

# RNA Interference and Post-Transcriptional Regulation in Fungal Adaptation

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## DESCRIPTION

RNA interference (RNAi) is a conserved post-transcriptional regulatory mechanism that controls gene expression and defends the genome against invasive elements. In fungi, RNAi pathways mediate silencing of transposable elements, viral RNA, and specific endogenous genes. Beyond genome defense, RNAi contributes to development, stress adaptation, and pathogenicity. This article explores the molecular mechanisms of RNAi in fungi, its roles in genome stability and environmental responsiveness, and emerging applications in biotechnology and antifungal strategies. RNA interference (RNAi) is a sequence-specific gene silencing mechanism first discovered in plants and animals and later identified in diverse fungal lineages. Core components of RNAi include Dicer-like proteins that process double-stranded RNA (dsRNA) into small interfering RNAs (siRNAs), Argonaute proteins that guide silencing complexes to target transcripts, and RNA-dependent RNA polymerases that amplify the silencing signal. In fungi, RNAi is both a defense mechanism against genomic parasites and a tool for fine-tuning endogenous gene expression. Its versatility makes RNAi a central player in fungal adaptation to environmental and host-derived stresses.

A primary function of RNAi in fungi is suppression of Transposable Element (TE) activity. Uncontrolled TE mobilization can lead to genome instability, including insertions, deletions, and chromosomal rearrangements. Fungal RNAi pathways recognize TE-derived transcripts, process them into siRNAs, and guide their degradation or transcriptional repression *via* chromatin modifications. Similarly, RNAi targets viral RNA, providing an antiviral defense. Some mycoviruses have evolved RNAi suppressors, highlighting the evolutionary arms race between RNAi-mediated defense and pathogen adaptation.

Beyond genome defense, RNAi regulates endogenous gene expression. Specific mRNAs can be selectively targeted by small RNAs for degradation or translational inhibition. This regulation is important for controlling developmental pathways, stress responses, and metabolic genes. For example, in

*Neurospora crassa*, small RNAs contribute to regulation of conidiation and hyphal differentiation. In pathogenic fungi such as *Magnaporthe oryzae*, RNAi components modulate expression of effector genes required for host infection. RNAi facilitates rapid phenotypic plasticity in response to environmental stress. Under nutrient limitation, oxidative stress, or thermal fluctuations, RNAi pathways modulate expression of stress-responsive genes, allowing populations to survive adverse conditions without permanent genomic changes. Stress-induced small RNAs can also mediate epigenetic modifications at target loci, establishing short-term transcriptional memory. Such mechanisms allow fungi to “prime” genes for faster responses upon subsequent exposure to similar stressors.

Recent studies have revealed that fungal small RNAs can act beyond the organism itself. Certain plant-pathogenic fungi deliver small RNAs into host tissues, suppressing plant immunity by targeting host transcripts. This cross-kingdom RNA interference demonstrates the sophisticated regulatory potential of RNAi in host-pathogen interactions and emphasizes its evolutionary importance in fungal virulence. RNAi has been harnessed as a tool for targeted gene silencing in fungi. By designing dsRNA or small RNA constructs, researchers can selectively downregulate genes involved in metabolism, development, or virulence. This approach has applications in functional genomics, metabolic engineering, and antifungal therapy development. Additionally, RNAi-based pest control strategies involve delivering fungal-derived or synthetic dsRNAs to plants or pathogens, reducing virulence or viability without chemical fungicides. These approaches hold promise for environmentally friendly disease management.

Not all fungal species possess fully functional RNAi pathways. Some lineages, such as *Saccharomyces cerevisiae*, have lost canonical RNAi components, limiting the universality of RNAi-based interventions. Furthermore, RNAi efficiency can vary among genes and growth conditions, necessitating careful experimental design. Understanding the interplay between RNAi, chromatin regulation, and transcriptional networks is essential for optimizing biotechnological applications and predicting potential off-target effects.

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## CONCLUSION

RNA interference is a versatile regulatory system in fungi, balancing genome defense, post-transcriptional gene regulation, and adaptive responses. By controlling transposable elements, modulating stress-responsive genes, and mediating cross-

kingdom interactions, RNAi significantly contributes to fungal plasticity and pathogenicity. Advances in RNAi-based tools provide opportunities for functional genomics, metabolite engineering, and novel antifungal strategies. Continued investigation of RNAi mechanisms promises to reveal deeper insights into fungal biology and adaptation.