

Role of Tumor Location on High-Grade Serous Ovarian Cancer Prognosis

Seval Ay^{1*}, Deniz Tataroğlu Özyükseler², Mustafa Başak³, Özgecan Dülger¹, Serdar Arıcı⁴, Mahmut Emre Yıldırım², Mahmut Gümüş¹

¹Department of Science, Istanbul Medeniyet University, Medical Oncology Clinic; ²Istanbul Kartal Lutfi Kırdar Education and Research Hospital, Medical Oncology Clinic; ³Tokat Gaziosmanpaşa University: Health Research and Practice Center, Medical Oncology Clinic; ⁴Okmeydanı Education and Research Hospital, Medical Oncology Clinic, Turkey

ABSTRACT

Ovarian cancer is the second most common gynecologic cancer. Furthermore, it is associated with the highest mortality of gynecologic cancers in the western world. According to the results, every year, 230 000 new ovarian cancer patients will be diagnosed, and 150 000 of those are likely to die. Due to the lack of warning symptoms and the absence of screening recommendations, approximately 70% of cases diagnosed with advanced disease.

Keywords: Ovarian cancer; Gynecologic cancers; Tumor

INTRODUCTION

Invasive ovarian cancers evaluated into three main types; epithelial ovarian cancers, sex-cord stromal tumors, and germ cell tumors. Epithelial ovarian cancers are the most common types and associated with aggressive behavior and a high relapse rate. Epithelial ovarian cancer is a heterogeneous disease with four major histologic subtypes as the serous, endometrioid, mucinous, and clear cell. High-grade serous ovarian cancer (HGSOC) is the most common (70%) and aggressive subtype of all disease [1]. At early-stage disease, patients have a five-year survival rate of 92%, although this rate decreases to 29% at advanced stage disease [2]. Also, approximately 75% of patients diagnosed at an advanced stage.

Embryonic left–right asymmetry causes different responses to external influences. At malignancies asymmetry is best described is colon cancer. Many studies reported clinical, pathological and in the molecular biological pattern differences between right-sided colon carcinomas (RCC) and left-sided colon carcinomas (LCC) [3]. The differing molecular characteristics translate into a differential clinical outcome with RCC displaying a poor prognosis [4]. Literature suggests that site of the primary tumor within the colon have prognostic and treatment implications. However some studies investigated the laterality of cutaneous melanoma and the excess of left-sided tumours seemed to appear to statistically significantly more than right sided tumors. Reason of this could be differences in sun exposure and/or asymmetry

of melanocyte distribution or characteristics arising at the time of embryological development [5].

This article determines an overview of ovarian cancer and the prognostic role of its sidedness. Recent studies showed us lymph nodes are asymmetrical in the right and left axis of human; although fewer lymph nodes on the left side, they are more hypertrophic [6]. This study aims to evaluate the effect of lateralization of tumor side on Disease-Free Survival (DFS) and overall survival (OS) rates.

MATERIALS AND METHODS

Study population

The database of the Medical Oncology Department of two high-volume hospitals was used to identify all patients diagnosed with ovarian cancer. All patients in this study underwent curative resection for ovarian cancer [7]. The histopathological staging was confirmed postoperatively by a consulting pathologist, according to The International Federation of Obstetrics and Gynecology (FIGO) staging system. Patients' data were collected from medical records and clinical follow-up visits. Demographic characteristics of patients included age at diagnosis, body mass index (BMI), marital status, number of births, educational status, menopause status, and occupation.

After analyzing the medical records, 160 patients were chosen according to the following inclusion criteria: [8] Patients with

Correspondence to: Seval Ay, Department of Science, Istanbul Medeniyet University, Medical Oncology Clinic, Turkey, Tel: +905064832979; E-mail: drsevalay@gmail.com

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ovarian cancer originated from one side clearly; left or right diagnosed as epithelia, high grade serous ovarian cancer, [3] staged by International Federation of Gynecology and Obstetrics (FIGO) as stage 1 to 3 who underwent total hysterectomy, salpingo-oophorectomy, pelvic and para-aortic lymphadenectomy, omentectomy, and resected any suspicious or enlarged disease.

Patients meet the following criteria were excluded: [1] cancer that originated from both sides or unclear [2,3] patients at age under 18 who had more than one solid tumor history [4] staged as stage 4 disease according to FIGO.

Parameters were evaluated as categories when through analysis, and these categories' relationships with DFS and OS were examined. DFS was calculated from the date of ovarian cancer resection to the time of proven recurrence. OS was calculated from the date of ovarian cancer resection until the time of death from any cause or the last follow up time.

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards; was approved by the Ethics Committee of The Institutional Review Board of Istanbul Medeniyet University Hospital local Ethics Committee (IRB No. 2020/0066).

Adjuvant chemotherapy and follow up

The adjuvant treatment regimen contained carboplatin (AUC 5) and paclitaxel (175 mg/m²) on day 1. This cycle was repeated every three weeks. The planned treatment duration, according to our standard institutional protocol was 6 cycles. Most patients were followed according to our institutional protocol, which consisted mainly of physical examination, measurement of the serum tumor marker [cancer antigen 125 (CA 125)], and computed tomography.

For the remaining patients, information regarding clinical outcome and survival was obtained by telephone interviews with the patients or their relatives. Tumor recurrence was detected by physical examination, serum CA 125 assay, and chest, abdominal, and pelvic imaging every 3-6 months for two years, and then every six months for the following three years [9]. After five years, patients had annual follow-up examinations unless they have an emerging complaint. The cutoff date for our analysis was July 20, 2019.

Statistical methods

The demographic and clinicopathological features of the study population were stratified according to primary ovarian tumor side. Categorical variables were expressed as count and percentage, and the differences were tested using the Chi-square test or Fisher's exact test when appropriate. DFS was calculated from the date of ovarian cancer resection to the time of proven recurrence or death. OS was calculated from the date of ovarian cancer resection until the time of death from any cause or of the latest follow-up. Three-year DFS and OS were estimated using the Kaplan-Meier method. The effect difference between factors

was determined by the Log-rank test. Age, BMI, number of birth, and FIGO staging was assessed as a prognostic factor for OS and DFS in Cox regression analysis. The reported p-values were two-sided, and p-values <0.05 were considered statistically significant. All data were analyzed using SPSS statistical software Version 17.0 (SPSS Inc, Chicago, IL, USA).

RESULTS

Patient characteristics

We analyzed the medical records of 160 patients HGSOE. The median age was 56 years (26-84); the median age of menarche was 13 (12-16); the median number of births was 3 (0-11). Right-sided ovarian cancer was present in 53.8% (86/160) of the included patients. The clinical and pathologic characteristics of the right-sided and left-sided ovarian cancer patients are summarized. According to patients characteristics; at right sided group 74.4% and 67.6% left sided groups BMI were ≥ 25 . In addition 66.3% of right sided tumor patients and 75.4% of left sided tumor patients were married; 69.8% of right sided tumor patients and 60.8% of left sided tumor patients were postmenopausal. There was no statistical significance in the distribution of these characteristic features. The patients were homogeneously distributed.

A higher percentage of patients with right-sided cancers had FIGO stage 3 compared with left-sided cancer patients (59.3% vs. 28.4%, $p < 0.001$). The percentages of the lymph node involvement in right-sided and left-sided ovarian cancer patients showed significant difference (27.9% vs. 9.5%; $p = 0.003$).

Adjuvant chemotherapy

Among the 160 patients, 147 patients received adjuvant chemotherapy. In right-sided ovarian cancers, 79 (91.9%) patients received adjuvant chemotherapy, and in the left-sided ovarian cancers, 68 (91.9%) patients received adjuvant chemotherapy. There was no significant difference in treatment regimens between right- and left-sided ovarian cancers. Adjuvant chemotherapy is listed.

Survival analysis by tumor location

The Kaplan-Meier survival curves demonstrated a significant difference in the 5-year DFS rates between right and left-sided cancers for all stages (44.6% vs. 78.5%, $p < 0.001$). Also, there was a significant difference in the 5-year OS rates between the two groups (71.1% vs. 91.9%, $p = 0.020$).

Details of recurrence

Postoperative recurrence occurred in 56 patients, 41 of whom had right-sided ovarian cancer, and 15 of whom had left-sided ovarian cancer (47.7% vs. 20.3%, $p < 0.001$).

Multivariate analysis

Several variables were significant predictors of outcomes in the multivariate survival models. According to multivariate analyses,

the FIGO staging of patients makes a significant difference in DFS and OS.

DISCUSSION

In the present study, we enrolled 160 patients with HGSOV ovarian carcinoma, and we divided into two groups originating from the right or left ovary. It was significant that right-sided ovarian cancers are worse disease-free survival and overall survival in five years than left-sided ovarian cancers. Numbers of right and left-sided ovarian tumors were homogenous and chosen from two centers consecutively.

Increased survival rate at left-sided ovarian cancers than right-sided ovarian cancers was studied before by Roychoudhuri et al [10]. This study contains not only ovarian cancer lateralization also compares five major paired organs of the body. They investigated five-year survival rates, and left-sided ovarian cancer results were significantly higher than the right-sided disease, but the difference was not significant. In this study, both ovarian epithelial and germ-cell cancers were included, and the excess of right-sided ovarian germ-cell cancers was evident in most age-groups; this could have masked the significance. In addition stage 4 disease was included to patient population. In our study all patients are chosen from HGSOV and we excluded metastatic disease.

Except for ovarian cancers, the presence of metastases in the contralateral organ at first diagnosis is infrequent. Reason for late presentation ovarian cancers occurs after metastasis to the contralateral ovary; both ovaries are mostly involved during the presentation. This hypothesis thought to be the reason for obscuring the original primary laterality.

Right-sided lateralization of ovarian cancers was consistent with a study performed by [11]. This trial included 221 women diagnosed with ovarian cancer; 130 on the right side and 91 on the left side who went under systematic pelvic laparotomy lymphadenectomy. The numbers of lymph nodes were significantly higher on the right side than the ones on the left side. The reason for this could be from partial functional immune asymmetry. Our study's findings, which are consistent with those data of the literature, show that there is an asymmetry of ovarian cancer behaviors that are more aggressive on the right side.

Asymmetry of delayed-type hypersensitivity reaction was reviewed in the left and right paws of mice by Gontova et al. The immune reaction was more manifested in the left paw rather than the right paw of all mice and concluded that it is determined by the functional asymmetry of regional lymph nodes. This result is verified by Erdem [12]. The tuberculin skin test is applied both left and right forearms of participants previously sensitized by the BCG vaccine. The reaction was greater on the left side of the body. The stronger cell-mediated immune activity on the left side may be associated with the blocking of the metastatic invasion of cancer cells and better disease-free survival and overall survival rates at left-sided ovarian cancer. This theory could explain better survival results of left ovarian cancers than right ovarian cancers and consistent with our findings.

David H. Brewster et al. (2007) and The Surveillance, Epidemiology, and End Results (SEER) Program at 2005 [8] have observed left-sided cutaneous melanomas are more often in several different populations. One of the theories to explain laterisation was; excess of left-sided tumors might arise from differential migration of melanocytes from the neural crest in the embryo. Asymmetric immune reactions are mentioned above this article. Melanoma reaction could be more powerful to exposure of sunlight at left side and end up on excess of left sided melanomas [7,8].

There is strong evidence that that tumor subsite location differences at colon cancers are associated with prognosis and treatment implications and an independent risk factor for mortality. Wray et al. analyzed 87,586 cases; 48% had tumors located in the proximal colon, whereas 10% had transverse colon cancer, 42% rectosigmoid colon. In this study, left-sided colon cancers were observed to have lower tumor grade and independently decreased mortality compared with right-sided tumors. This data was verified by Benedix et al. at 2011; 53% had RCC, and 47% had LCC followed for five years. Tumors of the RCC displayed more aggressive tumor growth patterns than LCC. This trial showed that colonic subsite provides additional prognostic information. In our study, we demonstrated the prognostic importance of tumor localization of ovarian cancers the same as colon cancer survival dataset. Similar to colon cancer our study showed us ovarian cancers should be evaluated differently from which side tumor arises. DFS in five years was significantly longer at left-sided ovarian cancers, and additionally, overall survival was shorter at right-sided ovarian cancers.

In the cancer of testicles which are embryogenic equivalents of ovaries, had same asymmetry. Stone found 54% of testicular tumors overall were right-sided. Seminomas, yolk sac tumors and teratomas were more right-sided malignancies than average ($p=0.02$). They explained reason of this asymmetry might be left testis usually hangs lower than right testis, thus more susceptible to trauma. [12] Found that testicular cancers were more often in the right side when compared with the left side. In addition left sided testis cancer had better OS than right sided tumor statistical significantly ($p<0.05$). Lateralization that is noted at testicular cancers is similar to our findings of ovarian cancer. We found DFS and OS were significantly shorter at right-sided ovarian cancers. Embryogenic cell distributions or molecular feature could cause this asymmetry. Either immunity at left side might be stronger than right side that blocks carcinogenesis.

Our study has several limitations; patients were collected from two hospitals, and surgical operations were performed by different surgeons. But operations were optimal, and no residual disease was seen. The number of one-sided onset ovarian cancer was less than we expected. Reason of this is the primary tumor could be difficult to define as right or left ovary in the first diagnosis due to the metastasis to the opposite ovary. Despite the limited number of ovarian cancer in our study, it was statistically significant that lateralization seems to be important in disease-free survival and overall survival rates in five years.

CONCLUSION

In summary, tumor location within the ovarian cancer is a prognostic factor for stage-3 HGSOc. This situation raises this questions: 'Should we perform more aggressive surgical approaches at right-sided HGSOc?' and/or 'Right sided HGSOc needed more often follow up and prolonged treatments?'. This finding could be useful for stratifying patients to determine treatment strategies at diagnosis if supported by further prospective studies.

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