Dysglycemia and Dyslipidemia Models in Nonhuman Primates: Part III. Type I or II Diabetogenic Effects of Streptozocin

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ABSTRACT
Streptozocin (STZ), a naturally occurring glucosamine-nitrosourea compound, has been used for diabetogenic induction in animals for diabetic research due to its high toxicity to pancreatic beta cells. This study was to evaluate the diabetogenic effects of STZ by multiple low doses or by single high dose in normoglycemic nonhuman primates (NHPs). Each monkey in the 1st group (n=6) was intravenously administered with 7.5 to 15 mg/kg STZ once every 2 to 4 weeks until successful induction of hyperglycemia or until the end of this 28-week study. In the 2nd group (n=7) each monkey was intravenously injected with 35 mg/kg STZ once only. Plasma glucose, insulin and lipid levels were monitored weekly during the study. The hyperglycemic responses to STZ were more severe in the NHPs treated with the single high dose. Among them one animal died on the 2nd day after STZ dosing. Compared with STZ multiple low doses, single high dose caused much severe insulin depletion, similar to Type I diabetes. In addition, beta-cell sensitivity to STZ toxicity varied obviously among individual monkeys, some highly sensitive and some almost no response at all. STZ also resulted in abnormal response to the intravenous glucose tolerance test (ivGTT). These results demonstrate that hyperglycemic levels among STZ-treated animals varied and differed significantly after either single high dose or multiple low doses. Our data may help researchers to understand the diabetogenic process and variability of STZ induction in NHPs and to choose a severe or moderate model for their research.

Keywords: Nonhuman primate; Streptozocin; Diabetogenic induction; Diabetes

INTRODUCTION
Streptozocin or streptozotocin (STZ) is a naturally occurring glucosamine-nitrosourea compound. It was originally discovered as an antibiotic in a strain of the soil microbe Streptomyces achromogenes by the scientists at the drug company Upjohn (part of Pfizer lately) in the late 1950s [1]. Similar to other alkylating nitrosourea agents, its chemical property is toxic to cells via damaging DNA. Due to its similar enough to glucose, STZ can be transported into the cell by the glucose transport protein GLUT2 (glucose transporter 2), but not by the other types of glucose transporters [2,3]. This explains why STZ is highly toxic to pancreatic beta-cells because of their high expression of GLUT2. Therefore, STZ has been used in medicine for treating pancreatic beta-cell cancer by damaging DNA since 1970s [4]. STZ-induced DNA damage can activate poly ADP(adenosine diphosphate)-ribosylation which is more critical for its diabetic induction than DNA damage itself [5]. This is particularly toxic to the insulin-producing beta-cells in mammals. STZ is thus widely used for inducing hyperglycemic models in animals by single large dose or by multiple small doses [6,7]. Rossini et al. reported early that multiple small dose injections of STZ produced a delayed, progressive increase in plasma glucose in mice within 5-6 days after the injections and multiple subdiabetogenic doses or a large dose of STZ also induced hyperglycemia in rats [6]. In male cynomolgus...
monkeys a single dose of 100 mg/kg (high dose) or 55 mg/kg (low dose) of STZ developed diabetes within 24 h. Compared with relatively normal liver and kidney functions in low dose animals, liver and kidney in high-dose animals were obviously impaired and showed marked steatosis of the liver and tubular injury in the kidneys. Serum C-peptide levels in both groups decreased from 2 to 8 ng/mL before STZ to between 0.01 and 0.6 ng/mL after STZ. Over time, low-dose diabetic monkeys remained persistently hyperglycemic with negligible C-peptide stimulation by intravenous glucose [7].

Various hyperglycemic animal models have been used in diabetes research, including spontaneously developed, genetically manipulated, diet-induced and drug-caused diabetic models [8-17]. Nonhuman primates (NHPs) have shown spontaneous dysglycemia and dyslipidemia similar to the progression in humans, which makes them excellent translational models for diabetes and obesity research [12-17]. Dysglycemia is a broad term that refers to an abnormality in blood sugar levels, including hypoglycemia or hyperglycemia. Dyslipidemia refers to elevated triglycerides (TG), total or low-density lipoprotein (LDL) cholesterol levels, or low level of high-density lipoprotein (HDL). Both dysglycemia and dyslipidemia can be important risk factors for coronary heart disease, stroke or fatty liver disease [18,19]. While rodent diabetic models have been used for elucidation of basic mechanisms of insulin action and aspects of weight regulation and metabolic control, NHPs represent crucial pre-clinical models with important similarities to human endocrine physiology that facilitate translation of experimental findings to the clinic. The spontaneously developed diabetic model in NHPs gives us an insight of the naturally occurring process of diabetes, but it may take years to show the phenotype, which raises the difficulty to monitor the disease progress. Due to limited resources of spontaneous diabetes in NHPs and/or other specific reasons, drug-induced diabetes in NHPs is also highly valuable for scientific research on diabetic etiology and its complications. STZ-induced diabetes can be initiated in a short period of time and give us the relative convenience of monitoring the dynamic changes from non-diabetes to diabetes. In addition, islet transplantation is an attractive treatment of diabetes, especially Type I. STZ-induced Type I diabetes in NHPs is one suitable model for evaluating the effectiveness of islet transplantation. The usefulness and limitations of the STZ model in NHPs in islet transplantation were reviewed and elucidated in the previous studies [17,20].

In this study we reported the diabetogenic models in NHPs induced by STZ administration either with one single high dose or with multiple low doses. The models were characterized and differences among individual animals during STZ induction were summarized. The data may help other researchers to understand the STZ induction process and its characteristics in NHPs when they replicate or use the models for diabetic research.

METHODS

Animals and animal care

Experiments were performed in normoglycemic rhesus (Macaca mulatta, n=7) and cynomolgus (Macaca fascicularis, n=6) monkeys with either genders (Table 1). These monkeys were individually housed and maintained in our animal facility in accordance with the guidelines approved by the Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC). The room temperature was maintained at ∼21°C with a 12 hr light/dark cycle with lights off from 7 PM to 7 AM. All the animals were free access ad libitum to water and a complete, nutritionally balanced normal diet (Beijing Keao Xieli Feed Co., LTD, Beijing, China) enriched with seasonal fruit and vegetables. The experimental protocol was approved by the Institutional Animal Care and Use Committee (IACUC) of Crown Bioscience, Inc (Approval #: AN-1308-016-19 and AN-1702-009-6). Body weight was measured under either anesthesia or conscious. If under conscious, each monkey sits in a specific monkey chair for the weight measurement.

STZ dosing

The process of STZ-induced hyperglycemia was similar to others previously reported in monkey models. In the multiple low dose group, normoglycemic cynomolgus monkeys (n=6) were intravenously injected with STZ (Lot S0130, Sigma, USA) at 15 mg/kg (15 mg/mL dissolved in the phosphate buffer saline (PBS) solution) once every 4 weeks with a total of 8 times for hyperglycemic induction (Figure 1, bold arrows). From week 4 to 28 additional STZ at 7.5 mg/kg was intravenously administered once every 4 weeks with a total of 6 times during the study (Figure 1, dashed arrows). If hyperglycemia was successfully induced, the hyperglycemic animal was no further STZ treatment from that time point. The animals with multiple low doses were not sacrificed at the end of the study.

In the single high dose group normoglycemic rhesus monkeys (n=7) were intravenously injected once with STZ (Lot S0130, Sigma, USA) at 35 mg/kg (35 mg/mL in PBS) for diabetes induction (Figure 1). The experimental animals were euthanized on day 7 (n=4) and day 14 (n=2), except one death on the 2nd day after STZ dosing.

Plasma collection

Before bleeding, each animal was fasted overnight for approximately 16 hours. Blood with a volume of 2 to 3 mL was collected into a K2-EDTA (K2-ethylenediaminetetraacetic acid) tube from one cephalic or saphenous vein. The sample tube was gently inverted 10 times and then immediately placed on ice. The sample was separated by centrifugation at 3000 rpm for 15 min at 4°C. Plasma glucose, insulin, TG, total cholesterol (TC), HDL, LDL, alanine aminotransferase (ALT), aspartate aminotransferase (AST) were analyzed in the clinical lab (The ADVIA® 2400 Clinical Chemistry System, The First People’s Hospital of Taicang, Taicang, Jiangsu Province, China).
Intravenous glucose tolerance test (ivGTT)

To evaluate the scale and function of beta-cells ivGTT was performed in the experimental monkeys before and after STZ treatment according to the method reported previously [21,22]. Each experimental animal was fasted overnight for approximately 16 hrs and then anesthetized intramuscularly with initial 10 mg/kg ketamine (Fujian Gutian Pharmaceutical Co. Ltd., Fujian, China) plus additional 5 mg/kg lately as needed during ivGTT. The cephalic and/or saphenous veins were cannulated separately for glucose infusion and blood collection. Glucose (0.25 g/kg=0.5 mL/kg of 50% dextrose) was intravenously infused during 30 sec and the infusion system was then flushed with 5 mL heparinized 0.9% saline to push the residual glucose into the blood stream. Blood was collected from another vein into heparinized tubes pre-chilled on ice at the time points of immediately before (time 0) and then 3, 5, 7, 10, 15, 20 and 30 min after glucose infusion. Plasma was then separated and stored at -80°C for subsequent assays lately.

DATA COLLECTION AND STATISTICS

The data, such as age, body weight and blood chemistry assay, were collected and tabulated. The changes of plasma glucose and insulin were measured and recorded according to experimental grouping. The area under the curve (AUC) was calculated using the first measurement (t=0) as reference (M1 method) as described previously [23]. All the data were expressed as mean ± standard error of the mean (SEM). Statistical analysis was performed by using unpaired student t-test for comparison of two means. A p-value less than 0.05 was considered to be statistically significant.

RESULTS

Plasma glucose levels were significantly increased in the NHPs treated with STZ of either multiple low doses (Figure 2) or single high dose (Figure 2). The baseline glucose levels were 79.9 ± 2.3 mg/dL and 66.7 ± 4.5 mg/dL (Table 1) and then increased to 140.6 ± 31.0 mg/dL and 253.3 ± 55.5 mg/dL in the animals after treatment with multiple low doses or single high dose, respectively (Figure 2). In the meantime, plasma insulin concentrations were significantly decreased in the animals received STZ single high dose. Plasma insulin levels were also decreased, but not significantly (p>0.05, Figure 3), in the animals received STZ multiple low doses. The plasma TG levels were significantly increased accompanied with less obvious changes on TC, HDL, LDL levels in the monkeys treated with STZ of either multiple low doses (A) or single high dose (B). The parameters were measured at the time just before STZ dosing as baselines (blue bars) and after the last dosing of STZ multiple low doses (A, orange bars) or day 7 after STZ single high dose (B, orange bars). *, p<0.05, versus the corresponding baseline; #, p<0.05, versus the group treated with STZ multiple low doses.

To evaluate the effects of STZ on insulin production, ivGTTs were performed before and after STZ treatment in the experimental monkeys. The results obtained from the animals received multiple STZ low doses show the baseline glucose level was increased and ivGTT responsive curve was raised to a high level (Figure 3). Compared with pre-treatment, insulin responses to ivGTT in the animals with STZ multiple low doses were smaller during ivGTT. Plasma glucose and insulin levels responded to ivGTT even more obviously in the monkeys received STZ single high dose, compared with STZ pretreatment (Figure 3).

The AUC data show that the plasma glucose levels increased and insulin concentrations were decreased in the animals treated with STZ multiple low doses, but the changes were not statistically significant (p>0.05, Figure 3). The K value of body glucose handling was also decreased, but still not statistically significant (p<0.06, Figure 3, middle panel) after treatment with STZ multiple low doses. However, in the monkeys treated with STZ single high dose the increase in glucose AUC and decrease in glucose K value, as well as the decrease in insulin AUC were statistically significant (p<0.05, Figure 3).

The changes of plasma glucose and insulin occurred gradually in the monkeys treated with STZ multiple low doses. Plasma glucose levels of one monkey (ID# C2, ■) were markedly increased after two STZ treatments on day 0 and 28 and then increased continuously even without further STZ treatment (Figure 4). Plasma glucose levels of another monkey (ID# C3, ◆) were markedly increased after four STZ treatments on day 0, 28, 42 and 56 and then increased continuously even without further STZ treatment (Figure 4, 3).
Figure 3: Effects of STZ on insulin production during ivGTT. The tests were performed in the experimental monkeys received either STZ multiple low doses (A) or STZ single high dose (B). The tests were conducted at the times before STZ dosing as the baselines (triangles) and after the last dosing of STZ multiple low doses (A, solid cycles) or day 7 after STZ single high dose (B, solid cycles). Compared with pre-treatment, glucose responses to ivGTT were markedly increased and insulin responses were decreased in the animals with STZ multiple low doses (A and C) or single high dose (B and D). AUC, the area under the curve; Kglucose, the decay of ivGTT glucose curve representing the body capability of glucose handling. *, p>0.05; **, p<0.01; $, p=0.06, vs the corresponding baseline.

Figure 4: Time courses of the changes of plasma glucose and insulin. Plasma glucose (A) and insulin (B) levels of the individual monkeys were plotted against the time after STZ treatment with multiple low doses. Panel C shows the changes of the average glucose and insulin levels in the animals during STZ multiple low doses. Other panels show the changes of plasma glucose (D) and insulin (E) levels of individual monkeys and the means ± SEs of plasma glucose and insulin levels (F) of the animals received STZ single high dose. *, p<0.05; **, p<0.01; vs the corresponding baseline (F).
DISCUSSION AND CONCLUSION

In this study STZ with two dosing approaches was used to induce hyperglycemia in nonhuman primates. Our data show that the hyperglycemic effect of STZ was more severe in the monkeys treated with the single high dose than those treated with the multiple low doses (Figure 2). In addition, the sensitivity to STZ varied markedly among the treated individual monkeys (Figure 4). High STZ-sensitive animal could die shortly after administration of one single high dose at 35 mg/kg. In contrast, low sensitive monkeys could be much less or no response to STZ, even with multiple low doses in a total of 172.5 mg/kg (Figure 4, Table 2). Our results from the cynomolgus monkeys received the multiple low doses of STZ showed three out of six animals (50%) developed hyperglycemia (>100 mg/dL, Figure 4). Among the three diabetogenic animals two showed hyperglycemia within 8 weeks and another one showed hyperglycemia nearly 22 weeks after multiple low doses. The rest three non-diabetogenic monkeys failed to response to multiple low doses of STZ, even with a total of 172.5 mg/kg STZ (Table 2). These results indicate that there are obvious variations among nonhuman primates in their responses to STZ.

The underline mechanism or cause of such obvious variability in NHPs responded to STZ is not fully delineated. The previous reports showed that diabetogenic dose of STZ depended on the animal species, age, body weight, route of administration, and nutritional status [30-32]. In addition, the individual genetic, healthy and physiological differences, such as receptor expression levels, may also contribute to the wide variance in STZ dose levels and responses among experimental animals. Another reason for these discrepancies could be that the beta-cells of some monkeys are more resistant to the toxic effect of STZ than those of other monkeys, which may account for the varying STZ dosages and responses among experimental animals. For example, insulin producing cells that do not express GLUT2 transporter in the plasma membrane are resistant to STZ toxicity and only become susceptible to diabetogenic effects. For example, insulin producing cells that do not express GLUT2 transporter in the plasma membrane are resistant to STZ toxicity and only become susceptible to diabetogenic effects. For example, insulin producing cells that do not express GLUT2 transporter in the plasma membrane are resistant to STZ toxicity and only become susceptible to diabetogenic effects. For example, insulin producing cells that do not express GLUT2 transporter in the plasma membrane are resistant to STZ toxicity and only become susceptible to diabetogenic effects.

STZ is widely used to induce a reproducible form of diabetes in NHPs [24]. Different dosages of STZ have been used to induce diabetes in nonhuman primates [25,26]. Litwak et al. tried to induce diabetes in cynomolgus monkeys using a dose of 30 mg/kg and found that it did not reliably cause diabetes [25]. Only three of eight animals became mildly hyperglycemic and the rest had to be given a second dose of STZ [25]. Stegall et al. reported that 80% of cynomolgus monkeys became diabetic after 50 mg/kg STZ and remained hyperglycemic for up to 1 year [27]. Another study with cynomolgus monkeys by using 55 mg/kg of STZ showed 100% diabetogenic effects for up to 1 year without any evidence of regeneration of the beta-cells [28]. The diabetogenic effects of STZ were also examined in rhesus monkeys at 30, 45 or 60 mg/kg [29]. The animals received 30 mg/kg STZ had normal glucose tolerance. Five out of seven monkeys treated with 45 mg/kg developed hyperglycemia, and two out of two animals received 60 mg/kg developed hyperglycemia [29]. Our results from the rhesus monkeys using single high dose of 35 mg/kg of STZ showed that five (including the death one on the 2nd day after STZ treatment) out of seven animals developed hyperglycemia (>200 mg/dL, Figure 4). However, the data from cynomolgus monkeys received the multiple low doses of STZ showed three out of six animals (50%) developed hyperglycemia (>100 mg/dL, Figure 4). Among the three diabetogenic animals two showed hyperglycemia within 8 weeks and another one showed hyperglycemia nearly 22 weeks after multiple low doses. The rest three non-diabetogenic monkeys failed to response to multiple low doses of STZ, even with a total of 172.5 mg/kg STZ (Table 2). These results indicate that there are obvious variations among nonhuman primates in their responses to STZ.

Table 2: Changes of body weight, plasma glucose and insulin levels, as well as the total amount of STZ administered.

<table>
<thead>
<tr>
<th>Animal ID</th>
<th>Age (year)</th>
<th>Body weight (kg)</th>
<th>Glucose (mg/dL)</th>
<th>Insulin (mIU/L)</th>
<th>C-peptide (nmol/L)</th>
<th>STZ mg/kg x dosing #</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1</td>
<td>17</td>
<td>6.2</td>
<td>86.2</td>
<td>58.7</td>
<td>40.9</td>
<td>15 mg/kg x 8+7.5 mg/kg x 7=172.5 mg/kg</td>
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<tr>
<td>C2</td>
<td>10</td>
<td>8.7</td>
<td>79</td>
<td>243.9</td>
<td>19.4</td>
<td>15 mg/kg x 2=30 mg/kg</td>
</tr>
<tr>
<td>C3</td>
<td>17</td>
<td>7.6</td>
<td>70.4</td>
<td>189.2</td>
<td>4.6</td>
<td>15 mg/kg x 3+7.5 mg/kg x 1=52.5 mg/kg</td>
</tr>
<tr>
<td>C4</td>
<td>10</td>
<td>6.7</td>
<td>81.9</td>
<td>115.9</td>
<td>30.4</td>
<td>15 mg/kg x 7+7.5 mg/kg x 6=150 mg/kg</td>
</tr>
<tr>
<td>C5</td>
<td>11</td>
<td>8.3</td>
<td>77.2</td>
<td>71.5</td>
<td>197.8</td>
<td>15 mg/kg x 8+7.5 mg/kg x 7=172.5 mg/kg</td>
</tr>
<tr>
<td>C6</td>
<td>17</td>
<td>5.6</td>
<td>84.4</td>
<td>71.6</td>
<td>60.7</td>
<td>15 mg/kg x 8+7.5 mg/kg x 7=172.5 mg/kg</td>
</tr>
<tr>
<td>n</td>
<td>6</td>
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<tr>
<td>Mean</td>
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<td>7</td>
<td>77.9</td>
<td>125.1</td>
<td>30.4</td>
</tr>
<tr>
<td>SE</td>
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<td>0.4</td>
<td>0.4</td>
<td>2.3</td>
<td>30.8</td>
<td>28.8</td>
</tr>
</tbody>
</table>

Note: Baseline, the results were collected before STZ induction; STZ, the results were collected during the last week near the end of the study.
weight) [34]. Higher doses of STZ (>80 mg/kg body weight) were found to be effective and sufficient to produce the diabetogenic effects in NHPs [35-39] but were associated with more systemic side effects (e.g., transient vomiting, severe hypoglycemia) and serious complications (e.g., hepatic and renal function/tissue injury), as well as higher morbidity and mortality (approximately 29%–100%) [38,40-43]. In vervet monkeys (Chlorocebus aethiops) intravenous administration of either 45 or 55 mg/kg STZ had 15% mortality, likely secondary to renal toxicity [44]. Twice-daily insulin therapy was initiated to maintain comparable glycemic control and then exogenous insulin requirements increased rapidly for 4 weeks; STZ (45 mg/kg) insulin doses stabilized thereafter while STZ (55 mg/kg) doses continued to increase through 16 weeks. The lower dose of STZ (45 mg/kg) significantly improved the toxicity profile without altering efficacy in inducing diabetes. Sufficient time following induction is recommended to allow transient renal, hepatic and hematologic parameters to resolve [44]. Therefore, to successfully establish the STZ-induced diabetic model in NHPs, an optimal dose or feasible approach is necessary. Such dose or approach can induce irreversibly and stable diabetes with much less adverse effects and more similar to type II diabetes. Our present study provides some insights on the model induction in NHPs, because approximately 50% monkeys treated with multiple low doses of STZ were hyperglycemic without any observable side effects and the need of exogenous insulin therapy.

In summary, the current study compared the diabetogenic effects of STZ in NHPs treated with either single high dose or multiple low doses. Our data demonstrate single high doses of STZ result in more severe diabetogenic effects (similar to type I) than multiple low doses (similar to Type II). Single high doses of STZ are accompanied more serious side effects, including insulin dependence, live damage, kidney impairment and animal death. In contrast, no obvious side effects are observed in NHPs received multiple low doses of STZ. As NHPs are highly valuable in diabetic research, doses and administration manners of STZ may help to select a diabeticogenic model for evaluating new compounds or therapeutic interventions. For example, single high dose of STZ can induce Type I model for beta-cell or islet transplantation and multiple low doses induce Type II model for anti-diabetic drug test.

DECLARATIONS

Research involving human participants and/or animals

The study protocol and experimental procedures used in this study were approved by the IACUC of Crown Bioscience Inc., which includes member from outside of the company. The approval numbers are AN-1308-016-19 and AN-1702-009-6.

CONFLICTS OF INTEREST

All of the authors are employee of Crown Bioscience Inc. The authors declare no conflict of interest in this study.

INFORMED CONSENT

All the authors have read and approved the manuscript for submission. Their consents are available if requested.

Availability of data and material

All the materials and relevant raw data supporting our findings can be found in Tables and Figures in the manuscript and are freely available to readers or scientists wishing to use them for non-commercial purposes.

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AUTHORS' CONTRIBUTIONS

Y Liu, J Gao and X Wang conducted the study and data collection. Y Liu, Y (Jim) Wang and Y-F Xiao participated study design, data analysis, figure and manuscript preparation.

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