

The Resignification: A Multidisciplinary and Therapeutic Analysis

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ABSTRACT

The concept of resignification, derived from the Latin roots re-(again) and significare (to give meaning), encompasses the process of reinterpreting or giving new significance to existing meanings. While traditionally rooted in semantics and linguistic theory, its application spans a range of disciplines, including the humanities, arts, social sciences and natural sciences. This essay explores the historical evolution of resignification, its role in the reinterpretation of cultural texts and artifacts, its transformative potential in social contexts and its therapeutic implications for human development. Resignification is presented not only as a cognitive and emotional process of reconstructing personal narratives but also as a tool for social change and scientific progress. Through therapeutic practices such as narrative therapy, individuals can reshape their identities, overcome trauma and foster resilience. The essay concludes by emphasizing the importance of resignification in both individual growth and collective societal transformation.

Keywords: Resignification; Therapeutic practices; Reinterpretation; Human development

INTRODUCTION

The idea of resignification, although extraordinarily latest in its formalization, has deep roots in human concept. Its etymology derives from the Latin "re-" (meaning "again") and "significare" (that means "to present that means"), suggesting the concept of giving a new experience or reinterpreting something formerly existing. This process isn't best key in semantic analysis however has elevated into numerous fields of knowledge, consisting of the humanities, the arts and both social and herbal sciences [1].

Resignification isn't restricted to a basically cognitive or linguistic act; it includes a deep procedure of attitude change. In line with Halliday and Matthiessen in 2004, within the area of linguistics, resignification is essential for information how language permits the reconstruction of truth. This phenomenon is also relevant in other regions of knowledge, along with psychology, where reframing beyond reports can rework how an individual relates to their personal emotional improvement [2].

The reason of this essay is to behavior an in-intensity evaluation of resignification, from its etymological beginning to its present day software throughout numerous disciplines. At some stage in the paintings, the results of this concept in regions including the

humanities, the humanities, sciences and human development from a healing attitude will be addressed [3].

DESCRIPTION

Development

Etymology and evolution of concept of resignification: The concept of resignification has its roots in Latin, as referred to above, however its evolution all through history has been complex. To begin with used in the discipline of semantics to consult the attribution of new meanings to words or symbols, the term has been followed by way of numerous disciplines as its transformative strength has been recognized.

In line with Eco in 1984, in his paintings on semiotics, resignification is an inherent procedure in interpretative acts, where both meanings and signifiers are challenge to change relying on sociocultural contexts. The possibility of resignifying something, therefore, isn't static; it is in consistent flux relying on human interactions and changes in energy and expertise systems [4].

Resignification inside the humanities and the humanities: Within the humanities, resignification has been key to the

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reinterpretation of texts, artistic endeavors and historic phenomena. A clear example of that is hermeneutics, a subject concerned with text interpretation that has developed drastically from its biblical origins. Gadamer, in 2004, argues that every interpretative process includes resignification, as the reader's or viewer's context impacts how the textual content or paintings is known.

Within the inventive realm, resignification has been used as a tool for provocation and mirrored image. A clear instance of this is modern-day artwork, wherein artists take everyday objects and assign them new meanings to question social or political norms. Duchamp, together with his well-known work *Fountain* from 1917, a urinal become paintings, is a paradigmatic example of how resignification can venture hooked up notions of cost and aesthetics in art [5].

Resignification inside the hard sciences: An surprising technique: Though resignification may seem restrained to social sciences, it also has implications within the genuine and natural sciences. In mathematics, as an example, theories are resignified as new discoveries query preceding assumptions. A key case is ready concept, which has been reinterpreted throughout the 20th century following discoveries in logic and computation principle.

In biology and remedy, resignification can be seen in how sure ideas evolve with medical progress. For instance, the invention of DNA and its function in inheritance resignified the previous information of genetics, difficult the predominant theories in biology inside the mid-twentieth century. In addition, medication continuously resignifies its practices with the incorporation of latest medical advances, inclusive of regenerative medicine, which resignifies the traditional concept of "restoration".

Resignification in social sciences: Psychology and sociology: From a mental angle, resignification is a critical concept in cognitive-behavioral tactics. Beck in 2011 highlights how dysfunctional mind may be resignified to promote an advantageous alternate inside the interpretation of private experiences. This method of resignification is also essential in narrative therapy, where sufferers rewrite their life tales to offer them new which means, facilitating emotional nicely-being and overcoming trauma [6].

In sociology, resignification has performed a critical function in studies of identity and electricity. In step with Foucault in 1978, the notion is that power family members in society can be resignified to modify the very shape of social interactions. As a result, cutting-edge social movements have resignified phrases like "gender" and "race" to task oppressive hierarchies and promote more equality.

Healing angle on resignification in human improvement: The concept of resignification has won large relevance in therapeutic techniques to human improvement. In keeping with Rogers in 1961, in his individual-focused technique, a man or woman's capacity to resignify past experiences is vital to accomplishing a state of self-actualization and emotional well-being. In this feel, resignification allows individuals to reevaluate demanding or painful occasions and deliver them a brand new which means,

which enables emotional recuperation and private transformation.

Resignification becomes a powerful tool while implemented to painful private stories. Through aware reflection, people can reinterpret beyond activities and resignify them as sources of gaining knowledge of and private boom. This technique not simplest enables man or woman restoration however also fosters a deeper evolution in self-perception and worldview [7].

CONCLUSION

In a constantly converting world full of demanding situations, the capability to resignify will become crucial for facing adversities and remodeling them into possibilities for boom and personal transformation. As we retain exploring this idea across various disciplines, it will become obtrusive that resignification isn't simplest relevant in man or woman contexts however additionally has profound implications for collective evolution, as it allows us to reconfigure narratives that when regarded immutable.

Resignification is a concept that crosses more than one fields of understanding, from the humanities to the precise sciences and whose deep expertise famous its transformative power in human lifestyles.

At some stage in this paintings, it's been shown that resignifying isn't always limited to modifying the meaning of an event; it involves a cognitive and emotional restructuring that at once influences how human beings understand their experiences and engage with their environment.

Inside the humanities, resignification acts as a way to reinterpret works, texts and historical phenomena, hard foremost narratives and commencing new interpretative opportunities. In social sciences, in particular in psychology and sociology, resignification is essential for reframing worrying reviews and growing new identities, each non-public and social. Additionally, inside the specific sciences, resignification manifests in the evolution of theories and paradigms, showing that even the most rigorous fields are inspired by the potential to reinterpret and adapt information to new realities.

From a healing attitude, resignification gives an important tool for human development and emotional recuperation. Thru the reinterpretation of painful or annoying events, human beings can remodel their non-public narratives, which allows them to triumph over emotional blocks and develop towards extra resilience and properly-being.

In this sense, resignification is not only an act of reflection but an empowerment process that grants the individual the ability to reclaim their own story and give it a new, often liberating, meaning.

This therapeutic approach aligns with psychological theories that emphasize the importance of reinterpretation in the construction of identity and emotional well-being. Frankl in 2006, with his existential approach, highlights that human beings have the capacity to find meaning even in the most

adverse situations, allowing them not only to survive but to transform their suffering into a source of purpose and strength.

Resignification is not a linear or immediate process; it requires time, effort and professional support to be carried out effectively. The benefits derived from this process are invaluable and those who embark on the path of resignification find not only a way to heal but also a way to grow and evolve from their experiences.

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