Treasure of Hayq Estifanos Communal Monastery: Potential and Challenges for Tourism Development

Zelalem Getnet*

Department of History and Heritage Management, Wollo University, Department of History and Heritage Management, Dessie, Ethiopia

Abstract

The main purpose of this research is to assess the potential of Hayq Estifanos communal monastery to become tourist destination and to identify the major hindering factors of tourism development in the site. To attain this objective, the researcher employed qualitative research method. To assess the potential and hindrance of the monastery for tourism development, primary and secondary data were collected. To collect primary data, face to face personal interview and participant observation was conducted. In order to analyze the contents of documentary materials such as books, magazines, newspapers and the contents of interviews and personal observation, the researcher has employed interpretive and descriptive analysis.

The research identified that the monastery has plethora tangible and intangible heritages that have a great heritage tourism potential of the country. Within the churchyard, there are different historic buildings including the remarkable museum.

The museum is unique in its collection; more than 140 scriptures dating back to the 13th century are preserved and display for visitors. In addition to the invaluable parchment manuscripts, the museum comprises different heritages, colorful and age-old articles and that have religious, historic and aesthetic values. Besides these heritages, the location of the monastery in the peninsula augmented its potential for tourism development. However, due to factors such as, lack of trained manpower in the field of museum study and heritage management, absence of promotion, lack of awareness among the community, inaccessibility of the museum for women and absence of tourist facility in the nearby are the major barriers that hindered the site to contribute for tourism development.

Keywords: Tourist potential; Barriers; Hayq Estifanos communal monastery

Introduction

According the 1998 WTO, Tourism is the activities of persons travelling to and staying in places outside their usual environment for not more than one consecutive year for leisure, business and other purposes.

This definition covers the important elements of movement of people to, and their stay in places or destinations outside their usual environment or normal place of residence or work. This movement is temporary and short-term. Destinations are visited for purposes other than taking up permanent residence or employment.

It is the largest and fastest growing industry, which has the best possibility for generating many new jobs worldwide [1]. Different tourism Scholars categorized tourism into different ways. In this regard Heritage tourism is one of the pillar segments of tourism. It is widely believed that heritage tourism is the backbone of tourism industry and can successfully help to preserve resources [2]. According to Silberberg [3], heritage tourism is a tool of economic development that achieves economic growth through attracting visitors from outside a host community, who are motivated wholly or in part by interest in the historical, artistic, or religious activity of group or institution. It is also indispensable for people who are seeking to find the way to communicate with their roots and their past, and the main way to reach these needs is through heritage tourism [4].

Ethiopia is a land of unique culture and heritage with a history of thousands of years. It is one of the oldest nations in the world. It has huge heritage tourism potential owing to its natural attractions that include some of the highest and lowest places in Africa along with enormous wildlife including some endemic ones; a very old and well preserved historical traditions with fascinating stele, churches and monasteries. The Ethiopian Orthodox Tewahedo Church comprises various historical and religious resources that are internationally recognized and have a potential to attract domestic and international visitors.

The heritages preserved by the church are highly regarded as tourist attraction resources of the country. There are many monasteries, churches, church museums as well as religious festivals, which have great potential to draw international and domestic tourists. The church of Tedbabe Maryam, Haq Estifanos, Aba Giorgis Ze Gascha Atronus Maryam and Tenta Michael are among the heritages, which are found in South Wollo Zone of Amhara region with immense heritage tourism potential.

Hayq Estifanos communal monastery is situated 35 kilometers away from Dessie. The monastery is rich with essential ecclesiastical and historical heritages such as, church buildings, historic houses and museum. The sites are also comprises non-material heritages including the history of the site and the various festivals performed in the monasteries.

Despite the fact that the EOTC church is posses indispensable...
priceless treasures, most of them are not empirically studied. In fact, different researchers and authors have conducted and wrote articles, papers, and books regarding EOTC's contribution to tourism development and role of conservation of cultural heritages such researchers are Sisay [5]; Mengestu Gobeze; Mezmur Tsegaye, and Tewodros Getachew. But neither of them could not assess regarding the potential of Hayk Estifanos communal monastery to becoming tourism destination.

Due to this fact, the main tangible and intangible heritages found within Hayk Estifanos monastery are not yet assessed and disclose to both domestic and international tourists. Even the already known heritages have not been fully utilized due to challenges that hinder the development of heritage tourism in the area. Therefore, the principal purpose of this study is to assess the potential of Hayk Estifanos communal monastery to become tourist destination and to identify the major hindering factors of heritage tourism development in the monastery.

General objective

The major objective of this research is to assess the potential of Hayk Estifanos communal monastery to become tourist destination and to identify the major hindering factors of heritage tourism development in the site.

Specific objectives

- To assess Haq Estifanos communal monastery heritage resources potential for heritage tourism development;
- To identify the major challenges, which hindered heritage tourism development in Hayq Estifanos communal monastery.

Literature Review

The concept of heritage

The concept of heritage is debatable [6,7] and the term ‘heritage’ is used in various literatures. The followings are some of the diversified concept and definition of heritage.

According to UNESCO’s World Heritage Convention [8], “heritage” in its broader meaning is generally associated with the word “inheritance,” that is, something transferred from one generation to another through birth or legal succession or by any other means. Oxford dictionary defines heritage as the evidence of the past such as natural history, buildings, artifacts, cultural traditions and the like that are fixed to the earth with a foundation that cannot be moved from place to place unless and otherwise dismantling them. Some of these tangible cultural heritage are classified as, tangible movable cultural heritage and immovable tangible cultural heritages. According to proclamation No. 209/2000 of ARCH, movable cultural heritage comprises:

- ‘Movable Cultural Heritage’ means Cultural Heritage not attached to the foundation, that can be moved from place to place easily, and which are handed down from the past generation and shall include parchment, manuscripts, stone paintings and implements. sculptures and statues made of gold, silver, bronze, iron, copper or of any other mineral or wood, stone, inscriptions of skin, ivory, horn, archaeological and bone or earth or of any other material, and also Paleontological remains.

On the other hand, immovable cultural heritages are heritage that are fixed to the earth with a foundation that cannot be moved from place to place unless and otherwise dismantling them. Some of the immovable cultural heritages, buildings, monuments, Churches, memorial and burial places, historical or pre-historical archaeological sites are the most important one (Proclamation 209/2000 (of ARCH) [7].

Living heritage (intangible heritage): According to the 2003 UNESCO Convention intangible cultural heritage means the practices, representations, expressions, knowledge, skills as well as the instruments, etc. Intangible heritage resources are also known as living heritage resources that consist of the spiritual wealth, social
customs, practices, representations, expressions, knowledge, skills, oral traditions and other traditional performances that are not physical and ‘cannot be touched or seen’. This intangible cultural heritage, transmitted from generation to generation, is constantly recreated by communities and groups in response to their environment, their interaction with nature and their history, and provides them with a sense of identity and Continuity [7,11].

Heritage tourism: Heritage tourism is a form of tourism that specifically targets the art, architecture, history, monuments, museums, theatres, religious heritage, social interaction, food habits, and lifestyle of people in a certain geographical region [1]. According to Jamie and Eric [12], heritage tourism deals with traveling to experience the places and activities that authentically represent the stories, people of the past, and present. It includes irreplaceable historic, cultural and natural resources.

Heritage tourism is very important segments of the total tourism demand, and represents 37% of international tourism. It is important that this demand can be estimated to be growing at 15% per year [1]. Hence, Heritage tourism, as a part of the broader category of tourism is now a major pillar of the tourism industry [1]. On the other hand heritage tourism is an umbrella and comprises both the natural and cultural tourism activity while cultural heritage tourism by contrast, highlights human accomplishments rather than nature [4].

Ethiopia has several varieties of heritage tourism destination in different areas of the country, like monumental heritage related with art and architecture, the religious heritage the natural heritage, traditional arts and crafts, music and dance.

Research Methodology

Site description

Hayk Estifanos Communal Monastery is located 35 kilometers north of Dessie town, the zonal capital of south Wollo administrative zone in Amhara Region. Geographically, the monastery is located at 11° 20'20" Latitude 39° 41'51" longitude. The monastery is founded in 13th century hence it encompasses different priceless antiquities donated by different emperors and dignitaries. Holy articles, parchment manuscripts, different stone and wood curving tables. Besides the cultural heritage, the monastery is blessed with natural heritages.

Methodology

To collect, analyze and interpret the data obtained from the site and to describe the objectives of the study, the qualitative research method is employed.

Sampling

For the purpose of this study, the researcher is employed Non-probability sampling method.

The research is conducted by interviewing selected informants. To select the informants purposive Sampling was used in which respondents are chosen purposefully who are believed to have the required information.

In order to understand the heritage tourism potential and challenges of Hayk Estifanos Monastery data was gathered from the local communities’ elderly people, heritage tourism officers and church servants. Informants were chosen based on the knowledge they have with the subject matter.

On the other hand, in order to understand the challenges relating with tourism facilities, information was collected from tourists by using non-probability convenience sampling because, they are selected randomly based on their availability during the time when the data is collected.

Besides, the researchers’ own extensive personal observation was employed to generate primary data and to fill gaps of interview.

Data collection instrument

The main sources used for this study comprises of primary as well as secondary data. The primary data was collected from the sample population through interviews, focus group discussions and extended personal observations. Regarding the secondary data, the researcher consults published and unpublished sources such as, books, magazines, newspapers, pamphlets, articles and internet.

Data analysis method

In order to analyze the contents of documentary materials such as books, magazines, newspapers and the contents of interviews and personal observation the researcher has employed interpretive and descriptive analysis method.

The main tourism attractions of Hayq St. Estifanos Abune Iyesus Moa communal monastery

Since its establishment the monastery has produced splendid heritages. In the monastery there are both movable and immovable cultural tourism resources. The church museum, old houses, indigenous trees, and handicrafts are among the cultural tourism resources of the monastery. However in this article I tried to elucidate the most pivotal heritages of the monastery.

The church museum

The museum is situated within the churchyard and in the eastern part of the church. It was constructed in 1999 E.C and the treasures were transferred from the treasure house to the newly built museum in 2000 E.C. It is one story building. Meanwhile it is a museum building, only the first or the ground floor used as repository and displays the material heritages, where as the upper floor is served as an office. The two floors are connected with stair and there is a balcony in the upper floor. The wall of the museum is built from stone and mortar and its roof is covered with corrugated iron sheet. The door and its widows are made from Iron sheet. The ground floor which the antiquities are displayed has only one section. Despite the fact that women are not allowed enter into and visit the museum, it became accessible through electronic device in the guest house that built outside the churchyard.

The museum collections

In the museum there are various collections which have been made from organic and inorganic materials, and almost all are ecclesiastical. The lion shares of the collections are parchment books. The church was one of the hub of church education since its establishment, thus those monks who had came to the monastery to continue their education wrote different religious, philosophical and astronomical books. Now days there are more than 140 parchment books within the museum. Some of these are not found elsewhere both in the country and abroad. Some of these parchment manuscripts are collected from 9th to 20th century in different area in fact most of them were written and copied within the monastery by different the then church scholars (Figure 1).

As illustrated above the entire book collections in the museum are
parchment which made from the skin of animals particularly from goat skin and write by hand. To write the manuscripts they used to red and black ink, which was prepared from different plant leaves, flowers, soils and cereals. To accomplish a single book it could takes half a year or more. The inner sheets of many of those books are adorned with various paintings of saints, prophets, martyrs, angels, Jesus Christ and Holy Virgin Mary (Figure 2).

As illustrated in the above parchment book, there is very astonishing painting of St. Mary with her beloved son and Martyr St. Georg which is painted with in the parchment in different pages.

The other stunning heritage in the museum is pulpits. These pulpits are made from one pieces of wood and it can be folded and opened. They are served for the reading of holy books which are very cumbersome for handling.

Crows are other collections in the museum. They are made from gold silver and bronze. In the museum there are five crowns gifted by different emperors of Ethiopia. They are decorated with different design and have different sizes. Almost there is a cross over the upper tip of each crown. This signified that the then emperors were adherent Christian and had strong intimacy with church. In some of the crowns there are inscriptions which revealed that it belongs to the emperor.

The crosses in the museum there are various crosses that display in different show cases. They are made from different materials, gold, silver, brass and wood. They are hand and processionals crosses. Regarding their style there are Axumite, Lalibela and Gondarian. Different words and pictures are inscribed on some of the crosses which increase its beauty and show the ability of the then artisans. They are hand over to the church by different kings, dignitaries, nobles, bishop and priests (Figure 3).

Photographed by the researcher, 2016

Among the above stones the left one was used to offer their sacrifice to the serpent by the inhabitant of the island before they were converted to Christianity by Aba selama (illuminator) the second in the 9th century. They offered milk and the blood of animals as sacrifices. This show that until that period Christianity was not propagated to the vicinity and the people worship the serpent.

The second stone which is shown in the right side was used for grinding grain. Before the introduction of electric mill Ethiopians had been used manual stone mill and thus this is a living witness of that period. According to my informant, Abune Teklhaymanot and Aba Giworgis of Gascha; the most notable Ethiopian saints, were grinding grain to the church community when they were in the monastery.

The cooking pot

Within the museum there is a big pot which had been used for cooking. The age of this pot is goes back to 13th and 14th century. It was used for cooking grain for the monks and hermits who resides in the monastery. Abune Tekhaymanot, Aba Giorgis of Gascha and Aba Iyesus moa were among the famous saints who had used the pot while they were in the monastery.

Icons

Different icons are hanged on the wall of the museum. They are diptych and triptych. The image of Saint Mary with her beloved son is depicted in one of the icons and other saints are depicted on other folds of the wooden plate. They have a potential to grasp the attention of any visitors. Because despite they were made five century ago they deemed recent and new. The image of holy trinity, Saint Mary and other saints are depicted on the wooden plate. However, it is affected by fire accidents and some of its bottom part is damaged.

The frames of each panel are carved from a single indigenous and well refined wood. These wooden panels were jointed together by using leather string instead of metal hinge by drilling at the junction of the two panels (Figure 4).

Old houses and the stone bell

As it has been said, the monastery is very old and historic. Since
then there were many houses that had been used for various services apart from the church. But many of them had destroyed in different period and currently there are two historic houses only.

**The Tegbar bet (kitchen house)**

It is situated in the eastern side of the church and has rectangular in shape. According to my informant Aba Birhane Hewt this historic house is said to have been built while the monastery was established in the 13th century. However it was reconstructed in the later period for many times and the final reconstruction was conducted during the reign of Emperor HaileSillase.

The house has been using as a kitchen; Abune Iyesus Moa, the founding father and Abune Teklhaymant one of his famous fellow were cook grain and prepared food to other monks in this historic houses. The house was built from wood, mud and stone while its roof was covered by grass. It has five wooden windows and two wooden doors. The interior part has two sections and in one of the interior section there are two erected timbers which had been used as pillar of the house and now testify the oldness of the house.

But currently some part of the exterior wall is covered by cement as it has seen in the picture below. The roof is also changed and covered by corrugated iron sheet meanwhile its function is still unchanged. In the monastery there is division of labor, but all monks consumed the same types of food without considering status and age. Those monks who take the responsibility of food preparation cook the meal to the entire monks in this historic house and every monk except the aged took the allotted food there.

**The timber house**

Another historic house in the churchyard is located in the north east side of the church and south west of the museum. Its wall is fully constructed from plank wood and its roof is covered with corrugated iron sheet. The wood which the wall is made has different color. As it is clearly seen in the picture the front part is red and the remaining is whit. Different dignitaries had been buried in the interior section and still it is reserved. Ras Wolla, who was the husband of Queen Zewditu and notable noble during the reign of Emperor Menelik, who lost his life while he was fighting with Teferi Mekonen, the future Emperor Hailesilassie was buried in this historic house.

But no one can tell the exact year when the house was built. It is not open for visitors; in fact the monks could not consider the house as an attraction. It is one of the forgotten heritages in the monastery and demanded conservation and maintenance work.

**The stone bell**

In the west side of the church there is a bell tower which is made from iron. In the bottom of the tower the historic stone bell is hanged. This bell has been using as an alarm to monks to weak up to church services. It is rectangular in shape and produced different sounds when it is struck. This type of bell is not found elsewhere unless in some historic churches of Ethiopia.

**Lake Hayq**

Lake Hayq is another natural tourism attraction of the monastery. It is one of the fresh water lakes in Ethiopia. It is 6.7 km long and 6 km wide and a maximum depth of 88 meter (Museum Buklet). The lake is surrounded the monastery and enhance the beauty of the environment in general and the church in particular. The Lake is serving for various activities such as fishing and boat driving and recreational activities.

Until 1976 the monastery was found in the island meanwhile following the retreatment of the lake after the stated year it is changed to peninsula. However, currently the size of the water is shrinking alarmingly than the previous period due to the variation of the rainfall in the area, agricultural encroachment and expansion of lodge construction near to the lake/the lake is not a culutral/religious/heritage and less relevant to the issue, better to take it to description of the study area (Figure 5).

**Challenges for the development of heritage tourism in Hayik Estifanos communal monastery**

As discussed so far the monastery is possessing ancient, historic, and religious treasures which have diversified values for different stakeholders. However, these priceless and astonishing treasures couldn’t be accessible for domestic and international tourists due to various hindering factors and some of these are discussed as follow.

**Lack of standard museum and other related problems**

Initially the present building which the antiquities are amassed and displayed was constructed for other purposes thus; it is unsuitable being a museum. It is also very narrow and has not enough space for tourists. Due to lack of space, objects are put one over the others. According to informants many of the monastery’s treasure has keep in a separate house due to lack of enough space in the museum.

Tourists are not checked in the time when they enter and exit from the museum this might exposed the movable material objects to be stealing. Tourists are not also strictly forbidden to photograph museum objects however it is not officially permitted. Though sacred places have many unique features, in Hayq Estifanos monastery there is absence of tourist code of conduct that display on billboard.

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Though there is fixed amount of entrance fee for foreign and domestic tourists, 100 and 10 Birr respectively, there is no ticket that present for them. Prepare and presenting ticket for visitors have two vital benefits, in the first place it is crucial to know the number of tourists that visit the monastery as well as the museum on the other hand the ticket by itself used as a promotion tools but they fail to do so.

As discussed so far the monastery is surrounded by Lake Logo, undoubtedly this increase the beauty of the monastery as well as the vicinity, the lack is also one of the tourism attraction, but now a day the water quantity of the lack is diminished. On the other hand there are illegal fishery activities that practiced in the lack. Besides, the loges that found in the north east of the lake and the small farmers in the lake surrounding became cause for the contamination of the lake.

Lack of promotion

Despite the fact that the monastery has immense immovable and movable treasures they could not be able to accessible to the public due to several reasons, of these lack of promotion is the prominent one. Because, the monastery has not yet its own website that help to promote its resources not only that they did not promote the tourism resources either through printing or electronics media due to lack of finance and trained man power. Even there is no single billboard on the way to the monastery or in the nearby town of Hayq to indicate the direction where the monastery is located. Due to this and other related hindrances, all the innumerable and priceless heritage of the monastery became inaccessible for domestic and international tourists.

Lack of tourist facility

Despite the fact that the number of tourists visiting the monastery is increased from time to time there are no standard tourist facilities like restaurants, hotels, lodge, internet services and so on. Though many of the tourists have deep interest to take rest and entertain there, due to the absence of the above facilities in the surrounding, they could not stay more than an hour. In addition, there are no souvenir shops in the site too. Even the nunnery shop which displays and sells some traditional clothes on the house near to the main gate lacks varieties and couldn’t satisfy tourists demand.

Poor handling system of treasures

The ETOC treasure has been facing great damage due to poor handling method and lack of museum. As stated earlier some of the parchment books were covered with wooden panel, fin leather and cloth. However, because of long age many of their cover are damaged, even some parts of the parchments’ script are discolored or wipe away. Placing external material within the parchment leaf exacerbate for the discoloring of paintings within the book. The worst problem is compiling different parts of the different books in one collection. Some of the parchments and vestments are affected by moisture, and termites. Lack of appropriate handling is also cause for the devastation of the manuscript and other treasures that found in the monastery. Lack of conservation due to lack of trained manpower and finance is also serious problem that the monastery faced.

Conservation problem

Large number of EOTC buildings has lost their authenticity and beauty because of unprofessional and unwise conservation and restoration work [7-15]. The historic house of the monastery is victim of poor conservation method. As it has seen on the picture some parts of the exterior wall is covered with cement and affect the authenticity of the house (Figure 6).

Lack of awareness

Though Hayk Estifanos have immense heritage tourism resource, they are not yet exploited properly due to lack of awareness about them. The local community and the clergy have not distinguished which one is tourism attraction and which is not. Due to this fact some of the valuable treasures are inaccessible for tourist [16-24].

In the monastery there are different old houses as noted so far but currently they are not considered as heritage tourism resources and no one is giving attention for them. Even they are not open for visitors, rather the church uses them for other purposes. Above all, both the general public and foreign visitors are not aware about the existence of such invaluable heritage resources in the churchyards [25-27].

Conclusion and Recommendation

Conclusion

This study is attempted to assess the heritage tourism potential of Hayk Estifanos communal monastery and the hindering factors that challenge heritage tourism development in the monastery. Hayq Estifanos communal monastery is paramount important to study medieval Ethiopian history particularly church education. The monastery is house of indispensable and priceless treasures particularly substantial number of manuscripts.

The church museum with its invaluable religious and secular antiquities has the most important heritage tourism potential to draw both international and national tourists.

As revealed in the analysis section, few numbers of international and national tourists are visiting the monastery though the flows are increasing from time to time.

Because of the presence of different hindering factors the heritage of the churches are not properly utilized and the flow of tourists is not satisfactory. The research findings reveal major challenges that have hindered the churches to develop heritage tourism as its potential include lack of tourist’s facility; lack of promotion works, poor handling system of the treasures and lack of standard museum are also contributing factors. Unprofessional conservation work and lack of awareness are the main hindering factors that affect the heritage tourism development in Hayq Estifanos Communal monastery.

Recommendations

In order to properly utilize the heritage tourism potential of Hayq
Estifanos Communal monastery and to attract more tourists to the monastery the following recommendations are forwarded:

- The existing Hayq Estifanos Communal monastery church museum should be expanded in order to accommodate more antiquities and to make suitable for tourists access, besides, the existing show case should be substitute by standard show cases to mitigate the damage towards organic fabrics;

- Constructing modern museum and incorporating additional collection to wide up its audience is valuable;

- To make accessible for both men and women new museum should be constructed outside the present place because in the current museum women are forbidden to enter and visiting the museum;

- Accommodation and recreational places should be constructed;

- The church community, the local people, the private institutions and South wollo Culture and Tourism office should work in collaboration with the administrator of the monastery to mitigate the stated problems;

- The monastery should promote their heritage tourism potentials through different printing and electronics media;

- Souvenir shops should be opened to exhibit local arts and crafts such as jewelry, basketry, pottery, traditional paints and musical instruments;

- Create collaboration with travel agent and tour operator to promote and draw tourists to the monastery;

- The monastery should Catering fish products for tourists by constructing loge nearby the monastery because it has dual benefit, in the one hand it prolong tourists stay in the area, on the other hand it diversify the monasteries economy, at the same time it create job opportunities for the local communities. It is also better to establish information desk and develop code of ethics.

References