

**INSTRUMENTAL MANIPULATION IN SOFT TISSUE WHITH HANDS PRO**

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**Abstract:**HANDS PRO is a group of tools created and designed for soft tissue work in physiotherapy. The mechanical advantage of the tools allows the work of the tissues, with less force and we can reach deeper tissues more easily. In people who exercise muscles and tissue in general has greater resistance; with the HANDS PRO tools, you can easily overcome that resistance with better results. The professional who works with HANDS PRO, avoids joint wear and tear due to the force it has to do when working with the patient. The work that the professional does is with large muscles, avoiding to increase the muscle load in the fingers. According to research studies the biggest problem that the physiotherapist presents is the thumb, the HANDS PRO tools, are designed to avoid work with the thumbs. The comfort of HANDS PRO will allow that the work with the tool has greater advantage for the hands of the professional and excellent results for the patient. The work with the tools allows: to make a muscular discharge, improve the circulation by the manipulation of the tissues, to improve the flexibility when working the technique of functional manipulation, and it improves the pain when working in the different trigger points.



**Biography: Dr Deepali Chauhan, India.**

**Publications:**

1. Evaluating the Mechanical Properties of Admixed Blended Cement Pastes and Estimating its Kinetics of Hydration by Different Techniques
2. Genetic Diversity Using Random Amplified Polymorphic DNA (RAPD) Analysis for *Aspergillus niger* isolates
3. Au-Ag-Cu nanoparticles alloys showed antifungal activity against the antibiotics-resistant *Candida albicans*
4. Induce mutations for Bavistin resistance in *Trichoderma harzianum* by UV-irradiation
5. Biliary Sludge. Analysis of a Clinical Case

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