

## Hair Trichology Treatment

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### ABSTRACT

As the hair and scalp are viewed as external structures, they actually reflect the status of the complex body systems that keep the body functioning. Hair undergoes diseases like Telogen Effluvium, Alopecia Areata, Androgenetic Hair Loss, Traction Alopecia, Psoriasis, Seborrheic Dermatitis, Pityriasis (dandruff) to avoid such experience trichologists study the body systems, nutrition, chemistry of the hair, and the physiology of the hair and skin. Trichology focuses on treating the hair from the inside-out. A healthy scalp begins with a healthy body.

**Keywords:** Trichology; Hair treatments; Areata

### INTRODUCTION

Trichology is a branch of Dermatology which deals specifically with the health and condition of the hair and scalp. It focuses on analysis and the cure of diseases and disorders of hair on the human body or scalp. It is one of the oldest branches of dermatology.

As Hair fall control is holistic approach it is not completely based on medication and food supplement but also life style and diet changes. Here trichologist will start with an analysis of the root cause of hair loss, hair breakage, (Figure 1A) weakening of hair medulla, infections on the scalp and then proceed with the treatment according to causes [1-3].

This treatment mainly concentrate on preventing hair loss and advancing the immediate condition of hair and scalp (Figures 1B and C). The alternatives can be surgical and non-surgical processes to treat any disorder in both men and women. There might be a need for repeated treatment for permanent results. Hair loss and scalp issues can affect the patient's confidence and self esteem. Consulting a hair and scalp specialist online, can help with diagnosis of the issue in complete privacy.

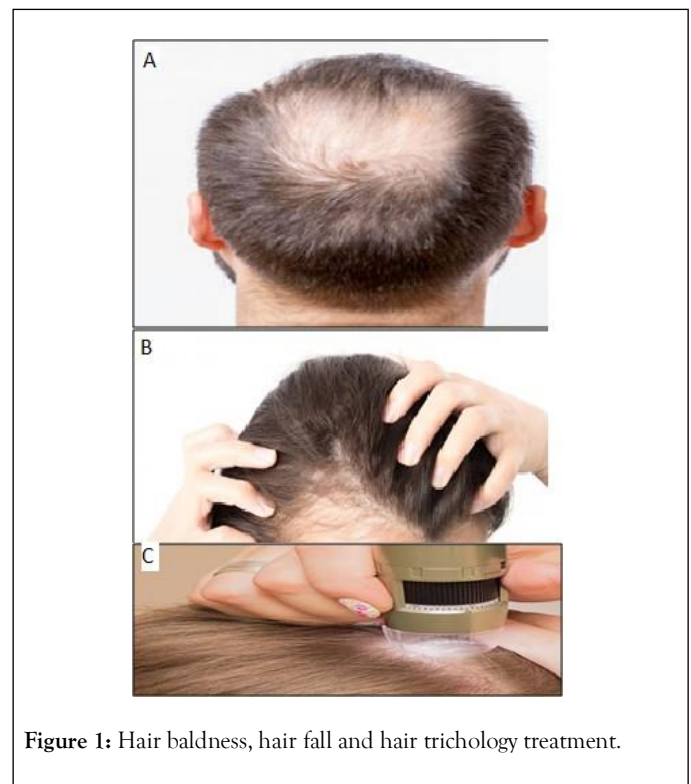


Figure 1: Hair baldness, hair fall and hair trichology treatment.

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