Proteomics in Detection and Monitoring Chronic Lung Diseases: The Human Nasal Epithelium as a Molecular Model

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Asthma and chronic obstructive pulmonary disease (COPD) are major causes of mortality and morbidity worldwide. The current state-of-art diagnosis and management schemes are suboptimal for both diseases as the incidence of asthma has risen by 250% over the last two decades and COPD is estimated to become the third leading cause of death worldwide within the next decade. Additionally, these diseases represent a very important threat to global economics in direct and indirect medical costs and lost working days [1,2]. Asthma is a chronic inflammatory disorder of the airways associated with airway hyperresponsiveness that leads to recurrent episodes of wheezing, breathlessness, chest tightness and coughing. These episodes are usually associated with widespread, but variable, airflow obstruction within the lung [1]. Chronic airflow obstruction is also characteristic of COPD but, in contrast to asthma, is not fully reversible, even under the action of bronchodilators, and is usually progressive. A combination of small airway disease -obstructive bronchiolitis - and parenchymal destruction - emphysema, leads to COPD clinical manifestation [2]. A number of factors influence a person’s risk of developing these lung diseases, which include host factors, primarily genetic, and environmental factors, such as allergens and tobacco smoke in asthma and COPD, respectively [1-3].

Chronic lung disease is the major cause of morbidity and mortality among patients suffering from Cystic Fibrosis (CF), the most common autosomal recessive disease in Caucasian population [4]. Mutations in the CF transmembrane conductance regulator (CFTR) gene disrupt a cAMP-regulated chloride channel - the CFTR protein - which is mainly present at the apical plasma membrane of epithelial cells lining organs such as the sweat glands, pancreas and airways [5]. Although impressive progress in the elucidation of the genetic and molecular basis of CF has been done, no effective therapy exists to control progressive lung deterioration in CF patients [6]. The lung disease in CF is characterized by thick mucus, recurrent airway inflammation and chronic bacterial infections, which result in airway narrowing that ultimately lead to fatal respiratory failure [4]. Since airflow obstruction is a component of CF lung disease, as it is in asthma and COPD, these diseases are also categorized as obstructive lung diseases, in opposition to restrictive lung diseases. In these obstructive diseases, a vicious cycle of repeated airway inflammation is associated with structural tissue "remodeling" inappropriate to the maintenance of normal lung function [7], suggesting that similar molecular pathways may be involved in the pathogenesis of these diseases. Environmental factors and modifier genes other than CFTR genotype determine progression of lung disease in CF [4,5,8]. Some of these CF modifier genes (e.g., TGF1, TNFInterleukin genes) [8], including the CFTR gene itself, have been described as a putative genetic risk factors for asthma and COPD [9-16]. However, remains to be elucidated how the dysfunction of a protein such as CFTR, the repeated exposure to tobacco smoke or allergen-induced cellular responses, despite involving the same tissue and presumably sharing some similar molecular pathways, are able to cause distinct pulmonary diseases like CF, COPD and asthma, respectively. To get further insights on the pathogenic mechanisms underlying these obstructive pulmonary diseases, a more complete description of normal molecular physiology of the airway system is required.

Proteomics can offer a comprehensive cell/tissue proteome characterization using advanced tools such as high performance liquid chromatography, mass spectrometry and bioinformatics. Clinical proteomics, an emerging field of proteomics, aims to identify specific protein profiles of diseases - biomarkers - and apply this knowledge to better understand, diagnose and manage diseases [17]. To solve a specific clinical problem within the context of a clinical study, patients with other diseases/disorders mimicking features of the studied disease must be included in a proteomic study [17]. Therefore, it is attractive to consider asthma and COPD together with CF in a comparative proteomics study to identify specific biomarkers for any of these particular diseases.

Another challenge to the clinical proteomics field is the appropriate selection and collection of biospecimens for a specific clinical problem. To study chronic lung diseases, several biospecimens have been used to access the airway microenvironment, including induced sputum, bronchoalveolar lavage, nasal lavage fluid, exhaled breath condensate and, in less extent, bronchial and lung biopsies that result from an extremely invasive procedure.

We have proposed the use of nasal epithelium (NE) collected by nasal brushing as a molecular airway model for comparative proteomics studies of chronic respiratory diseases. Our group has demonstrated that nasal brushing, a painless and non-invasive procedure, is capable of yielding numerous and well-preserved dissociated cells that are representative of the human superficial respiratory mucosa. In fact, about 85% of cells collected by nasal brushing are epithelial cells: nonciliated and ciliated columnar cells, basal and goblet cells [18] (Figure 1). We have demonstrated in previous works, the utility of these cells in the study of the monogenic disease cystic fibrosis, namely by two-dimensional electrophoresis (2D-gel) or SELDI-TOF based proteomics.

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In a recent study in collaboration with National Cancer Institute, we conducted the most complete proteomic characterization of human NE collected by brushing technique. We employed an improved subcellular fractionation method to obtain soluble and membrane-enriched fractions followed by a high sensitive multidimensional protein identification technology to increase proteome coverage of this epithelium [21]. In total, a set of 1482 proteins were identified and functionally annotated using several databases, extending the actual knowledge of the proteome of NE microenvironment, which relied mainly on soluble proteins [22-24]. Out of those proteins, about 947 were identified as membrane-associated as confirmed by grand average hydropathy value index analysis, transmembrane protein mapping and annotations of primary location deposited in the Human Protein Reference Database. Molecular and cellular functional annotation of identified proteins, performed by Ingenuity Pathway Analysis, unraveled mechanisms and processes intimately correlated with a respiratory epithelium. The view of the epithelium as a physical barrier between the host and its environment regulating ion and water transport is supported by our study revealed a large number of proteins involved in structural stabilization of nasal epithelial cells via cytosqueletal components and transportation of molecules such as ions (Figure 1). Other functions were also found enriched in NE proteome, such as gel-phase protection, immunological defense, including innate immunity and immune regulation, and detoxification. These pathways are illustrated by several proteins such as mucins (e.g. MUC5AC, MUC5B), LPS binding proteins (e.g. CAMP, BPI), Toll-like receptors (e.g. TLR3), leukocyte surface markers (e.g. CD47, CD59, CD14), possibly reflecting recruitment of inflammatory cells to this epithelium, and also ATP-binding cassette (ABC) transporters associated with the multidrug Resistance phenomenon (e.g. ABCC1 (or MRP1), ABCC3 and ABCC4) and proteins involved in drug and xenobiotics metabolism (e.g. ALDH9A1, NQO1, CES1, GCLC, CAT, GSTP1). Thus, our proteomics data reinforce the idea of the airway epithelium as a dynamic and multifunctional entity that act as central modulator of airway mucosal structure and function, being able to respond to environmental insults such as pathogen, allergen, and pollutant exposure through mechanisms of clearance, detoxification, immune regulation and regeneration [25,26]. Continued epithelial challenge to such environmental insults and impaired repair responses may lead to altered epithelial physical and functional barrier properties providing the mediator and growth factor microenvironment for persistence of inflammation and airway remodeling. This chain of events seems to play a major role in asthma, COPD and CF pathogenesis [7,27,28]. Moreover, we have observed that the proteome of human NE have extended overlay with that known so far for human bronchial mucosa [21]. This fact highlights the molecular similarities between upper and lower epithelia supporting the concept of united airways. In fact, all respiratory passages, from the nose to the terminal bronchioles, share histological and physiological similarities at epithelium level [29] reflecting their common susceptibility to environmental insults such as...
those reported before. This idea is reinforced by the well-documented relationship between allergic rhinitis and asthma (Passalacqua et al. 2001; Serrano et al. 2005; Rimmer et al. 2006; Braunstahl et al. 2007; Bourdin et al. 2009; Compalati et al. 2010) [29–34], which most clinical, epidemiological and biological data point for integrated management targeting epithelial cells.

As part of the NE proteome, we identified about 140 proteins previously associated with the development and/or progression of several respiratory diseases. For example, the two proteins inducible nitric oxide synthase (NOS2) and triosephosphate isomerase (TPI) have been associated with asthma [35] while myeloperoxidase (MPO) and lactotransferrin (LTF) have been involved in the development of Cystic Fibrosis [36]. This is also the case of the two key proteins, previously described in Cystic Fibrosis mouse model by our group, retinal dehydrogenase 1 (ALDH1A1) and aldehyde dehydrogenase (ALDH2). Along with ADH7, these are crucial enzymes in retinoic acid metabolism, a hormone known as important regulator of organ development and homeostasis, including lung [37]. To what COPD is concerned, we also identified in nasal epithelial cells three proteins reported to be differentially expressed in BALF of COPD patients - Neutrophil defensins 1 and calgranulin A and B - [38]. In sputum, the clara cell secretory protein (CCSP) was also reported as potential COPD biomarker [39].

In summary, we advocate that nasal epithelium is an attractive biospecimen to approach chronic obstructive lung diseases such as COPD, asthma and by CF using several technical strategies, namely clinical proteomics. Our extensive characterization of NE proteome supports previous evidence demonstrating the importance of airway epithelium to the normal physiology of the airway system. Additionally, we observed considerable similarities between this proteome and those expressed by bronchial epithelium, which is a target tissue on the diseases described above. This biological sample is easily collected by nasal brushing, which is well tolerated even by very young children, making possible its widespread use. The number of cells collected by this technique is appropriate for several biochemical analyses, including flow cytometry, enabling parallel evaluation of different cell types (epithelial and inflammatory cells) and multiple protein markers. Therefore, the implementation of a standard sampling procedure and performing comparative systematic analysis of CF/COPD/Asthma NE-Proteome, might conduct to a better understanding of specific molecular pathways associated with each of these diseases. The characterization and validation of the proteins specifically involved in identified molecular pathways, may ultimately serve as key biomarkers for improving diagnosis, staging and monitoring disease progression or treatment response.

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