Autism-Open Access

Perspective

Note on Autism and Child Development

Kriti Singh*

Department of Pharmacology, Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh, India

DESCRIPTION

The biological, psychological, and emotional changes that occur in humans between birth and the end of puberty are referred to as child development. Early childhood, middle childhood, and late childhood are the three periods of life that make up childhood. Early childhood is defined as the period between birth and the age of six. Many of life's milestones, such as first words, learning to crawl, and learning to walk, occur during this time period, therefore development is important. Middle childhood, or ages 6–13, is said to be the most essential years of a child's existence. Adolescence is a period of life that normally begins around the age of 15 and lasts until the age of legal adulthood.

The individual human advances from dependency to increased autonomy as he or she develops. It is a continuous process with a predictable sequence, but each child's path is different. It does not progress at the same rate, and each step is influenced by the experiences of the previous phases. Genetics and prenatal development are frequently included in the research of child development because genetic variables and events during pregnancy can have a significant impact on developmental changes. Pediatrics, a specialty of medicine concerned with the care of children, is related to developmental psychology, which refers to development over the lifespan.

Developmental change can occur as a consequence of genetically controlled maturation processes or as a result of environmental circumstances and learning, although the most common scenario involves a balance between the two. It could also be a function of our nature and our ability to learn from our surroundings. Because each period is a continuum with individual distinctions in starting and ending, there are numerous definitions of periods in a child's development. Excellent rates of child growth are promoted through promoting child development through parental training, among other things. A child's activities, socializing, and growth are heavily influenced by his or her parents. Having numerous parents can provide a child with more stability and hence promote good growth. The quality of a child's care is another important factor in their growth.

Child care organizations may aid in the development of learning abilities and social skills in children. Children's optimal development is regarded fundamental to society, and it is critical to comprehend children's social, cognitive, emotional, and educational development.

Increased research and interest in this area has resulted in new theories and tactics, particularly in terms of school-based practice that supports growth. Some theories aim to define the progression of states that make up a child's development. Each system has responsibilities, norms, and regulations that can have a significant impact on growth. The ecology of human development had a significant impact on the way psychologists and others investigate humans and their settings. These contexts from the family to economic and political systems have come to be considered as part of the life course from childhood to maturity as a result of this important model of development.

Correspondence to: Kriti Singh, Department of Pharmacology, Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh, India, E-mail: kriti0223@yahoo.com

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