

# Persistent Effects of Subchronic Stress on Components of Ubiquitin-Proteasome System in the Heart

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## ABSTRACT

We have previously described that rats submitted to foot shock stress present cardiac  $\beta_2$ -ARs up-regulation and alterations in components of the  $\beta_2$ -AR-Gi signaling pathway related to atrophy. The aim of this work was to investigate the time course of those stress induced alterations in cardiac components of the  $\beta_2$ -AR-Gi signaling pathway related to atrophy. Male rats were submitted to foot shock stress once a day for three consecutive days. Protein expressions were analyzed in the ventricle of rats euthanized immediately, 24 hours or 5 days after the last stress exposure.  $\beta_2$ -ARs were upregulated in the heart of rats sacrificed immediately after stress. However, PI3K, pAkt, and MuRF1 expressions that were lower than control immediately after stress remained lower than control 5 days after stress exposure; atrogin-1 expression was unaltered. It is suggested that MuRF1 and atrogin-1 expressions are independently regulated from each other and that atrophy might be blunted in the heart of stressed rats. Moreover, some intracellular alterations induced by stress are long lasting and remain even after the end of the stress exposure period.

**Keywords:**  $\beta_2$  adrenoceptor; Stress; atrogin-1; MuRF1; PI3K-Akt signaling; Cardiac remodeling; Atrophy

## INTRODUCTION

The sympathetic nervous system influences cardiac physiology through the action of catecholamines on  $\beta$ -adrenoceptors ( $\beta$ -ARs).  $\beta$ -ARs stimulation promotes intracellular activation through G proteins signaling.  $\beta_1$ AR and  $\beta_2$ AR couple to stimulatory G protein (Gs), which stimulates the synthesis of cyclic adenosine monophosphate (cAMP) and protein kinase A (PKA) signaling pathway [1,4]. Alternatively,  $\beta_2$ ARs couple to inhibitory G protein (Gi), which inhibits adenylyl cyclase activity thus attenuating the synthesis of cAMP [5]. The  $\beta_2$ -AR-Gi signaling pathway has also been linked to cardioprotection for activating cell survival signaling controlled by phosphatidylinositol 3-kinase (PI3K) Akt [5,6]. In skeletal muscle cells, PI3K-Akt activation reduces the rate of overall proteolysis [7,8]. Accordingly, attenuation of muscle atrophy through inhibitory effects on the ubiquitin-proteasome system (UPS) has been reported in rats treated with clenbuterol, a selective  $\beta_2$ -AR agonist [9].

UPS is the main mechanism of protein degradation in eukaryotic cells [10]. This system plays a role in the quality control of short-term proteins that regulate several basic cellular processes, such as

the cell cycle, membrane receptors and ionic channels, and those of the inflammatory signaling pathways [11]. Firstly, identified misfolded proteins are ubiquitinated by a sequence of enzymes known as E-ligases (E1-, E2-, E3-ligase). Polyubiquitinated proteins are then recognized and transferred to a complex of specific enzymes, as atrogin-1 and MuRF1, to be metabolized by the 26S proteasome complex [12]. It has been suggested that atrogin-1 and MuRF1 activity stimulated by FoxO may cause cardiac muscle atrophy [13].

In the model of foot shock stress, cardiac  $\beta_2$ -ARs are up-regulated [14,15] and the isolated atria are super-sensitive to the chronotropic and inotropic effects of non-selective, and to  $\beta_2$ -AR selective, agonists [15]. If stress exposure causes alterations in components of the  $\beta_2$ -AR-Gi signaling pathway related to atrophy is not clear yet. Moreover, it is unknown if the putative alterations induced by stress are limited to the stress exposure period or if those stress effects are long lasting.

The aim of this work was to investigate the time course of the effect of foot shock stress in components of the  $\beta_2$ -AR-Gi signaling

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pathway related to atrophy in the heart.

## MATERIALS AND METHODS

### Animals

Male Wistar rats (*Rattus norvegicus*; 300-350 g, 12 weeks old) were housed in standard cages in a temperature-controlled room (22°C) on a 12/12 h light/dark cycle with the lights on at 7:00 a.m. Laboratory chow for rodents and tap water were available ad libitum. All procedures were in accordance with the ethical standards of the institution and experimental protocols were approved by the Ethic Committee on Animal Use of the Federal University of São Paulo (CEUA/UNIFESP), CEUA 6793060318, in accordance with National Council for Control of Animal Experimentation (CONCEA, Brazil).

### Stress protocol

A Plexiglas chamber (26 cm long × 21 cm wide × 26 cm high) provided with a grid floor consisting of stainless-steel rods (0.3 cm in diameter and spaced 1.0 cm apart) was used to apply the foot shocks. During the 30 min sessions, which occurred once a day for three days, between 8:00 a.m. and 11:00 a.m., the shocks were delivered from a constant current source controlled by a microprocessor-based scrambler produced by the Center for Biomedical Engineering at the State University of Campinas (UNICAMP, Campinas, Sao Paulo, Brazil). Each rat received 120 foot shocks (intensity: 1.0 mA; duration: 1.0 s) at random intervals of 5-25 s. The rats in the control group were placed in a similar Plexiglas chamber during 30 min, once a day for three days, between 8:00 a.m. and 11:00 a.m. However, they did not receive foot shocks. This stress protocol and experimental design were previously used by our research group, as described in [15-19]. None of the treatments caused death, reduction of body weight or any paw lesion.

### Corticosterone concentration

The plasmatic concentration of corticosterone were determined by enzyme immunoassay (ELISA) using a commercial kit (Enzo Life Science Inc®, Ann Arbor, EUA) according to manufacturer's guidelines.

### Western blot analysis

The left ventricles were homogenized using a T-18 Ultra-Turrax homogenizer (Ika Works Inc., Wilmington, NC, USA) containing 1.0 mL of assay buffer (4°C) of the following composition: 1% Triton X-100 (BioRad, Hercules, CA, USA), 10 mmol/L sodium pyrophosphate, 100 mmol/L sodium fluoride, 10 µg/ml Aprotinin (Amresco, Solon, Ohio), 1 mmol/L PMSF, 0.25 mmol/L sodium orthovanadate and 0.1% cocktail inhibitors protease. The samples were centrifuged for 20 min at 11,000 g and the supernatant was collected and assayed for total protein concentration using the Bradford method (Bio Rad Laboratories Inc, Hercules, CA, USA). Samples were stored at -80°C until assay. One hundred micrograms of total protein were separated by Bolt Bis-Tris Plus Gel (ThermoFisher Scientific, MA, USA) and transferred to nitrocellulose membranes using iBlot 2 Dry Blotting System (ThermoFisher Scientific, MA, USA). Membranes were blocked with 4% BSA in TBS buffer containing 0.1% Tween 20, for 1 hour. The following primary antibodies (from Abcam, Cambridge, MA, USA) were incubated at 4°C overnight:  $\beta_2$ AR rabbit polyclonal (ab36956); Gi rabbit monoclonal (ab140125); Gs rabbit polyclonal

(ab83735); phospho Akt rabbit monoclonal (ab81283); total Akt rabbit polyclonal (ab8805); PI3K rabbit monoclonal (ab151549); atrogin-1 rabbit monoclonal (ab168372); and MuRF1 rabbit monoclonal (ab172479). GAPDH rabbit polyclonal (sc25778; Santa Cruz Biotechnology, Dallas, USA) was used as endogenous control of protein expression. The membranes were subsequently rinsed three times (5 min each) in buffer solution and then incubated with the respective HRP-conjugated secondary antibody 1:2000 dilution (Sigma-Aldrich, St. Louis, MO, USA) for 1 h, then rinsed in buffer. Using an enhanced chemiluminescence kit (Super Signal®, West Pico Chemiluminescent Substrate, ThermoFisher Scientific, Rockford, IL, USA), the blots were developed on ChemiDoc XRS+ System (BioRad, Hercules, CA, USA). Densitometric analyses were done using Image J Launcher software.

### Experimental groups and study design

Rats were distributed in four experimental groups as follows: Control (CO, no stress); submitted to stress and euthanized immediately after the last foot shock session (ST), submitted to stress and euthanized 24 hours after the last foot shock session (ST24H), and submitted to stress and euthanized 5 days after the last foot shock session (ST5D). The rats were euthanized by decapitation, their blood was collected and centrifuged, and plasma was collected and stored at 80°C. The left ventricle was also isolated and stored at 80°C.

### STATISTICAL ANALYSIS

The results were expressed as means ± s.e.m. One way Analysis of Variance (ANOVA) followed by the Tukey test was used to compare groups. Differences were considered significant at  $p \leq 0.05$ . Statistical analyses were done using Prism v.8 (GraphPad Software Inc., San Diego, CA).

### RESULTS

The corticosterone plasma level was higher than control in rats euthanized immediately after the last stress session. However, 24 hours and 5 days after the last stress session, corticosterone plasma level had returned to basal levels (Figure 1).

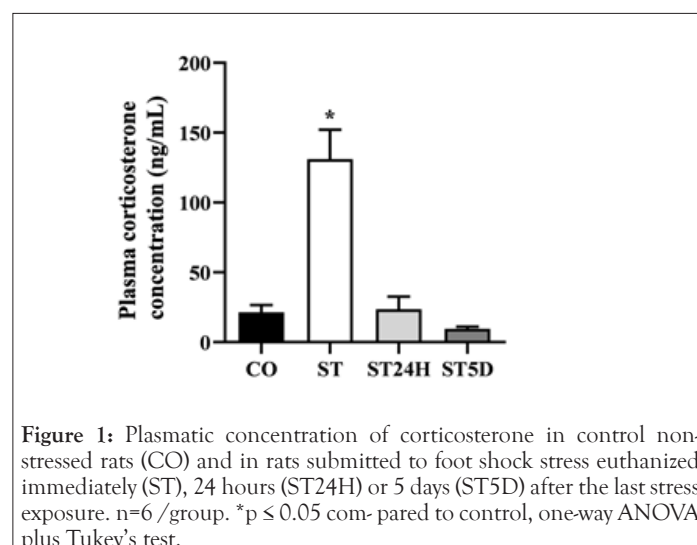
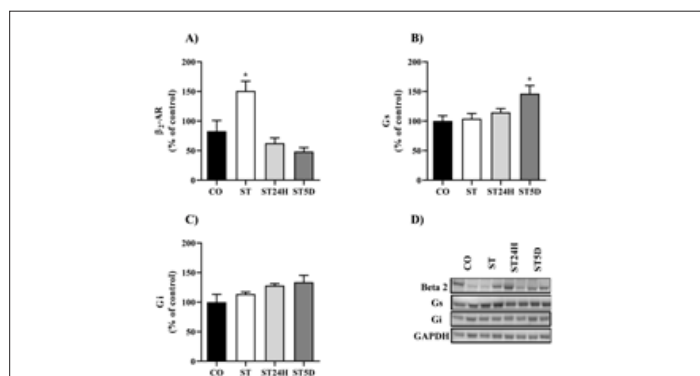


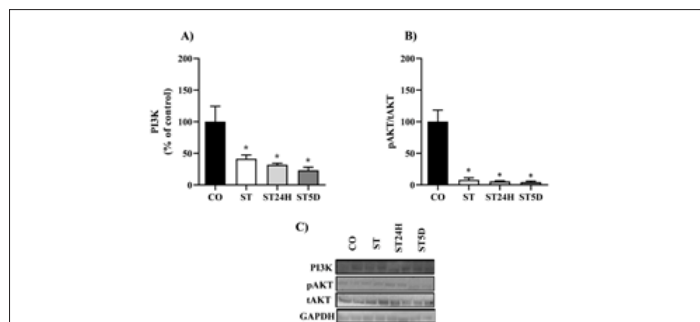
Figure 2A shows that the protein expression of  $\beta_2$ AR in left ventricle of stressed rats was up-regulated immediately after the last stress session. However, 24 hours after that  $\beta_2$ AR expression returned to basal levels and remained so until 5 days afterwards. On the other hand, Gs and Gi proteins showed a progressive

increase that was significant for Gs only 5 days after the last stress session (Figure 2B).

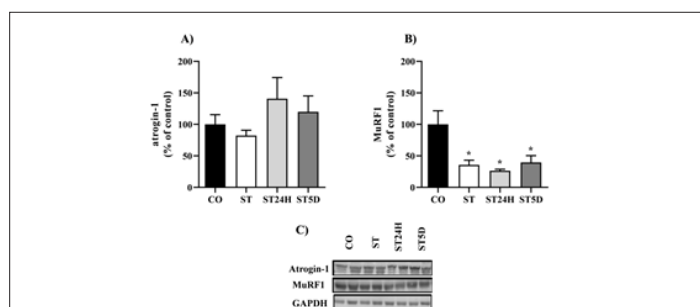


**Figure 2:** Representative Western blots (D) and protein expression of  $\beta_2$ -adrenoceptor (A), stimulatory G protein (Gs, B) and inhibitory G protein (Gi, C) in left ventricle of control non-stressed rats (CO) and in rats submitted to foot shock stress euthanized immediately (ST), 24 hours (ST24H) or 5 days (ST5D) after the last stress exposure. n=6/group. \*p  $\leq$  0.05 compared to control, one-way ANOVA plus Tukey's test.

The expression of PI3K catalytic subunit and Akt phosphorylation (pAkt) exhibited similar time course, i.e., their expressions progressively decreased until 5 days after the stress (Figure 3). MuRF1 expression was lower in left ventricle of rats euthanized immediately, 24 hours or 5 days after the last stress session as compared to control whereas the expression of atrogin-1 was not altered (Figure 4).



**Figure 3:** Representative Western blots (C) and protein expression of PI3K (A) and ratio of phosphorylated Akt (pAkt) and total Akt (tAkt) (B) in left ventricle of control non-stressed rats (CO) and in rats submitted to foot shock stress euthanized immediately (ST), 24 hours (ST24H) or 5 days (ST5D) after the last stress exposure. n=6/group. \*p  $\leq$  0.05 compared to control, one-way ANOVA plus Tukey's test.



**Figure 4:** Representative Western blots (D) and protein expression of atrogin-1 (A) and MuRF1 (B) in left ventricle of control non-stressed rats (CO) and in rats submitted to foot shock stress euthanized immediately (ST), 24 hours (ST24H) or 5 days (ST5D) after the last stress exposure. n=6/group. \*p  $\leq$  0.05 compared to control, one-way ANOVA plus Tukey's test.

## DISCUSSION

The present results have shown that the up regulation of  $\beta_2$ ARs previously reported in the heart of rats submitted to foot shock stress [15-21] is no longer present 24 hours or 5 days after the end of the last stress session. They also show that the expression of Gs protein follows an opposite time course, being similar to control in the heart of rats euthanized immediately after the last stress session and progressively increasing to be significantly higher than control only 5 days after the stress. Gi protein, although showing a similar profile, did not differ from control in any group. Different from G proteins, PI3K expression decreased immediately after the last stress session and remained lower than control 5 days after that. Similar time course was observed for pAkt.

Additionally, the present data show that in the heart of rats submitted to this stress protocol, the expression of MuRF1, a protein related to atrophy, was reduced. However, the expression of other enzyme mediating proteolysis (atrogin-1) was unaltered. It has been proposed that the expression of atrogenes is modulated by the signaling pathway starting with the activation of Gi-protein by  $\beta_2$ AR [13]. This signaling pathway seems to play a protective role against the cardiotoxic effects of excessive  $\beta_1$ -AR stimulation. Indeed, the expression of the central target of this signaling pathway, pAkt, was lower in the heart of stressed rats. Its upstream activator, PI3K, was reduced as well. Moreover, the expression of those proteins remained reduced even after the  $\beta_2$ -AR expression had returned to normal values.

Although both atrogin-1 and MuRF1 are recognized as targets for FoxOs [13], different from MuRF1, the expression of atrogin-1 was not altered by stress. Therefore, these data suggest that the expression of each atrogenes can be specifically targeted. They also suggest that the alteration in Akt phosphorylation was not necessarily associated with changes in all the atrogenes expression. Indeed, independent transcription of those proteins has been described before [9,20]. Additionally, other transcription factors are recognized as modulators of those atrogenes expression, such as NF- $\kappa$ B, C/EBP  $\beta$ , KLF15, Smad 3, and the glucocorticoid receptor [20]. NF- $\kappa$ B expression is regulated by TNF- $\alpha$ , reactive oxygen species (ROS), and by endothelial (eNOS) and inducible (iNOS) nitric oxide synthases. The concentration of hydrogen peroxide was lower than control 5 days after stress as well as the expression of eNOS and iNOS (unpublished data).

## CONCLUSION

It is not possible, at this time, to establish a causal relation between  $\beta_2$ -AR upregulation and the lower expression of components of the PI3K-Akt signaling pathway. Nevertheless, it is plausible to suggest that the regulation of MuRF1 and atrogin-1 is independent from each other and that atrophy might be blunted in the heart of stressed rats. Moreover, data presented here suggest that some of the alterations in the expression and activity of components of the PI3K-Akt signaling pathway induced by stress remain even after the end of the stress exposure period.

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## DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

No conflicts of interest, financial, or otherwise are declared by the authors.

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