Diagnosis of Allergic Reaction

Fhang Zuoa

Research Center of Integrative Medicine, School of Basic Medical Sciences, Guangzhou University of Chinese Medicine, Guangzhou510405, China

A rash is a noticeable change in the texture or color of your skin. Your skin may become scaly, bumpy, itchy, or otherwise irritated. Allergies diagnosed by doctors in three steps:

- Doctors mainly think about the personal and medical history of patients, patient need to tell their family history, lifestyle at home and their medical history also.
- Doctor may do a skin test, patch test and blood test to determine allergies. One test is not alone is talented to diagnose an allergy.
- Sometimes doctor thinks about physical exam for considered allergy skin. Physical exam may include a lung function test to determine how well exhale air by the lungs. Patient may need X-ray for lungs and sinuses.

SKIN PRICK TEST

It may confirm common types of skin allergies. In some patients the tests of skin can be most precise and least expensive methods to confirm allergies. For scratch/prick testing the doctors kept a minor drop of the conceivable allergen on the skin, then lightly pricks or scratches the patient’s skin with a needle through the drop. If patients skin sensitive to the substance it grows redness, itching and swelling at test within 20 minutes. Patient may also see a raised or wheal at round area, that look like a hive.

This test is important to know: A positive skin test consequence does not by itself identify an allergy. A positive skin test does not forecast the harshness of an allergic reaction. A negative skin test usually means patients are not allergic. Intradermal skin test: In intradermal (below the skin) testing, the doctors or nurses inject a minute amount of allergen into the outer layer of the skin.

The doctor checks the patient skin after a set amount of time for fallouts, like with the skin prick test. Doctors may use this test if the skin prick test results are negative but those still doubtful patients are, having allergies. For diagnosing drug or venom allergy doctor used this test. At that time, there are very few signs for intradermal skin testing for nourishment allergy.

Blood Tests (IgE): If patient have a skin condition or are captivating medicine that delays with skin testing, allergen blood examinations may be used. They might also be used for broods that may not stand skin testing. Doctor will take a blood sample from patient and send it to a diagnostic lab. In that adds an allergen to patient blood sample and then it procedures the amount of antibodies blood crops to attack the allergens. This test is called Specific IgE indicates sIgE blood testing (referred to as RAST or Immuno CAP testing). This test is not a good screening test owing to the tall rates of false positive results. Here is no test to can regulate how plain an allergy is for someone.

Physician-supervised challenge tests: In hospital, patient inhale or income a small amount of an allergen by their mouth. This test is usually done with possible medicine or nourishment allergies. A physician, usually an allergist, should supervise this test due to the risk of anaphylaxis, a severe dangerous reaction.

Patch Test: This test controls what allergen may be producing contact dermatitis. Doctor will keep a small amount of a possible allergen on your skin, cover it with a dressing and check your reaction after 2 or 4 days. If patients are allergic to the material, they should grow a local rash.

REFERENCES