

Speech Therapy for Communication Impairments: Techniques and its Benefits

Mona Mahfood*

Department of Pharmacy Practice and Pharmacotherapeutics, University of Sharjah, Sharjah, United Arab Emirates

DESCRIPTION

Communication impairments refer to any difficulty or challenge that an individual may face while communicating with others. Communication is an essential part of human interaction, and impairments can significantly affect an individual's social, academic, and professional life. This study discusses about the various types of communication impairments, their causes, and some interventions that can help individuals overcome these challenges.

Types of communication impairments

Communication impairments can be broadly categorized into two types: speech impairments and language impairments.

Speech impairments refer to difficulties with producing speech sounds. There are several types of speech impairments, including articulation disorders, phonological disorders, fluency disorders, and voice disorders.

Articulation disorders involve difficulties with producing specific speech sounds, while phonological disorders involve difficulties with the sound system of a language. Fluency disorders involve interruptions in the flow of speech, such as stuttering, while voice disorders refer to difficulties with the quality, pitch, or volume of the voice.

Language impairments refer to difficulties with understanding and using language. There are two main types of language impairments, receptive language disorders and expressive language disorders. Receptive language disorders involve difficulties with understanding language, while expressive language disorders involve difficulties with using language to communicate. These difficulties can manifest as difficulty finding the right words, difficulty constructing sentences, or difficulty understanding complex language.

Causes

There are many potential causes of communication impairments, and they can arise at any point in a person's life. Among the most common causes are:

Developmental disorders: Many communication impairments are associated with developmental disorders such as autism spectrum disorder, Down syndrome, or cerebral palsy.

Brain injuries: Traumatic brain injuries or strokes can cause communication impairments by damaging the areas of the brain responsible for language and speech.

Hearing loss: Hearing loss can cause speech impairments by preventing individuals from hearing themselves or others accurately.

Environmental factors: Exposure to environmental toxins or certain medications can cause communication impairments.

Genetics: Some communication impairments have a genetic component, such as stuttering or voice disorders.

Interventions for communication impairments

The type of intervention needed for communication impairments depends on the type and severity of the impairment. Some interventions that could be beneficial include:

Speech therapy: Speech therapy can help individuals with speech impairments by providing exercises and strategies to improve speech production.

Language therapy: Language therapy can help individuals with language impairments by providing exercises and strategies to improve language comprehension and expression.

Assistive technology: Assistive technology, such as speech-generating devices or communication apps, can help individuals who have difficulty speaking or using language.

Accommodations: Accommodations such as preferential seating or note-taking assistance can help individuals with communication impairments succeed in academic or professional settings.

Social skills training: Social skills training can help individuals with communication impairments learn how to interact with others effectively.

Correspondence to: Mona Mahfood, Department of Pharmacy Practice and Pharmacotherapeutics, University of Sharjah, Sharjah, United Arab Emirates, E-mail: mahfood@gmail.com

Received: 27-Feb-2023, Manuscript No. JCDSHA-23-23052; **Editor assigned:** 02-Mar-2023, PreQC No. JCDSHA-23-23052(PQ); **Reviewed:** 17-Mar-2023, QC No. JCDSHA-23-23052; **Revised:** 24-Mar-2023, Manuscript No. JCDSHA-23-23052 (R); **Published:** 31-Mar-2023, DOI: 10.35248/2375-4427.23.11.246

Citation: Mahfood M (2023) Speech Therapy for Communication Impairments: Techniques and its Benefits. J Commun Disord. 11: 246

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Communication impairments can significantly affect an individual's social, academic, and professional life. However, with the right interventions and support, individuals with communication impairments can overcome these challenges and achieve their goals. It is important to recognize and address

communication impairments early to ensure the best possible outcomes for individuals. By providing effective interventions and accommodations would help individuals with communication impairments reach their full potential.