

Pharmacological Inhibition of cAMP Signaling is an Attractive Therapeutic Strategy for Management of Chronic Inflammatory and Autoimmune Diseases

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ABSTRACT

Systemic Lupus Erythematosus (SLE) evolves into progressive and chronic inflammation of multiple joints and organs. No specific treatment exists for SLE which presents a diverse clinical polymorphism with unclear pathogenicity. Women at their pre-menopausal age are the most affected and early studies have reported the implication of estrogen in T cell abnormalities. Alteration of cAMP signaling in immune cells and target organs is emerging as cellular mechanism governing SLE disease progression. We recently reported that activity and expressions of PDE4, the major cAMP hydrolyzing enzyme were deregulated in kidney of lupus prone mice. Therefore, PDE4 inhibitors may exert anti-inflammatory effects on several immunocompetent cells including T and B lymphocytes, and macrophages. Several PDE4 inhibitors achieved good therapeutic values as potent anti-inflammatory compounds for the treatment of chronic inflammatory diseases including Crohn's disease, autoimmune disease (lupus), COPD, and neurodegenerative diseases. This review will discuss the mechanism of NCS 613, a new cAMP elevating agent in preventing systemic chronic inflammation in SLE. This PDE4 inhibitor is believed to reduce abnormal systemic inflammation orchestrated by overreactive T cells that stimulate autoantibodies production by autoreactive B cells and proinflammatory mediators release by macrophages. Ultimately, NCS 613 improve survival and overcome nephritis in mice and prevent inflammatory cytokines release in human stimulated leucocytes. PDE4 inhibition is a promising therapeutic target to tackle chronic inflammatory disease of different pathogenicity.

Keywords: cAMP signaling; PDE4 inhibitors; Chronic inflammation; Lupus nephritis

ABBREVIATIONS

AC: Adenyl-Cyclase; AKAP: A-Kinase Anchoring Protein; AMP: 5' Adenosine Monophosphate; CREB: cAMP Response Element Binding Protein; cAMP: 3',5'-Cyclic Adenosine Monophosphate; cGMP: 3',5'-Cyclic Guanosine Monophosphate; COPD: Chronic Obstructive Pulmonary Disease; COX: cyclooxygenase; PDE: Cyclic Nucleotide Phosphodiesterase; PBMCs: Human Peripheral Blood Mononuclear Cells; ERK: Extracellular Signal-Regulated Kinase; HARBS: High Affinity Rolipram Binding Site; IP3: Inositol Triphosphate; IL: Interleukin; MIP: Macrophage Inflammatory Protein; LPS: Lipopolysaccharide; NF- κ B: Nuclear Factor Kappa B; NFAT: Nuclear Factor of Activated T Cells; TNF- α : Tumor Necrosis Factor Alpha; SLE: Systemic Lupus Erythematosus
Keywords: Vaccine; Alum; MPL; Adjuvant; Staphylococcus aureus; Sepsis

INTRODUCTION

Systemic Lupus Erythematosus (SLE) is a polymorphic and

heterogenic autoimmune disease that leads to progressive and chronic inflammation of multiple joints and organs. Generated autoantibodies target several nuclear compartments including spliceosomes, DNA, and phospholipids [1]. Women at their pre-menopausal age are the most affected. SLE is a complex disease with broad spectrum of clinical manifestations; however its pathogenicity remains fairly understood [2]. Early studies have incriminated the role of estrogen in SLE pathogenicity based on the high prevalence in women, particularly those of African descents. It has been reported that estrogen act on their receptors to increase the activation of T cells from women with SLE. This amplifies the interactions between T and B lymphocytes, then the activation of B cells to produce autoantibodies [3]. T cells also stimulate macrophages to release variety of inflammatory mediators. Glomerulonephritis, polyarthritis, neuropsychiatric disorders, and dermatitis are the most frequent clinical complications of SLE. Most patients develop glomerulonephritis and renal complications due to the deposition of immune complexes in the nephron [4].

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PDE4 are predominantly found in the brain, inflammatory and immune cells, cardiovascular tissues, and smooth muscles [23,24]. They are insensitive to cGMP and specifically inhibited by Rolipram which was designed as an antidepressant. PDE4 specifically hydrolyze cAMP with a $K_m=2-4 \mu M$, they are distinguished in their structures by a region called upstream conserved region (UCR) located in the N-terminal part. Long isoforms have UCR1 and UCR2 whereas short isoforms have only UCR2 [16]. Super-short isoforms have only part of UCR2 (truncated form). The short-term regulation of PDE4 takes place by phosphorylation of PKA at UCR1 which increases the catalytic activity of PDE4. In the case of prolonged increase in cAMP levels in response to a stimulus, PKA-dependent phosphorylation allows a feedback mechanism [25]. Phosphorylation by PKA can lead to the dimerization of long isoforms of PDE4 and to their activations. Phosphorylation of PDE4 by ERK2 in the C terminal region activates short forms (PDE4D) and inhibits long forms. Prolonged accumulation of cAMP may induce long-term regulation of PDE4 relative to induction of new proteins by de novo synthesis dependent on phosphorylation of CREB by PKA [16]. Sumoylation is a post-translational modification resulting in the covalent binding of one or more SUMO proteins (for Small Ubiquitin-like MOdifier) to a lysine acceptor of a target protein. It was shown that the sumoylation of long isoforms of PDE4 (4A and 4B) increases their activation by phosphorylation of PKA and promotes the repression of their inhibitions by phosphorylation by ERK [26].

REGULATION OF cAMP SIGNALING BY PDE4 ISOZYMES IN IMMUNE CELLS

Chronic inflammatory diseases remain a public health concerns including inflammatory bowel (Crohn's disease), autoimmune (lupus), recurrent pulmonary (asthma and COPD), and neurodegenerative diseases (Alzheimer's, multiple sclerosis, schizophrenia). The most PDE4 isoforms expressed in leukocytes are PDE4B2 (short isoform) and PDE4D3 and D5 (long isoforms). Long PDE4D isoforms predominate in monocytes, whereas short PDE4B isoforms predominate in macrophages [26]. In mice deficient in PDE4B, stimulation of immune cells by lipopolysaccharide (LPS) revealed that this isoform plays an essential role in TNF- α production by peripheral leukocytes [27].

cAMP is the most second messenger extensively studied in T lymphocyte proliferation, differentiation and activation. It has been reported that recruitment of PDE4 to lipid rafts can overcome cAMP-mediated inhibition of T cell activation which is important in sustaining T cell immune responses [28]. PKA in T cells targets transcription factors such as cAMP response CREB, nuclear factor of activated T cells (NFAT), and nuclear factor κB (NF- κB) to reducing the production of pro-inflammatory cytokines (IFN- γ , TNF- α , and IL-1 β), T cell proliferation and T cell activation [12,28,29]. cAMP elevating agents further drive the development of T regs to maintain immunological homeostasis by suppressing the innate immune responses [30]. It is accepted that elevated cAMP levels attenuate the T lymphocyte mediated immune response; thereby PDE4 inhibitors are attracting immunomodulators. Phosphodiesterase type 4 in neutrophils involved in the production of IL-8, leukotriene B4, and superoxide anions facilitating degranulation and chemotaxis of neutrophils [31]. PDE4 induce the expression of the neutrophil $\beta 2$ -integrin (Mac-1) allowing adhesion of neutrophils to vascular wall endothelium [32]. cAMP plays a key role in the regulation of activated macrophage inflammatory responses. In dendritic cells, cAMP has been shown to suppress

the release of pro-inflammatory mediators (TNF- α , IL-17, IFN- γ) while promoting anti-inflammatory IL-10 release. Functionally, elevated cAMP levels in dendritic cells induce Th2 immunity [33]. Elevation of intracellular cAMP enhances IgE production by B cells and favor Th2 immune response. The role of cAMP signaling in regulation of innate and adaptive immunity was described in detail in previous review papers [34,35]. Pharmacological manipulation of cAMP levels through either PDE4 inhibition or cAMP-agonist administration have been widely shown to dramatically reduce inflammatory response and phagocytic function of macrophages and other innate immune cells [36].

PDE4 INHIBITORS ARE ATTRACTING DRUGS FOR CHRONIC INFLAMMATORY DISEASES

Suppressing the functions of inflammatory cells remains an interesting therapeutic strategy to globally control inflammation in systemic autoimmune diseases. Elevated intracellular cAMP in inflammatory cells bears the therapeutic benefits of suppressing the expression of pro-inflammatory cytokines (TNF- α and IL-1), chemokines (MIP-1 α and MIP-1 β), and the pro-inflammatory lipid mediator (leukotriene B4) [29]. Interestingly, cAMP enhances the production of the anti-inflammatory cytokine IL-10 in PBMCs. The development of PDE4 inhibitors are opening new avenues for the management of chronic inflammatory diseases. Theophylline, which is a non-selective PDE inhibitor has been on the market for a very long time (before the discovery of PDEs) for the treatment of asthma and rolipram for the treatment of cognitive impairment. Although PDE4 inhibitors have shown strong anti-inflammatory effects, their therapeutic benefits are hampered by side emetic effects related to their binding to the "high-affinity rolipram binding site" (HARBS) [36]. Interestingly promising PDE4 inhibitors are emerging for the treatment of variety of chronic inflammatory diseases and their emetic effects are addressed alongside with drug development.

The structure-activity approach allowed the synthesis of several new generation PDE4 inhibitors with fewer emetic side effects. Roflumilast is used in the clinic as an add-on therapy to bronchodilator treatment for the severe chronic obstructive pulmonary disease [37]. Cilomilast was also developed for the treatment of chronic obstructive pulmonary disease and asthma. Other PDE4 inhibitors are currently being developed for autoimmune diseases such as rheumatoid arthritis, allergic skin diseases, and psoriasis. Among them, Apremilast was recently approved for the treatment for psoriatic arthritis [38]. It may also be useful for other immune system related inflammatory diseases. Ibudilast was developed as neuroprotective and bronchodilator drug and used mainly in the treatment of asthma and stroke [39]. While Ibudilast inhibits PDE4 to the greatest extent, significant inhibitory effects have been found with other PDE subtypes depending on the dose. Ibudilast has also demonstrated the potential therapeutic value for oral treatment of other forms of multiple sclerosis (MS) and other neurodegenerative disorders [40]. Piclamilast is a second generation selective PDE4 inhibitor which exhibits structural functionalities of cilomilast and roflumilast [41]. Piclamilast is designed for the treatment of conditions such as chronic obstructive pulmonary disease, bronchopulmonary dysplasia, and asthma. Most of these therapeutic agents rely on decreasing the activities of PDE4 to reduce the inflammatory responses in multiple cell types from many disease conditions [42].

Other new PDE4 inhibitors are under preclinical development

to tackle severe chronic inflammation. For example, Arofylline (LAS31025), a selective PDE4 inhibitor with anti-inflammatory activity was evaluated in atopic dermatitis [43]. Our group has intensively investigated the effects of NCS 613, a selective PDE4 inhibitor on chronic inflammatory conditions [11,17,44]. Finally, PDE4 inhibitors are gaining more attention in field immunoinflammation and neurologic disorders [45]. For the ability to increase the memory capacity, these inhibitors are becoming attractive therapeutics for Alzheimer's disease.

MECHANISM OF ACTION OF NCS 613 IN LUPUS NEPHRITIS

Currently, SLE is managed by symptomatic treatment, such as corticoids, as well as antibodies and peptides targeting T and B cells, anti-TNF α and anti-interleukin-10 antibodies [46]. No specific treatment for SLE including low molecular weight drug exists. Emerging research from our lab aimed at investigating the evolution of PDE4 activity and expressions in MRL/lpr lupus-prone mice which develop lupus nephritis with similar symptoms like in human [11-13]. We reported that disease progression in mice is associated with significant changes in kidney PDE4 activity and reduced intracellular cAMP levels. Kidney PDE4 activity was the major cAMP hydrolyzing enzymes and PDE4B remained increase during disease course [11]. Consistent with earlier observations that cAMP-PDE inhibitors improve sodium excretion in rats with cirrhosis [47], NCS 613 beneficially impacted proteinuria, the hallmark of lupus and overcame disease progression in MRL/lpr mice. NCS 613 did not stimulate the gastric acid secretion suggesting that this compound may produce fewer gastrointestinal side effects. When PBMCs from MRL/lpr were stimulated, NCS 613 inhibited

basal and LPS-induced TNF- α secretion. Studies carried on human PBMCs revealed the upregulation of PDE4B and PDE4C upon LPS stimulation which were reduced by NCS 613 treatment. In PBMCs from both healthy donors and SLE patients, NCS 613 targets PDE4 and indirectly p38 MAPK and NF- κ B, leading to reduction of proinflammatory cytokine release [12,17]. Consequently, NCS 613 abolished LPS-induced inflammation in PBMCs by reducing IL-6, IL-8, and TNF- α cytokines. It is understandable that the novel PDE4 inhibitor might also reduce T and B lymphocytes activities. In 80% of SLE patients, CD3 ζ molecule is replaced by a Fc γ receptor which is normally associated with the syk kinase. Absent in the abnormal T lymphocyte, syk increases the concentration of intracellular calcium by 100 times [48,49]. The increased activity of CD3 ζ -hydrolyzing caspase-3 strongly contributes to impaired TCR/CD3 signal transduction [50]. Abnormal calcium handling leads to T cells overactivity. Overactive T lymphocytes in turn activate autoreactive B cells to produce autoantibodies and macrophages to secrete a high amount of TNF- α . In this regard, NCS 613 have a potential to overcome abnormal immune activation (Figure 2). Administration of NCS 613 significantly reduced systemic inflammation and autoantibodies deposition in the kidney [11]. This cAMP elevating agent was able to restore to the normal level the altered PDE4 expressions. Evidence was provided that increasing intracellular cAMP in immune cells has a broad impact on suppressing aberrant proinflammatory signaling. Interestingly, treatment with PDE4 inhibitor such as NCS 613 provides therapeutic strategies to block TNF- α and B cells as previously targeted with TNF- α receptor agonist and rituximab respectively. Worthwhile, NCS 613 may also promote T regulatory cell proliferation while blocking T cell overactivity.

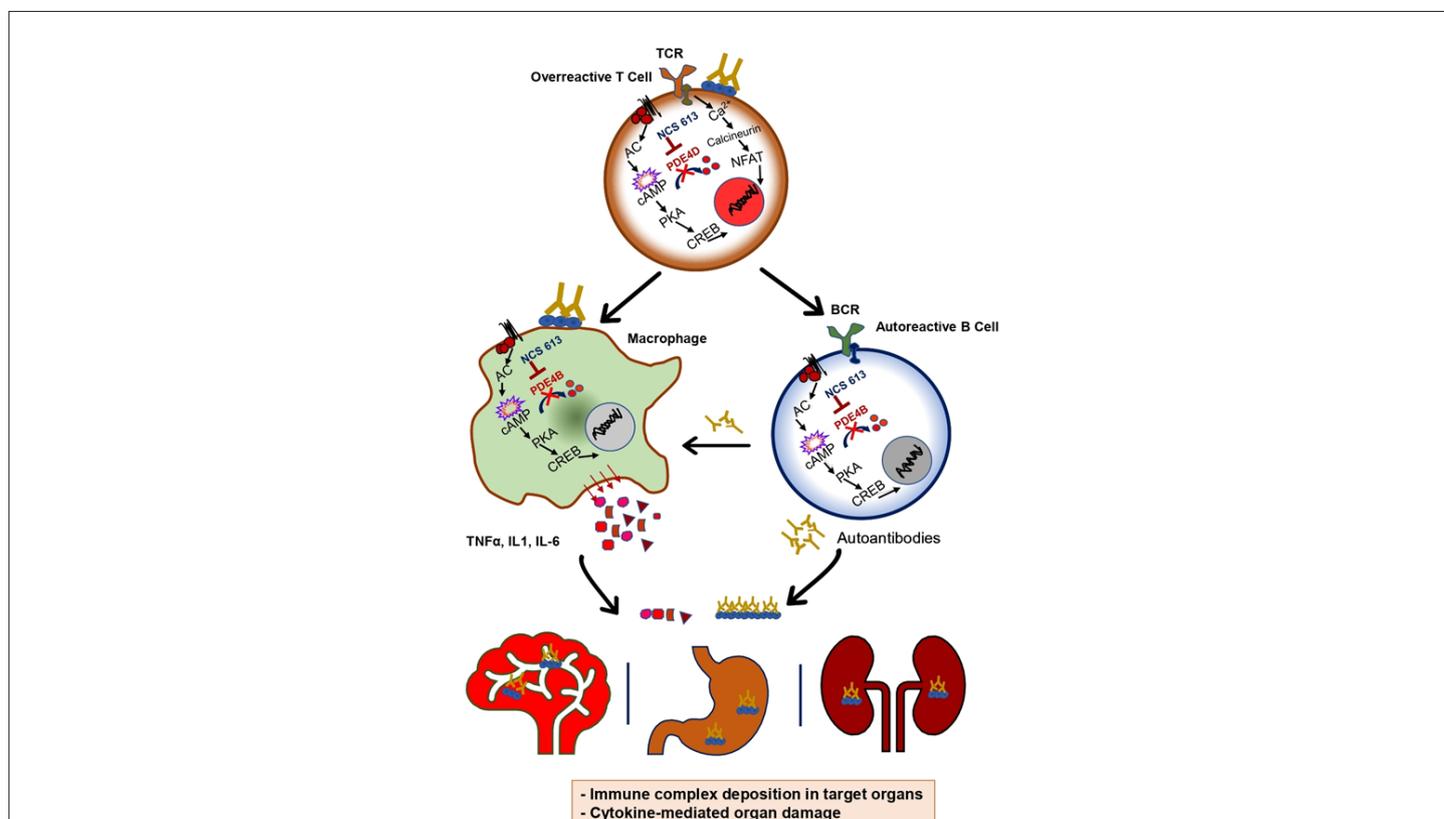


Figure 2: Immune modulation by NCS 613 in SLE. T cells are stimulated by immune complexes that significantly increase their intracellular calcium concentrations. Unbalanced intracellular calcium promote T cell overactivity. Overactive T lymphocytes in turn activate autoreactive B cells to produce autoantibodies and macrophages to secrete a high amount of proinflammatory mediators. Immune complexes deposition in target organs and proinflammatory mediators' cause target organ damage. NCS 613 induces cAMP/PKA-mediated inhibition of T cell activation, autoantibody reduction, and anti-inflammatory responses. PDE4 inhibitor such as NCS 613 provides therapeutic strategies to manage anti-TNF α secretion and anti-B cell activities.

CONCLUSION

PDE4 pharmacology research is gaining more interest and selective PDE4 inhibitors are emerging as potent anti-inflammatory drugs. A broad range of diseases are in scope of treatment with PDE4 inhibitors to mitigate chronic inflammation including Crohn's disease, autoimmune diseases (lupus), COPD, and neurodegenerative diseases. Regarding autoimmunity, PDE4 plays a key role in immune cells involved in disease pathogenesis. Body of evidences suggests that immune complex deposition and macrophage infiltration into a target organ may be the root cause of kidney failure in SLE. The pharmacological inhibition of PDE4 activity can impact T cell overactivation and in turn reduce auto-reactive B cell activity and macrophage migration. Inhibition of systemic inflammation by NCS 613 in preclinical study has proven to improve proteinuria and overcome disease progression in lupus prone mice. Future research should focus on understanding the role PDE4 in T cell overactivation, autoantibody secretion by B cell, and macrophagic infiltration into kidney. Understanding the functional outcome of the pharmacological inhibition of PDE4 in autoimmunity may lead to the development of novel treatments for chronic inflammation. It is, therefore, imperative that the mechanisms that promote anti-inflammatory responses by cAMP elevating agents are delineated from those that promote emetic side effects.

COMPETING INTERESTS

The author declares no conflict of interest.

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