Manipulation of Stem Cells and their Microenvironment for Tissue Engineering

Adrian McArdle1, Kevin J. Paik1, Michael T. Chung1, Michael S. Hu1, Graham Walmsley1, Andrew Zimmermann1, Victor W. Wong1, Brian Hsueh1, Andrew S. Chung1, Geoffrey C. Gurtner1, H. Peter Lorenz1, Michael T. Longaker1,2 and Derrick C. Wan1,3*

1Hagey Laboratory for Pediatric Regenerative Medicine, Department of Surgery, Plastic and Reconstructive Surgery Division, Stanford University School of Medicine, Stanford, California, USA
2Institute for Stem Cell Biology and Regenerative Medicine, Stanford University, Stanford, California, USA
3Hagey Laboratory for Pediatric Regenerative Medicine, Stanford University School of Medicine, Stanford University, Stanford, California, USA

Abstract

The potential for stem cells to serve as cellular building blocks for reconstruction of complex defects has generated huge enthusiasm in the field of regenerative medicine. Skeletal and soft tissue defects due to trauma, tumor resection, and congenital anomalies present significant challenges for surgical reconstruction. The limitations of current treatment options have shifted attention to regenerative medicine, which has the potential to dramatically improve our ability to repair the human body. The possibility of regenerating lost or damaged tissues offers significant hope in the field of surgery. The present review article highlights recent progress in tissue-specific engineering with stem cells, and future directions for this rapidly evolving area of medicine.

Keywords: Stem cells; Tissue engineering; Niche; Microenvironment; Scaffold; Mesenchymal stem cells; Adipose-derived stem cells; Induced pluripotent stem cells; Plastic surgery

Introduction

Regeneration of damaged adult tissues requires the existence of cells capable of proliferation and differentiation that will contribute functionally to the reparative process of a tissue. In a wide variety of conditions, ranging from osteoarthritis to cerebrovascular accidents, the intrinsic ability of the body to repair itself is insufficient. The field of regenerative medicine and tissue engineering holds promise in treating these conditions, especially with the renewed impetus that has arisen from the discovery of stem cells. The addition of stem cells to our regenerative medicine armamentarium has opened up new avenues with the potential for developing stem cell-based therapies for the treatment of these conditions.

Stem cells possess a distinct ability to self-renew and differentiate, making them a more attractive candidate cell for cell-based therapies when compared with other cell types like somatic cells. Stem cells encompass a large class of cell types, ranging from pluripotent embryonic stem cells (ESCs) and induced pluripotent stem cells (iPSCs) to fate-restricted, multipotent adult stem cells such as BM-MSCs and ASCs. Ethical concerns have limited the use of embryonic stem cells in regenerative medicine, and current focus is on induced pluripotent stem cells (iPSCs) and adult stem cells. Different putative sources of adult stem cells have been identified, from sources such as bone marrow, adipose tissue and umbilical cord blood, each offering their distinct advantages and disadvantages.

Adult stem cells are an exciting cell source for regenerative medicine, owing mostly to their relative ease of harvest and the ability to yield large quantities of cells. In addition, most of the tissues that require reconstruction in surgery, like bone and muscle, are mesenchymal in origin and are therefore a logical cell type for use in regenerative surgery. iPSCs are the most recent discovery which offers huge potential for clinical translation.

To harness the full potential of a particular cell type in regenerative medicine, a clear understanding of the contribution from the specialized microenvironment that governs stem cell behavior is key to manipulating these cells to generate robust, clinically relevant, engineered tissues. Understanding the complex interplay of the stem cells and their specialized microenvironment, known as the niche, will provide key strategies for the biomimetic stimulation of both implanted and native stem cells, and this avenue is being actively pursued in regenerative medicine. Study of niche microenvironments remains in their infancy and this area of study are emerging as a key field within stem cell biology.

Whilst a lot of study in stem cell biology has focused on finding the ideal cell source for tissue engineering, it is clear that in order to fully exploit the true potential of these cells in a clinical environment, we must optimize the delivery system for these cells. The cellular component is only one facet of the niche, and the cellular component which consists of the biomimetic substrate and inductive cues, is equally as important in dictating the regenerative process in vivo. In order to manipulate these signals, the field of tissue engineering has employed a combination of biological and material engineering approaches. Here we will discuss the current research surrounding the investigation of the core components of tissue regeneration – the cells, the biomimetic substrate and the inductive cues. Based on our experience we will draw on particular reference to surgical applications.

Skeletal Tissue

The treatment of bone degenerative diseases and congenital craniofacial disorders stands to benefit greatly from the development of reliable, efficient, and safe regenerative therapies. More than 400 publications have investigated bone tissue engineering in rodents to date. However, few studies have translated this approach to larger animals such as sheep, goats, and dogs [1-3]. From a clinical perspective, bone tissue engineering holds great promise but has thus
tension and cell seeding density increase the osteogenic activity and [10-12]. Additionally, tissue culture conditions such as low oxygen have all been shown to amplify these osteogenic properties of MSCs and synthetic biomimetic scaffolds (polyglycolic acid, polylactic acid) Fibroblast Growth Factor (FGF)-2), gene delivery (Runx2, WISP-1), centers that orchestrate osteogenic differentiation along with resident MSCs as producers of a wide spectrum of growth factors with anti-to modulate therapeutic bone regeneration. The "trophic" action ofMSCs therefore provide a direct means of physiologic and pathologic states. Adjusting the quantity, localization, and differentiation potential of MSCs thus provides a direct means to modulate therapeutic bone regeneration. The "trophic" action ofMSCs as producers of a wide spectrum of growth factors with anti-inflammatory, anti-apoptotic, proliferative, and pro-angiogenic properties has also been shown to enhance osteogenesis as well [8,9]. In the context of transplantation, MSCs are thought to act as signaling centers that orchestrate osteogenic differentiation along with resident host cells. Growth factors (Bone Morphogenetic Protein (BMP)-2, Fibroblast Growth Factor (FGF)-2), gene delivery (Runx2, WISP-1), and synthetic biomimetic scaffolds (polyglycolic acid, polylactic acid) have all been shown to amplify these osteogenic properties of MSCs [10-12]. Additionally, tissue culture conditions such as low oxygen tension and cell seeding density increase the osteogenic activity and longevity of cultured MSCs; however, much controversy remains regarding optimal expansion conditions [13-15]. Optimizing these conditions will likely depend on the therapeutic application in question (Figure 5).

The discovery of iPSCs by Yamanaka et al. opened another promising avenue of exploration for cell-based bone regeneration strategies [16]. Both iPSCs and ESCs are capable of differentiation into numerous cell types from each of the three germ layers. Adaptation of existing ESC differentiation protocols has allowed for the osteogenic differentiation of iPSCs [17,18] and more recently, generation of osteoblasts from iPSCs was achieved via Runx2 adenoviral transduction [19]. Li et al. [20] reported the derivation of MSC-like cells from mouse iPSCs. The MSC-like cells expressed putative MSC markers, deposited calcium in vitro, and differentiated into adipocytes or osteoblasts upon exposure to appropriate culture conditions. Furthermore, Lian et al. demonstrated the therapeutic potential of deriving MSCs from iPSCs in a mouse limb ischemia transplantation model [21].

Recent investigations have convincingly demonstrated the osteogenic potential of iPSCs in vivo. Many studies have either transplanted pre-differentiated iPSCs or iPSC-seeded scaffolds into ectopic sites (subcutaneous or sub-renal capsule) of immunodeficient mice and assessed bone formation. However, most studies have relied upon ex vivo iPSC differentiation prior to transplantation. Levi and colleagues demonstrated successful in vivo differentiation by seeding iPSCs overnight onto a Bone Morphogenetic Protein 2-releasing poly-L-lactic acid scaffold to heal critical-sized mouse calvarial defects [22]. In addition, the utility of iPSCs for bone engineering has been shown across many orthotopic sites. Duan et al. highlighted the value of iPSCs for periodontal tissue engineering in a study showing that iPSCs combined with enamel matrix derivatives promoted the formation of new cementum, alveolar bone, and periodontal ligament [23].

The soil: skeletal stem cell niche

Natural biomaterials such as collagen, gelatin, chitosan, hyaluronan, and chondroitin sulfate in combination with cell and growth factor-based approaches have been used in the regeneration of bone, as well as cartilage, ligament, tendon, skin, and adipose tissue [24-28]. These materials offer high biocompatibility and the ability to replicate specific characteristics of native extracellular matrix thereby enhancing cell migration, proliferation, differentiation, and matrix deposition. However, disadvantages associated with natural biomaterial scaffolds include the potential for pathogen contamination during preparation from animal sources and laborious purification protocols.

More recently synthetic scaffolds composed of alpha-hydroxy ester polymers and ceramics have been used successfully for controlled in vivo and ex vivo bone regeneration [29,30]. Synthetic biomaterials offer high stability and low variation in physicochemical properties. Poly (alpha-hydroxy esters) such as polyglycolic acid and polylactic acid are biodegradable through ester bond hydrolysis into non-toxic glycolic and lactic acid respectively. Depending upon the application in question, polymer degradation rates can be modulated by altering co-polymer ratios, molecular weight, and crystallinity [31]. Techniques such as gas-foaming, sintering, and crystal leaching allow for the production of three-dimensional scaffolds with specific micro and macro-architectures, biomechanical properties, and pore sizes. More recently, electro spinning has come to the forefront as a highly efficient technique for the fabrication of polymer nano fibers. However, despite significant advantages, improving the biocompatibility and biomechanical properties of polymeric scaffolds are key obstacles. Ceramic scaffolds include calcium sulfates, calcium phosphates, and bioactive glasses. As a major component of bone, calcium phosphate

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**Figure 1:** Mesenchymal stem cells—such as bone marrow-derived mesenchymal stem cells and adipose-derived stem cells—have the potential to differentiate into various lineages, making them invaluable tools in tissue engineering.
based scaffolds such as hydroxyapatite and beta-tricalcium phosphate have been studied extensively [3,32]. These materials possess high compressive strength, variable degradation rates, and multi-scale porosity. Combinations of micro and macro-porosity produce both lamellar and woven bone formation while non-microporous scaffolds do not [33]. Recently, silica and zinc oxide doping has allowed for variations in the biomechanical properties of calcium phosphate based ceramic scaffolds [34]. Improving the reproducibility of ceramic scaffold manufacturing remains a challenge.

**Surgical applications for bone tissue engineering**

Autologous bone grafting remains the gold standard for reconstruction of osseous defects. However, autologous bone grafting is limited by donor site complications such as chronic pain, bleeding, and infection. Bone tissue engineering offers a means to decrease the amount of harvested bone required for reconstruction, and may thus help to minimize or eliminate donor site morbidity. Critical to the advancement of bone tissue engineering in the context of human disease is the incorporation of techniques for the induction of axial vascularization rather than relying—as many studies on model organisms have done—upon extrinsic neovascularization (Figure 2).

Optimizing cell and scaffold-based bone tissue engineering in the context of favorable vascular axes and vascularized flaps is essential for translation to the clinical setting. Some progress has been made on this front. Collagen type I scaffolds seeded with osteoprogenitors derived from cultured bone marrow stromal cells have been used to fabricate pedicled bone flaps via the carotid artery in mice [35]. Prefabricated vascularized bone grafts have also been employed in the clinical setting for mandibular reconstruction. Warnke and colleagues [36] used a custom-made titanium cage filled with bone marrow aspirate, OP-1, and xenogenic bone minerals to successfully repair a large mandibular defect. Despite these reports though, more studies on bone engineering with a focus on integrating clinically viable vascularization strategies are still needed before we see a significant impact at the bedside.

**Adipose Tissue**

Reconstruction of soft tissue defects resulting from injury, oncological resection, congenital anomalies, and aging can result in impaired aesthetic appearance, function, and the psychological well being of patients. Repair of these soft tissue defects often requires restoration of missing volume with a natural, synthetic, or hybrid material to enhance aesthetic contour. The ideal material for soft tissue restoration of missing volume with a natural, synthetic, or hybrid being of patients. Repair of these soft tissue defects often requires impaired aesthetic appearance, function, and the psychological well being of patients. Repair of these soft tissue defects often requires restoration of missing volume with a natural, synthetic, or hybrid material to enhance aesthetic contour. The ideal material for soft tissue reconstruction should look and feel natural, be stable after implantation or injection, and be fully integrated or replaced by host tissue over time. Numerous substances have been used for the reconstruction and/or augmentation of soft tissues, but presently available filler materials present significant drawbacks to their use. Autologous soft-tissue grafts are therefore favored, as allografts, xenograft, and synthetic materials can be associated with immune rejection, allergic reaction, implant migration or resorption, and failure to integrate into host tissues [37, 38].

When compared to other soft tissue fillers, autologous fat exhibits many qualities of the ideal filler. It is biocompatible, readily available, easy to harvest, and naturally integrated into the host tissues. However, only small defects can be corrected with injected autologous fat, and free fat transfer often yields varying degrees of resorption, requiring repeated treatments to maintain the desired volume. For larger volumes, autologous tissue transfer using vascularized free flaps may be employed, but there are high costs in terms of donor site morbidity and deformity. Alternatively, tissue engineering strategies have the potential to overcome many deficiencies associated with autologous fat grafting and injection of synthetic materials [39-43]. Importantly, development of an adipose tissue regenerative approach requires coordination between all key aspects of tissue engineering including selection of an optimal cell source, scaffold material, and cellular environment.

**The seed: cell source**

There are two types of cellular building blocks typically employed for adipose tissue engineering. These include preadipocyte cell lines or primary cells. Preadipocytes possess high proliferative potential and the capacity to differentiate into adipose tissue. Although many adipogenic cell lines (3T3-F442a, Ob17) have been investigated, the classic cell type to study adipogenesis is the 3T3-L1 cell line, which was developed through clonal expansion of rodent-derived cells [44-47]. While these cell lines circumvent many of the problems associated with primary cells, namely slower expansion and lower tolerance to cryopreservation, the differentiation capacity of primary cells, such as MSCs, may be more representative of true in vivo cellular behavior. Adult MSCs can self-replicate and also undergo adipogenic differentiation in response to appropriate signaling cues [6,48]. von Heimburg et al. [49] succeeded in engineering adipose tissue fusing collagen scaffolds combined with human ASCs. Importantly, freshly isolated stromal vascular fraction from adipose tissue contains a mixture of cells, which not only includes ASCs, but also endothelial cells, smooth muscle cells, pericytes, fibroblasts, and other circulating cells [50]. One explanation for variable success rates reported for in vivo adipogenic differentiation may be the different functional properties of these heterogeneous cell populations. Therefore, recent studies have sought to purify isolated subpopulations with the greatest potential for adipogenic differentiation using fluorescence-activated cell sorting. Li et al. [51] found that the “preadipocyte” population (CD31−/CD34+) showed the most adipogenic potential and demonstrated the highest expression of peroxisome proliferator-activated receptor-γ after exposure to adipogenic differentiation medium. As studies continue to refine approaches to isolate an optimal cell for adipose tissue engineering strategies, ultimate translation to the clinical setting becomes increasingly tangible.

**The soil: adipose stem cell niche**

Another strategy to induce in vivo formation of adipose tissue is based on precursor stem cells already existing in the body without the need for exogenous transplantation of cells. This strategy revolves around niche-directed regulation of stem cell differentiation...
into adipocytes. Kawaguchi et al. [52] demonstrated that de novo adipogenesis in the mouse subcutis could be achieved by simply injecting a mixture of FGF-2 and Matrigel. Other attempts using these principles have included co-injection of gelatin microspheres with FGF-2 or insulin and insulin-like growth factor-1 [53-55]. Several other factors, including dexamethasone, thyroid hormone, epidermal growth factor, transforming growth factor-β, and platelet-derived growth factor have been shown to positively influence the rate of adipogenic differentiation in vitro and may potentially aid in development of a viable engineered adipose tissue construct in vivo [56-58] (Figure 3).

To develop an effective tissue engineering strategy, it is important to understand the complex physiology of adipose tissue and the signaling cascades that regulate adipogenesis. Adipose tissue is organized into a 3D tissue composed or ASCs and mature adipocytes in addition to stromal-vascular cells (interstitial cells, endothelial cells, pericytes). A complex micro vascular system entwined within a highly organized extracellular matrix (ECM) composed of collagen types I, III, IV, V, and VI and other ECM proteins is also present [59]. Advances in tissue engineering have demonstrated the feasibility of using 3D scaffolds to direct adipogenic differentiation in vivo. Both synthetic and natural polymers have been utilized extensively for this purpose. Traditional cell-based adipose tissue engineering strategies have used scaffolds for seeding cells to increase cellular adhesion. The concept is that as the scaffold degrades, transplanted cells would grow, proliferate, and eventually mature into adipose tissue. Patrick et al. [60] demonstrated the differentiation of ASCs seeded on polyactic co-glycolic acid scaffolds into mature adipocytes using this method.

Other cell-based adipose tissue engineering strategies have used hydrogels designed for restoration of tissue volume. These cell-encapsulating hydrogels could be injected into soft tissue defects and would ideally restore the aesthetic contours by imparting a soft, smooth feel closely resembling that of natural tissue. Kim et al. demonstrated the feasibility of using injectable, degradable alginate hydrogels with preconditioned human ASCs [61]. Newly generated tissues were semi-transparent and soft, grossly resembling adipose tissue.

**Surgical applications for adipose tissue engineering**

To date, the principle of engineering adipose tissue has been well demonstrated. Although autologous fat grafts are currently the best method of soft tissue augmentation that can be performed with minimal scarring and without complications associated with foreign materials, this strategy has shown unpredictable resorption rates due to partial necrosis. To overcome these problems, Yoshimura et al. developed a novel strategy known as Cell-Assisted Lipotransfer (CAL), with concurrent transplantation of aspirated fat and ASCs [62]. Although preliminary results suggested that CAL is superior to conventional lipoinjection (ASC-poor aspirated fat), some degree of fat graft resorption and volume loss is nonetheless unavoidable [63]. Thus, there is still the unfilled need to generate de novo adipose tissue constructs that would be indispensable for the translation of adipose tissue engineering into clinical applications.

**Wound Healing**

Wound healing is an intricate process that requires the interaction between numerous biological pathways and many different cell types. Repair of cutaneous wounds normally proceeds in three distinct yet overlapping phases: inflammation, cell proliferation, and remodeling [64]. Despite being an orchestrated process, results are highly unpredictable. Problematic and chronic wound management presents challenging clinical scenarios. Even under optimal conditions, and with current best medical and surgical practice, outcomes can be suboptimal with the healing process resulting in scarring and fibrosis.

Diabetes and burns injuries have served as prototype models for problematic wound healing in basic science research. Attempts to promote healing in these challenging milieux have largely focused on increasing systemic or local tissue growth factor levels, with a particular emphasis being placed on promoting angiogenesis at the wound site. However, clinical translation of these approaches have been suboptimal, resulting in a change in the direction of research focus to identify alternative therapies such as bioengineered skin substitutes and stem cell-based therapies.

**The seed: cell source**

Stem cells are considered to play a key role in tissue regeneration during wound healing [65]. The mammalian epidermis is organized into Hair Follicles (HF) interspersed with Inte Follicular Epidermis (IFE), which consists of layers of keratinocytes. Epithelial stem cells, located in the HF bulge and the basal layer of the IFE, are thought to have a high capacity for self-renewal, as evidenced by their ability to produce daughter cells that undergo terminal differentiation into keratinocytes [66]. The regeneration of the skin and its appendages is thought to occur by the regulated activation of these dedicated stem cell populations. Stem cells resident in the HF bulge and the basal layer are potential targets for regulating wound healing.

MSCs are an attractive cell type for cell-based therapy to promote dermal regeneration. In addition to their potential to differentiate, they also exhibit substantial trophic support to regenerating tissues [67]. While these cells are not members of the epidermal niche, they can affect wound healing and tissue regeneration through many different avenues [68-70]. These cells are capable of migrating to the site of injury or inflammation, and they may stimulate the proliferation and differentiation of different resident progenitor cells, secrete growth factors, participate in remodeling, and modulate the immune and inflammatory response. Preclinical studies have demonstrated the ability of MSCs to accelerate wound closure. Using a variety of methods (topical, local and systemic injection, and collagen scaffold) for delivery of stem cells to an excisional wound, numerous studies have demonstrated enhanced cutaneous wound repair with MSCs in both wild-type and diabetic mice [71-76]. Falanga et al. [77] showed the prevention of ulceration and acceleration of wound closure in mice by spraying autologous BM-MSCs with a mixture of fibrin and thrombin into wounds. The same method applied in a small human clinical trial.
proved to accelerate wound closure and resurfacing without adverse effects [77]. Additionally, there was a strong correlation between the number of cells and the reduction of ulcer area when applied to chronic wounds [77]. Another small clinical trial examined the topical application of culture expanded autologous BM-MSCs on chronic ulcers unresponsive to prior treatment and were able to achieve wound closure with increased cellularity and dermal rebuilding [78]. Although these studies show great promise, larger clinical trials as well as less invasive harvesting techniques are necessary before this can become a more practical therapy (Figure 4).

In juxtaposition, ASCs secrete nearly all the growth factors involved in wound healing and have been shown to remain viable at the wound site [79-81]. Utilizing an excisional wound healing mouse model, Kim et al. delivered a collagen gel solution with ASCs and found a significant reduction of wound size with acceleration of re-epithelialization [81]. In another study, human a cellular dermal matrix seeded with ASCs also resulted in acceleration of wound closure [82]. In addition, differentiation of ASCs into epidermal and endothelial cells as well as dermal fibroblasts was observed [82]. Finally, recent reports have shown the application of ASCs overexpressing vascular endothelial growth factor to accelerate wound healing over unmodified ASCs [83]. These results thus attest to the promise of ASCs in cell-based wound regeneration.

**The soil: dermal stem cell niche**

In wound repair, the goal is to transiently increase expression of specific growth factors to improve angiogenesis, increase cell proliferation and improve cell migration until complete wound closure is achieved. The interactions between the mesenchymal environments in which epithelial stem cells reside are currently being investigated, with the aim of defining specific molecular regulators that govern stem cell behavior and ultimately determines their fate. Current therapies are only partially effective because they do not inhibit the cell and extracellular matrix proliferation that leads to hypertrophic scar formation. Using matrices seeded with stem cells from the bone marrow, adipose tissue, or hair follicles, development of a fully functional skin substitute that could assure its revascularization, reinnervation, and replacement of skin appendages are potential translational opportunities for the development of novel wound-healing therapies, some of which are already used in clinical practice.

**Surgical applications for dermal wound tissue engineering**

The promotion of wound healing using dermal substitutes has become increasingly widespread, but the outcomes of substitute-assisted healing remain poor. Despite the wide variety of skin substitutes currently on the market, they are fraught with problems including poor integration with host tissue, relatively high infection rates, scar formation and wound contraction.

The most successful skin substitutes currently available a cellular polymer matrices which are designed to mimic the dermal extracellular matrix and promote a bottom-up approach to wound regeneration. These matrices rely upon a three-dimensional scaffold which is analogous to the extracellular matrix, to can guide cell adhesion, growth and differentiation to form skin function and structural tissue [84].

The application of scaffolds containing viable cells has proven to be problematic due to short shelf-life, high cost and death of transplanted cells as a result of immune rejection and apoptosis [85]. Efforts to increase the effectiveness of skin substitutes employ recent advances in biomaterial science, like bioactivation, which expands their role from being a simple structure to a delivery vehicle for growth factors, cytokines and genes, thus actively encouraging tissue regeneration [86].

**Conclusion**

Stem cells and their ability to restore multiple tissue types offer a potentially powerful therapeutic approach for regenerative medicine. While much progress has been made in developing preliminary strategies for clinical applications of stem cells, a deeper understanding of the fundamental mechanisms governing stem cell survival, proliferation, and tissue-directed differentiation, both in isolation and in the complex environments of a heterogeneous array of donor sites, will be required in order to optimally manipulate cells and their microenvironments for widespread patient use. Continued work in our own laboratory and others focus on understanding specific biochemical pathways crucial to the survival and differentiation trajectories of various stem cell classes.
Simultaneously, investigations are being performed on manipulating external signaling cues in the form of small molecules, nanoparticles, proteins, or nucleic acids embedded within a variety of biologically-derived and biomimetic synthetic scaffold environments.

Additional challenges still remain for use of stem cells in therapeutic strategies. These include the need for amplifying cell numbers and optimizing delivery into human patients while avoiding immunogenicity, massive cell death, or tumor formation. And with patient-specific therapies, hurdles must still be overcome with efficient reprogramming and gene modification on a clinically useful time scale. As stem cell therapies progress through clinical trials and into more widespread use, care must be taken to ensure their efficacy and safety in human patients, a process which will likely involve the manipulation of cell-intrinsic factors as well as the niche microenvironment and the ultimate graft site. Nonetheless, with increasing experience and expertise in various stem cells, expanded use of these powerful building blocks for tissue engineering applications in many regenerative medicine specialties will undoubtedly follow.

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