

## Editorial Note on Journal of Yoga and Physical Therapy

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The journal of yoga and physical therapy has made another developmental transition, a very healthy step forward. I am glad to mention that during the year 2019, Volume 9, Issues 3 of the journal. The journal established in 2011 has now published 9 volumes; three issues in a year. Journal of yoga and physical therapy is a peer reviewed an open access journal that aims at providing a dedicated forum for the researchers and academicians to share and exchange knowledge and innovations in the field of yoga and physical therapy to achieve our desired outcomes.

Journal of Yoga & Physical Therapy is an Open Access and peer reviewed medical journal aims to publish most complete and reliable source of information on the discoveries and current developments in the mode of original articles, review articles, case reports, research articles, short communications, letters to editor, perspectives, editorials, commentaries etc.

Manuscripts can be submitted either through our online portal or through email at [yogatherapy@ehealthjournals.org](mailto:yogatherapy@ehealthjournals.org) Authors may submit manuscripts and track their progress through the system, hopefully to publication. Reviewers can download manuscripts and submit their opinions to the editor. Editors can manage the whole submission/review/revise/publish As a Scientific Open Access journal, JYPT aims to promote advancement of current knowledge in this field of Yoga & Physical Therapy. The journal has broad scope and dealing with in all areas of the Yoga and Physical Therapy like Types of Yoga includes Kripalu Yoga, Kriya Yoga and Kundalini Yoga, Physiotherapy, Sports science, Exercise Science, Rehabilitation,

Accelerated physical Therapy, and related subjects like Occupational physiotherapy, Sports medicine, Fitness & Aerobics. and making them freely available worldwide through scholarly publishing.

One of the objectives of this journal is to encourage publication from different streams of research that helps to enrich further the discourse on yoga. We take this opportunity to thank the authors/publishers for sending their books for review and excellent book review by authors.

During the calendar year 2019, JYPT received a total of papers, out of which 100 articles (90%) were rejected in the preliminary screening due to plagiarism or being out of the format. During 2019 around 130 articles were subjected to the peer-review process and 100 of those were accepted. Total of 90 articles were published (at an average of 3 articles per issue) of which, 50% articles were by foreign authors.

I take this opportunity to acknowledge the contribution of Mr. Michael Huen Sum Lam during the final editing of articles published and the support rendered by the editorial assistant, Mr. Erik J Groessl in bringing out issues of JYPT in time. I am sure with their guidance, we will be able to make this journal more relevant to the research community I would also like to express my gratitude to all the authors, reviewers, the publisher, the advisory and the editorial board of JYPT, the office bearers and staff of IPA secretariat for their support in bringing out yet another volume of JYPT and look forward to their unrelenting support to bring out the Volume of JYPT in scheduled time.

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