

## Hyperpigmentation is a Common Skin Condition

## Paulo Rowilson Cunha<sup>\*</sup>

Department of Dermatology, Medical School of Jundiai, Sao Paulo, Brazil

## EDITORIAL NOTE

Melanin may be a natural skin pigment. Hair, skin, and eye colour in individuals and animals principally depends on the kind and quantity of animal pigment they need. Special skin cells known as melanocytes build animal pigment. Everybody has an equivalent range of melanocytes, however some individuals build additional animal pigment than others. If those cells build simply a touch little bit of animal pigment, your hair, skin and therefore the iris of your eyes will be flare. If your cells build additional, then your hair, skin, and eyes are going to be darker. The number of animal pigment your body makes depends on your genes. If your oldsters have plenty or a touch skin pigment, you will in all probability seem like them [1].

Hyperpigmentation may be a common skin condition that may have an effect on many of us for several reasons sorts of physiological condition embrace age spots, melasma, and postinflammatory physiological condition. Physiological condition may be a harmless skin condition that individuals will get obviate victimization removal techniques like cosmetic treatments, creams, and residential remedies. Physiological condition happens once the skin produces additional animal pigment, the pigment that offers skin its color. This will build spots or patches of skin seem darker than close areas. Physiological condition may be a common skin condition. It affects individuals of all skin varieties. Some kinds of physiological condition, together with symptom and sun spots, or additional seemingly to have an effect on areas of skin that face sun exposure, together with the face, arms, and legs. Alternative sorts of physiological condition type when Associate in Nursing injury or skin inflammation, like cuts, burns, acne, or lupus. These will occur anyplace on the body. Having additional pigment in some areas of skin is typically harmless however will sometimes indicate another medical condition.

Melasma may be a variety of physiological condition symptom typically covers a bigger space of skin than alternative sorts of physiological condition, and it always seems on the face [2,3]. Symptom principally affects ladies, poignant men simply 100% of the time. Alternative sorts of physiological condition have an effect on men and ladies equally. Symptom is additional common in individuals with darker skin and should run within the family. Doctors are still unsure regarding what causes symptom, however a amendment in hormones will typically trigger it. Physiological state and taking contraception pills will each cause symptom. Doctors typically decision melisma chloasma mask of physiological state symptom the "mask of pregnancy," because it will cause darker skin on the face. Once an individual is not any longer pregnant, or they stop taking contraception pills, the symptom typically disappears. Symptom will disappear on its own, however while not treatment, it may not. Individuals will fade or cut back symptom within the same ways in which as they did alternative sorts of physiological condition. Symptom may be a common skin problem. Loosely translated, the word suggests that "black spot". If you have got symptom you are in all probability experiencing brown, dark brown or blue-gray patches on your skin. They will seem as flat patches or freckle-like spots. Ordinarily affected areas embrace your face, together with the cheeks, higher lip and forehead, further because the forearms. Symptom is typically known as the "mask of pregnancy" as a result of it affects pregnant ladies. Symptom usually darkens and lightens over time, usually obtaining worse within the summer and higher within the winter.

## REFERENCES

- Aguilera P, Malvehy J, Carrera C, Palou J, Puig-Butillé JA, Alòs L, et al. Clinical and histopathological characteristics between familial and sporadic melanoma in Barcelona, Spain. J Clin Exp Dermatol Res. 2014;5(5): 231.
- Zhou LL, Baibergenova A. Melasma: Systematic review of the systemic treatments. Int J Dermatol. 2017;56(9): 902-908.
- Palmal S, Adhikari K, Mendoza-Revilla J, Fuentes-Guajardo M, de Cerqueira, Bonfante B, et al. Prediction of eye, hair and skin colour in Latin Americans. Forensic Sci Int Genet. 2021;53: 102517.

Correspondence to: Paulo Rowilson Cunha, Department of Dermatology, Medical School of Jundiai, Sao Paulo, Brazil; E-mail: paulo@rcderm.com

Received: July 07, 2021; Accepted: July 21, 2021; Published: July 28, 2021

Citation: Cunha PR (2021) Hyperpigmentation is a Common Skin Condition. J Clin Exp Dermatol Res. S9:e118.

**Copyright:** © 2021 Cunha PR. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.