

# What are the Dangers Of Covid-19 During Pregnancy?

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## ABSTRACT

You're undoubtedly worried about the influence of coronavirus disease 2019 (COVID-19) on you and your kid if you're pregnant, were pregnant in the last 42 days (recently pregnant), or are breastfeeding. You may also have concerns about the COVID-19 vaccinations' safety. Here's everything you need to know about it.

## RISKS DURING PREGNANCY

COVID-19 has a modest overall risk to pregnant women. COVID-19, on the other hand, puts pregnant or recently pregnant women at a higher risk of serious sickness. Severe sickness may necessitate hospitalisation, intensive care, or the use of a ventilator to assist with breathing. COVID-19-positive pregnant women are also more likely to have a baby before the 37<sup>th</sup> week of pregnancy (premature birth) and may be at higher risk for complications such as pregnancy loss.

Furthermore, infection with the COVID-19 virus appears to impact Black and Hispanic pregnant women disproportionately. COVID-19 may put pregnant women at a significantly greater risk of serious sickness if they have underlying medical issues like diabetes.

Pregnant women with COVID-19 are more likely to have a premature birth and caesarean delivery, and their newborns are more likely to be admitted to a neonatal unit, according to some study.

If you have COVID-19 symptoms or have been exposed to someone who has COVID-19, call your doctor straight away. It is advised that you have your COVID-19 virus tested. Before going to your appointment, call your health care provider to inform him or her

of your symptoms and possible exposure.

If you have COVID-19 while pregnant, your therapy will focus on symptom relief, which may include plenty of fluids and rest, as well as medicine to reduce fever, relieve pain, or minimise coughing. If you're seriously ill, you might need to go to the hospital.

## POSTPARTUM SUPPORT

It is suggested that postpartum care be a continuous practise following childbirth. Discuss virtual visit possibilities for checking in after birth with your health care physician, as well as your need for an office visit.

You may be more concerned about your health and the health of your family at this difficult period. Keep an eye on your mental wellness. Seek assistance from family and friends while taking care to avoid becoming infected with the COVID-19 virus.

You can have postpartum depression if you suffer major mood changes, loss of appetite, excessive weariness, and a lack of joy in life soon after giving birth. If you believe you might be depressed, see your doctor, especially if your symptoms don't go away on their own, you're having problems caring for your baby or completing everyday duties, or you're thinking about killing yourself or your baby.

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