

Research Article

The AUGMENTSM Treatment: Physician Reported Outcomes of the Initial Global Patient Experience

Michael H Fakih^{1*}, Mohamad El Shmoury¹, Julia Szeptycki², Dennis B dela Cruz², Caroline Lux², Suleman Verjee³, Colleen M Burgess⁴, Gabriel M Cohn⁴ and Robert F Casper^{2*}

¹Fakih IVF, Dubai, UAE

²TCART Fertility Partners, Toronto, ON M5S 2X9, Canada

³Versante International, LLC Oakland, CA 94606, USA

⁴OvaScience Cambridge, MA 02421, USA

Abstract

Background: Egg precursor cells can be readily isolated from the protective outer lining of the ovarian cortex. Studies have demonstrated that mitochondria isolated from these cells are of high quality. The AUGMENTSM treatment is a proprietary new technology based on previous clinical use demonstrating that the addition of mitochondria during *in vitro* fertilization (IVF) is safe, improves embryo quality, and increases the success of IVF. Subsequent published animal studies also confirmed the role of mitochondria in improved outcomes. This report represents the earliest global observations of the AUGMENTSM treatment in routine clinical practice from two distinct international centers.

Methods and results: The AUGMENTSM treatment was initially used in a population of difficult-to-treat patients with a poor prognosis for success with standard IVF who were likely moving to donor egg as a next step. Each group reported marked improvements in pregnancy rates above the historic IVF success rate for these patients (e.g., 11- and 18- fold increase in ongoing clinical pregnancy rates in the UAE and Canada, respectively). In a 25 patient subset, retrieved eggs from each woman were allocated to two treatment groups; one group underwent the AUGMENTSM treatment at the time of ICSI while the other group underwent conventional ICSI. Embryos were selected for fresh-embryo transfer based on standard criteria including embryo morphology and the results of pre-implantation genetic testing. Morphogenetic embryo selection and transfer from the AUGMENTSM treatment group was significantly higher, suggesting that improved embryo quality may have resulted in the improved pregnancy rates observed in these women.

Conclusions: Based on these findings, the AUGMENTSM treatment may be a viable treatment option to address an unmet need for women with poor reproductive histories, history of poor egg quality, poor embryo development, previously failed IVF, and those seeking—despite repeated failures—to conceive genetically-related offspring.

Keywords: Infertility; IVF; ICSI; Egg precursor cells; Mitochondria; AUGMENT treatment

Introduction

Infertility treatment prior to 1978 proved challenging to both patients and their physicians. The birth of Louise Brown through *in vitro* fertilization (IVF) was the result of decades-long research in both the basic and clinical sciences and followed hundreds of failed attempts at human IVF [1]. With IVF's successful introduction, related and supportive technologies soon emerged including IVF and the use of donor eggs, cryopreservation and frozen embryo transfer (FET), gamete intra-fallopian transfer (GIFT), zygote intra-fallopian transfer (ZIFT), intra-cytoplasmic sperm injection (ICSI) and less invasive procedures aided by enhancements in equipment, such as transvaginal ultrasound guided oocyte retrieval. It may be hard to recall now that technologies such as IVF, the use of donor eggs, and ICSI were, at first, controversial but so successful in improving outcomes that they were most often adopted into clinical practice without any demonstrated benefit in randomized controlled clinical trials [2].

Despite the technical enhancements introduced over time that have resulted in unprecedented cumulative IVF pregnancy rates, a significant percentage of women continue to fail repeated attempts at IVF. While cumulative pregnancy rates increase with increasing cycle number (approximately 75% of women will achieve a live birth by the sixth IVF cycle), per cycle IVF success rates tend to decrease with increasing cycle number. The age blended probability of a live birth is approximately 25% in a woman's first cycle (range [9-33%]), 20% per cycle during her second and third cycles and decreases to less than 20% per cycle during cycles four through six [3]. IVF success rates drop dramatically

as women age. Therefore, a patient population exists that will fail to respond to all lines of treatment, including repeated cycles of IVF. For this patient population, IVF using a donor egg or adoption have, until recently, represented the only remaining option(s) [4].

The causes of repeated IVF failure are often complex and poorly understood. In contrast, the decrease in fertility observed in women with increasing maternal age has been attributed to a decline in egg and embryo quality as well as increased rates of aneuploidy [5]. Other causes of poor egg/embryo quality beyond age-related factors include medical conditions such as type II diabetes, obesity, polycystic ovary syndrome (PCOS), as well as other genetic and environmental factors [6,7]. Over the past 25 years, an increasing body of clinical and preclinical data has demonstrated that the decline in egg quality is largely due to a reduction in energy production [8-11]. In the 1990s, there were attempts at improving egg and embryo quality by injecting cytoplasm from young,

***Corresponding author:** Michael M Fakih, Fakih IVF, Dubai, UAE, E-mail: mfakih@fakihivf.com

Robert F Casper, TCART Fertility Partners, Toronto, ON M5S 2X9, Canada, E-mail: rcasper@tcart.ca

Received July 28, 2015; Accepted August 07, 2015; Published August 14, 2015

Citation: Fakih MH, Shmoury MEI, Szeptycki J, dela Cruz DB, Lux C, et al. (2015) The AUGMENTSM Treatment: Physician Reported Outcomes of the Initial Global Patient Experience. JFIV Reprod Med Genet 3: 154. doi:10.4172/2375-4508.1000154

Copyright: © 2015 Fakih MH, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

healthy, donor eggs into the eggs of women with a history of reproductive failures [12-14]. The cytoplasm injection procedure involved the injection of third-party mitochondria obtained from younger donor eggs and resulted in the birth of approximately 50 seemingly healthy babies [12-14]. This groundbreaking work was not pursued as more study was required [11].

In 2004, an autologous source of germline mitochondria was discovered [15]. These mitochondria were found in egg precursor cells that resided in the protective, avascular outer lining of the ovarian cortex [15,16]. Egg precursor cells can be readily isolated from ovarian cortical tissue of reproductive-age women through the use of antibodies specific to the human VASA analogue, a cell surface protein found on human egg precursor cells [16]. Studies have demonstrated that mitochondria isolated from egg precursor cells are of high quality and can therefore serve as an autologous source of mitochondria for women [17].

The AUGMENT treatment is a proprietary new technology. Egg precursor cells of women are isolated, mitochondria from those precursor cells are extracted, and these autologous mitochondria are injected into the patient's own oocyte at the time of ICSI. The support and use of the AUGMENT treatment is based upon case reports of clinical success using human donor egg cytoplasm injection as well as multiple published animal studies that have demonstrated that the addition of mitochondria during IVF treatment is safe, improves the quality of the embryos, and increases the success of IVF [18].

The current report summarizes the initial global patient experience with the AUGMENT treatment and describes the clinical effectiveness observed in a subset of AUGMENT-treated patients who have consented to participate in the OvaScience Global Registry.

Material and Methods

Centers and patients

Two global centers agreed to report their experience using the AUGMENT treatment. These included TCART Fertility Partners of Toronto, ON, Canada and FAKIH IVF, Dubai, UAE. Written informed consent was obtained at both centers from all patients and their partners (when applicable).

Ovarian stimulation and oocyte collection

The menstrual cycles of patients were stimulated using recombinant FSH (Gonal-F[®], Merck Serono, Mississauga, ON, Puregon, Merck, Kirkland, QC) and HMG (Menopur[®], Ferring Pharmaceutical, York Mills, ON) according to standard gonadotropin releasing hormone (GnRH) antagonist (Ganerelix, Merck or Cetrotide, EMD-Serono) stimulation protocols and starting on day 3 of the menstrual cycle until at least three follicles reached ~20 mm in diameter. The oocyte pickup was performed by vaginal ultrasound 36 h after the subcutaneous injection of human chorionic gonadotropin, hCG (Pregnyl[®], Merck). The oocyte retrieval was performed under local anesthesia and with the patient receiving intravenous sedation with fentanyl (Janssen, Don Mills, ON) 50 to 100 mcg and midazolam (Sandoz, Boucherville, QC) 1-2 mg. During the follicular aspiration procedure, the oocytes were recovered in Global[®]-HEPES-buffered medium (IV Fonline, Canada) supplemented with 10% vol/vol Serum Substitute Supplement (SSS; Irvine Scientific, USA). The luteal phase was supported by vaginal progesterone suppositories (Kingsway Pharmacy, Toronto, ON) 200 mg twice daily until the day of the pregnancy test or until 10 weeks of gestation.

Egg precursor cell mitochondrial isolation and preparation

Previously cryopreserved autologous ovarian cortical tissue was

thawed based on method of cryopreservation. The tissue was placed in an enzymatic solution and physically dissociated to a single cell suspension. The single cell suspension was incubated with a monoclonal anti-VASA antibody. Labeled cells were then isolated by fluorescence-activated cell sorting (FACS). Standard slow rate cooling cryopreservation procedure for freezing each patient batch of egg precursor cells was performed. On the day of ICSI the cryopreserved egg precursor cells were thawed and mitochondria were isolated by differential centrifugation and maintained in standard respiration buffer.

Details related to the number of egg precursor cells isolated and the number of mitochondria microinjected are proprietary. In general terms, the number of egg precursor cells obtained per patient falls within a consistent range unless the quality of the biopsy and of freezing is compromised. The number of mitochondria microinjected is based on previous reports of the cytoplasmic volume microinjected during human ooplasmic transplantations and an estimate of mitochondrial quantity within this volume [12,18-20]. More than enough mitochondria are isolated from egg precursor cells during this process to supply all retrieved oocytes per patient

ICSI, AUGMENT, and cell culture

Clinic standard procedures were followed for oocyte retrieval and oocytes were prepared for ICSI as the method of insemination. After retrieval, cumulus-oocyte complexes were manually trimmed of excess cumulus cells and group cultured in ~1.0 mL Global[®]-HTF medium (IVF online, Canada) plus 10% SSS (Irvine Scientific, USA) under oil at 37°C and an atmosphere containing 5.5% CO₂ before the ICSI procedure. In every patient, all oocytes in metaphase II were injected 5 hours after aspiration. At the time of ICSI, the mitochondrial solution was concentrated into a ~250 nl droplet on the ICSI plate. The autologous mitochondrial solution was aspirated into the ICSI pipette along with a selected sperm and approximately 1-2 pL was injected and delivered to the MII oocyte during ICSI. After ICSI AUGMENT procedure (Day 0), all injected oocytes were cultured individually in 20 µL droplets of Global[®] media (IVF online, Canada) supplemented with 10% vol/vol LGPS under mineral oil at 37°C in an atmosphere of 6% CO₂.

The fertilization was evaluated 16-18 hours post injection by the presence of two pronuclei (Day 1). Zygotes were continuously cultured to Day 6 with neither medium refreshment nor exchange.

Embryo selection and embryo transfer

Standard clinic selection criteria including morphology, morphokinetic analysis (TCART and FAKIH IVF) and pre-implantation genetic testing (FAKIH IVF only) were utilized in selecting the embryos with the best implantation potential. Morphology evaluations and assessments were consistent with the Society for Assisted Reproductive Technology's (SART) criteria (see supplement). Using clinic standard culture procedures, embryos were cultured to blastocyst stage for embryo transfer selection unless there were selectivity or patient scheduling limitations.

Pregnancy determinations

Patients were monitored post transfer for a rise in human chorionic gonadotropin beta subunit (bHCG) to detect pregnancy. Biochemical pregnancy was assessed approximately 12 days after the embryo transfer by measuring the (bHCG) in blood. Clinical pregnancy was determined by transvaginal ultrasonography to detect gestational sacs and fetal heartbeats at approximately 21 and 28 days after transfer, and patient care was then referred to an obstetrician.

MBEST at FAKIH IVF

At FAKIH IVF, eggs from a subset of women who underwent successful egg retrieval were allocated to two treatment groups; one group of a patient's eggs underwent the AUGMENT treatment at the time of ICSI while the other group of that woman's eggs underwent conventional ICSI only. The eggs and embryos obtained from both the AUGMENT group and ICSI-only group were maintained under identical culture, environmental, and embryo management conditions. Morphokinetic analysis was performed using the EmbryoScope[®] (VitroLife, formerly Fertilitech) and standard morphology metrics were observed along with the timing of cellular developments from post AUGMENT injection until the time of embryo selection. Embryos were selected from one of these two treatment groups based on standard laboratory, prognostic criteria including embryo morphology and the results of pre-implantation genetic testing. Embryo transfer for a given patient was not performed if none of the embryos from either treatment group met these criteria for transfer. To facilitate further discussion, we have termed this approach Matched, Best Embryo Selection and Transfer (MBEST).

Analyses

All data was prospectively collected and reported by the physicians of each clinical site. Statistical analyses were performed on the reported data using Microsoft Excel 2013 and SAS 9.3.

Descriptive statistics were computed for the data sets submitted by each participating center. Data summaries are presented as mean, range, and percentages. The clinical pregnancy rate per cycle initiated was calculated by dividing the total number of patients identified with at least one documented gestational sac by the total number of cycles initiated. The clinical pregnancy rate per embryo transfer was calculated by dividing the total number of patients with at least one documented gestational sac by the total number of embryo transfers performed. Ongoing clinical pregnancy rates per cycle initiated and per embryo transfer were similarly calculated except the numerator applied was the total number of patients with at least one documented fetal heartbeat and at least 12 weeks of gestation. Included in this latter group were several women whose pregnancies resulted in a live birth.

To determine the effectiveness of the AUGMENT treatment, a subgroup of patients who underwent MBEST was first identified. To identify patients who underwent MBEST, a search was performed of

patients who had consented to participate in the OvaScience Global Registry. Patients were included for analysis if they had a documented history of ≥ 1 failed IVF cycle, if their retrieved eggs were allocated to the two aforementioned treatment groups, if embryo selection was based on morphogenetic criteria, and if fresh embryo transfer for a given patient was limited to embryos from only one treatment group or no transfer was performed due to poor embryo quality or aneuploidy.

Intent-to-treat (ITT) analysis was performed on the two MBEST treatment groups. Specifically, ITT analyses were undertaken of embryo transfer, pregnancy, and clinical pregnancy rates (per embryo transfer and per initiated cycle), and ongoing clinical pregnancy rates (per embryo transfer and per initiated cycle). In addition, analyses of fertilization rates and the rate of 5-day blastocyst formation from two-pronuclear (2PN) zygotes were performed for both treatment groups. The fertilization rate was calculated as the number of ICSI-derived 2PN zygotes divided by the number of oocytes injected. The rate of formation of 5-day blastocysts derived from 2PN zygotes was calculated by dividing the number of 5-day blastocysts formed by the number of 2PN zygotes.

To further assess the effectiveness of the AUGMENT treatment in the MBEST treatment group, the ongoing clinical pregnancy rate per cycle initiated with the AUGMENT treatment was compared to the group's historical IVF live-birth rate per cycle initiated (number of live births/number of prior IVF cycles initiated).

Tests for statistical significance were performed using either the two-tailed Fisher's Exact Test or the paired *t*-test, as appropriate.

Results

The results reported here are based on the observations of 93 patients managed in AUGMENT treatment centers in Canada (TCART; N=34) and the UAE (FAKIH IVF; n = 59), as summarized in Tables 1-4. There were differences in background diagnoses and number of prior IVF cycles among the patients treated in these centers. Prior to the AUGMENT treatment, the 93 patients underwent 328 IVF cycles, collectively. The pregnancy outcomes of the 328 cycles were poor for patients in both centers and ranged from 4% - 11% clinical pregnancy rate per IVF cycle initiated and 1.4% - 2% ongoing pregnancy rate per IVF cycle initiated. Following the AUGMENT treatment, both groups observed marked improvements in pregnancy rates above these historic IVF success rates with a 3- and 6- fold increase in clinical pregnancy

	AUGMENT TREATMENT CENTERS	
	TCART	FAKIH IVF
PATIENT HISTORY		
Number of patients	34	59
Average current age	36.0 (Range: 26-44)	37.3 (Range: 20-48)
Background/Diagnoses	Poor oocyte and embryo quality with one of the following diagnoses: Diminished Ovarian Reserve, Ovulatory Dysfunction, Polycystic Ovarian Syndrome, Tubal Factor, Endometriosis, Unexplained	Poor oocyte and embryo quality: Diminished Ovarian Reserve, Ovulatory Dysfunction, Severe Male Factor
PRIOR IVF HISTORY		
Total previous IVF cycles initiated	71	257
Average cycles per patient	2 (Range: 1-5)	4.3 (Range: 1-16)
Total previous embryo transfers	79	Unknown due to international patient base
Historical clinical pregnancy rate:		
• per cycle initiated	8/71 (11%)	9/257 (4%)
• per embryo transfer	8/79 (10%)	
Historical live birth rate:		
• per cycle initiated	1/71 (1.4%)	4/257 (2%)
• per embryo transfer	1/79 (1.3%)	

Table 1: Patient characteristics across the select AUGMENT treatment centers.

THE AUGMENT EXPERIENCE	TCART	FAKIH IVF
Total AUGMENT cycles initiated	34	60
Average cycles per patient	1	1
Total embryo transfers	26	34
Clinical pregnancy rate:		
• per cycle initiated	12/34 (35%)	13/60 (22%)
• per embryo transfer	12/26 (46%)	13/34 (38%)
Ongoing clinical pregnancy and live birth rate:		
• per cycle initiated	9/34 (26%)*	11/60 (18%)**
• per embryo transfer	9/26 (35%)*	11/34 (32%)**

*includes 1 live birth

**includes 2 live births (two sets of twins)

Note: All on-going clinical pregnancies reported here were continuously on-going pregnancies at the time of publication submission

Table 2: Summary of center specific AUGMENT treatment experiences.

	Patient History	Previous Clinical Pregnancy Rate per Initiated Cycle	Clinical Pregnancy Rate per Initiated AUGMENT Cycle	Clinical Pregnancy Rate per AUGMENT Embryo Transfer	Previous Ongoing Clinical Pregnancy Rate/ Live Birth Rate per Initiated Cycle	Ongoing Clinical Pregnancy Rate/ Live Birth Rate per Initiated AUGMENT Cycle	Ongoing Clinical Pregnancy/ Live Birth Rate per AUGMENT Embryo Transfer
Canada	• Average age: 36.0 • 1-5 prior IVF cycles	11%	35%*	46%*	1.4%	26%	35%
United Arab Emirates	• Average age: 37.3 • 1-16 prior IVF cycles	4%	22%	38%	2.0%	18%	32%

*9 patients with 23 embryos cryopreserved for future use

Table 3: Center-specific clinical and ongoing clinical pregnancy rates.

Age (years)	TCART				FAKIH IVF			
	# of Patients	# bHCG +	# Clinical Pregnancies	# Ongoing Clinical Pregnancies	# of Patients	# bHCG +	# Clinical Pregnancies	# Ongoing Clinical Pregnancies
20-30	5	3*	3*	2*	5	3	2	2
31-35	10	7*	6*	6*	12	3	3	3
36-40	14	5	3	1	28	7	7	5
41-45	5	-	-	-	10	2	1	1
46-48	-	-	-	-	4	-	-	-
Totals	34	15	12	9	59	15	13	11

*Includes one pregnancy each from a subsequent frozen embryo transfer

Table 4: Age related outcomes by center.

Baseline Characteristics	Total	Mean	Median	Range
Age		36.16	36	28 to 48
Previous # Cycles	102	4.00	2	1 to 12
Previous Clinical Pregnancies	4	0.16	0	0 to 2
Previous Live Pregnancies	0		0	
Total Eggs Retrieved	351	14.04	12	6 to 31

Embryology

Treatment Groups

	ICSI-only	AUGMENT	
Eggs->ICSI	106	171	<0.0001*
2PN (2PN/ICSI)	67 (63.21)	118 (69.01)	0.3588
5-Day Blasts (5-D BL/2PN)	20 (29.85)	41 (34.75)	0.3717
Embryo Transfers (of 25)	2	14	0.0334

Fisher's Exact Test has been used to determine all the p-values except otherwise noted.

*The paired t-test has been used to determine the p-values.

Embryo assessment* and embryo transfer by treatment groups based on morphogenetic criteria

Embryo Transfer	ICSI-Only Treatment	AUGMENT Treatment
+	2	14
-	23**	11**
Total	2 of 25	14 of 25

*SART Criteria

**In nine patients, embryos from both treatment groups failed to meet the morphogenetic criteria forembryo transfer

Table 5: Baseline patient characteristics, embryology, morphogenetic embryo assessment and embryo transfer of the MBEST Patient Group (n = 25).

rate per initiated cycle observed in Canada and the UAE, respectively, and an 11- and 18- fold increase in ongoing clinical pregnancy rates per initiated cycle observed in the UAE and Canada, respectively.

As noted in Table 5, the baseline characteristics of the 25 patients comprising the MBEST subgroup were similar to the entire FAKIH IVF patient group. There were significantly more oocytes allocated to the AUGMENT treatment than to the ICSI-only group. Between the two treatment groups, there was no difference in the rate of 2PN and 5-day blastocyst formation. However, embryo transfer rates were significantly higher in the AUGMENT treatment group than in the ICSI-only group. When adjusting for the higher number of oocytes allocated to the AUGMENT treatment group, the higher rate of morphogenetic embryo selection and transfer observed with the AUGMENT treatment remained statistically significant (Fisher's Exact Test; p = 0.0334) suggesting that the significant difference observed in embryo selection

Increased Pregnancy Rates with the AUGMENT treatment

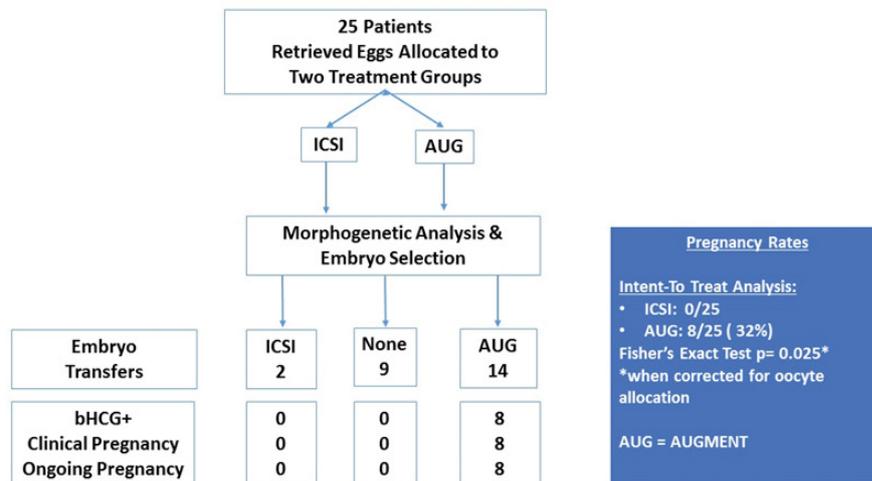


Figure 1: MBEST design, flow, and results.

Twenty-five patients who underwent MBEST were identified. Each of the 25 patient's retrieved oocytes was allocated to two treatment groups; the ICSI-only and the AUGMENT treatment group. Morphogenetic analysis was performed to determine which embryos would be selected for transfer from these 25 treatment pairs. Transfer was limited to the treatment group with the highest quality embryos. No transfer was performed from either treatment group in 9 patients as no embryo met the morphogenetic selection criteria. Of the 25 sets of ICSI-only embryos, two embryo transfers were performed. Of the 25 sets of embryos from the AUGMENT treatment group, 14 embryo transfers took place resulting in 8 ongoing clinical pregnancies (Fisher's Exact Test; $p = 0.025$ after adjusting for number of oocyte allocation to each treatment group).

and transfer was not due to the differences in number of oocytes initially allocated but rather due to selection based on embryo quality. The higher rates of chemical, clinical, and ongoing clinical pregnancy rates observed with the AUGMENT treatment ($n = 8$) were higher than with ICSI-only treatment ($n = 0$) (Figure 1). This too remained statistically significant when adjusting for differences in oocyte allocation (Fisher's Exact Test; $p = 0.025$). When comparing clinical and ongoing clinical pregnancy rates per cycle initiated to the patients' previous history, a marked increase was observed with the AUGMENT treatment (32% vs. 0%).

Discussion

This report represents the earliest global observation of the AUGMENT treatment in routine clinical practice. Both centers reported marked improvement in pregnancy rates above the historic IVF success rate for these patients (e.g., a 3- and 6- fold increase in clinical pregnancy rates in Canada and the UAE, respectively; and an 11- and 18- fold increase in ongoing clinical pregnancy rates in the UAE and Canada, respectively). It is notable that this early clinical experience with the AUGMENT treatment was evaluated in a particularly difficult-to-treat patient population with a poor prognosis for success with standard IVF who were likely moving to donor egg as a next step. This suggests that the AUGMENT treatment may result in improved pregnancy rates among women with a poor reproductive history and previously failed IVF. The consistent and improved outcomes above the patients' own historic rates as observed across the two centers are impressive given the lower per cycle success rates as cycle number and maternal age increase, and given the varied clinical and laboratory practices seen across countries and centers, as well as the different risk groups treated by these distinct clinical programs. As embryo cryopreservation was permissible in one center (TCART Fertility Partners), the potential for even greater pregnancy outcomes is feasible for that center where 9 patients have 23 embryos cryopreserved for future use.

There are several limitations to these findings. The two-center clinical

observations are limited by the absence of a standard control group, though this is not unusual in a field where technologies have evolved and succeeded in the absence of randomized control trials for the most part, and where excessive repeated exposure to a failed intervention may be deemed unethical. Furthermore, patients may not volunteer for studies if they might be randomized into standard treatments that have previously failed them. Given these challenges, the use of matched historical controls may seem appealing. However, matching can prove challenging given the disparate biologic and medical complexity (both known and unknown) associated with individuals' poor reproductive performance and given the wide variability in laboratory and clinical practice worldwide. A way to mitigate such concerns is the MBEST approach taken at FAKIH IVF.

To help evaluate the AUGMENT treatment in a controlled manner, the MBEST approach was undertaken as this allowed for the control, across two treatments, of known and unknown variables including the patient's own biology, the environment, clinical practices, and laboratory procedures. The MBEST design is unique in that it applies a practical, real world approach to embryo selection and transfer, using accepted laboratory and clinical standards in the selection and transfer of embryos most likely to result in a live birth. The MBEST approach is also unique in being similar to an approach used in adaptive clinical trials, whereby treatments deemed futile are excluded and superior interventions are employed to better serve patients.

The MBEST results indicate that morphogenetic embryo selection and transfer from the AUGMENT treatment group was significantly higher than the ICSI-only group, suggesting that improved embryo quality may have resulted in the observed improved pregnancy rates among this group of women with poor reproductive histories and previously failed IVF cycles.

That the MBEST approach overwhelmingly resulted in the selection and transfer of embryos derived from the AUGMENT treatment group and that over 50% of such transfers resulted in ongoing

clinical pregnancies appears to suggest improved egg and embryo quality that resulted from the AUGMENT treatment among patients with historically poor IVF performance (0% live birth rate). These observations are consistent with the finding of prior heteroplasmic mitochondrial injection reports lending further credence to the role of mitochondria in egg and embryo health.

There are several limitations to the MBEST observations. The number of eggs allocated for insemination in the AUGMENT treatment group was 1.7- fold higher than the number of eggs allocated for insemination in the ICSI-only group. For women who produced a low number of mature eggs in response to controlled ovarian hyper stimulation, it was deemed unethical to allocate her limited eggs evenly between the two groups, given their poor history of IVF success with ICSI alone. The significant increase in the number of eggs that received the AUGMENT treatment could have had a downstream effect and impacted embryo transfer and pregnancy rates. However, statistical testing took this imbalance into account and indicates that the statistically significant differences observed in embryo selection, embryo transfer, and pregnancy outcomes was not impacted by the higher egg allocation into the AUGMENT treatment group. Another potential bias is that embryologists were not blinded to the identity of the two treatment groups when selecting embryos for transfer and this too could have biased these observations. However, the lack of blinding in embryo selection does not account for the markedly improved pregnancy rates when compared to the patients' historical performance. Nevertheless, we recognize this shortcoming and future approaches to minimize such potential bias could include the blinding of embryologists to the identity of the treatment groups or blinded assessments by an independent group of embryologists to confirm that un-blinded scoring has not inadvertently introduced such a bias. Despite these limitations, the MBEST adaptive design offers a controlled, ethical, pragmatic, and real-world clinical and laboratory alternative to randomized control trials in the evaluation of treatment effectiveness among patients who have failed standard therapies. Adaptive designs are acceptable as an ethical alternative to randomized control trials using an ineffective comparator. The MBEST approach has the added advantage of possibly offering a superior biologic, medical, clinical, and laboratory "control" setting when evaluating efficacy or effectiveness as almost all variables except the intervention under study are exactly matched.

The AUGMENT treatment represents the latest major innovation in assisted reproductive technologies and may help address an unmet need for women with consistently poor reproductive histories, poor ovarian response, previously failed IVF, and those seeking, despite repeated failure, to conceive their own genetic child. As this represents the earliest report of the AUGMENT treatment, technologic and methodologic optimization, procedural refinements, additional clinical experience and registry data capture and analyses, should all aid in adding to our understanding of the role that mitochondria can play in addressing infertility and may help further improve outcomes associated with this promising, new technology.

Acknowledgements

We would like to acknowledge the tireless support and dedication of the following individuals whose contributions toward this work have been invaluable: Navid Esfandiari DVM, PhD, Daniel Nayot MD, Yaakov Bentov MD, Paul Chang MD, Marjorie Dixon MD, Fay Weisberg MD, Deborah Meyers M.Mgt, CCPE and Sarah Catherine Lyndon, RN

Conflicts of Interest

Robert Casper MD is a member of the following Scientific Advisory Boards: OvaScience, Abbvie, Actavis/Allergan, Bayer, Ferring, Merck, EMD-Serono. He

has stock ownership in OvaScience, Inception/Lifebank, Circadian-Zirclight and serves as Medical Director, TCART Fertility Partners, Inception/Lifebank. Colleen Burgess ELD (ABB) and Gabriel M Cohn, MD are both OvaScience employees.

References

1. Elder K, Johnson MH (2015) The Oldham Notebooks: An analysis of the development of IVF 1969–1978. I. Introduction, materials and methods. *Reproductive Biomedicine and Society Online* 1: 3-8.
2. Wang J, Sauer MV (2006) In vitro fertilization (IVF): A review of 3 decades of clinical innovation and technological advancement. *Ther Clin Risk Manag* 2: 355-364.
3. Malizia BA, Dodge LE, Penzias AS, Hacker MR (2013) The cumulative probability of live born multiples after in vitro fertilization: A cohort study of more than 10,000 women. *Fertil Steril* 99: 393-399.
4. Nelson LM (2009) Primary ovarian insufficiency. *New England Journal of Medicine* 360: 606-614.
5. American College of Obstetricians and Gynecologists Committee on Gynecologic Practice and Practice Committee (2014) Female age-related fertility decline. Committee Opinion No. 589. *Fertil Steril* 101: 633-634.
6. Niu Z, Lin N, GuR, Sun Y, Feng Y (2014) Associations between insulin resistance, free fatty acids, and oocyte quality in polycystic ovary syndrome during in vitro fertilization. *J Clin Endocrinol Metab* 99: E2269-E2276.
7. Shah K, Sivapalan G, Gibbons N, Tempest H, Griffin DK (2003) The genetic basis of infertility. *Reproduction* 126: 13-25.
8. John JCS, Facucho-Oliveira J, Jiang Y, Kelly R, Salah R (2010) Mitochondrial DNA transmission, replication and inheritance: A journey from the gamete through the embryo and into offspring and embryonic stem cells. *Hum Reprod Update* 16: 488–509.
9. Torner H, Ghanem N, Ambros C, Höcker M, Tomek W, et al. (2008) Molecular and subcellular characterization of oocytes screened for their developmental competence based on glucose-6-phosphate dehydrogenase activity. *Reproduction* 135: 197–212.
10. Bentov Y, Yavorska T, Esfandiari N, Jurisicova A, Casper RF (2011) The contribution of mitochondrial function to reproductive aging. *J Assist Reprod Genet* 28: 773–783.
11. Chappel S (2013) The role of mitochondria from mature oocyte to viable blastocyst. *Obstetrics and Gynecology International* 2013: 1-10.
12. Cohen J, Scott R, Schimmel T, Levron J, Willadsen S (1997) Birth of infant after transfer of anucleate donor oocyte cytoplasm into recipient eggs. *Lancet* 350: 186–187.
13. Lanzendorf SE, Mayer JF, Toner J, Oehninger S, Saffan DS, et al. (1999) Pregnancy following transfer of ooplasm from cryopreserved-thawed donor oocytes into recipient oocytes. *Fertil Steril* 71: 575–577.
14. Huang CC, Cheng TC, Chang HH, Chang CC, Chen CI, et al. (1999) Birth after the injection of sperm and the cytoplasm of tripronucleate zygotes into metaphase II oocytes in patients with repeated implantation failure after assisted fertilization procedures. *Fertil Steril* 72: 702–706.
15. Johnson J, Canning J, Kaneko T, Pru JK, Tilly JL (2004) Germ-line stem cells and follicular renewal in the postnatal mammalian ovary. *Nature* 428: 145-150.
16. White YAR, Woods DC, Takai Y, Ishihara O, Seki H, et al. (2012) Oocyte formation by mitotically active germ cells purified from ovaries of reproductive-age women. *Nat Med* 18: 413-421.
17. Van Blerkom J, Sinclair J, Davis P (1998) Mitochondrial transfer between oocytes: Potential applications of mitochondrial donation and the issue of heteroplasmy. *Hum Reprod* 13: 2857-2868.
18. Cohen J, Scott R, Alikani M, Schimmel T, Munné S, et al. (1998) Ooplasmic transfer in mature human oocytes. *Mol Hum Reprod* 4: 269-280.
19. Barritt JA, Brenner CA, Malter HE, Cohen J (2001) Mitochondria in human offspring derived from ooplasmic transplantation. *Hum Reprod* 6: 513- 516.
20. Van Blerkom J (2004) Mitochondria in human oogenesis and pre-implantation embryogenesis: Engines of metabolism, ionic regulation and developmental competence. *Reproduction* 128: 269-280.

Supplementary Tables

Morphokinetic analysis was performed using the EmbryoScope[®] (VitroLife, formerly Fertilitech) and standard morphology metrics were observed along with the timing of cellular developments from post AUGMENT injection until the time of embryo selection for transfer consistent with SART criteria, as indicated in the following tables

<http://www.asrm.org/uploadedFiles/Affiliates/SART/Members/Forms/Embryo%20Morphology.pdf>

STAGE

1 Cell	A single fertilized oocyte. The 2 pronuclei may or may not be visible (zygote).
>1 Cell	A cleavage stage embryo with at least 2 blastomeres; classified as 2-cells, 3-cells, 4-cells, 5-cells, 6 cells, 7-cells, 8-cells and >8-cells.
Morula	An embryo where the blastomeres adhere to each other as such that it is not possible to clearly identify individual cells. An embryo undergoing the compaction process.
Early Blastocyst	The presence of a small fluid-filled cavity (blastocoel).
Blastocyst	An embryo composed of a number of blastomeres organized around a discernible blastocoel of any size.
Hatching Blastocyst	Embryo partially or completely free of the zona pellucida. The embryo is composed of trophoctoderm and inner cell mass cells and has a large expanded blastocoel.

>1 Cell Stage

Fragmentation

0%	No fragments or blebs present.
1-10%	Fragments compose 1-10% of the embryonic volume.
11-25%	Fragments compose 11-25% of the embryonic volume.
>25%	Fragments compose greater than 25% of the embryonic volume.

Cell Symmetry

For embryos with an even number of cells, blastomeres should be of equal size. For embryos with an odd number of cells, blastomeres may not be the same size but they should be of the appropriate size for their cleavage status.

Perfect	All blastomeres are of the appropriate size and shape.
Moderate	0-20% of the blastomeres are not of the appropriate size and shape.
Severe	>20% of the blastomeres are not of the appropriate size and shape.

Morula Stage

Morphology

Morulae are classified by the extent of compaction as either Incomplete Compaction or Compacted, as well as the extent of fragmentation.

Incomplete Compaction	Some of the blastomeres or parts of the blastomeres are still distinct as individual cells while other areas appear as an amorphous mass.
Compacted	Complete compaction. The entire embryo appears as an amorphous mass and there is no discernible blastocoel present.

Fragmentation

A fragment is a small, detached, anuclear portion of a blastomere (cytoplasmic bleb).

0%	No fragments or blebs present. 1-10% Fragments compose 1-10% of the embryonic
1-10%	Fragments compose 1-10% of the embryonic volume.
11-25%	Fragments compose 11-25% of the embryonic volume.
>25%	Fragments compose greater than 25% of the embryonic volume.

Early Blastocyst, Blastocyst or Hatching Blastocyst Stage

For day 4, 5 and 6 transfers of a blastocyst stage embryo (an embryo composed of blastomeres organized around a discernible blastocoel of any size), 2 values are collected: inner cell mass grade and trophoblast grade.

Inner Cell Mass (ICM)

Good	An excellent to high quality ICM with a large number of cells in a single distinct structure.
Fair	An ICM with a moderate number of cells or organization. Lacking exceptional quality but not excessively imperfect either.
Poor	An inferior quality ICM. An ICM with few cells or a blastocyst without an identifiable ICM.

Trophoblast

Good	An excellent to high quality trophoblast with a large continuous and uniform layer of cells in a single distinct structure.
Fair	A moderate number of cells that may have variable size and shape.
Poor	An inferior quality trophoblast with few cells or with gaps (noncontiguous layer).