Contemporary Psychiatry in Africa: A review of theory, practice and research

Editors: David Musyimi Ndetei¹, Christopher Paul Szabo²
¹Professor of Psychiatry, University of Nairobi & Director, Africa Mental Health Foundation (AMHF)
²Professor of Psychiatry, University of the Witwatersrand, Johannesburg, South Africa & Editor, The African Journal of Psychiatry

This book harnesses the collective wisdom of African Psychiatry and therefore serves as a departure point for ongoing efforts to refine practice in accordance with the best practice and local needs.

This 470 page book comprises of 17 chapters, a number of which are dedicated to a range of conditions, covering the most prevalent as well as some emerging conditions ranging from HIV related psychopathology to eating disorders. Additionally, the book provides a focus on a related and pertinent subspecialist field – that of neuropsychiatry.

There are chapters devoted to child and adolescent psychiatry - a subspecialist area that is sorely underserviced - as well as Psychiatry and the law through a chapter on forensic mental health.

The elderly too are not forgotten in this book. Whilst much is spoken of the youth, it is well to consider the ageing members of society too.

The book is a ‘must-read’ for academicians, researchers and practitioners in different areas of mental health. Postgraduate students pursuing various aspects of mental health, undergraduate medical students and diploma medical students will find this book quite ideal.

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