

Adaptability to Various Growth Conditions of Biofilm Associated Extended-Spectrum-Beta-Lactamases Producing Bacteria

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Abstract

Extended-Spectrum β -Lactamase (ESBL) producing bacteria are becoming increasingly prevalent in biofilm-associated infections. Bacteria form biofilms that allow their survival in hostile environments. The amount of formed biofilm is affected by external environmental factors. This study investigates the effect of specific parameters (media type, incubation condition, and growth stage) on the amount of produced biofilm on antibiotic resistant bacterial strains, *Escherichia coli* (CTX-M-15, TEM-3, and IMP-type) and *Klebsiella pneumoniae* (OXA-48, SHV-18, NDM-1, and KPC-3). The amount of biofilm formed was measured at different time points (6, 12, 24 and 48 h) of incubations under static and shaking conditions, using three different types of media (nutrient broth, LB broth, and AB broth). Statistical tests showed that there was a significant difference in biofilm level ($p < 0.01$) for 64 out of 80 tests (80%) when grown under different types of media. Growing under different incubation conditions also showed a statistical difference in biofilm level ($p < 0.05$) for 76 out of 120 tests (63%). Stage of growth of the same species also showed statistical difference, 20 out of 24 tests (83%) for *E. coli* and 24 out of 24 tests (100%) for *K. pneumoniae*. These findings suggested that biofilm formation is highly affected by incubation conditions, strains' stage of growth, and media type demonstrating that these conditions may play a role in adaptability of the ESBLs on different environmental conditions and their increased prevalence in biofilm associated infections.

Keywords: ESBLs (Extended spectrum beta lactamases); Biofilms; Antibiotic resistant bacteria; Growth conditions; Third generation antibiotics; Antimicrobial treatments; Carbapenamases; *In vitro* factors

Introduction

Over the years, the increase in the incidence of antibiotic resistance in many pathogens has been reported and in many areas worldwide [1]. This increase has been attributed to the changing of microbial characteristics, selective pressure and technological and societal changes that have enhanced the development and spread of antibiotic-resistant microorganisms. Despite being a natural biological trait, antimicrobial resistance is often enhanced as a result of the adaptation of the infectious agent to exposure to the excessive use of antimicrobials and/or disinfectants in human or agricultural levels [2].

Antibiotic resistance represents one of most significant healthcare problems. The loss of effective antibiotics would weaken the ability to fight infectious diseases and treat the complications for patients with renal dialysis, cancer patients with chemotherapy, and organ transplantation surgery, to whom is the prevention of infections is critical. Healthcare suppliers are obligated to use more toxic doses of antibiotics, more expensive and less effective antibiotics when all options have been exhausted, i.e. first and the second line antibiotic treatment is limited by resistance or is unavailable [3].

In the early 1980s, third-generation cephalosporin played as the forerunner in the fight against β -lactamase-producing strains. These cephalosporins were developed in response to the increased resistance against β -lactam antibiotics e.g. ampicillin hydrolyzing β -lactamases TEM-1 and SHV-1 in *Escherichia coli* and *Klebsiella pneumoniae* and their diffusion into new strains like *Neisseria gonorrhoeae* and

Haemophilus influenzae [4]. In 1983, a plasmid-encoded β -lactamase able to hydrolyze the extended-spectrum cephalosporins was first reported [5]. Other β -lactamases closely related to TEM-1 and TEM-2 were soon discovered. Those have the ability to confer resistance to the extended-spectrum cephalosporins [6,7]. These new β -lactamases were named Extended-Spectrum β -Lactamases (ESBLs). ESBLs share the ability to hydrolyze third generation cephalosporins and aztreonam, but they are inhibited by clavulanic acid. ESBL are considerably encoded by plasmids. ESBLs include the following types: SHV, TEM, CTX-M, OXA, PER, VEB-1, BES-1 and others [4].

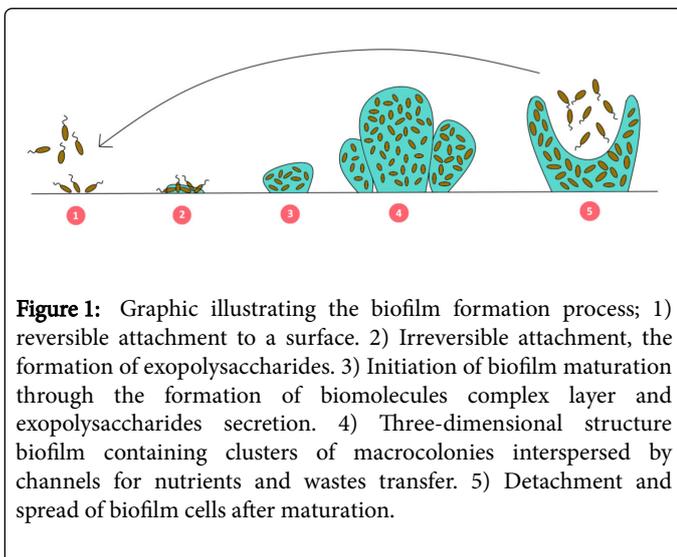
Carbapenems are the best selection for the treatment of different infections caused by ESBL-producing microbes. However, recently it has been reported that many isolates are now carbapenem-resistant. The presence of carbapenems in their molecular structure together with β -lactam ring gives them this distinction among other β -lactam antibiotics and confers additional stability against most β -lactamases including ESBLs [8]. Carbapenem resistance is due to the production of β -lactamases that can inactivate carbapenems and other β -lactam antibiotics, therefore, they are called carbapenemases [9,10]. These enzymes hydrolyze all or almost all β -lactams. According to geographical dispersal and carbapenem hydrolysis, the most efficient carbapenemases are IMP, KPC, NDM, VIM, and OXA-48 types [11].

In general, during their growth and proliferation, bacteria can exist in two forms; planktonic, i.e., single, independent cells and, ordered sessile aggregates which are referred to as the biofilm [12]. Physiologically and phenotypically, biofilm-associated cells, which are also called (sessile cells), differ from planktonic or un-attached cells in terms of cell densities, nutrients, and oxygen supply, waste products concentration, and gene expression, and their increased resistance to antimicrobial agents is one of the important characteristics of these

sessile cells which can reach up to 1000-fold more than planktonic cells. The latter can be implemented by several mechanisms; resistance genes' exchange within the community e.g. plasmids, transposons, and mobile elements, efflux pumps expression, modifying pH values and metal ion concentration that leads to inactivation of antibiotic, restriction of antibiotic diffusion through the matrix, efflux pump expression, and the presence of persister cells which are metabolically inactive cells that have high tolerance ability to antibiotics [13-18]. Biofilm formation represents a significant challenge to the healthcare for being the ambiguous reason of why antimicrobial treatments fail, and nearly 65-80% of all infections are presumably related to biofilm [19-21].

A biofilm can be defined as a microbial community attached irreversibly to a surface (synthetic or biological) and embedded in a matrix composed of extracellular polysaccharide, extracellular DNA (eDNA) and proteins [22,23].

Biofilm formation (Figure 1) is implemented in five steps in the diagram [22,24].



Planktonic bacterial infections are usually treatable with normal antibiotics; this is termed as acute infection. On the other hand, the untreatable one which involves biofilm formation is termed as chronic infection, in which bacteria usually have maximum resistance to antibiotics [12]. Biofilm complexity is aggravated by the fact that they are genetically heterogeneous [25]. Biofilm can be stratified (in natural biofilm community) due to the migration of its resident microorganisms towards the optimal conditions for gaining light, nutrients, secondary metabolites, oxygen and signaling compounds [26-28].

Three factors redound to the heterogeneity of the biofilm; (i) physiological heterogeneity, to which bacteria adapt to their regional environmental conditions e.g. nutrients and oxygen diffusion from their sources into the biofilm and then utilized by the bacteria. This leads to the development of a chemical concentration gradient that overlaps with the waste products and signaling compounds gradients forming many unique microenvironments in the same biofilm structure which, in turn, leads bacteria to respond to those conditions and thus individual cells physiology may differ from nearby cells [29-31]. (ii) Genetic variability, in which mutation might happen in a clonal population of cells. This might lead to cellular differentiation

[32,33]. (iii) Stochastic gene expression, where the same genes are expressed at different levels among subsets of cells even if those cells in the same environmental conditions. This leads to the development of a subpopulation of cells within the same community that differs from the original mother cells [34-37].

This study analyses the effect of selected *in vitro* factors, such as static and shaking incubation conditions, the different growth media, and the duration of the incubation on the amount of biofilm production by clinically important antibiotic resistant bacterial strains.

Materials and Methods

Bacterial strains

Antibiotic-resistant carbapenemases *E. coli* (IMP-type), *K. pneumoniae* (KPC-3, NDM-1, and OXA-48) and ESBL *E. coli* (CTX-M-15, TEM-3) and *K. pneumoniae* (SHV-18) were used in this study. In addition, two standard antibiotic sensitive strains *E. coli* (NCTC 12241) and *K. pneumoniae* (NCTC 9633) were used to compare the amount of their biofilm with the antibiotic-resistant ones. *E. coli* NCTC 10538 (K12) was used as a standard strain for biofilm production. All strains were obtained from National Collection of Type Cultures (NCTC) and were grown on nutrient agar plates and incubated overnight at 37°C. Before performing the assay, a loopful of bacterial colonies was inoculated into 5 ml of LB and N.B and incubated for 18 h at 37°C in static incubator for static growth and in shaking at 70 rpm for shaking growth.

Antibiotic sensitivity testing using double disk diffusion testing

Double disk diffusion testing was performed according to the manufacturer instructions [8], two sets were used which are D67C and D70C.

BSAC methods for antimicrobial susceptibility testing were utilized for the preparation of the inoculums to give a semi-confluent growth of colonies after overnight incubation [39], a comparison between these inoculums and 0.5 McFarland standard was made.

0.5 McFarland standard was prepared by adding 0.5 ml of 0.048 M BaCl₂ to 99.5 ml of 0.18 M H₂SO₄ with constant stirring. Absorbance was measured at a wavelength of 625 nm. Absorbance range was adjusted to fall within (0.08-0.13). Standards were distributed into screw-cap tubes of the same size and volume as for the ones used for broth cultures and stored at room temperature and protected from light.

After incubation, test strains grown on nutrient broth were streaked onto Mueller-Hinton Agar (MHA) and incubated with the related disks sets at 37°C for 18-20 h. Positive ESBL were defined as a zone of diameter difference of ≥ 5 mm when D67C disks were used. While for D70C, a zone of diameter difference of ≥ 4 mm with disk C and ≥ 5 mm with disk B compared with disk A.

Molecular detection of the presence of antibiotic resistance gene sequence using the PCR

Polymerase chain reaction was done by using a thermal cycler [40]. A suitable set of primers were designed that target resistance gene in the specific strain. Three fresh colonies were picked up from each overnight grown strain on agar medium. These colonies were

inoculated into 50 µl of sterilized distilled water in an Eppendorf tube, heated at 94°C for 10 min in a heat block, centrifuged for 1 min at 14000 rpm and 1 µl of the supernatant was used as a template for the PCR reaction. The following reaction mixture was added to each sample: 1 µl bacterial DNA, 10 µl 5X Green GoTaq[®] Flexi Buffer, 5 µl MgCl₂, 1 µl dNTP, 0.5 µl upstream primer, 0.5 µl downstream primer, 0.25 µl GoTaq[®] Flexi DNA polymerase and completed to 50 µl volume H₂O. To confirm the positive results are not from contamination, negative controls were prepared by replacing 1 µl of H₂O instead of bacterial DNA and for each set of the selected primers. Each set of primers gave a PCR product of the sizes in base pairs mentioned in Table 1.

Primer	Sequence (5'-3')	Target	Amplicon size (bp)
OXA-48F	CGGAATGCCTGCGGTAGCA	blaOXA-48	713
OXA-48R	TGATGGCTTGGCGCAGC		
KPC-3F	GCGGAACCATTCGCTAAAC	blaKPC-3	864
KPC-3R	GACAGTGGTTGGTAATCCATGC		
NDM-1F	AATGGAAC TGCGACCAAC	blaNDM-1	322
NDM-1R	TCGACAACGCATTGGCATAA		
IMP-6F	GCAGCATTGCTACCGCAG	blaIMP-type	657
IMP-6R	CCGCCTGCTCTAATGTAAGT		
CTX-M1-F	AAAAATCACTGCGCCAGTTC	blaCTX-M-15	370
CTX-M1-R	AGCTTATTCATCGCCACGTT		
SHV-18F	CTCAAGGATGTATTGTGGTTATGC	blaSHV-18	912
SHV-18R	CGAGCCGGATAACGCGCGCG		
TEM-1F	GTAAGATCCTGAAGATCAG	blaTEM-3	768
TEM-1R	CCAATGCTTAATCAGTGAGG		

Table 1: List of primers that were used in this study.

Biofilm formation assay (Tissue culture plate assay; TCP)

Tissue culture plate assay was used to determine the biofilm formation and according to the procedure mentioned in Beehan et al., Lee et al., and Fattahi et al. [41-43] with modifications as follows: overnight incubated cultures were diluted to an OD₂₆₀ of 0.01 in 5 ml of N.B, LB and AB medium in the six wells TCP (colonies that were grown in LB were inoculated into TCP that contains LB and AB, while colonies that were grown in N.B were inoculated into the TCP that contains N.B) and each strain was cultured in triplicate. All inoculated TCPs were incubated at 37°C in a static incubator (for static cultures) and a shaker incubator at 70 rpm (for the cultures previously incubated in shaker incubator) and at different incubation periods

(time points); 6, 12, 24 and 48 h to see at which time point the biofilm form higher [44]. After incubation, the broth was carefully drawn using a Pasteur pipette and the wells were washed three times using a sterile Phosphate Buffer Saline (PBS). Bacteria in the wells were fixed by adding 5 ml of 99% methanol for 15 min, then discarded and left to dry in an inverted position for 30 min at room temperature. Each well was stained with 5 ml of 2% crystal violet for 5 min at room temperature; Excess stain was rinsed with sterilised distilled water. The remaining dye was re-solubilised with 4 ml of 33% glacial acetic acid and let at room temperature for 30 min. Finally, optical density for each well was measured at 570 nm using Helios Gamma UV-Vis spectrophotometer.

Statistics

A one-way ANOVA and a t-test were used to test the significant difference in biofilm formation amount. For one-way ANOVA, a p-value of <0.01 was considered significant when comparing biofilm amount in different mediums. For the t-test, a p-value of <0.05 was considered significant when comparing biofilm amount between static and shaking incubation conditions. A descriptive study was performed by classifying all isolates into the following categories according to their highest OD₂₆₀ values among the four growth stages for the specific strain: OD₂₆₀ value=0 (no adherent), OD₂₆₀ value<0.2 (weakly adherent), OD₂₆₀ value 0.2-0.4 (moderately adherent), and OD₂₆₀ value>0.4 (strongly adherent). Mean, standard error, and 95% confidence interval were calculated for the above mentioned optical densities to examine the rate of adherence among the selected tests in different media under different incubation conditions in total. One-way ANOVA also was used with a p-value of <0.005 to test the significant difference in biofilm formation ability for each species' strains at the same growth stage in different media and under both static and shaking incubation. i.e. *K. pneumoniae* strains and *E. coli* strains.

Results

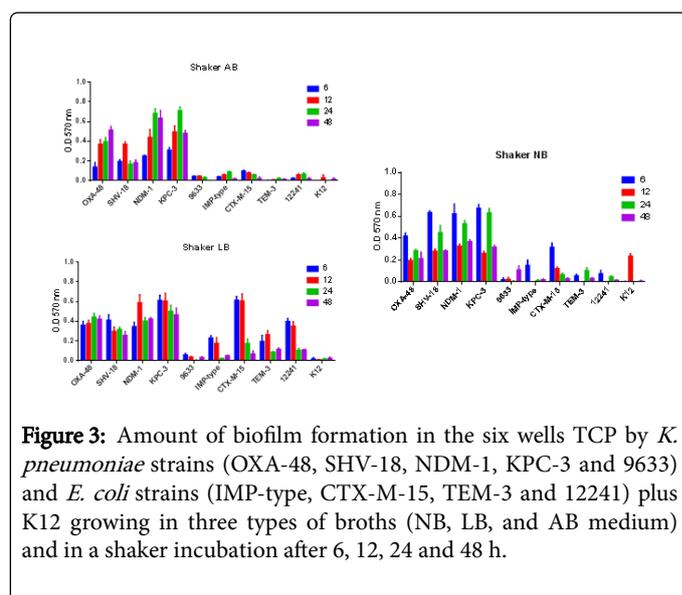
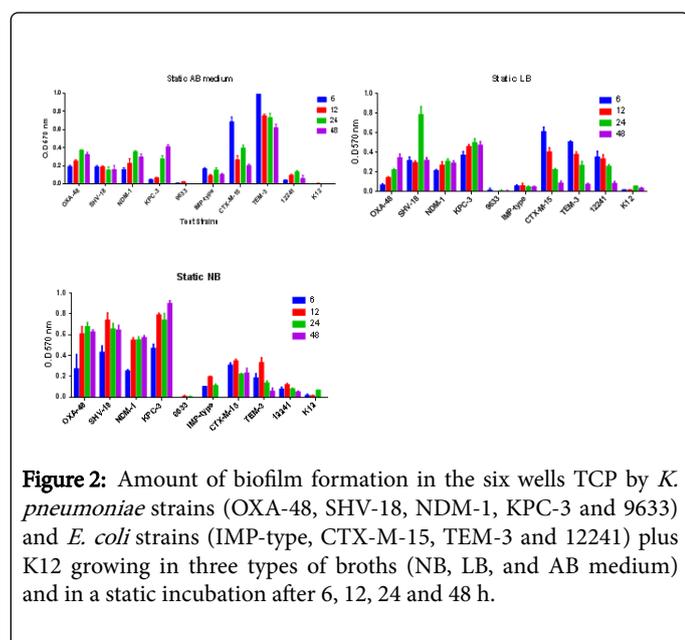
The purpose of this study was to analyse the effect of growth media, the effect of static or shaking conditions, and the time point of biofilm formation. Six well tissue culture plates were used to inoculate 5 ml of nutrient broth and LB broth of the bacterial inoculum for periods of 6, 12, 24 and 48 h incubation at static and shaking conditions and to measure the amount of biofilm formed by each strain. Crystal violet was used to stain the biofilm to be measured by a spectrophotometer at a wavelength of 570 nm after dissolving it in 33% glacial acetic acid. Figures 2 and 3 show the results for the biofilm formed by the test strains.

The presence of ESBL or carbapenemases was determined by comparing the zone size of antibiotics discs with their simultaneously incubated antibiotics plus inhibitor combinations (Figure 2). Zone of inhibition size was measured in millimeter units, recorded on a table and interpreted using MAST standard instructions and as shown in Tables 2 and 3.

D67C ESBL Set							
Strain	CPD	CPD CV	CTX	CTX CV	CAZ	CAZ CV	Interpretation
<i>K. pneumoniae</i> OXA-48	18	18	21	21	22	22	Non-ESBL

<i>K. pneumoniae</i> SHV-18	8.5	19	15	20	9	21	ESBL
<i>K. pneumoniae</i> NDM-1	7	7	7	7	7	7	Non-ESBL
<i>K. pneumoniae</i> KPC-3	6	6	9	10	6	6	Non-ESBL
<i>K. pneumoniae</i> 9633	25	25	29	29	23	22	Non-ESBL
<i>E. coli</i> IMP-type	6	6	7.5	7.5	6	6	Non-ESBL
<i>E. coli</i> CTX-M-15	6	17	6	15	11	24	ESBL
<i>E. coli</i> TEM-3	6	21	13	23	10	26.5	ESBL
<i>E. coli</i> 12241	22.5	23	29	30	27	27	Non-ESBL

Table 2: D67C ESBL set for confirmation of ESBL production in Enterobacteriaceae with no chromosomal de-repressed or inducible AmpC. As shown below, *K. pneumoniae* SHV-18, *E. coli* CTX-M-15 and *E. coli* TEM-3 showed a zone difference between the antibiotic and its inhibitor, so they are ESBL.



D70C carbapenemase					
Strain	D70A	D70B	D70C	D70D	Interpretation
<i>K. pneumoniae</i> OXA-48	19	18	18	19	Molecular testing required
<i>K. pneumoniae</i> SHV-18	27	26	26	27	-ve
<i>K. pneumoniae</i> NDM-1	7	14	7	7	MBL activity
<i>K. pneumoniae</i> KPC-3	6	8	13	9	KPC3 activity
<i>K. pneumoniae</i> 9633	29	27	27	28	-ve
<i>E. coli</i> IMP-type	13	22	15	16	MBL activity
<i>E. coli</i> CTX-M-15	27	26	27	27	-ve
<i>E. coli</i> TEM-3	31	29	30	31	-ve

<i>E. coli</i> 12241	28	28	27	28	-ve
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Table 3: D70C carbapenemases detection disk set for the detection of carbapenemase enzyme production in Enterobacteriaceae. This test detects carbapenemases with only MBL and KPC types. *K. pneumoniae* NDM-1 and *E. coli* IMP-type showed MBL activity; *K. pneumoniae* KPC-3 showed KPC-3 activity while *K. pneumoniae* OXA-48 did not show any carbapenemase activity. Therefore, additional testing for confirmation was required.

The molecular detection test was done to confirm the presence of the resistance genes within our bacterial test strains' genome. Specific primers were designed for this purpose that would bind to the resistance sequence to give a DNA fragment product with specified length. By visualizing the bands on the gel, their sizes could be inferred in comparison with the aligned ladders. Figure 4 shows the results of the gel electrophoresis for the test strains. After obtaining these results, a comparison has been made with the expected fragments' sizes, and they were nearly the same as expected. Therefore, all our test strains were harboring the antibiotic resistance gene related to their strains.

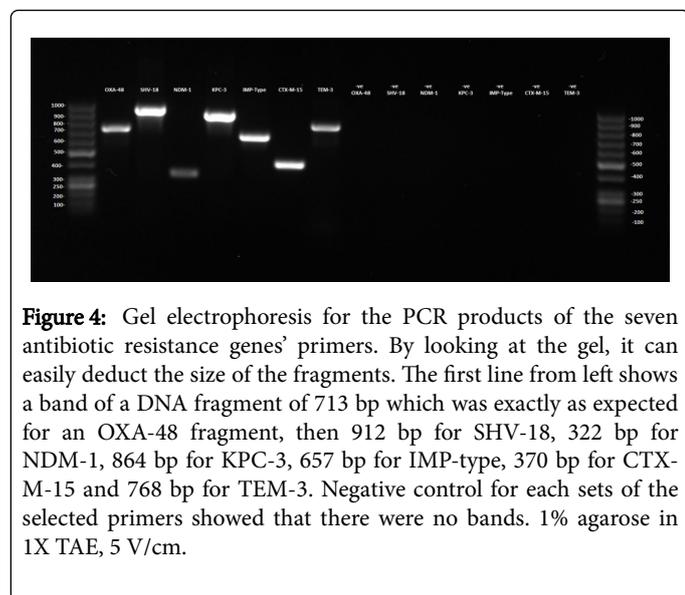


Figure 4: Gel electrophoresis for the PCR products of the seven antibiotic resistance genes' primers. By looking at the gel, it can easily deduce the size of the fragments. The first line from left shows a band of a DNA fragment of 713 bp which was exactly as expected for an OXA-48 fragment, then 912 bp for SHV-18, 322 bp for NDM-1, 864 bp for KPC-3, 657 bp for IMP-type, 370 bp for CTX-M-15 and 768 bp for TEM-3. Negative control for each sets of the selected primers showed that there were no bands. 1% agarose in 1X TAE, 5 V/cm.

Tested isolates have been classified according to their OD₂₆₀. The classification system used in this study was based on previous study done by Beehan et al. [41]. As shown on Table 4, an OD₂₆₀ above 0.2 in any test was considered as indication to show adherence required for biofilm formation. For the total tests (all media types and incubation

conditions), 40% (24/60) showed weakly adherence, 23% (14/60) showed moderate adherence, while the rest 37% (22/60) showed a strong adherence. The mean OD₂₆₀ ± standard error of the strongly adherent test was 0.63 ± 0.03, with 33% for the static incubation and 40% for the shaking incubation.

OD value	Non-adherent	No. of tests	Mean O.D	SE	95% CI	%
<0.2	Weakly adherent	24/60	0.08	0.01	0.02	40%
0.2-0.4	Moderately adherent	14/60	0.33	0.01	0.03	23%
>0.4	Strongly adherent	22/60	0.63	0.03	0.07	37%

Table 4: Biofilm classification results for the isolates according to their specified test.

The TCP assay showed that there was a significant difference (p<0.01) in biofilm formation ability among the bacterial strains grown in different growth mediums for all of the tested strains and for both incubation conditions; static and shaking when at the same growth stage, except for (K12, 9633, CTX-M-15, and SHV-18 at 6hr), (CTX-M-15 at 12 h), (K12 and 9633 at 24 h) and (12241 and 9633 at 48 h) under the static conditions, and (9633 and K12 at 6 h), (SHV-18 and 9633 at 12 h), and (SHV-18, K12 and CTX-M-15 at 48 h) under the shaking conditions. 60% showed significant difference at 6 h growth, 90% at 12 h, and 80% for both 24 and 48 h of growth during static incubation. While 80% for both 6 and 12 h, 100% at 24 h, and 70% at 48 h of growth during shaking incubation.

There was a statistical difference (p<0.05) in biofilm formation ability within the same strain grown in the same medium but in different incubation conditions (static and shaking) and for some of the tested strains. 70% on AB broth, 55% on LB broth, and 65% on N.B (Table 5).

Strains	AB				LB				N.B			
	6 h	12 h	24 h	48 h	6 h	12 h	24 h	48 h	6 h	12 h	24 h	48 h
<i>K. pneumoniae</i> OXA-48	N	Y	N	Y	N	Y	Y	N	N	Y	Y	Y
<i>K. pneumoniae</i> SHV-18	N	Y	N	N	Y	N	N	N	N	Y	Y	Y
<i>K. pneumoniae</i> NDM-1	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	Y
<i>K. pneumoniae</i> KPC-3	Y	Y	Y	N	Y	Y	N	N	Y	Y	N	Y
<i>K. pneumoniae</i> 9633	Y	Y	Y	N	N	Y	N	Y	N	Y	N	Y
<i>E. coli</i> IMP-type	Y	Y	Y	Y	Y	Y	Y	Y	N	Y	Y	Y

<i>E. coli</i> CTX-M15	Y	Y	Y	Y	N	Y	N	N	N	Y	Y	Y
<i>E. coli</i> TEM-3	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	N
<i>E. coli</i> 12241	Y	Y	Y	N	N	N	Y	N	N	N	Y	Y
<i>E. coli</i> K12	N	N	N	N	N	Y	N	N	N	Y	Y	N

Table 5: t-test results showing the presence of the statistical difference among the tested strains regarding the difference in biofilm formation amount in different incubation conditions (static and shaking). Y: Yes; N: No. (p<0.05).

In a previous study done by Beehan et al. [41], *E. coli* k12 was used as a positive control for the biofilm formation, therefore we chose to use it in our study. In this study, it showed a very weak biofilm produced in general. However, what was noticeable and interesting is that it showed a sudden jump in biofilm amount when grown in N.B after 12hrs in shaking incubation conditions and in LB after 24 h in static incubation conditions. The amount of biofilm formation was compared with two non-antibiotic resistant strains (*E. coli* 12241 and *K. pneumoniae* 9633).

Table 6 shows the difference in biofilm formation amount at the same growth stage in different media and incubation conditions. Each strain showed its maximum biofilm amount in different media upon different growth stages and under different conditions of incubation. Table 7 summarizes the results.

	Static				Shaking			
	6	12	24	48	6	12	24	48
AB								
<i>K. pneumoniae</i>	Y	Y	Y	Y	Y	Y	Y	Y
<i>E. coli</i>	Y	Y	Y	Y	Y	Y	Y	N
LB	6	12	24	48	6	12	24	48
<i>K. pneumoniae</i>	Y	Y	Y	Y	Y	Y	Y	Y
<i>E. coli</i>	Y	Y	N	N	Y	Y	Y	Y
NB	6	12	24	48	6	12	24	48
<i>K. pneumoniae</i>	Y	Y	Y	Y	Y	Y	Y	Y
<i>E. coli</i>	Y	Y	Y	Y	Y	Y	Y	N

Table 6: One-way ANOVA test showing the presence of the statistical difference among the tested strains regarding the difference in biofilm formation amount at the same growth stage in different media and incubation conditions (static and shaking). Y: Yes, N: No. (p<0.005).

Strains	Growth stage	Incubation conditions	Medium
<i>K. pneumoniae</i> OXA-48	24 h	Static	N.B
<i>K. pneumoniae</i> SHV-18	24 h	Static	AB
<i>K. pneumoniae</i> NDM-1	24 h	Shaker	AB
<i>K. pneumoniae</i> KPC-3	48 h	Static	N.B
<i>K. pneumoniae</i> 9633	48 h	Shaker	N.B

<i>E. coli</i> IMP-type	6 h	Shaker	LB
<i>E. coli</i> CTX-M15	6 h in static/6and 12 h in shaker	Static/Shaker	LB
<i>E. coli</i> TEM-3	6 h	Static	AB
<i>E. coli</i> 12241	6 h	Shaker	LB
<i>E. coli</i> K12	12 h	Shaker	N.B

Table 7: Maximum amount of produced biofilm for each strain at which growth stage, incubation conditions, and growth medium.

Discussion

In general, the biofilm formation process is poorly understood [45], and there are limited studies comparing the amount of biofilm production in *E. coli* and *K. pneumoniae* between different media types, incubation under static and shaking conditions, and measuring the amount at different growth stages. In this study, we emphasized our understanding of measuring biofilm by using antibiotic-resistant strains and we tried to find out how biofilm amount could be affected by different growth parameters, will those parameters be agreed with all the tested strains, and which strain among those selected antibiotic-resistant can give the highest amount of biofilm and under which conditions. From the obtained results it could be noticed clearly that there are distinctive variations in the amount of biofilm formation among our selected antibiotic-resistant *E. coli* and *K. pneumoniae* strains growing in different types of media, incubated at four different stages, different incubation conditions (static and shaking).

In this study, we tried to find out the optimal conditions under which each selected single strain will produce the highest amount of biofilm. In other words, which strain has the highest amount of biofilm, under which incubation condition, which medium and on which stage of growth. According to the results, there were no media preferences can be agreed to all the strains during biofilm production, nor with their specific stage of growth. In fact, there were remarkable variations among tested strains amplitude to form biofilm *in vitro*. However, one can say that an individual strain produces a better amount of biofilm on some media compared to others in specified stages of growth. This might be due to the nutrient content of the medium, this was shown by Stepanović et al. [46]. This, in turn, is governed by the genetic factors that have a dramatic role in biofilm formation, related to media composition [47]. Static and shaking incubation were used in our research to study the effect of aeration and nutrient distribution on biofilm development and amount.

Our study showed that 37% (22/60) of all tests demonstrated strong biofilm formation, mainly in LB and NB. This might be an indication

that those media are the preferred ones for those strains to produce their highest amount of biofilm.

In our study we used the crystal violet assay to evaluate biofilm formation amount. This assay evaluates the early stages of biofilm formation, exopolysaccharides production, and bacterial attachment. It is a basic dye that attach to any remaining exopolysaccharides and bacteria that stay after well washing. This assay is seen as the gold standard for biofilm evaluation for a wide range of bacteria and even fungi [48]. It is an inexpensive static test with a flexible protocol that allows a high throughput of isolates [49].

Biofilm was measured at four growth stages (6, 12, 24, and 48 h) of incubation, as within those stages there are different biofilm developmental events could happen including attachment, exopolysaccharides secretion, three-dimensional structure formation (maturation), and detachment [50,51]. As we proposed that those selected time-stages would not be the same for all strains regarding biofilm development as each strain differs from another phenotypically and genotypically, our results confirmed this in that 100% of *K. pneumoniae* strains and 83% of *E. coli* strains showed a significant difference at the selected growth stages and for both static and shaking incubation.

In his study, Reisner et al. [47] reported that different *E. coli* isolates respond differently to variations in environmental conditions regarding the amount of biofilm formation. He also stated that "biofilm formation of a given test strain in one medium does not enable prediction of biofilm formation of the same strain in a different medium". He also found that the increase in biofilm formation in nondomesticated *E. coli* isolates *in vitro* is not sufficient to be attributed to specific factors (curli, F-like conjugative pili and aggregative adherence fimbriae) that are well known to stimulate biofilm formation. This might explain the sudden increase in biofilm amount in *E. coli* k12. Researchers found that there was a weak correlation between biofilm formations in different media. This in turn will increase the difficulty to mimic the *in vivo* environment by means of finding the proper conditions for *in vitro* biofilm formation [47,52].

Two other strains that were non-antibiotic resistant strains (*E. coli* 12241 and *K. pneumoniae* 9633) have been used as standard strains to compare their amount of biofilm formation with their other same species with antibiotic resistance. The amount of biofilm produced by *K. pneumoniae* when grown in NB was higher than that in LB in the static incubation. Likewise, our results matched with those obtained by Reisner et al.'s [47] study.

One can see from the graph that biofilm production amount was higher in antibiotic-resistant strains than that in the non-antibiotic resistant strains. This result agreed with the one done by Corehtash et al. [53] who found that multidrug-resistant *P. aeruginosa* isolates form higher biofilm than in the non-multidrug-resistant isolates. He explained that this might be due to the delayed penetration of antimicrobial agents inside the bacterial cell.

One of limitations of this study was the small sample size which can affect the statistical results. However, many tests has been made for the same strain and taken into considerations to emphasize the propability of our calculations. Another limitation was the lack of microscopic examinations to confirm the presence and/or formation of exopolysaccharides during the selected growth stages. Yet, crystal violet assay has been used as a standard for early stages biofilm formation evaluation [47].

Thus, our results might have implications for designing further studies require certain levels of biofilm material at a specific stage of growth in a specific medium, and to investigate more about the molecular basis governed biofilm formation process under those specific parameters. As this study could be considered to highlight the effect of certain selected parameters on produced biofilm quantity from both antibiotic-resistant strains of *E. coli* and *K. pneumoniae*.

Our recommendation for further studies is to detect the level of resistance for each strain and relate it to biofilm formation amount.

Conclusion

This study demonstrated that the incubations conditions (static and shaking) and type of growth media are all critical factors influenced and regulated the amount of bacterial biofilm production in these selected ESBLs. In addition, different growth media also influenced the amount of biofilm formed by these pathogens. The diversity of biofilm formation response to different parameters suggested that *Escherichia coli* (CTX-M-15, TEM-3, and IMP-type) and *Klebsiella pneumoniae* (OXA-48, SHV-18, NDM-1, and KPC-3) strains have the potential to form the biofilms and the ability of individual ESBL strains to form biofilm and gradually to cause disease influenced by host factors and environmental conditions of the site of infection. Further investigation requires in biofilm quantification at a specific stage of growth in a specific medium, and to investigate more about the regulation of gene associated with biofilm formation and to detect the level of resistance for each strain in selected parameters.

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Author Contribution

Conceived and Designed the Experiments: Baho S and Samarasinghe S. Performed the Experiments: Baho. S. Analyzed data: Baho. S and Samarasinghe S. Wrote and Edited the paper: Baho S., Reid R. and Samarasinghe S.

Conflict of Interest

The authors declared that there is no conflict of interest.

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