

A case report: The effectiveness of narrowband ultra violet-b exposure to tinea versicolor treatment

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Abstract

Aim: Tinea versicolor is a skin disease that is often found in tropical countries such as Indonesia. The disease, which is known in the medical world as tinea versicolor is a skin disease caused by fungus. Although it can affect any skin, tinea versicolor usually most often appears on the back, chest, neck and upper arms. The use of anti-fungal drugs at this time in addition to being less effective and felt less quickly get a dream-free skin fungus. Therefore the use of alternative short wave uvb dinars is expected to provide satisfactory answers to the needs of tinea versicolor patients.

Methods : The narrowband Ultraviolet B lamp was exposed to the back of the tinea versicolor's patient in 30 minutes a week.

Result : A male, 27 years old, with chief complained white patches in the back that not healed by medication like ketoconazole in a year. The lessons were healed and had excellent result by using narrowband ultraviolet B exposure.



Biography:

Amalia Tri Utami is a Faculty of Medicine and Health Science in State Islamic University Maulana Malik Ibrahim Malang, Indonesia. She has done her Ph.D. Student in Interdisciplinary Islamic Religious Education from Maulana Malik Ibrahim State Islamic University Malang, Indonesia.

Speaker Publications:

1. "Nigella sativa Linn. and Lower Urinary Tract Infection Treatment"
2. "The effect of gym and zikr towards reduction blood pressure among elderly in suburban Malang city, Indonesia"
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4. "The Efficacy of Cymbopogon citratus extract and Ultrasonic Sound to Control Head Lice (Pediculosis Humanus capitis)"
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