Commentary

# Clinical Practices for Rehabilitation Nutrition in Cerebrovascular Disease

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### **ABSTRACT**

Stroke is regularly along with difficulty swallowing and other factors connected with decreased related to vitamins, protein, etc., in food intake. Difficulty swallowing with breathing wishing dangerous lung disease and not enough related to vitamins, protein, etc., in food intake lead to worse result after stroke. This guideline is the first chapter of the guideline "Medicine-based Nutrition in nerve-related medical care" of the German community of people in the world for Medicine-based Nutrition which itself is one part of a complete and thorough guideline about all areas of Medicine-based Nutrition. The thirty-one recommendations of the guideline are based on a well-thought-out book-related search and review. All recommendations were discussed and gave permission at more than two, but not a lot of agreement meetings to discuss things together with the whole DGEM guideline group. The recommendations underline the importance of an early examining and testing so a decision can be made and evaluation of difficulty swallowing and give opinions about what could or should be done about a situation for an events that prove something based and complete and thorough related to vitamins, protein, etc., in food management to avoid breathing in, not getting enough healthy food and not having enough water.

Keywords: Cerebrovascular disease; Medicine-based nutrition; Atherosclerotic

#### INTRODUCTION

The development of events that prove something based Medicine-based Practice Guideline and its money-based things to think about is the General Social Security Systems success plans of reaching goals to promise that something will definitely happen or that something will definitely work as described the provision of high quality health services, without risking coverage, close friendship between people because of shared interests and common goals and equity. It is the Social Security System's responsibility to provide early and producing a lot with very little waste medical attention that secures of high standards in order to improve health conditions, medical hit and social results on the cared community [1].

Medicine-based Practice Guidelines are one of more than two, but not a lot of tools used by the quality promise groups that decide or promote things that enable health-making decisions based on the best available events that prove something. They result from scientific research medicine based events that prove something and improvement of practice standards informed by medicine-based experience. Medicine-based Practice Guidelines try also to clearly say patients' and other health system users' points of view, incorporating their preferences and expectations. The Guidelines believe the conditions in which care is given, valuable supply availability, users' points of view and putting into use within the

set of laws. In developing public health policies it is not good enough to have related to school and learning extremely excellent tools; they must also be easily available for use, flexible and socially accepted. Medicine-based Practice Guidelines must respond to the most critical system needed things, and they should be supervised to check for prove true their appropriateness and effectiveness [2].

This Medicine-based Practice Guideline contains clearly connected or related recommendations for identification of a disease or problem, or its cause, treatment and repairing of patients over the age 18 with sudden and serious arterial ischemic stroke. According to the task's scope and goals, this Guideline changes to get better events that prove something came from put into use actions that help bad situations during the first two weeks of sign of sickness beginning. Cerebrovascular disease (CVD) includes a group of different things mixed together group of signs of sickness and secondary signs resulting from a brain injury generally focal, shortlived or permanent due to change of the brain-based blood flow. The most frequent cerebrovascular attacks are arterially helped settle an argument and make up: ischemic add fuel to, short-lived ischemic stroke and brain-based sudden, dangerous bleeding including intra parenchymatous sudden, dangerous bleeding and sub-spider-based sudden, dangerous bleeding. Vein-related started damage to body parts exists in minor proportion, such as brainbased vein-related dangerous blood clot [3]. The number of times

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something happens of CVA is higher in the old and in people with blood-vessel related things that make it more likely that someone will get a disease.

A complex interaction of blood-vessel related things that make it more likely that someone will get a disease, related to surrounding conditions or the health of the Earth conditions and related to tiny chemical assembly instructions inside of living things factors cause blood-vessel related damage and atherosclerotic endothelial damage to body parts in most of patients. Anyway, the CVA also happens with minor frequency in young adults, resulting from different pathophysiological machines. This Medicine-based Practice Guideline refers to identification of a disease or problem, or its cause, treatment and healing of sudden and serious arterial ischemic stroke episodes in the population over the age of 18.

#### CONCLUSION

As systems of care change and get better in response to healthcare efforts to fix things, post-acute care and repairing are often carefully

thought about an expensive area of care to be trimmed but without recognition of their medicine-based effect and ability to reduce the risk of downstream medical deadliness resulting from being unable to move around), depression, loss of independence, and reduced functional independence. The provision of complete and thorough repairing programs with good enough valuable supplies, dose, and length of time is an extremely important aspect of stroke care and should be a priority in these redesign efforts.

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