

Strangulated Incisional Hernia

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Case History

A female patient, aged about 85 years, presented with a huge abdominal swelling which was bulging with coughing. An infra-umbilical scar was noticed. It was diagnosed as a case of strangulated of incisional hernia. There was evident necrosed skin at the middle of the swelling with

contents exposed. The patient vomited several times and also complained of abdominal pain. Emergency surgical intervention was required. It was seen that extensive adhesions tethered small bowel loops to the omentum and parietes. Omentectomy with adhesiolysis and proline mesh hernioplasty were performed. The recovery was uneventful. She left the hospital on the fifth post-operative day. Surgical intervention for this type of hernia is highly risky at this age (Figure 1).



Figure 1: A female patient, aged 65 years, with a huge abdominal incisional hernia.

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