

Effects of Flexible Sigmoidoscopy

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INTRODUCTION

Sigmoidoscopy is that the minimally invasive health checks of the big internal organ from the body part through the closest a part of the colon, the sigmoid flexure. There square measure 2 forms of sigmoidoscopy: sigmoidoscopy, that uses a versatile medical instrument, and rigid endoscopy, that uses a rigid device. Sigmoidoscopy is mostly the popular procedure. An endoscopy is comparable to, however not a similar as, an endoscopy. An endoscopy solely examines up to the sigmoid, the foremost distal a part of the colon, whereas endoscopy examines the complete giant intestine.

Flexible sigmoidoscopy allows the medical practitioner to seem at the within of the big internal organ from the body part to the left aspect of the colon, known as the sigmoid. Physicians might use the procedure to seek out the reason for diarrhea, abdominal pain, or constipation. They conjointly use it to seem for benign and malignant polyps, in addition as early signs of cancer within the colon and body part. With sigmoidoscopy, the medical practitioner will see internal organ hurt, inflammation, abnormal growths, and ulcers within the colon and body part. Sigmoidoscopy isn't spare to discover polyps or cancer within the ascending or colon (two-thirds of the colon). However, though in absolute terms solely a comparatively tiny section of the big internal organ will be examined victimization endoscopy, the sites which may be ascertained represent square measures that are most often plagued by diseases like large intestine cancer, as an example the body part.

For the procedure, the patient should lie on their aspect on the examining table. The medical practitioner inserts a

brief, flexible, lit tube into the body part and slowly guides it into the colon. The tube is termed an endoscopy.

The scope transmits a picture of the within of the body part and colon, that the medical practitioner will rigorously examine the liner of those organs. The scope conjointly blows air into these organs that inflates them so as to assist the medical practitioner see well. If something uncommon is within the body part or colon, sort of a polyp or inflamed tissue, the medical practitioner will take away a bit of it victimization instruments inserted into the scope. The medical practitioner can send that piece of tissue biopsy to the science laboratory for testing. Hurt and puncture of the colon square measure doable complications of endoscopy.

However, such complications square measure uncommon. Sigmoidoscopy takes ten to twenty minutes. Throughout the procedure, the patient may feel pressure and slight cramping within the lower abdomen, however the patient can feel higher afterwards once the air leaves the colon. Rigid endoscopy is also helpful in a no-rectal illness like hurt per body part or inflammatory body part disease, notably within the general follow and medical specialty.

For activity the examination, the patient should lie on the left aspect, within the questionable Sims' position. The bowels square measure antecedent empty with a medicine and a digital body part examination is 1st performed. The endoscopy is lubricated and inserted with prosthesis generally direction of the navel. The direction is then modified and therefore the prosthesis is removed so the medical practitioner might penetrate more with direct vision. A bellows is employed to insufflate air to distend the body part. Lateral movements of the sigmoidoscopy's tip talk over the Houston valve and therefore the recto-sigmoid junction.

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