

Revolutionary treatment of adult acne, trespassing the conventional method

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Abstract

Adult acne is a common presenting case in aesthetic clinic practice. Prescription medicine such as isotretinoin, antibiotics, oral contraceptives, topical alpha hydroxy acid, benzoyl peroxide and vitamin A derivatives; conventional treatments such as chemical peels works undoubtedly. However due to the side effects, predominantly dryness, downtime and long treatment duration has been a long existing barrier against treatment compliance in the fast modern society. Combination treatments with injectable hyaluronic acid and Picosecond laser have shown to improve treatment comfort, compliance, shorten treatment duration and thus reducing the risk of recurrence and the ability to treat acne scar at the same time increases patient confidence & satisfaction. Aim: To study the effectiveness of treatment of adult acne by incorporating the combination method using injectable sub dermal and intradermal hyaluronic acid and picosecond laser. Materials and Methods: these treatment combination with injectable hyaluronic acid and picosecond laser at specific settings were offered to adult men & women diagnosed with adult acne majority with history of oral isotretinoin treatment intolerance, patients with sensitive and acneic skin and patients who are not keen on oral medication seeking alternative modern treatments with less discomfort and shorter treatment duration. All results were evaluated by photographic evidence.

Biography

Tan Huey Shin is an Aesthetic & Anti Aging Doctor at her private practice in Penang, Malaysia. After she was graduating from her basic medical degree. She completed her internship and compulsory service in Malaysian government hospitals before pursuing her passion in Aesthetic Medicine at major aesthetic chain clinic. She obtained double Post Graduate Aesthetics Diplomas and is the youngest doctor in her state to receive accreditation as an LCP credentialed Aesthetic Physician by the Malaysia Ministry of Health.

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