Dear Colleagues,

I am delighted to invite you to the next WPA Regional Meeting taking place in Nigeria. Mental health problems are a major source of disease burden for societies and an impediment to national economic growth and development. The goal of making mental health service available to those in need is a challenge for every country but more urgent in developing countries. The theme of this WPA Regional Meeting is a recognition of what should constitute the two imperatives of mental health service provision: scaling up of service to reach more of those in need and reaching down to the more vulnerable segments of the society. The meeting will draw together participants who wish to share their experience on how to set realistic goals as well as policymakers who wish to take home the important message of how the goals can be achieved.

Abuja is a strikingly beautiful city, combining the attributes of a modern city with the vibrancy of traditional African community. Everyone is bound to find something of interest in Abuja.

OYE GUREJE
Conference Convenor
(President, Association of Psychiatrists in Nigeria)

Abuja, capital city of Nigeria is geographically located in the centre of Nigeria. It is a modern, secure city that was purpose-built in the 80’s to serve as the administrative capital of Nigeria.

An international airport connects Abuja to the rest of the world and to several major cities in Nigeria, including Lagos. Several international airlines come either directly to Abuja or through Lagos.

Getting around the city is either by buses or taxis. In a city with tree shaded sidewalks, walking is also a pleasant way of exploring the surroundings. There are many parks and gardens for leisurely walks and sightseeing. Among places of interest are Zuma Rock and the Aso Rock. The Katampe Hill provides striking view of the surrounding cityscape.

In September, the daytime temperature in Abuja is 26°C to 28°C.

There is a range of hotels spanning those with 5-star status to budget outlets. Full information will be available on the congress website that can be accessed as from 01 November 2008.

For further information or expression of interest to attend:
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