

Incontinence in Males

Howard Jay Kirschner*

Dentist, Arverne, New York, USA

There exists a lack of medical tests concerning the male incontinence symptom of spontaneous urinary leakage associated with position change. I can state that such symptom may be attributable to "dropped bladder," especially in older obese men, and men who worked a lifetime in a standing position.

Such incontinence manifests on rising from a seated position. A test can prove this condition: If from a seated position the male bends forward to pick-up something on the floor in front of his feet, the dropped bladder is compressed, resulting in a urinary spurt. Similarly just rising from a seated position, there is a urinary spurt.

The cause of such urinary spurt is not a weakened sphincter muscle, and a surgical tightening of the sphincter muscle is not the remedy, as suggested by many practitioners. Treatment must be to reposition the bladder.

Symptomatic treatment is the use of male guard pads inside the pouch of a jockstrap. The largest model jockstrap made, that I know of that fits a waist of 50-56, is the Duke Athletic Company Pro model #10061. This condition is unrelated to prostatectomy procedures.

***Corresponding author:** Howard Jay Kirschner, Dentist, 338 Beach 54th St, Arverne, New York, 11692-1782, USA, Tel: 718 634 2123; E-mail: LumaPlus@aol.com

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