Acute Small Bowel Obstruction due to Intra-Abdominal Lithopedion

Salako Alexandre Allodé¹, Emilé Mensah² and Francis Moïse Dossou*²

¹Clinique universitaire de chirurgie générale, Centre hospitalier départemental et universitaire de Parakou, Bénin
²Clinique universitaire de chirurgie vésicale B, Centre national hospitalier et universitaire Hubert Koutoukou Maga de Cotonou, Bénin

Abstract

A case report of a 32-year old woman who had 2 years ago a miscarriage pregnancy at 5 months of gestation and was admitted urgently for abdominal pain lasting for 72 hours. Pain was accompanied by nausea, vomiting, absence of stools and gas for 48 hours. The abdomen was distended. Acute intestinal obstruction was diagnosed. Straight radiograph confirmed the obstruction and located it on the small bowel. At laparotomy, there was an agglutination of small bowel loops around a lithopedion, cause of the acute bowel obstruction. The loops were dilated and there was a local ischemia due to a mesenteric torsion around the lithopedion. The lithopedion was released and an ileal resection with immediate anastomosis was performed. The postoperative course was uneventful and the patient was discharged from hospital on the 10th postoperative day.

Keywords: Lithopedion; Acute bowel obstruction; Intestinal resection; Abdominal pregnancy; Sub-Saharan Africa

Introduction

The lithopedion is a dead fetus, infiltrated by calcium salt after a long stay in the womb or in the abdomen [1]. We report a case of abdominal lithopedion discovered during an acute bowel obstruction.

Observation

A 32-year old woman gestity 2, parity 1, with a history 2 years ago of a miscarriage pregnancy at 5 months of gestation was admitted urgently for abdominal pain lasting for 72 hours. The miscarriage was not followed by any operation to empty the uterus as the patient lived in a village located 320Km from our hospital and away from any qualified health center. There was a gradual regression of the volume of the abdomen and a resumption of normal menses. The patient had her last menstruation 11 days before her admission. Pain was accompanied by nausea, vomiting, absence of stools and gas for 48 hours. An abdominal distension completed the obstructive syndrome. Acute intestinal obstruction was diagnosed. The gynecological examination was normal with a closed cervix and painless and mid-size uterus. Straight radiograph confirmed the obstruction and located it on the small bowel by showing characteristic images (Figure 1). At laparotomy, the pelvis was occupied by an agglutination of dilated and ischemic small bowel loops around a mummified fetus (lithopedion). The lithopédion was in the pelvis and was not identified on the radiography because of the superposition of the pelvic bones. Membranes, also calcified, were attached to bowel and mesentery that turned around the lithopedion, provoking a mesenteric torsion. The lithophédion was released (Figure 2) and an ileal resection about 1 m was performed followed by immediate ileo-ileal end to end anastomosis. The examination of the uterine wall and fallopian tubes was normal. The postoperative course was uneventful. The patient was discharge from hospital on the 10th postoperative day. The morphology of lithopedion was clearly observed after spending 48 hours in a solution of formaldehyde (Figure 3).

Comment

Bowel obstruction is an exceptional consequence of lithopedion. Glass and Abramson in 1953 [2] reported the occurrence of volvulus of the cecum due to a lithopedion. The twist was caused by the...
adhesion of the ascending colon to a retrocolic lithopedion. Zaheer in 1971 relates the circumstances of occurrence of small bowel obstruction by intra-abdominal lithopedion [3]. Our case looks like Zaheer’s, as the lithopedion adhered to the small bowel and caused its obstruction. It also was the cause of a mesenteric ischemia by the calcification of the placental membrane. Indeed, it was strictly speaking a lithocelyphopedion because the fetus and the placental membrane were calcified. The other two categories of lithopedion are lithocelyphos in which only the membranes are calcified but not the fetus and true lithopedion or lithoteknon, where only the child’s body is covered and mummified by calcified films [4,5]. The lithopedions may have a long history evolving for 4 to 60 years in women from lower socio-economic backgrounds with poor access to prenatal care [4,6]. They occur sometimes symptoms made of chronic pelvic pain, abdominal heaviness, compression syndromes affecting especially the urinary tract and rectum. They are usually asymptomatic, discovered incidentally by visualizing the lithopedion on a straight abdominal radiograph [4,5]. In our case, the evolution was cut short by the occurrence of acute small bowel obstruction that led to discover the lithopedion at emergent laparotomy. Indeed, the lithopedion was not clearly demonstrated on radiographs because of its small size and the superposition of the pelvic bones.

The surgical management of lithopedion is usually simple with very positive course even in the elderly [5,7]. We performed a resection of the ischemic small bowel loops and anastomosis. The postoperative course was favorable in our case, but we know that the sutures have their own digestive disease characterized by the occurrence sometimes of intestinal fistula after surgery [8]. To our knowledge, no intraoperative death due to lithopedion has been reported and the only death reported in the literature is not related to lithopedion, but the patient died of pulmonary embolus after a formal above-knee amputation performed for a leg dry gangrene [5].

Conclusion

Abdominal pregnancy is rare and exceptionally ends by a lithopedion which may cause so rarely an acute intestinal obstruction. The surgical management is easy but the lithopedion remains an entity which should completely disappear with the antenatal consultation and the early diagnosis and appropriate treatment of abdominal pregnancy.

Références