

# Pertaining to Humour and Reproductive Medicine the Positive, Negative, and Humorous

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## INTRODUCTION

A long standing idea that frequently draws criticism is the use of humour in medicine. Humor is used in a wide range of contexts and could be useful in medicine. Bennett has divided medical comedy into a number of categories, such as humour and health, humour and physician-patient communication, humour and patient care, humour and the health professional, humour in medical education, and humour in the medical literature.

Humor is proven to have positive health effects when used on patients, including lowering blood pressure, reducing pain and reducing the need for painkillers, and reducing stress hormones. It's critical in this situation to distinguish between the humour that is appropriate for usage with patients and coworkers. It is not incorrect to use comedy with patients, but the style of humour must be chosen with care. Comedy in reproductive medicine has the ability to improve patient-physician communication and medical student education. When using humour in these contexts, special care must be exercised because reproductive medicine frequently contains themes that patients or students may find upsetting.

## DESCRIPTION

- It's crucial to pick your moments of humour and the patients you utilise them on.
- There are undoubtedly some patients and conditions when humour is inappropriate.
- In every case, the provider should think about the potential risks of utilising comedy.
- The danger is too high if there is a plausible chance of offending or distressing a patient.
- Humor can be a tool to increase patient engagement and improve physician-patient relationship by listening closely and going with the patient's lead.

When patients utilise humour, they could also disclose problems that a close listener can use to better comprehend their concerns. This skill set for using humour appropriately definitely belongs to the practice of medicine.

Male reproductive issues such as erectile dysfunction, premature ejaculation, delayed ejaculation, lack of libido, concerns about the appearance of their partners or their own genitalia, as well as their interactions with their partners, are frequently uncomfortable and difficult for patients to discuss.

Additionally, the impact that infertility has on a man's sense of self and his relationship with his intimate partner can make it difficult for doctors and patients to communicate.

These problems are undoubtedly qualitatively similar to those that female reproductive medicine specialists encounter while working with their patients.

Reproductive doctors are aware that some patients are reluctant to seek treatment because they feel uncomfortable disclosing or talking about these problems.

When people do attempt to seek medical attention.

It's crucial to teach trainees how to use comedy, although this topic is rarely broached.

Reproductive medicine trainees may not be aware of the positive effects of humour in the therapeutic context because they may believe that while dealing with delicate subjects, only a serious attitude is necessary.

Individual uses of humour should be discussed in the office with students, residents, and fellows as the trainees watch the provider-patient relationship.

Effective patient treatment can also be hampered by the careers' pre-existing discomfort with sexual or reproductive issues, which may unintentionally deter patients from openly and honestly expressing their worries.

## CONCLUSION

Patients may interpret discomfort on the part of the provider as a lack of enthusiasm or expertise. The value of comedy in medicine has become more challenging since preclinical medical school lectures are increasingly being delivered virtually and *via* recorded lectures. More conversation and comedy can be used in

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the clinical setting when lectures are delivered to students in person, in real time, rather than when they watch recorded films by themselves at a distant location. Since virtual lectures have taken the role of live lectures, I've noticed a growing number of students though still a tiny number posting comments on social

media saying that lectures on sexual issues shouldn't be lighthearted. Humor, according to some remarks, shouldn't be utilised since some pupils might feel awkward about their sexuality.