

Lego® Therapy for Autism

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ABSTRACT

Children with syndrome tend to like many things terribly intensely. Play therapists have, for several years, engineered on unfit passions to assist youngsters learn skills like collaboration, communication, and symbolic thinking.

Keywords: Autism

INTRODUCTION

The Theory behind psychotherapy

Maria pedagogue aforementioned that "play is that the work of childhood" by that she meant that youngsters learn through play. Neuro-typical youngsters use play to expand and higher perceive their world through experimentation, symbolic play, physical activity, and sports, social interaction, and observation.

By dissimulation to be adults, TV personalities, or superheroes, youngsters observe victimization speech and behaving in expected ways in which. By taking part in organized games, youngsters learn the way to follow rules, collaborate with teammates, take turns, and work toward a shared goal.

Children with syndrome play terribly otherwise from their typical peers. They have an inclination to play alone or interact in parallel play.

In addition to taking part in otherwise, most kids with syndrome have specific play patterns or routines that they repeat over and yet again in identical ways in which.

WHY TOY MEDICAL CARE WAS CREATED

LEGO building toys are terribly fashionable among unfit youngsters. they provide an easy, predictable, repeatable activity that may be accomplished alone while not outside facilitate. they're conjointly a part of a system of toys that look and behave in similar ways in which. LEGOs conjointly supply the accessorial bonuses of:

- Requiring sturdy fine motor skills and important hand strength
- Requiring special, visual, and analytical skills

Today there are multiple practitioners yet as books and programs all targeted on toy medical care.

HOW TOY MEDICAL CARE WORKS

The goals of toy medical care is to create the kinds of skills that

may facilitate unfit youngsters higher interact with peers, share experiences, and collaborate. this implies that the youngsters United Nations agency are doubtless to learn from toy medical care are already a minimum of somewhat verbal and ready to follow each visual and verbal directions.

In the most elementary sort of toy medical care, youngsters add a gaggle, taking the subsequent roles:

The Engineer: includes a set of directions for the model and needs to request the bricks from the provider and direct the Builder to place the model along.

The Supplier: Has the toy bricks and provides the Engineer with the specified things upon request.

The Builder: Is given the bricks by the provider and needs to follow the directions given by the Engineer to form the model.

An adult help works with the cluster as required encouraging problem-solving, communication, and engagement.

IS TOY MEDICAL CARE EFFECTIVE?

LEGO medical care is made around existing, effective, riskless therapies. Meaning it cannot hurt and can doubtless facilitate your kid to create skills and presumably purposeful friendships engineered around common interests.

There are a restricted variety of studies targeted on toy medical care, and most of these were conducted with little teams by people with a unconditional interest in seeing the medical care succeed.

No medical care is often no-hit for each kid with syndrome, and far depends on the chemistry of a medical care cluster and its help.

WHAT IF MY KID DOES NOT LIKE LEGOS?

There is nothing witching concerning LEGOs. In fact, an equivalent therapeutic approach will work around any cooperative project that involves operating along on a shared project toward a standard goal.

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While folks on the spectrum do not essentially share equivalent fascinations, some common interests include:

- Thomas the engine
- Fantasy games like Dungeons and Dragons

LEGO MEDICAL CARE RESOURCES

LEGO medical care isn't on the market all over, however most capable therapists United Nations agency work with teams of unfit youngsters are ready to incorporate toy play into their programs.

Folks also can learn to use LEGOs as a therapeutic tool in their own homes, operating with siblings or different adults and kids.

To learn additional concerning toy medical care, you'll need to talk together with your school's activity or ABA healer, speak with members of your native syndrome support cluster, or scan one among these books: however LEGO®-Based medical care for syndrome Works: Landing on My Planet however LEGO®-Based medical care for syndrome Works: Landing on My Planet by Daniel B. LeGoff (founder of toy therapy).