

## Angiotensinogen Gene M235T and T174M Polymorphisms in Patients with Morbid Obesity and Type 2 Diabetes Mellitus

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### Abstract

**Background:** Angiotensinogen and its cleaved form - angiotensin II are important regulators of adipose tissue metabolism and they may affect adipogenesis.

**Aim:** We studied the correlation between M235T and T174M polymorphisms of angiotensinogen (AGT) gene and morbid obesity and their association with Type 2 Diabetes Mellitus (T2DM). We also investigated the role of haplotypes formed by these polymorphisms in the risk for extreme obesity and obesity-associated T2DM.

**Material and methods:** The study included 335 morbidly obese patients (study groups) and 230 subjects without obesity (control group). The molecular analysis was performed using Polymerase Chain Reaction (PCR) and PCR-restriction fragment length polymorphism technique.

**Results:** Distribution of the genotype for AGT M235T polymorphism differed significantly between the controls and all extremely obese patients ( $p < 0.05$ ) and diabetic extremely obese patients ( $p < 0.05$ ). No significant differences were observed for AGT T174M polymorphism between the control and study groups ( $p > 0.1$ ). AGT gene polymorphic variants did not display any difference in clinical or metabolic parameters according to each genotype for either the control or the morbidly obese group. In univariate logistic regression analysis, the carriers for T235T and T174M (Hap2Hap3) had lower risk for extreme obesity ( $p < 0.05$ ). Homozygosity for both T235T and T174T (Hap2Hap2) was associated with decreased risk for extreme obesity and concomitant T2DM ( $p < 0.05$ ).

**Conclusion:** M235T but not T174M polymorphism of angiotensinogen (AGT) gene, may be linked with extreme obesity and T2DM in the investigated group of patients. On the basis of our results, we suggest that the risk of extreme obesity, irrespective of T2DM, was lower in Hap2Hap3 haplotype pair carriers. The Hap2Hap2 haplotype pair may be a significant protective factor for morbid obesity with T2DM and T2DM development in extreme obesity status ( $p < 0.05$ ).

**Keywords:** AGT gene; Single nucleotide polymorphisms; Haplotype; Genetic susceptibility; Morbid obesity

**Abbreviations:** T2DM: Type 2 Diabetes Mellitus; RAS: Renin-angiotensin System; AGT: Angiotensinogen; SNP: Single-nucleotide Polymorphism; BMI: Body Mass Index; WHR: Waist-to-hip Ratio; SBP: Systolic Blood Pressure; DBP: Diastolic Blood Pressure; OGTT: Oral Glucose Tolerance Test

### Introduction

The prevalence of obesity and morbid (extreme) obesity has increased dramatically throughout the recent decades [1]. Due to pathogenic potential of adipose tissue, obesity is associated with many metabolic diseases, including Type 2 Diabetes Mellitus (T2DM), dyslipidemia, hypertension, cardiovascular diseases, fatty liver disease, metabolic syndrome and some forms of cancer [2,3]. Human obesity is a complex quantitative trait that is considered to be influenced by genetic predisposition, environmental and lifestyle factors [4].

Available results of genetic epidemiological studies and genome-wide linkage analyses support that alleles in a number of genes contribute to obesity [5]. Little attention has been paid, in literature related to genetic obesity, to genes encoding components of the Renin-Angiotensin System (RAS). Increasing evidence suggests that RAS, an important regulator of systemic blood pressure and fluid and electrolyte homeostasis, contributes to the etiology of obesity [6]. In this system, Angiotensinogen (AGT), the unique precursor of angiotensin II (Ang

II), and other bioactive angiotensin peptides, undergo two enzymatic cleavages by renin and Angiotensin Converting enzyme (ACE) to produce angiotensin I (Ang I) and angiotensin II (Ang II), respectively. It has been reported that AGT gene and other components of the RAS are expressed in and have independent regulation of adipose tissue and that adipose tissue has the ability to synthesize Ang II independent of systemic RAS. Mature adipocytes express all components of the RAS, including angiotensinogen (AGT), and chymase. Adipocytes also express type 1 (AT1) and type 2 (AT2) angiotensin receptor subtypes [7,8]. The local adipose RAS exerts important auto/paracrine functions in modulating lipogenesis, lipolysis, adipogenesis as well systemic and adipose tissue inflammation. There is also emerging evidence for a role

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of RAS in regulation of resting metabolic rate, glucose homeostasis and other key metabolic parameters. Since adipose RAS is over activated in many obesity conditions, it is considered a potential candidate linkong obesity to insuline resistance, hypertension, and other metabolic derangements [6,9-11].

Several studies in humans and animals demonstrated that obesity was associated with enhanced activity of both systemic and adipose tissue RAS. Particularly the AGT synthesis was much developed in adipocytes and contributed significantly to the systemic pool. It was shown that plasma AGT concentrations were positively correlated with Body Mass Index (BMI) in human subjects and that the activity of tissue RAS was higher in visceral adipose tissue than in subcutaneous tissue [9,10,12]. AGT and its cleaved form - angiotensin II participated in the process of differentiation of pre-adipocytes into adipocytes and in the development of cell hyperplasia (increase in the number of fat cells) and/or hypertrophy (expansion of lipid volume within a fat cell) observed in extreme obesity [9,13]. Adipocyte hypertrophy has been associated with insulin resistance, whereas adipocyte hyperplasia has been associated with improved glucose tolerance due to increased metabolic activity in the newly produced adipocytes. Ang II has been shown to influence both these parameters [14].

Angiotensinogen and its cleaved form - Ang II are important regulators of adipose tissue RAS. The gene for angiotensinogen, *AGT*, is characterized by two common single-nucleotide polymorphisms (SNPs) M235T - substitution of methionine (M) to threonine (T) at position 235 (NCBI SNP ID: rs4762) and T174M - substitution of threonine (T) to methionine (M) at position 174 of the mature protein (NCBI SNP ID: rs699) [15]. Both *AGT* polymorphisms are located in exon 2 [15] and have been found to be associated with angiotensinogen levels [16]. They have been the subject of intensive investigations with regard to hypertension, cardiovascular diseases, type 2 diabetes and obesity but the results are inconsistent [17-22]. Some reports showed an interaction between *AGT* gene and BMI or/and T2DM [23-28], whereas others did not [21,29,30]. In world literature, no reports have been published that examined the correlation between *AGT* M235T and T174M polymorphisms and morbid obesity. Since no studies have explored the potential interaction between these genetic variants and risk for morbid obesity and concomitant type 2 diabetes mellitus, our study may be considered pioneer in this field of knowledge. We previously reported that *ACE* gene insertion/deletion (*I/D*) polymorphism, but not *AGTR1* gene A1166C polymorphism, could be associated with the risk of extreme obesity and T2DM [31]. To extend those findings [31], we investigated the associations of M235T and T174M polymorphisms of *AGT* gene with morbid obesity. We also wanted to explore the impact of the two *AGT* substitution polymorphisms on T2DM development in the group of extremely obese patients. Furthermore, it was also the aim of the present study to broaden these investigations by analyzing the haplotypes as potential risk factors for morbid obesity and T2DM in Polish patients.

## Materials and Methods

### Study subjects

A group of 335 patients (217 females, 64.78%; 118 males, 35.22%), with extreme obesity (BMI  $\geq 40$  kg/m<sup>2</sup>) were enrolled into the study. The mean age in that group was  $54.13 \pm 11.98$  years (mean  $\pm$  standard deviation - SD). Diabetes mellitus was diagnosed according to the criteria of the American Diabetes Association [32]. Type 2 diabetes mellitus (non-insulindependent diabetes) is a metabolic disease, which encompasses individuals who have insulin resistance and usually have

relative insulin deficiency. Type 2 diabetes is diagnosed on the basis on clinical symptoms of hyperglycemia and biochemical parameters. Criteria for the diagnosis of diabetes mellitus according to American Diabetes Association were: A1C  $\geq 6.5\%$  or fasting plasma glucose (FPG)  $\geq 126$  mg/dL (7.0 mmol/L) or two hour plasma glucose  $\geq 200$  mg/dL (11.0 mmol/L) during oral glucose tolerance test (OGTT) [32].

In our study, individuals with a history of type 2 diabetes or treatment with oral antidiabetics or insulin were considered as subjects with diabetes. Basing on the diagnosed T2DM in the group of patients with extreme obesity, two subgroups were distinguished: without T2DM (n=134) and with T2DM (n=201). The control group comprised 230 normal weight (BMI  $\leq 25$  kg/m<sup>2</sup>) or overweight (BMI 25-29.5 kg/m<sup>2</sup>) subjects (mean age  $49.90 \pm 16.30$  years; 152 females, 66.09%), recruited from healthy population undergoing a routine health check-up, who had never been obese. The study included only those patients for whom complete clinical and biochemical data were collected and genomic DNA was obtained for genetic determination.

All the patients and controls were native, unrelated inhabitants of Poland and they were recruited from the Clinic of Balneology and Metabolic Disorders of Thermal Hospital in Ciechocinek, Poland (from November 2010 to March 2014). Exclusion criteria, as in our earlier study [31], were the following: secondary form of obesity, type 1 diabetes mellitus, renal, hematologic, hepatic and thyroid diseases, evidence of other metabolic diseases and corticosteroid therapy. Most of the patients took antihypertensive and lipid lowering drugs, which was not considered as exclusion criteria.

The study protocol was approved by the Bioethical Committee of the Medical University of Lodz (No. RNN/656/10/KB; 16 November, 2010). An informed written consent was obtained from each participant after full explanation of the scientific purposes of the research project and the nature of all used procedures.

### Measurements and biochemical analyses

All subjects underwent anthropometric measurements (weight and height) in the fasting state and lightweight clothes using standard anthropometric techniques. Body Mass Index (kg/m<sup>2</sup>) was calculated. Waist circumference was measured with a tape measure at a level midway between the lower rib margin and the iliac crest (the greatest constriction of the trunk) in women and at navel level in men. The measurements were performed during apnea. Hip circumference was measured at the widest part of the hips in women and at the upper end of the ilium in men. Waist-to-hip ratio (WHR) was defined as the ratio between the circumferences of the waist to the hip. Extreme obesity was defined as BMI  $\geq 40$  kg/m<sup>2</sup>, according to the recommendations of the World Health Organization [33]. Blood pressure (BP) readings were taken in sitting position after resting for at least 15 min using a standard sphyngomanometer on the left arm. Systolic Blood Pressure (SBP) and Diastolic Blood Pressure (DBP) were measured according to Korotkoff phase I and phase V, respectively. The mean BP value was calculated from 2-6 measurements. All biochemical and anthropometric measurements were taken during a 3-week stay at the inpatient ward of the Clinic of Balneology and Metabolic Disorders of Thermal Hospital in Ciechocinek.

Basic clinical characteristics, including Total Cholesterol (TC), Triglycerides (TG), High Density Lipoprotein-Cholesterol (HDL-C), Low-Density Lipoprotein-Cholesterol (LDL-C) and glucose were measured in all subjects in the fasting state. The serum concentrations of TC, TG, HDL-C HDL-C LDL-C were measured using Randox reagents and an auto-analyzer. Total cholesterol and triglyceride assays

were based on colorimetric method. A direct enzymatic technique was used for HDL and LDL cholesterol estimation. Oral Glucose Tolerance Test (OGTT) was also performed in all extremely obese patients according to clinical recommendations (2 hours after 75 g oral glucose load). Information regarding age, gender, smoking habit, duration of diabetes, type of treatment and family history of obesity and diabetes was obtained during a baseline examination. Furthermore, a general health questionnaire related to personal and family history of the disease and lifestyle factors was completed.

## Genotyping

Peripheral blood samples were collected from all of the patients and controls into ethylene diamine tetraacetic acid (EDTA)-containing tubes. Genomic DNA was extracted from 200 µl of peripheral blood leukocytes with the use of DNA isolation kit (GeneJET™ Genomic DNA Purification Kit, Fermentas, Vilnius, Lithuania), according to the manufacturer's protocol.

The *AGT* M235T (704T/C) and T174M (521C/T) polymorphisms [17] were investigated by Polymerase Chain Reaction (PCR) amplification of genomic DNA followed by restriction endonuclease digestion. The primers for PCR amplification of *AGT* M265M polymorphism were: forward [sense] F 5' – CCG TTT GTG CAG GGC CTG GCT CTC T – 3' and reverse [antisense] R 5' – GCC AGG GTG CTG TCA CAC TGA CTC CC – 3' [34]. PCR was performed with thermal cycler and thermostable *Taq* polymerase (Fermentas, Vilnius, Lithuania), in a final volume of 25 µl reaction mixture containing 100 ng of genomic DNA as template, 50 pM of each primer, 0.5 µM of each dNTP, 1 U of *Taq* polymerase, buffer PCR 10x and distilled water. DNA fragments were amplified for 35 cycles, cycling conditions were: denaturation at 94°C for 60 s, annealing 64°C for 40 s and extension at 72°C for 40 s after initial denaturation at 94°C for 5 min and with final 10-minute elongation. The 165 bp PCR products were digested with the 1U restriction enzyme *BoxI* (Fermentas, Vilnius, Lithuania) at 37°C for 10 to 30 min (Fast Digest) and electrophoresed on a 3% agarose gel stained with ethidium bromide, and visualized under UV light. The *M* allele was displayed as a single uncleaved band of 165 bp. In the presence of *T* allele, the cleavage yielded two fragments of 141 and 24 bp, and only 141 bp band was visualized.

The primers for PCR amplification *AGT* T174M polymorphism were: forward [sense] F 5' – TAC AGG CAA TCC TGG GTG TTC CTT G – 3' and reverse [antisense] R 5' – AGC AGA GAG GTT TGC CTT ACC TTG – 3' [35]. PCR was performed under the same conditions except for an annealing temperature of 58°C. The 405 bp PCR products were digested with endonuclease *NcoI* (Fermentas, Vilnius, Lithuania) with 1 U enzyme at 37°C for 10 to 30 min (Fast Digest). The digested fragments were electrophoresed in 3% agarose gels that were stained with ethidium bromide. The undigested fragment (405 bp) represented the T174 allele, while two cleaved fragments (259 bp and 146 bp) represented M174 allele.

To certify genotyping quality, all polymorphisms were regentyped in 10% randomly selected samples. The check confirmed the previous genotyping results by 100%.

## Statistical analysis

Quantitative variables (anthropometric and biochemical measures) were expressed as mean and Standard Deviation (SD) and differences between groups were assessed with Student's *t* test. The minimum study sample size was calculated using the power analysis for  $\chi^2$  tests for multiple proportions, estimating the expected effects from the pilot

data and assuming the alpha level of 0.05 and the power of 90%. Hardy-Weinberg equilibrium was evaluated on the basis of the expected genotype distribution by the  $\chi^2$  test.

Statistical differences of genotype distributions and allele frequencies of the *AGT* genotypes between patients with extreme obesity and the control group were assessed by the  $\chi^2$  test or Fisher's exact test when the total number of observations was <5. To find out the effect of genotypes and haplotypes on the extremely obese and on T2DM status, the logistic regression analysis was performed at the univariate level and the *odds ratio* (OR) was calculated with 95% confidence interval (CI).

The correlations of the *AGT* gene polymorphisms with continuous variables were tested using one-way ANOVA. In all the analyses,  $p < 0.05$  was considered as the level of statistical significance. STATISTICA 10.0 PL was used for all calculations.

## Results

The clinical and biochemical characteristics of the patients with extreme obesity and of the lean control subjects are presented in Table 1. The morbidly obese group consisted of 335 patients. As expected, significant differences between study and control subjects were found in most diagnosed parameters, whereas there was no statistically significant difference in gender proportion between the investigated groups (Table 1).

The genotype frequencies of *AGT* M235T polymorphism were in accordance with the Hardy-Weinberg equilibrium (HWE) ( $p > 0.1$ ) in controls and in subjects without T2DM ( $p > 0.1$ ). Deviation from HWE was found in all extremely obese subjects ( $\chi^2 = 7.829$ ,  $p = 0.02$ ) and also in patients with extreme obesity and T2DM ( $\chi^2 = 8.77$ ,  $p = 0.012$ ). The distribution of *AGT* T174M genotypes was compatible with Hardy-Weinberg expectations in all investigated groups ( $p > 0.1$ ). The genotype and allele frequencies of both examined *AGT* gene polymorphisms in extremely obese patients and healthy subjects are depicted in Table 2. All clinical and biochemical parameters did not differ between the *AGT* M235T and T174M genotypes of the total study population (data not shown). Similar observations were made in subgroups of extremely obese patients without or with T2DM ( $p > 0.1$ ) (data not shown).

	Control subjects (n = 230)	Extremely obese patients (n = 335)	p value
Age [years]	49.90 ± 16.30	54.13 ± 11.98	<0.001
Male/female [%]	33.91 / 66.09	35.22 / 64.78	0.955
BMI [kg/m <sup>2</sup> ]	24.04 ± 2.33	44.82 ± 5.51	<0.001
WHR: Women	0.7971 ± 0.0787	0.9475 ± 0.0720	<0.001
WHR: Men	0.9063 ± 0.0875	1.0217 ± 0.0613	<0.001
Hypertension [%]	33.33	88.89	<0.001
SBP [mm Hg]	115.60 ± 26.53	123.67 ± 8.86	<0.001
DBP [mm Hg]	70.72 ± 21.32	78.52 ± 3.95	<0.001
Fasting glucose [mg/dL]	95.37 ± 12.84	120.90 ± 33.05	<0.001
T2DM %	0	60.00	<0.001
TC [mg/dL]	207.45 ± 46.38	203.39 ± 57.23	<0.05
LDL-C [mg/dL]	124.39 ± 40.52	117.00 ± 43.12	<0.05
HDL-C [mg/dL]	63.14 ± 17.58	52.93 ± 16.65	<0.001
TG [mg/dL]	110.72 ± 66.54	153.02 ± 75.27	<0.001

Data are presented as mean ± SD (standard deviation), BMI: Body Mass Index; WHR: Waist To Hip Ratio; SBP: Systolic Blood Pressure; DBP: Diastolic Blood Pressure; T2DM: Type 2 Diabetes Mellitus; TC: Total Cholesterol; LDL-C: Low-Density Lipoproteins; HDL-C: High-Density Lipoproteins; TG: Triglycerides.

**Table 1:** Clinical and biochemical characteristics of the extremely obese patients and control subjects.

	All Patients with genotype or allele (% [n])		Extremely obese patients with genotype or allele (% [n])		
	Controls (n = 230)	Extremely obese patients (n = 335)	without T2DM (n = 134)	with T2DM (n = 201)	
M235T					
MM	28.70 [66]	29.55 [99]	32.84 [44]	27.36 [55]	
MT	52.17 [120]	58.81 [197]	52.99 [71]	62.69 [126]	
TT	19.13 [44]	11.64 [39]	14.18 [19]	9.95 [20]	
p value		0.04265 <sup>a</sup>	0.42951 <sup>b</sup>	0.01631 <sup>c</sup>	0.18865 <sup>d</sup>
Allel M	54.78 [252]	58.96 [395]	59.33 [159]	58.71 [236]	
Allel T	45.22 [208]	41.04 [275]	40.67 [109]	41.29 [166]	
p value		0.164 <sup>a</sup>	0.233 <sup>b</sup>	0.246 <sup>c</sup>	0.873 <sup>d</sup>
T174M					
TT	73.91 [170]	70.45 [236]	72.39 [97]	69.15 [139]	
TM	25.22 [58]	28.06 [94]	26.87 [36]	28.86 [58]	
MM	0.87 [2]	1.49 [5]	0.75 [1]	1.99 [4]	
p value		0.602 <sup>a</sup>	0.912 <sup>b</sup>	0.418 <sup>c</sup>	0.58680 <sup>d</sup>
Allel T	86.52 [398]	84.48 [566]	85.82 [230]	83.58 [336]	
Allel M	13.48 [62]	15.52 [104]	14.18 [38]	16.42 [66]	
p value		0.340 <sup>a</sup>	0.791 <sup>b</sup>	0.226 <sup>c</sup>	0.433 <sup>d</sup>

p values indicate differences in genotype and allele frequencies between groups: <sup>a</sup>controls vs. all cases; <sup>b</sup>controls vs. cases without T2DM; <sup>c</sup>controls vs. cases with T2DM; <sup>d</sup>cases without T2DM vs. cases with T2DM

AGT: Angiotensinogen; T2DM: Type 2 Diabetes Mellitus

**Table 2:** Genotypes of the angiotensinogen (AGT) gene M235T and T174M polymorphisms and alleles in extremely obese patients and controls.

### AGT M235T polymorphism

The frequencies of *MM*, *MT* and *TT* genotypes of *AGT* M235T polymorphism in extremely obese patients differed significantly from those in controls ( $p < 0.05$ ). There were also statistically significant

differences in the distribution of *AGT* M235T genotypes between extremely obese patients with T2DM and controls ( $p < 0.05$ ). The allele frequencies of all extremely obese patients and of diabetic obese patients were not statistically significantly different from those in the control group ( $p > 0.1$ ). No significant differences were found in genotype and allele frequencies of *AGT* M235T polymorphism between extremely obese patients without T2DM and the control group ( $p > 0.1$ ) (Table 2).

The crude odds ratio of morbid obesity was OR = 1.85; 95% CI: 1.14 – 3.02, ( $p < 0.05$ ) for the *MT* genotype versus *TT* genotype. Similarly, the value of OR indicated that *MT* heterozygotes had 2-fold increased risk for extreme obesity and T2DM compared to *TT* homozygotes, OR = 2.31; 95% CI: 1.29 – 4.15, ( $p < 0.01$ ), (Table 3a). The distribution of genotypes for *AGT* M235T did not reveal statistically significant differences between diabetic and non-diabetic obese patients ( $p > 0.1$ ), (Table 2). In terms of *AGT* M235T polymorphism, no significant associations with T2DM in morbid obesity were found (Table 3b).

### AGT T174M polymorphism

No statistically significant differences were found in the distribution of *TT*, *TM* and *MM* genotypes of *AGT* T174M polymorphism between the control group and the study group of patients with extreme obesity ( $p > 0.1$ ). The allele frequencies of the *AGT* gene T174M polymorphism did not differ statistically significantly in each investigated group in comparison to the control lean subjects ( $p > 0.1$ ) (Table 2).

### Interactions between AGT gene polymorphisms - haplotype distribution

The M235T and T174M SNPs were in strong linkage disequilibrium ( $p < 0.0001$ ) and formed four *AGT* haplotypes, termed Hap1 (235M/174T), Hap2 (235T/174T), Hap3 (235T/174M) and Hap4 (235M/174M). Relative haplotype frequencies in controls and in

	all cases	p value	cases without T2DM	p value	cases with T2DM	p value
AGT M235T genotypes	OR, 95% CI (n = 335)		OR, 95% CI (n = 134)		OR, 95% CI (n = 201)	
MT vs MM	0.956 (0.788-1.159)	0.646	0.887 (0.548-1.436)	0.627	1.260 (0.814-1.950)	0.299
TT vs MM	1.301 (0.997-1.697)	0.053	0.648 (0.335-1.253)	0.197	0.545 (0.288-1.033)	0.063
MT vs TT	1.852 (1.138-3.015)	0.013	1.370 (0.742-2.529)	0.314	2.310 (1.287-4.145)	0.005
MM vs TT	1.692 (0.006 – 1.058)	0.053	1.544 (0.798-2.986)	0.197	1.833 (0.968-3.471)	0.063
AGT T174M genotypes						
TM vs TT	1.167 (0.797-1.711)	0.427	1.088 (0.670-1.767)	0.734	1.223 (0.798-1.875)	0.356
MM vs TT	1.801 (0.345-9.390)	0.485	0.876 (0.078-9.790)	0.915	2.446 (0.441-13.553)	0.306

T2DM: Type 2 Diabetes Mellitus

**Table 3a:** Odds ratio (OR) of AGT genotypes (95% CI) for risk of extreme obesity and T2DM.

	T2DM in obesity	p value
AGT M235T genotypes	OR, 95% CI (n = 335)	
MT vs MM	1.420 (0.868-2.321)	0.162
TT vs MM	0.842 (0.401-1.770)	0.650
MT vs TT	1.686 (0.844-3.368)	0.139
MM vs TT	1.187 (0.565-2.495)	0.650
AGT T174M genotypes		
TM vs TT	1.124 (0.689-1.835)	0.639
MM vs TT	2.791 (0.307-25.359)	0.362

T2DM: Type 2 Diabetes Mellitus

**Table 3b:** Odds ratio (OR) of AGT genotypes (95% CI) for risk of T2DM in extreme obesity.

extremely obese patients are shown in Table 4. A substantial part of the genotype carrying the 235M allele was in that carrying 174T allele (Hap1). Since the frequency of the Hap4 haplotype was <1% (0.88%) and the remaining three haplotypes were sufficient to assign six haplotype pairs to about 99% of study subjects (Table 4), we excluded Hap4 from further analyses. Hap4 was found in eight Hap1Hap4 (M235M/T174M) and in two Hap4Hap3 (M235T/M174M) haplotype pairs. No haplotype pair Hap4Hap4 (M235M/M174M) was identified. The observed frequencies of six possible haplotype pairs based on these three haplotypes were consistent with the expected frequencies according to the Hardy-Weinberg equilibrium ( $p>0.80$ ).

The distributions of AGT haplotypes in extremely obese patients did not differ significantly from those in controls ( $p>0.1$ ), (Table 4). Genotypic interaction within AGT M235T and T174M polymorphisms as haplotype pairs and their frequencies are presented in Table 5a and 5b. There were no significant differences in the distribution of AGT haplotype pairs between lean control subjects and extremely obese patients ( $p>0.05$ ) (Table 5a) and extremely obese patients without T2DM ( $p>0.1$ ) (Table 5b).

In contrast, frequencies of haplotype pairs in diabetic extremely obese patients differed significantly from those observed in subjects without obesity ( $p<0.05$ ) (Table 5b). Each of the six genotype

combinations versus the most frequent haplotype (Hap1Hap2) as reference resulted in odds ratio (ORs) calculations. We did not find association between any of the six analysed haplotypes and morbid obesity risk (Table 5a). No haplotypes increased the risk of morbid obesity with concomitant T2DM (Table 5b). In contrast, the univariate regression analysis confirmed the negative association of the Hap2Hap3 (T235T/T174M) haplotype pair with morbid obesity OR = 0.49; 95% CI: 0.24 – 0.99, ( $p<0.05$ ) (Table 5a) and Hap2Hap2 (T235T/T174T) haplotype pair with morbid obesity and T2DM, OR = 0.34; 95% CI: 0.14 – 0.85, ( $p<0.05$ ) (Table 5b).

The genotype distribution of AGT M235T and T174M SNPs as individual haplotype pairs was comparable between extremely obese patients with T2DM and subjects with obesity and normal glucose metabolism ( $p>0.1$ ). None of the AGT haplotype pairs was related to the presence of T2DM in obesity status, although univariate analysis identified the Hap2Hap2 (T235T/T174T) haplotype pair to be negatively correlated with the risk of T2DM in morbidly obese patients OR = 0.31; 95% CI: 0.11 – 0.83, ( $p<0.05$ ) (Table 5c).

## Discussion

Obesity is a complex disorder caused by the interaction of environmental factors and genetic susceptibility. The detection

Haplotype	M235T variant	T174M variant	Control subjects		Extremely obese patients					
			(n = 230)		all cases (n = 335)		cases without T2DM (n = 134)		cases with T2DM (n = 201)	
			n	%	n	%	n	%	n	%
Hap 1	M	T	250	54.35	387	57.76	157	58.58	230	57.21
Hap 2	T	T	148	32.17	179	26.72	73	27.24	106	26.37
Hap 3	T	M	60	13.04	96	14.33	36	13.43	60	14.93
Hap 4	M	M	2	0.44	8	1.19	2	0.75	6	1.49
p value			0.144 <sup>a</sup>		0.521 <sup>b</sup>		0.118 <sup>c</sup>		0.815 <sup>d</sup>	

Hap4 were excluded from analyses

p values indicate differences in haplotype frequencies between groups: <sup>a</sup>controls vs. all cases; <sup>b</sup>controls vs. cases without T2DM; <sup>c</sup>controls vs. cases with T2DM; <sup>d</sup>cases without T2DM vs. cases with T2DM

T: Threonine; M: Methionine; T2DM: Type 2 Diabetes Mellitus

**Table 4:** AGT haplotypes and their frequencies in controls and study groups.

AGT M235T	AGT T174M	Haplotype pair	Control subjects (n = 230)		Extremely obese patients (n = 335)		OR (95% CI)	p value
			n	%	n	%		
MM	TT	Hap1 Hap1	65	28.26	92	27.46	0.951 (0.624-1.449)	0.816
MT	TM	Hap1 Hap3	35	15.22	71	21.19	1.363 (0.835-2.226)	0.215
TT	TT	Hap2 Hap2	21	9.13	19	5.67	0.608 (0.308-1.199)	0.151
TT	TM	Hap2 Hap3	22	9.57	16	4.78	0.489 (0.242-0.985)	0.045
TT	MM	Hap3 Hap3	1	0.43	4	1.19	2.688 (0.295-24.471)	0.380

p=0.065 (controls vs. all extremely obese cases); haplotype pairs including Hap4 were excluded from analyses

**Table 5a:** The frequency (%) of individual haplotype pairs and odds ratio (OR) of AGT genotypes for risk of extreme obesity (Logistic Regression results with Hap1Hap2 as reference category).

AGT M235T	AGT T174M	Haplotype pair	Extremely obese patients							
			cases without T2DM (n = 134)				cases with T2DM (n = 201)			
			n	%	OR (95% CI)	p value	n	%	OR (95% CI)	p value
MM	TT	Hap1 Hap1	42	31.34	0.890 (0.681-1.163)	0.393	50	24.88	0.788 (0.489-1.271)	0.329
MT	TM	Hap1 Hap3	28	20.90	0.800 (0.587-1.090)	0.157	43	21.39	1.224 (0.715-2.094)	0.462
TT	TT	Hap2 Hap2	12	8.96	0.946 (0.635-1.411)	0.787	7	3.48	0.341 (0.138-0.847)	0.020
TT	TM	Hap2 Hap3	6	4.48	1.370 (0.842-2.230)	0.205	10	4.98	0.466 (0.208-1.044)	0.063
TT	MM	Hap3 Hap3	1	0.75	0.715 (0.177-2.896)	0.639	3	1.49	3.073 (0.313-30.153)	0.335

p=0.338 (controls vs. cases without T2DM); p=0.025 (controls vs. cases with T2DM); haplotype pairs including Hap4 were excluded from analyses

T2DM: Type 2 Diabetes Mellitus

**Table 5b:** The frequency (%) of individual haplotype pairs and odds ratio (OR) of AGT genotypes for risk of extreme obesity without and with T2DM. (Logistic Regression results with Hap1Hap2 as reference category).

AGT M235T	AGT T174M	Haplotype pair	Extremely obese patients with T2DM (n = 201)			
			n	%	OR (95% CI)	p value
MM	TT	Hap1 Hap1	50	24.88	0.624 (0.360-1.084)	0.094
MT	TM	Hap1 Hap3	43	21.39	0.805 (0.441-1.471)	0.481
TT	TT	Hap2 Hap2	7	3.48	0.306 (0.112-0.834)	0.021
TT	TM	Hap2 Hap3	10	4.98	0.874 (0.298-2.567)	0.806
TT	MM	Hap3 Hap3	3	1.49	1.573 (0.159-15.583)	0.699

p=0.191 (cases without T2DM vs. cases with T2DM)  
T2DM: Type 2 Diabetes Mellitus

**Table 5c:** The frequency (%) of individual haplotype pairs and odds ratio (OR) of AGT genotypes for risk of diabetes mellitus in extreme obesity. (Logistic Regression results with Hap1Hap2 as reference category).

of functional mutations in genes involved in the process of fat accumulation may help identify specific targets for pharmacologic intervention [4,5]. There is considerable amount of data from animal and human experiments suggesting that the RAS is involved in the regulation of body fat and it is therefore a subject of interest in the studies of obesity [6].

The present research study was performed to analyze the relationship of the angiotensinogen gene M235T and T174M polymorphisms with morbid obesity and to investigate the effect of AGT gene variations on the development of morbid obesity and type 2 diabetes mellitus in a sample of Polish population. We observed a statistically significant difference in the distribution of AGT M235T genotypes between subjects without obesity (control group) and patients with extreme obesity ( $p < 0.05$ ). This may primarily be the result of higher frequency of MT genotype and lower occurrence of TT genotype observed in all extremely obese patients compared to the control group. MT heterozygotes had almost twice higher risk of extreme obesity in relation to TT homozygotes ( $p < 0.05$ ). The relative risk for extreme obesity and coexisting T2DM associated with MT genotype was nearly 2,5-fold higher in relation to TT genotype ( $p < 0.01$ ). In contrast, we could not show any significant association between AGT M235T polymorphism and the risk of T2DM in morbidly obese patients ( $p > 0.1$ ). Nevertheless, although we assumed that our observation of an association between MT heterozygosity and morbid obesity was a real observation rather than a chance finding, it should be emphasized that we were not able to demonstrate any association between AGT M235T genotypes and body mass index, fasting glucose or prevalence of T2DM in either study group.

It is well-known that obesity is the leading risk factor for type 2 diabetes and that many diabetic patients are obese. Activation of the RAS in obesity strongly correlates to metabolic disease and it is hypothesized that it is the principle cause of diabetes mellitus [36]. In this regard, the results of our study clearly indicate that genetic predisposition to type 2 diabetes may be modulated according to obesity status. The gathered data underline complex correlations between increased body fat and insulin resistance [36]. These data also allow to suppose that insulin resistance and associated with it compensatory hyperinsulinemia together with activated RAS create a mechanism of several positive feedback pathways which not only result from obesity but also contribute to it [6,10,11,36]. With respect to the AGT gene variation in obesity, the present study was in line with the results of other investigators [37], who suggested that polymorphisms of AGT gene might contribute to the risk of T2DM independently and/or in an interactive manner according to the presence or absence of obesity. Our results have shown that the AGT M235T genotype alone could account for the increased probability of developing morbid obesity and obesity with T2DM. Mehri et al. [24] reported that AGT M235T genotype was associated with an increased susceptibility to T2DM, only in the presence of obesity. The risk of developing diabetes

seemed to be higher for TT genotype and T allele compared to MM genotype and M allele [24]. In another study, the TT genotype of AGT M235T gene polymorphism was linked to visceral obesity and was associated with the risk for obesity-related diabetes mellitus [25]. Results of some studies support the notion that the AGT M235T and T174M polymorphisms could be a risk factor for central obesity in hypertensive patients [26,27]. In the study carried out in a white population, a significant association was found between AGT gene polymorphisms and insulin sensitivity and the genotype effect was the strongest in hypertensive and obese individuals. Moreover, this finding was strengthened by haplotype analysis with AGT M235T implication [28]. Some studies failed to find the relationship between AGT M235T and obesity [21,29,30].

In the present study, we found no evidence of association between the polymorphic variants of the AGT T174M polymorphism and the risk for extreme obesity and associated T2DM ( $p > 0.1$ ). However, among all extremely obese patients and in obese patients with T2DM, a higher proportion of individuals was found to have TM and MM genotypes as compared to lean subjects. In a sample of homogenous population of Majorca the T174T genotype showed a significant negative association with obesity, OR = 0.41; 95% CI: 0.18- 0.90, ( $p = 0.03$ ) [23]. We believe that the analysis of haplotypes may provide a more precise estimation of the effects of genetic variants on a phenotype than single markers [38]. Therefore, we evaluated associations between haplotypes formed by the two investigated in our study AGT polymorphisms and morbid obesity and T2DM.

Although, the AGT T174M polymorphism was not associated with morbid obesity and concomitant diabetes mellitus, we observed in haplotype pairs distribution analysis that it could exert an influence on susceptibility to excessive body weight and impaired glucose metabolism. Our results show that none of the six investigated haplotype pairs predisposed to the risk of obesity and obesity with its metabolic complications. On the other hand, we observed that the Hap2Hap3 (T235T/T174M) haplotype pair could protect against morbid obesity and carriers of Hap2Hap2 (T235T/T174T) haplotype pair had decreased risk for morbid obesity and concomitant T2DM. It is difficult to compare our results with the findings of other investigators on the genetic susceptibility to morbid obesity, since there have been published no reports related to the role of the AGT gene polymorphisms and their interaction in the development of extreme obesity. In our study, the investigated group included only patients with extreme obesity (mean BMI ~ 45 kg/m<sup>2</sup>). We assumed that in extreme obesity, the contribution of genetic factors to the pathogenesis of excessive fat accumulation could be substantially higher than in the lower class of obesity. Genetics and physiology studies provided insight into a possible mechanism underlying our finding of an association of the AGT gene polymorphisms with obesity and diabetes mellitus [9,13]. Molecular studies demonstrated a relationship between variants

of the *AGT* gene, specifically the M235T polymorphism and *AGT* gene expression, that was associated with plasma AGT levels and essential hypertension [16,17,39]. Renner et al. [39] observed that a single haplotype, consisting of 235T and 174T allele, accounted for approx. 8% increase in plasma angiotensinogen concentration and this association was stronger than that of *AGT* gene single polymorphism. In that case, it can be assumed that in our investigations subjects with Hap2Hap2 haplotype pair (T235T/T174T) could have the highest plasma AGT level, and just these subjects had, in our study, a decreased risk for obesity and diabetes mellitus. Hap2Hap2 haplotype pair had protective effect on developing T2DM in extremely obese patients. On the basis of the above mentioned observations [9,13], one can think that subjects carrying at least one Hap2 haplotype and genetically determined higher AGT levels would have higher risk for the development of obesity and T2DM. Such correlation has not been confirmed in our study.

AGT synthesis in the subcutaneous adipose tissue was regulated by insulin, so it is likely that AGT might affect insulin resistance [40]. Basing on this evidence, we could suspect that our morbidly obese subjects had elevated level of AGT. The results of experimental studies concerning the role of RAS in the metabolism of adipocytes could partly explain the observed in our study possible effect of *AGT* gene polymorphisms on the development of extreme obesity and T2DM. We speculate that this phenomenon could be linked to direct modification of the adipose tissue by Ang II and may be associated with changes in fat cell size [6]. Some potential limitations should be considered in our study. Our study has a relatively small sample size in comparison with the genome-wide association approach. However, our research was conducted with a well phenotyped group of patients and representative of our population. Further studies with larger samples and different populations are necessary in order to confirm our findings. Another limitation to this study is that we used two missense *AGT* polymorphisms located in the *AGT* coding region for haplotype building, but we did not include polymorphisms of G-6A and A-20C in promoter region that are in linkage disequilibrium with the 235T and 174M alleles, respectively [15,41-44]. We did not analyse the relationship between the *AGT* gene variants and angiotensinogen levels which may also be regarded as a limitation of the study. An interaction between lifestyle, physical activity and familial history of extreme obesity could be a confounding factor and these were not investigated. The findings of the present study have to be interpreted within the context of its limitations.

Further studies are needed to clarify the relation between *AGT* gene polymorphisms and obesity and to explore the putative mechanism(s) in the case of an increased susceptibility of *AGT* M235T *MT* carriers to morbid obesity and T2DM.

## Conclusions

To conclude, the results of our study suggest that M235T, but not the T174M polymorphism of the angiotensinogen (*AGT*) gene, may be linked with extreme obesity and T2DM in the investigated group of patients. Our study has shown for the first time that the risk for extreme obesity, irrespective of T2DM, was lower in Hap2Hap3 haplotype pair carriers. The Hap2Hap2 haplotype pair was protective against morbid obesity with T2DM, and also against T2DM development in extremely obese patients.

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