



## Prevalence of Integrative/Alternative Medication use Among Primary Care Patients

**Amanda Santa Maria MD**

*University of Texas Southwestern Medical Center*

### ABSTRACT:

**Context:** Integrative medicine provides a patient-centered approach to improving and enhancing the therapeutic methods of treating primary care problems. Often, many patients are utilizing such alternative methods due to their own cultural beliefs and backgrounds.

**Objective:** This study is to determine the prevalence of integrative/alternative medicine amongst our primary care patients and whether any associations are present between specific regions or cultures as well as educational level.

**Conclusions:** This study is in progress. The knowledge gained from the study will be used to educate physicians to support culturally-informed patient care. We will also use the information from this study to devise patient education materials and develop integrative therapeutic plans.



### Biography:

Amanda Santa Maria has completed her MD at the age of 27 years from St. George's University and is currently completing her final year of Family Medicine Residency at University of Texas Southwestern where she will be graduating with a distinction in both Global Health and Complementary and Alternative Medicine.

### Publications:

1. Liver diseases in pregnancy: trends and their consequence in mother and child.
2. Assessment of liver fibrosis with transient elastography in NAFLD patients.
3. Efficacy of pegylated interferon-alpha-2a in hepatitis D infected patients. Experience from the Tertiary Care Hospital in Karachi.
4. Epidemiological and Clinical Characteristics of Esophageal Carcinoma: A Four-Year Experience From Largest Referral Centre of Karachi, Pakistan: 2863.
5. Behaviour in Pakistan of some local wheat varieties to loose smut.

[16th International Conference on Digestive Disorders and Gastroenterology, Bangkok, Thailand, June 08-09, 2020.](#)

**Abstract Citation :** [Amanda Santa Maria MD Prevalence of Integrative/Alternative Medication use Among Primary Care Patients, GI DISEASES 2020, Bangkok, Thailand, June 08-09, 2020.](#)