

Primary Amenorrhoea due to Ovarian Agenesis - A Previously Undescribed Chromosome 12 Abnormality

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Abstract

This case describes for the first time a de novo chromosomal abnormality (46, XX, inv dup del(12)(qter-p13.3::p13.3-p12.3):dn.ish inv dup del(12)(TEL-ETV6++) which produced the phenotype of a female with primary ovarian failure and subsequent osteopenia in early adult life. This warranted treatment with oestrogen replacement therapy and close supportive monitoring.

Keywords: Primary amenorrhoea; Ovarian dysgenesis; Pubertal induction; Genetic mutation; Chromosome 12 abnormality

Case Description

A 21 year old female with learning difficulties was referred to the endocrine department via the rheumatologists for a discussion regarding osteoporosis and hormone replacement therapy. She had two DEXA bone scans which showed that she had worsening osteopenia of the hip (BMD -1.5) and spine (BMD -2.4) and this was thought to be due to primary oestrogen deficiency as the patient had never had a menstrual period and had not undergone puberty. The rheumatologists decided that bisphosphonates alone would be insufficient for bone protection, especially as this not usually used as first line therapy in the pre-menopausal age group. However, her parents were reluctant to commit her to hormone replacement therapy as they felt that induction of puberty could destabilise her behaviour. Her learning difficulties consisted of mild but noticeable psychomotor retardation.

On examination, she had some dysmorphic features, was 1.72m in height, weight 75kg with a BMI of 25 with axillary and pubic hair stage 2 to 3, but only breast buds present. She had a pelvic ultrasound which failed to identify any ovaries. The underlying explanation for her primary amenorrhoea was not clear. She had previously been diagnosed by the paediatricians (who had been seeing her over several years because of her learning difficulties) with ovarian dysgenesis in light of low oestrone and raised LH levels in her urine. When she was two years of age she had been admitted to Great Ormond Street Hospital in London for assessment of developmental delay and had a baseline karyotype performed. This demonstrated extra material on the short arm of chromosome 12, unfortunately this was never further characterised because of the patient's violent refusal to have blood tests on repeated occasions.

We obtained blood tests for up to date endocrine and genetic evaluation. Endocrinologically, these demonstrated a pattern of primary hypogonadism and the chromosomal analysis detected monosomy for the chromosome 12 short arm subtelomere region. This indicates that the abnormality is likely to be an inverted duplication of part of the short arm of chromosome 12, with an associated terminal region, (46, XX, inv dup del(12)(qter-p13.3::p13.3-p12.3):dn.ish inv dup del(12)(TEL-ETV6++). Both parents had normal karyotypes. These abnormalities would be consisted with her dysmorphism, developmental delay and ovarian agenesis.

We reviewed the medical literature on rearrangements involving the short arm of chromosome 12 [1,2,3,4]. There has been no long term follow up of any of the children with similar rearrangements

previously reported and there do not appear to have been any girls with comparable chromosome rearrangements reported in the medical literature over the age of 10 [5,6]. Chromosome 12 has been detected to hold genes regarding the ovary's function [7]. There are several manuscript reports of ovarian tumours which have been contributed to by chromosome 12 aneuploidies such as thecoma and dysgerminoma [8,9] but not of complete agenesis as in this patient.

Given this information, the parents decided that pubertal induction using small incremental doses of unopposed oestrogen followed by a no-bleed HRT preparation for long term maintenance would be the best option for their daughter [10]. On the latest evaluation, after 1 year, she is doing well.

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