publish up-to-date, high-quality and original research papers alongside relevant and insightful reviews. The Journal aims to flourish and to maintain the standards in Psychological research and practices, providing an excellent platform and opportunity to present evidence based research, reviews, case studies and analytical assessment of research that probably is much in deed for students, professors, aspiring researchers and health care professionals to enhance the patient care.

During these dire times of Global Pandemic Crisis due to COVID-19, however we had trouble while compiling enough of the manuscripts for this issue, we did receive a total of 50 manuscripts, out of which 30 articles (70%) were rejected in the preliminary screening due to plagiarism or being out of

the format and peer review process. After the final screening, only 10 articles were selected for publishing. A total of 60 research scientists from all over the world reviewed the articles published. Average publication lag time of an article was further reduced to 2-3 weeks.

Some of this issue's highlight includes the better understanding Social Interaction Deficits that basically deals with the research on aggressive behaviors. This edition also explores the Mental Health issues caused due to unemployment in Indian Youth. The Content also involves deeper insights of Music and Laughter Therapy along with adaptive measures coping Stressful Situations.

Average download per article is increasing and on an average there are 40 downloads per paper. All these are promising signs. We could reach this stage through the constant support of Board Members and intellectual generosity of the readers and contributors (authors and reviewers).

I take this opportunity to acknowledge the contribution of Editor-in-Chief: Mauro Giovanni Carta (Italy), Jing hong Chen (China) during the final editing of articles published and the support rendered by the editorial assistants: Estelle De Vos in bringing out issues of J Psychol Psychother in time. Lastly I would like to express my gratitude to all the authors, reviewers, the publisher, the advisory and the editorial board of the Journal, the office bearers for their support in bringing out yet another volume and look forward to their unrelenting support for the successful release of upcoming editions.

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Needless to say, any papers that you wish to submit, either individually or collaboratively, are much appreciated and will make a substantial contribution to the early development and success of the journal.

Best wishes and thank you in advance for your contribution to the Journal of Psychology and Psychotherapy.