

Inflammation, Causes and Symptoms of Balanitis in Male

Lang Lee*

Department of Andrology and Reproduction, Peking University, Research Institution in Beijing, China

DESCRIPTION

Inflammation of the penis rounded head (the glans). Posthitis is the inflammation of the foreskin. Balanitis and posthitis commonly occur simultaneously in the uncircumcised man as balanoposthitis: inflammation of both the glans and foreskin. Balanitis is a kind of discomfort and inflammation (swelling and irritation) of the glans (head) of the penis that most commonly affects uncircumcised men. Circumcision is a treatment that removes skin from the head of the penis (foreskin) (the glans). A yeast infection is the most common cause of balanitis, although it can also be caused by a bacterial or viral infection. It's not infectious. Balanitis is classified into three types:

- Balanitis (also called Zoon's balanitis)
- Circinate balanitis
- Pseudoepitheliomatous keratotic and micaceous balanitis

Inflammation of the skin caused by infections or persistent skin disorders is known as balanitis. Irritation of the skin can be caused by poor hygiene. This issue can be exacerbated by both insufficient and excessive cleaning. Overgrowth of bacteria or yeast is a common cause of the disease. Because it can retain moisture around the penis head, the foreskin of the penis is an excellent site for these organisms to thrive. Balanitis is most commonly caused by inadequate hygiene in males. Other factors to consider are:

- Yeast infection in the genital area (candidiasis).
- STIs (sexually transmitted infections).
- Infection with scabies (a small burrowing parasite).
- Sensitivity to strong soaps or chemicals, or an allergy to them.
- Itchy, dry, scaly skin is caused by a variety of skin disorders (such as psoriasis and eczema).
- Diabetes.
- Reactive arthritis is a form of arthritis that develops in the body as a result of an infection.

Swelling and pain can result from injuries to the tip of the penis or the foreskin. Balanitis can also be caused by irritation in the region. Irritation can be caused not only thoroughly washing with soap and also using scented soaps to clean the genital organs and also using scented lotions or sprays to genital organs. Balanitis is a side effect of certain laxatives, sleeping medications and pain relievers, and antibiotics. A fixed medication eruption is what it's termed. Reactive arthritis, uncontrolled diabetes, and sexually transmitted diseases including syphilis, trichomonas, and gonorrhoea are some of the other causes of balanitis.

SYMPTOMS

Balanitis is characterized by swelling and redness of the foreskin. Other signs and symptoms might include:

- On the genital area, there is pain and discomfort (head of the penis).
- On the penis, there is redness or red spots.
- Itching in the area of the foreskin.
- Swelling.
- On the penis, there are areas of glossy or white skin.
- Smegma (white discharge) under the foreskin.
- There is a foul odour.
- Urination is terribly painful.
- On the head of the penis, there are sores or ulcers (this symptom is rare and appears with a type of balanitis that affects men over age 60).

Balanitis is the result of skin irritation, fungal infection, bacterial infection then use topical corticosteroid (steroid cream or ointment) for skin irritation, antifungal cream or an oral antifungal medication for fungal infection, seven-day course of oral antibiotics (antibiotic tablets or capsules) for bacterial infection.

Correspondence to: Lang Lee, Department of Andrology and Reproduction, Peking University, Research Institution in Beijing, China, E-mail: lang241@le.cn

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