Formulation and Characterization of Chondroitin Sulfate Nanoparticle with Chitosan as Polymer and Kappa Carrageenan as Crosslinker Using the Ionic Gelation Method

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Abstract
Chondroitin sulfate is a widely used dietary supplement formulations, effective for the treatment of osteoarthritis. In oral preparations, chondroitin sulfate has low bioavailability. The alternative to improve bioavailability of a drug is by using nanoparticle technology. This study was aimed to formulate and characterize chondroitin sulfate nanoparticles with chitosan as polymer and kappa carrageenan as crosslinker. Nanoparticles were prepared by using ionic gelation method that was based on the electrostatic interaction between opposite charges. Characterization of nanoparticles were performed by measuring pH, particle size, polydispersity index, zeta potential, and examination of infrared spectrum. The results showed that F1 containing 0.1% chitosan, 0.1% chondroitin sulfate, and 0.05% kappa carrageenan at volume ratio of 10:1:1 was the best formula with an average particle size 582.9 nm, polydispersity index value of 0.324, and zeta potential value as much as -0.47 mV.

Keywords: Chondroitin sulfate; Chitosan; Kappa carrageenan; Nanoparticles; Ionic gelation

Introduction
Osteoarthritis (OA) is a joint disorder that often occurs in the world [1]. Therapies commonly used are the nonsteroidal antiinflammatory drugs and preparations containing chondroitin sulfate. Several clinical trials showed that chondroitin sulfate has the ability to slow the progression of osteoarthritis [2-5].

In recent years, much research that utilizes nanoparticle technology for drug delivery systems [6-9]. Various studies have also been developed, come to a focus in which pharmaceutical researchers strive to improve the effectiveness of the drug in the right amount [10]. This is because the nanoparticles has many advantages such can penetrate the space between cells that small impenetrable by particles to large size, increasing the bioavailability of drugs [11-13]. In addition, the encapsulation process can maintain the stability of the active substance from enzymatic reactions during the first pass effect [14].

Natural polymers often used in the manufacture of nanoparticles are chitosan and carrageenan. Chitosan is used very well because it has properties include safe, biodegradable, biocompatible, mucoadhesive, and hydrophilic [15,16]. There are studies showing that the combination of chitosan-carrageenan has a promising potential as a carrier in drug delivery systems. Carrageenan types used in these studies is kappa carrageenan [17].

The method of making nanoparticles of the most interesting is the ionic gelation method. The principle of this method is the formation of particles based on ionic gelation method.

Material and Method

Materials
Chondroitin sulfate was purchased from Bioiberica. Chitosan was purchased from Biotech Surindo. Aqua destilled was purchased from Bratoco. Kappa carrageenan was purchased from PT. Quadrant. Acetic acid and potassium bromide/KBr was manufactured by Merck.

Methods
The method used in this study consists of several stages as follows:

Solubility test: Solubility testing chondroitin sulfate, chitosan, and kappa carrageenan based on the characteristics of each substance. A sample of 500 mg dissolved in the solvent and solubility observed.

Raw materials characterization by FTIR: Infrared spectrum of a sample powder of chondroitin sulfate, chitosan, kappa carrageenan, and the combination of chondroitin sulfate/chitosan/kappa carrageenan is measured. Each sample was weighed and crushed together with KBr in the ratio 1:100. Then placed in a mold and compressed to form pellets. Pellets are placed in the sample container on the FTIR instrument for analysis. Measurements were made at wave number 4000 cm$^{-1}$ to 400 cm$^{-1}$ using FTIR spectroscopy Jasco-4200 [18]. The measurement results of the spectrum compared to the standard spectrum.

Determination of particle size of the chondroitin sulfate powder: Chondroitin sulfate was determined by Scanning Electron Microscope (SEM).

Optimization of chondroitin sulfate nanoparticles: Chitosan was dissolved in 1% acetic acid (v/v) and made various concentrations (Table 1). Kappa carrageenan dispersed in distilled water at 60°C and the concentration was fixed 0.05%. Chondroitin sulfate dissolved in distilled water to obtain a concentration of 0.1% chondroitin sulfate. Chondroitin sulfate solution, chitosan solution, and kappa carrageenan solution was homogenized using a vortex for 1 minute and a sonicator for 20 minutes. Each formula has been created then measured percent...
the solubility of chitosan dissolved in an organic acid at a pH of less
than 6.5 one acetic acid [15]. Amine group in chitosan will be groups
protonated (-NH₃⁺) in acid solution, so that will positively charged
chitosan and soluble [13-15]. Results of testing the solubility of kappa
carrageenan showed that 500 mg of kappa carrageenan dissolved in 14
mL of distilled water temperature 60°C, which means that the first part
of kappa carrageenan dissolved in 28 parts distilled water, this is in
accordance with the solubility of kappa carrageenan are soluble in hot
distilled water [12].

Raw materials characterization by FTIR

Characterization of chondroitin sulfate, chitosan, kappa
carrageenan, and the combination of chondroitin sulfate/chitosan/
kappa carrageenan has been done using FTIR. This characterization
includes qualitative analysis aims to determine the purity of the material
based on the spectrum of the sample compared to the reference spectra
(Figure 1).

Characterization of the peak of the spectrum of chondroitin sulfate
sample that is at 3428.44 cm⁻¹ indicate the presence of hydroxyl group
(OH-free) and the symmetric NH₂ stretching, at wave number 2931.88

transmitannya using UV-Vis spectrophotometer at a wavelength of
650 nm. Three formulas have the highest percent transmittance will
have to be formulated more.

Formulation of chondroitin sulfate nanoparticles: Solution of
chondroitin sulfate, chitosan, and kappa carrageenan was made with
a concentration in accordance with formula chosen. Solution was
homogenized using a vortex for 1 minute and then a sonicator for
20 minutes, respectively. Chitosan Chitosan solution was placed in a
glass beaker on a magnetic stirrer that is rotated at a speed of 1500
rpm. Chondroitin sulfate solution was added dropwise to the chitosan
solution using a syringe, and then left to stand for 60 minutes. Kappa
carrageenan solution is added to the mixture and left for 30 minutes.
The third formula that was created then characterized (Table 2).

Table 1: Composition formula of chondroitin sulfate nanoparticles.

<table>
<thead>
<tr>
<th>F</th>
<th>Concentration in % (w/v)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chitosan</td>
<td>Chondroitin Sulfate</td>
</tr>
<tr>
<td>1</td>
<td>0.1</td>
</tr>
<tr>
<td>2</td>
<td>0.15</td>
</tr>
<tr>
<td>3</td>
<td>0.2</td>
</tr>
<tr>
<td>4</td>
<td>0.25</td>
</tr>
<tr>
<td>5</td>
<td>0.3</td>
</tr>
</tbody>
</table>

Table 2: Formula of chondroitin sulfate nanoparticles.

<table>
<thead>
<tr>
<th>F</th>
<th>Concentration (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chitosan</td>
<td>Chondroitin sulfate</td>
</tr>
<tr>
<td>1</td>
<td>0.1</td>
</tr>
<tr>
<td>2</td>
<td>0.15</td>
</tr>
<tr>
<td>3</td>
<td>0.2</td>
</tr>
</tbody>
</table>

Characterization of Nanoparticles

pH measurement

pH measurement of chondroitin sulfate nanoparticles using a pH
meter.

Measurement of particle size and polydispersity index

The particle size and polydispersity index of nanoparticles was
measured by Particle Size Analyzer (PSA). The resulting dispersion
system was taken about 3 mL inserted into the cuvette and analyzed
by means of Particle Size Analyzer. The principle of measuring particle
size were visible light scattering [19].

Zeta potential measurement

Zeta potential of the sample was measured with Laser Droplet
Electrophoresis (LDE) method using a Zetasizer. Zeta potential was
measured to determine the nature of the particle surface charge and
determine the stability of colloidal [16].

Determination of nanoparticles with FTIR

Chondroitin sulfate nanoparticles was determined by FTIR,
samples placed in a special cuvette is then measured.

Results and Discussions

Solubility tests

The test results showed that the solubility of chitosan chitosan
500 mg dissolved in 15 mL of 1% acetic acid, which means that 1 part
chitosan dissolved in 30 parts of acetic acid. This is in accordance with
the solubility of chitosan dissolved in an organic acid at a pH of less

Figure 1: Spectrum of chondroitin sulfate sample.
sulfate at 849 cm⁻¹, and 3.6-anhidrogalaktosa at 930 cm⁻¹. This suggests that the mixture of powders chondroitin sulfate, chitosan, and kappa carrageenan did not interaction.

**Determination of particle size of the chondroitin sulfate powder**

Chondroitin sulfate powder was determinated by Scanning Electron Microscope (SEM) aims to determine the initial size.

Based on Figure 5 it was known that the size of chondroitin sulfate before it is formulated into nanoparticles was 1.39 μm to 2.64 μm. The results of this determination can be compared with the size of chondroitin sulfate that had been formulated with the polymer and crosslinker into nanoparticles.

**Optimization of chondroitin sulfate nanoparticles**

The greater the percent transmittance indicated that the size of the particles in the dispersion system is getting smaller.
Percent transmittance measurements performed using UV-Vis spectrophotometry at a wavelength of 650 nm and used distilled water as a blank. Formula was selected based on the percent transmittance was close to 100%, which means that the resulting dispersion system had a transparency similar to distilled water. This is because at a wavelength of 650 nm, the transmittance percent distilled water had a maximum of 100% (Figure 5).

The ratio of the volume of chitosan (K), chondroitin sulfate (Ks), and kappa carrageenan (Kk) used in the fifth consecutive formula is 10:1:1 in units of mL.

The results of measurements of percent transmittance by Table 3 it can be seen that from the fifth formula is made visible that Formula 1, Formula 2 and Formula 3 has a transmittance value percent higher than the formula 4 and formula 5. Based on these data the formula that will be used in the manufacture nanoparticles and characterized further was formula 1, formula 2 and formula 3 with a volume ratio chitosan:chondroitin sulfate:kappa carrageenan is 10 mL:1 mL:1 mL.

**Formulation of chondroitin sulfate nanoparticles**

Nanoparticles chondroitin sulfate had been made with the composition formula selected based optimizations performed.

In the process of its formation, chitosan as polymer dissolved beforehand in a solution having a pH of acid with the aim of changing the amine group (NH₂) to (-NH₃⁺). The group will interact positively ionized ionic negatively charged chondroitin sulfate. Kappa carrageenan is polianion added in order to stabilize the positive charge of the ammonium groups that did not interact.

**Characterization of nanoparticles**

**pH measurement:** pH measurement chondroitin sulfate nanoparticles in three formulas showed that all three had an acidic pH. This is because the environment of the nanoparticles that was a solution of acetic acid used as a solvent chitosan. The pH value of the three formulas tend to increase with increasing concentrations of chitosan used.

**Particle size:** Determination of particle size is a primary characteristic in the manufacture of nanoparticles. The particle size was used to look at the success of the manufacture of nanoparticles, in general, the nanoparticle size range of 1-1000 nm. Particle size was determined by Particle Size Analyzer (PSA) with the diluent water. Aside from the three formulas, particle size measurement performed also on nanocarrier that only contains the polymer and crosslinker. The aim of the nanocarrier particle size measurement was to determine the particle size of the resulting dispersion system before adding the active ingredient.

Based on the parameters of the average diameter (mean), the particle size of the F1, F2, and F3 tend to be large at more than 500 nm. The particle size distribution can be described from three points, namely D10, D50, and D90 (Table 4).

D10 illustrates that there are 10% of the dispersion system which has a smaller particle size, while the remaining 90% has a particle size that is larger than the value stated, contrary D90 illustrates that 90% smaller particle size and 10% particle size larger. D50 or median illustrate that there are 50% of the dispersion system that has a smaller size and 50% have a particle size that is larger than the value stated. The definition when applied to the measurement results of the formula 1 which has a D10 79.7 nm, meaning that 10% of the particles have a particle size smaller than 79.7 nm and 90% of the particles have a larger particle size of 79.7 nm.

The results of research conducted in accordance with Grenet et al. [5] which showed that the particle size of the nanocarrier chitosan-kappa carrageenan is in the range 350-650 nm.

**Polydispersity index:** Measurement of particles using Particle Size Analyzer (PSA) may also be obtained polydispersity index value. Measurement of the value of polydispersity index aims to determine the particle size distribution which indicates the level of uniformity of size of nanoparticles produced.

Polydispersity index value measured from the third formula indicates a value below 0.5, which means that a homogenous dispersion system formed is monodisperse. Polydispersity index value for monodisperse systems starting from 0.01 up to the value of 0.5-0.7. While the value of polydispersity index of more than 0.7 shows a very wide size distribution and may contain large particles or aggregates [14]. The smaller the value of polydispersity index showed that the narrower the particle size distribution, which means the more homogeneous nanoparticle size diameter (Table 5) [17].

**Zeta potential:** Zeta potential is one of the most important nanoparticle characterization. Zeta potential measurements were conducted to determine the surface charge and give an idea repulsive force among particles of the resulting nanoparticle dispersion system.

![Image](image_url)

**Figure 5:** The results of the determination of particle size of the chondroitin sulfate powder.

<table>
<thead>
<tr>
<th>Formula</th>
<th>Percent transmittance (%)</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>I</td>
<td>II</td>
</tr>
<tr>
<td>1</td>
<td>99.28</td>
<td>99.26</td>
</tr>
<tr>
<td>2</td>
<td>98.87</td>
<td>99.04</td>
</tr>
<tr>
<td>3</td>
<td>99.06</td>
<td>99.04</td>
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<tr>
<td>4</td>
<td>98.75</td>
<td>98.78</td>
</tr>
<tr>
<td>5</td>
<td>98.37</td>
<td>98.36</td>
</tr>
</tbody>
</table>

**Table 3:** Percent transmittance of chondroitin sulfate nanoparticles.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Particle size (nm) Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
</tr>
<tr>
<td>F1</td>
<td>582.9</td>
</tr>
<tr>
<td>F2</td>
<td>923.5</td>
</tr>
<tr>
<td>F3</td>
<td>895.8</td>
</tr>
<tr>
<td>Nanocarrier</td>
<td>637.2</td>
</tr>
</tbody>
</table>

**Table 4:** Particle size of chondroitin sulfate Nanoparticles.
The interaction between particles had an important role in the stability of the colloidal solution. In general, a dispersion system declared stable if the value of the zeta potential was more positive than +30 mV or more negative than -30 mV were determined based on electrostatic repulsion [13].

In Table 6 showed that the formula 1 containing chitosan 0.1%, chondroitin sulfate 0.1%, kappa carrageenan 0.05% with a volume ratio of 10:1:1 had a zeta potential value the most. But overall system of nanoparticles formed from the three formulas tend to be unstable. This is because the value of the zeta potential of the three formulas was low and did not qualify, so prone to form aggregates.

Favorably on the zeta potential like that of formula 2 and formula 3 showed that the nanoparticles produced were mostly found on the surrounding surface. This is influenced by the presence of a free amino group that can cause increased surface charge and zeta potential value generated [9].

**Determination of nanoparticles with FTIR:** Spectrum of Chondroitin sulfate nanoparticles was determined by Fourier Transform Infra-Red (FTIR) aims to see whether or not a shift in absorption area that appears.

Infra-red spectrum of chondroitin sulfate nanoparticles Figure 6 compared to the infra-red spectrum of chondroitin sulfate when preformulation. The results showed that the spectrum of chondroitin sulfate nanoparticles they are symmetric stretching of the hydroxyl group (O-H) and NH, which generates vibration at 3478.95 cm⁻¹, C-H aliphatic shown at 2919.7 cm⁻¹, and the carbonyl group is shown in 1631.48 cm⁻¹. C-O group at 1079.94 cm⁻¹.

Absorption area of functional groups contained in chondroitin sulfate nanoparticles experienced a slight shift compared with the absorption area chondroitin sulfate raw materials. Shifting catchment area occurs because the bonds that are formed between chondroitin sulfate with the polymer and crosslinker used. Some peaks of chondroitin sulfate that was at wavenumber 1565.31 cm⁻¹ and 1244.06 cm⁻¹ disappeared after being made nanoparticles, this could be caused due to the resulting dispersion system is not homogeneous. In Table 6 in mind that the value of the zeta potential of the third composition of the formula is very low, so it can be said that the resulting nanoparticles were unstable and easily aggregate.

**Conclusion and Suggestion**

**Conclusion**

The composition formula chondroitin sulfate nanoparticles can be made with various concentrations of chitosan (K) 0.1%, 0.15% and 0.2%, while the concentration of chondroitin sulfate (Ks) and kappa carrageenan (Kk) was fixed at 0.1% and 0.05% with a volume ratio (K:Ks:Kk) is 10:1:1.

Nanoparticles best chondroitin sulfate based on the results of characterization that has been done is to use the composition of formula 1 containing chitosan 0.1%, 0.1% chondroitin sulfate, kappa carrageenan 0.05% with a volume ratio of 10:1:1 had a pH value of 3.1 (acid), an average particle size (mean) 582.9 nm, 236.9 nm D90 value, 0.324 polydispersity index and zeta potential -0.47 mV. Chondroitin sulfate nanoparticles formed from the formula was not stable so it has a tendency to form aggregates.

**Suggestion**

Future studies are recommended to complete the characterization parameters include chondroitin sulfate determination of percent adsorption, diffusion test in vitro, and morphological characterization of nanoparticles chondroitin sulfate.

<table>
<thead>
<tr>
<th>Formula</th>
<th>Polydispersity index</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0.324</td>
</tr>
<tr>
<td>2</td>
<td>0.341</td>
</tr>
<tr>
<td>3</td>
<td>0.297</td>
</tr>
</tbody>
</table>

Table 5: Polydispersity index of nanoparticles.

<table>
<thead>
<tr>
<th>Formula</th>
<th>Zeta potential (mV)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>-0.47</td>
</tr>
<tr>
<td>2</td>
<td>+0.15</td>
</tr>
<tr>
<td>3</td>
<td>+0.35</td>
</tr>
</tbody>
</table>

Table 6: Zeta potential of nanoparticles.

Figure 6: FTIR spectrum of chondroitin sulfate nanoparticles.
Acknowledgments

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References