



Women's Health and Nutrition 2020 scheduled at Amsterdam, Netherlands during March 16-17, 2020

Ziba Farajzadegan

Hilaris SRL is organizing [Women's Health and Nutrition 2020](#) Conference which is scheduled on March 16-17, 2020 in Amsterdam, Netherlands. The conference is going to be centered on the theme "Changing the legacy of women's healthcare", which will cover the topics that are related to and comes under women's healthcare and women's nutrition, and new improvement in the healthcare sector. This international event will review major events relating to the field of Women's health, Nutrition, Gynecological health issue, PCOS etc., which will offer the attendees to expand their knowledge on this topic and share their ideologies. A [women's health](#) does not refer only to her physical condition but to her total well-being. It is not determined solely by biological factors but also by effects of workload, nutrition and stress. Some may argue that a woman's health is the most important in today's society. As we know, the health of families and communities are tied to the health of women. The illness or death of a woman has serious and far-reaching consequences for the health of her children, family and even community. Today, women's health is taking on a higher position in society and people are realizing that while women have many of the same diseases as men, their symptoms and treatments may not always be identical. [Women's health](#) is an example of population health, where health is defined by the World Health Organization as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". Often treated as simply women's reproductive health, many groups argue for a broader definition pertaining to the overall health of women, better expressed as "The health of women". These differences are further exacerbated in developing countries where women, whose health includes both their risks and experiences, are further disadvantaged. Women's reproductive and sexual health has a distinct difference compared to men's health. Even in developed countries pregnancy and childbirth are associated with substantial risks to women with maternal mortality accounting for more than a quarter of a million deaths per year, with large gaps between the developing and developed countries. Comorbidity from other non-reproductive disease such as cardiovascular disease contributes to both the mortality and morbidity of pregnancy, including preeclampsia. Sexually transmitted infections have serious consequences for women and infants, with mother-to-child transmission leading to outcomes such as stillbirths and neonatal deaths, and pelvic inflammatory disease leading to infertility. In addition infertility from many other causes, birth control, unplanned pregnancy, unconsensual sexual activity and

the struggle for access to abortion create other burdens for women. Despite this, breast cancer remains the commonest cancer in women in developed countries, and is one of the more important chronic diseases of women, while cervical cancer remains one of the commonest cancers in developing countries, associated with human papilloma virus (HPV), an important sexually transmitted disease. University, India.

The [Women's health Congress 2020](#) highlights are going to be Women's health, Nutrition, Mental health, Maternal care and its healthcare systems, PCOS, deficiency in women's diet, Gynecological issues and recent improvement in the healthcare sector.

Dikshya

Program Manager | Women's Health Congress 2020

Send an email to womenshealth@hilarismeetings.net

Phone No.: +3228081431

WhatsApp No.: +3228081431