

Editorial Note

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ABSTRACT

Following article consist of the basic highlight and the glimpse of the quality research published in the year 2019 at glance. I am very much delighted to introduce you with the Journal.

With the same enthusiasm as it was for the previous year, we are under the process of compiling and releasing our upcoming editions as well. We acknowledge the support of all of the Journal associates along with the peer reviewers, editorial board members and the journal coordinators..

Keywords: Editorial; Note; Psychology; Psychotherapy.

INTRODUCTION

I am delighted to introduce the Journal of Psychology and Psychotherapy (JPPT) a rapid peer reviewed journal which is a valuable source of information for scholars, researchers, professionals, and students, providing in-depth perspectives on intriguing contemporary topics of Psychology. Built on an ethos of openness, we are passionate about working with the global academic community to promote open scholarly research to the world. I am pleased to announce that, all issues of the 9th Edition were published online well within the time and the print issues were also brought out and dispatched within 30 days of publishing the issue online during the year of 2019.

The major objective of JPPT is to publish up-to-date, high-quality and original research papers alongside relevant and insightful reviews. The Journal aims to flourish and to maintain the standards in Psychological research and practices, providing an excellent platform and opportunity to present evidence based research, reviews, case studies and analytical assessment of research that probably is much in deed for students, professors, aspiring researchers and health care professionals to enhance the patient care.

During the calendar year of 2019, JPPT received a total of 80 manuscripts, out of which 38 articles (70%) were rejected in the preliminary screening due to plagiarism or being out of the format and peer review process. After the final screening, only 30 articles were selected for publishing. A total of 100 research scientists from all over the world reviewed the articles published

in volume 9. Average publication lag time of an article was further reduced to 2-3 weeks.

Some of the editions highlight includes the better understanding of consciousness, identifying whether the adaptive cognitive characteristics, particularly survival and coping beliefs, are absent in individuals who participate in high risk sexual behaviours. This edition also explores possible mechanisms of Cannabis induced mental disorders from a toxicological, pharmacological, and psychological perspective. Along with several other researches that have been published last year there were studies determining the effect of family psycho education to the knowledge of patients, to control violent behaviour?

Average download per article is increasing and on an average there are 40 downloads per paper. All these are promising signs. We could reach this stage through the constant support of Board Members and intellectual generosity of the readers and contributors (authors and reviewers).

I take this opportunity to acknowledge the contribution of Editor-in-Chief: Mauro Giovanni Carta (Italy), Jing hong Chen (China) during the final editing of articles published and the support rendered by the editorial assistants: Estelle De Vos in bringing out issues of J Psychol Psychother in time. Lastly I would like to express my gratitude to all the authors, reviewers, the publisher, the advisory and the editorial board of the Journal, the office bearers for their support in bringing out yet another volume and look forward to their unrelenting support for the successful release of upcoming editions Needless to say, any papers that you wish to submit, either individually or

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collaboratively, are much appreciated and will make a substantial contribution to the early development and success of

the journal. Best wishes and thank you in advance for your contribution to the Journal of Psychology and Psychotherapy.