

Psychological and behavioral effects of both parents working on child

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INTRODUCTION

There is no one answer to whether it is good if both parents are working. Nowadays, it's very common to see both parents in a family working. No, this trend is not just restricted to the families with tough economic conditions but is also seen among the affluent families.

Working parents are an inevitable trend and have their own share of advantages and disadvantages. The effects of both parents working on a child are inevitable and hence must find the means to keep a balance between the pros and cons of working full time.

Effects of both parents working on the child:

Earlier, when there was a joint family system, raising a child was not a difficult task; as there were multiple care-takers apart from the mother.

Aunts, uncles, and grandparents, everybody helped in raising the kids in the family. Since recent times, with the increasing trend of the nuclear families emerging in the country, the working class parents had no other option but to leave their kids alone. The effects of both parents working have their own pros and cons.

The positive effects of both parents working on the child include:

1. Providing quality lifestyle:

With both parents working, a high-quality lifestyle is more affordable for most of the households. This is a primary benefit when both parents are working. Thus, there is more money in hand for the parents to spend on their children for their education and other needs.

2. Valuing time:

Since both parents are working; they have very few hours to spend at home with their kids. This teaches the children that time is indispensable and doesn't come back once it is gone. They understand the importance of valuing time why it is inevitable to make the most of it. All this is nurtured in the kid's mind from a very early stage.

3. Life experiences:

Since both parents are at work and not available for their children during the day, so when they come back home they have plenty of life experiences to share with their share kids. Ultimately; this helps the child to become more mature and understanding towards life.

4. Making kids independent:

Kids of working parents become independent from a very early age. Because they realize that their parents are at work, they learn to take their decisions themselves making them good and confident decision makers.

Negative effects of both parents working on the child:

Though both the working parents have a significant positive outcome in the lives of their children, there are a few challenges and problems faced when both parents work.

Let's look at the negative effects of both parents working:

1. Psychological Effects:

Couples have to move out and relocate in different cities for their jobs sacrificing their core families.

Mostly in India, even today, nuclear parenting has very little support from their own families. As a result, they have to hire nannies or admit their kids in daycare facilities. The child also often gets neglected because his/her parents are not able to give undivided attention.

2. Behavioral changes and mood swings:

For the working mums who leave their kids at the daycare, tend to suffer from restlessness and have a hard time managing their mood swings. As both parents are unable to spend enough time with their kids, there are chances that the kids may become more stubborn and aggressive.

3. Bonding with the parents:

Sometimes when both the parents are busy at their work and have very less time to spend at home with their kids, the bond that the children have with their parents suffer. As the kids grow up, this gap may widen.

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