

Infertility in Today's World

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INTRODUCTION

We should start slowly and from the outset when discussing such an important yet tough subject. What is the definition of "infertility"? What causes it? Is there anything we can do about it? These are some of the most significant questions we hope to address in this post, while without overburdening you with statistical data.

WHAT IS THE DEFINITION OF INFERTILITY?

Infertility is defined by the CDC as the inability to become pregnant (conceive) after one year (or more) of unprotected intercourse. Because women's fertility declines with age, some physicians analyze and treat women aged 35 and up after 6 months of unprotected intercourse, but the "mark" for putting the diagnosis of infertility is usually one year.

WHAT IS THE PREVALENCE OF INFERTILITY? IS THIS A COMMON OCCURRENCE?

Infertility affects 15% of couples of reproductive age worldwide. According to the 2006-2010 National Survey of Family Growth,

6% of married females in the United States aged 15-44 years are infertile, and 12% have impaired fecundity, which is defined as the inability to conceive and bring a baby to term. According to the World Health Organization, between 48 million couples and 186 million people worldwide will be infertile by 2020.

Is this solely a "woman's" issue? No, not! Infertility is a problem that both the male and female bodies can cause. According to the Office of Women's Health, male infertility accounts for 1/3 of infertility cases, female infertility accounts for 1/3, and the remaining 1/3 is due to a combination of the two or unknown factors. So, unlike in the past, we have no right to "accuse" women if a couple is diagnosed with infertility. We don't have the authority to accuse anyone! Many elements contribute to this problem, but only a handful of them are directly related to people's choices.

What are the reasons for this? Infertility has various causes, and unfortunately, not all of them are known to doctors. According to the NHS in 2020, one in every four occurrences of infertility was due to an unknown cause. In certain circumstances, it's referred to as "unknown infertility," and it indicates that neither couple has had any concerns.

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