

## Regulation of Glucagon Secretion and Insulin Resistance in Pancreatic A-Cells

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### ABBREVIATIONS:

cAMP:Cyclic Adenosine Monophosphate; GABAR: Gamma-Aminobutyric Acid Receptor; Gi: Inhibitory G Protein; R: Insulin Receptor; IRS:Insulin Receptor Substrate; PI3K:Phosphatidylinositol-3 Kinase; PKA:Protein Kinase A; SSTR: Somatostatin Receptor

### INTRODUCTION

Type 2 diabetes is caused by reduced insulin secretion and/or insulin resistance, “insulinocentric hypothesis”. Recently, it has been reported that blood glucose levels do not increase in glucagon-deficient mice, in which  $\beta$ -cells are destroyed [1]. In addition, blood glucose levels were found to be normal in glucagon receptor-deficient mice as well [2]. These reports suggest that glucagon contributes to maintaining the blood glucose level more than insulin in diabetes, “glucagonocentric hypothesis” [3]. Accordingly, the importance of glucagon has been increasing in diabetes field. Thus, understanding the regulation of glucagon secretion from pancreatic  $\alpha$ -cells can help to elucidate the pathophysiology of diabetes and the development of novel antidiabetic drugs. Moreover, it has been suggested that insulin resistance might exist in pancreatic  $\alpha$ -cells [4-6], thus it is important to understand the regulation of glucagon secretion by pancreatic islet hormones such as insulin, somatostatin and so on. Here, we have outlined the recently proposed regulatory mechanism(s) of glucagon secretion and insulin resistance especially in pancreatic  $\alpha$ -cells.

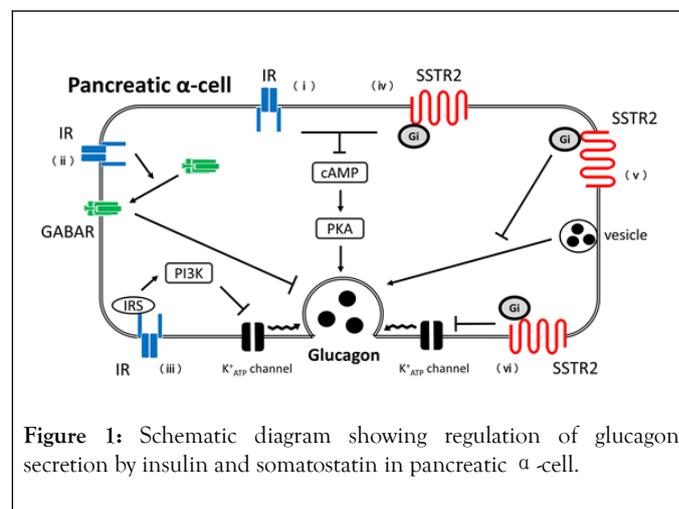
### REGULATION OF GLUCAGON SECRETION BY ISLET HORMONES

The pancreatic islets are comprised from  $\alpha$ ,  $\beta$ ,  $\delta$ ,  $\epsilon$ , and pancreatic polypeptide (PP)-cells. Glucagon secretion from pancreatic  $\alpha$ -cells is regulated not only by insulin but somatostatin which is secreted from pancreatic  $\beta$ - and  $\delta$ -cells, respectively.

Insulin suppresses glucagon secretion by reducing the sensitivity of KATP channel which is regulated by insulin receptor (IR) followed by phosphatidylinositol-3 kinase (PI3K)-pathway [7,8]. In addition, binding of insulin to  $\alpha$ -cell IR induces gamma-

aminobutyric acid (GABA) receptor translocation from cytosol to cell surface, which results in suppression of glucagon secretion [9]. In addition to this, insulin inhibits cyclic adenosine monophosphate (cAMP) and protein kinase A (PKA) pathway in pancreatic  $\alpha$ -cells, resulting in suppression of glucagon secretion [10].

Somatostatin also suppresses glucagon secretion from pancreatic  $\alpha$ -cells [11-14]. Somatostatin receptor (SSTR) 2 and SSTR3 expressed in pancreatic  $\alpha$ -cells [15,16]. In somatostatin KO mice and SSTR2KO mice, the glucagon secretion was enhanced in response to glucagon secretagogues stimuli, such as arginine and high K<sup>+</sup> [17,18]. Somatostatin suppresses glucagon secretion *via* inhibitory G protein (Gi) coupled to SSTRs, which suppress the cAMP/PKA pathway in pancreatic  $\alpha$ -cells [16]. Somatostatin also suppresses glucagon secretion by directly inhibiting exocytosis by activating the inward rectifying K<sup>+</sup> (GIRK) current followed by suppression of membrane hyperpolarization [19]. Collectively, glucagon secretion is subjected to paracrine regulation by insulin and somatostatin from adjacent pancreatic  $\beta$ - and  $\delta$ -cells, respectively (Figure 1).



**Figure 1:** Schematic diagram showing regulation of glucagon secretion by insulin and somatostatin in pancreatic  $\alpha$ -cell.

In pancreatic  $\alpha$ -cells, insulin suppresses glucagon secretion through IR by (i) Suppressing the cAMP/PKA pathway, (ii) GABAR translocation, and (iii) Suppressing the IRS/PI3K-

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mediated activation of KATP channel. Somatostatin suppresses glucagon secretion through SSTR2-Gi by (iv) Suppressing the cAMP/PKA pathway, (v) Suppressing exocytosis, and (vi) Suppressing the KATP channel. Solid arrow: positive signal, T arrow: negative signal.

#### INSULIN RESISTANCE IN PANCREATIC $\alpha$ -CELLS

In type 2 diabetes, glucagon secretion is enhanced despite hyperglycemia (paradoxical dysregulated glucagon secretion). Recently, insulin resistance in pancreatic  $\alpha$ -cells is proposed, which might explain the paradoxical dysregulated glucagon secretion [6]. The pancreatic  $\alpha$ -cell-specific IR KO mouse (insulin resistance in pancreatic  $\alpha$ -cells model), showed hyperglycemia and enhanced serum glucagon levels under random-fed conditions [20]. Similarly, glucagon secretion is enhanced when IR is knocked down in glucagon secreting  $\alpha$ -cell lines [21]. When pancreatic  $\alpha$ -cell lines were cultured under high glucose condition, glucagon secretion and glucagon mRNA expression levels are increased [22], indicating high glucose induces glucagon transcription and secretion. These reports suggest that insulin resistance in pancreatic  $\alpha$ -cells lead to glucagon dysregulation. In recent years, impaired somatostatin secretion accompanied by decreased surface expression of SSTR2 in pancreatic  $\alpha$ -cells in diabetes mellitus have been shown to be involved in increased glucagon secretion [23]. Consequently, in the diabetic state, pancreatic  $\alpha$ -cells have resistance to the glucagon-regulating hormones, including not only insulin but also somatostatin. Further studies are needed to be done to elucidate the pathophysiology of diabetes especially in glucagon secretion.

#### LIMITATIONS

Glucagon was discovered in 1923 and has come back into focus in the last decade. Accordingly, the assays used for glucagon measurement has been reviewed. Conventionally, glucagon is measured using radioimmunoassay (RIA) method, which employed antibodies recognizing the glucagon C-terminus. However, RIA method measures glucagon inaccurately because of the presence of glucagon-like peptides (such as glicentin and mini glucagon) which have same amino acid sequences at glucagon C-terminus. Glucagon measurements have become more accurate with a sandwich enzyme-linked immunosorbent assay using antibodies against both C- and N-terminus of glucagon or liquid chromatography/mass spectrometry (LC/MS/MS) [24]. Therefore, previously reported glucagon data might be inaccurate and need to be reevaluated using above mentioned assays.

#### CONCLUSION

In diabetes, glucagon maintains the blood glucose level more than insulin (glucagonocentric hypothesis). Glucagon secretion is suppressed by insulin and somatostatin; however, in diabetes, paracrine control is dysregulated, resulting in enhanced glucagon secretion despite hyperglycemia (paradoxical dysregulated glucagon secretion). This can be explained by insulin or somatostatin resistance in pancreatic  $\alpha$ -cells. However, former employed glucagon RIA assay is inaccurate, thus glucagon data need to be reevaluated using precise assay.

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#### CONFLICTS OF INTEREST

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