



# The Methods and Importance of Cultural Anthropology in Modern Study

## Sherry Rodin\*

Department of Anthropology, Tulane University, New Orleans, USA

#### DESCRIPTION

Cultural anthropology is a branch of anthropology that focuses on understanding the cultural aspects of human societies. This field seeks to explain the behaviors, beliefs, rituals, traditions, social structures and material aspects of life in different cultures around the world. By studying various cultural practices, cultural anthropologists aim to uncover the underlying systems of meaning and the ways in which humans adapt to their environments, interact with one another and shape their identities.

#### The roots of cultural anthropology

Cultural anthropology has its origins in the early 20<sup>th</sup> century, emerging as a distinct discipline from anthropology, which had been primarily focused on biological and archaeological studies. Early cultural anthropologists were particularly concerned with understanding "primitive" or non-Western societies. As the field developed, scholars began to recognize the complexity and diversity of all cultures, not just those considered "primitive." One of the key figures in the development of cultural anthropology was Franz Boas, often referred to as the father of American anthropology. Boas advocated for a complete approach to studying cultures, emphasizing the need to underset and societies within their own contexts rather than imposing external frameworks or judgments. His ideas laid the foundation for the methods and ethical principles that guide cultural anthropology today.

#### Methods in cultural anthropology

Cultural anthropology is known for its distinctive study methods, especially participant observation and ethnography. These methods involve immersing oneself in the culture being studied to gain a deep, first and understanding of the community's practices and worldview.

Participant observation: Anthropologists often live within the community they are studying, participating in daily activities and observing interactions in real-time. This allows for a more nuanced understanding of cultural practices and social dynamics.

**Ethnography:** Ethnography is the detailed, written account of a culture based on fieldwork and participant observation. It is the primary product of cultural anthropological study and provides a comprehensive narrative of the lives and practices of the people being studied.

Other study methods in cultural anthropology include interviews, surveys and the analysis of material culture, such as art, tools and architecture. The goal is always to underset and culture from the perspective of the people within it, employing an emic (insider) approach rather than an etic (outsider) perspective.

## Key concepts in cultural anthropology

Several key concepts define the field of cultural anthropology.

**Cultural relativism:** This concept emphasizes the importance of understanding a culture on its own terms, without imposing external judgments or values. Cultural relativism encourages anthropologists to avoid ethnocentrism, which is the belief that one's own culture is superior to others.

**Ethnography:** As mentioned, ethnography is the principal method of cultural anthropology. It is both a study method and a product, offering an in-depth, descriptive account of a culture.

**Culture:** At the bases of cultural anthropology is the concept of culture, which encompasses the shared beliefs, values, customs, behaviors and material items that define a group of people. Cultural anthropologists examine how culture shapes individual and group identities, social structures and practices.

**Holism:** Cultural anthropologists take a complete approach, meaning they consider all aspects of a culture economic, political, social and religious when studying a society. They underset and that no single factor can fully explain human behavior or cultural practices.

#### The role of cultural anthropology in modern society

Cultural anthropology plays a vital role in the modern world, especially as globalization continues to bring different cultures into contact. By studying the ways in which societies function,

Correspondence to: Sherry Rodin, Department of Anthropology, Tulane University, New Orleans, USA, E-mail: rodin@sher.ry.edu

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cultural anthropologists contribute to the understanding of cultural differences and social issues, such as inequality, migration, conflict and environmental sustainability.

In the context of global challenges, cultural anthropology offers valuable insights into the ways people adapt to changing circumstances, negotiate cultural differences and find meaning in their lives. The field also plays a significant role in promoting cultural preservation and supporting indigenous communities whose cultures are threatened by modernity.

## **CONCLUSION**

Cultural anthropology provides a deep, complete identification of human societies by studying the richness and diversity of cultural practices. Through methods like ethnography and participant observation, anthropologists can gain an insider's view of the world's cultures, revealing the complexities of human behavior and social organization. As global interconnectedness continues to grow, cultural anthropology's relevance in fostering cross-cultural awareness and addressing pressing social issues remains more significant than ever.