

The importance of Correcting Energy Imbalances in the Prevention and Treatment of Myocardial Infarction

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Abstract

Introduction: A myocardial infarction (MI) occurs when the flow of blood to the heart is blocked. According to Western Medicine (WM), the blockage is often a buildup of fat, cholesterol and other substances, which form a plaque in the arteries that feed the heart. According to Traditional Chinese Medicine (TCM), MI symptoms suggest a clinical condition of Heart blood stasis. The Blood circulation and flow is commanded by Qi energy, when this energy is deficient, it leads to Blood stagnation or retention of Phlegm, responsible for cholesterol accumulation.

Purpose: Demonstrate the importance of treating energy imbalances to maintain the Qi and Blood circulating properly, preventing Blood stagnation and retention of Phlegm.

Methods: A 48-year-old man, smoker, alcohol consumer, who suffered two MI and performed clearance of the blocked coronary arteries. Currently, the patient intakes hypocholesterolemic and other high-concentrated medications. He was excessively stressed and tired. His chakra centers energy was measured and all his chakras were at the lowest level of energy. He received Chinese dietary therapy reorientation, started treatment with auricular acupuncture associated with apex ear bloodletting, to balance his internal energies of Yin, Yang, Qi, Blood and Heat retention. Crystal-based medication and homeopathy were prescribed to treat his energy deficiencies.

Findings: In this study, another cause to MI was found: the blood energy stagnation, associated with energy deficiencies, responsible for the accumulation of phlegm, cause of cholesterol and to the stagnation of the blood in the heart, leading to a possible future MI.

Biography:

Huang Wei Ling, Chinese raised in Brazil since the age of one, graduated in medicine in Brazil, specializing in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. She was responsible for the control of all prescribed antimicrobial medication, and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. She is the owner of the Medical Acupuncture and Pain Management Clinic, and since 1997 has been presenting her work worldwide concerning the treatment of various diseases, using techniques based on several medical traditions around the world.

Speaker Publications:

1. "Can autoimmune hepatitis be treated without the use of corticosteroids and immunosuppressive drugs?"
2. "Why do patients still catch hospital infections despite the practice of infection prevention and control programs?"
3. "Are Acupuncture Guidelines Adequate with Regards to the Time Needles are Left in the Patient?"
4. "How Do You Treat Benign Paroxysmal Positional Vertigo in Your Practice?"
5. "Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine"

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