**Editorial** 

## Follicular Unit Transplantation, Follicular Unit Extraction: The Modern Hair Transplantation Techniques.

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## **EDITORIAL NOTE**

Since hair naturally grows in groupings of one to four hairs, current techniques harvest and transplant hair "follicular units" in their natural groupings. So trendy hair transplantation are able to do a natural look by mimicking original hair orientation. This hair transplant procedure is termed cyst unit transplantation (FUT). Donor hair will be harvested in 2 completely different ways: strip harvest home, and cyst unit extraction (FUE). At Associate in nursing initial consultation, the MD analyses the patient's scalp, discusses their preferences and expectations, and advises them on the simplest approach (e.g. single vs. multiple sessions) and what results may fairly be expected. Pre-operative folliscopy can facilitate to grasp the particular existing density of hair, in order that surgical results of recently transplanted hair grafts will be accurately assessed. Some patients could profit with surgical topical vasodilative application and vitamins. For many days before surgery the patient refrains from exploitation any medicines which could end in intraoperative harm and resultant poor attachment. Alcohol and smoking will contribute to poor graft survival. Post-operative antibiotics square measure normally prescribed to stop wound or graft infections.

## Follicular unit extraction (FUE)

With Follicular Unit Extraction or FUE gather, individual cyst units containing one to four hairs area unit removed below native anesthesia; this small removal usually uses small punches of between zero.6mm and 1.0mm in diameter. The doc then uses terribly little small blades or fine needles to puncture the sites for receiving the grafts, inserting them in a very planned density and pattern, and sportfishing the injuries in a very consistent fashion to push a practical hair pattern. The technicians usually do the ultimate a part of the procedure, inserting the individual grafts in situ.

FUE takes place in a very single long session or multiple little sessions. The FUE procedure is additional long than strip surgery. AN FUE surgery time varies in keeping with the surgeons expertise, speed in gather and patient characteristics. The procedure will take anyplace from one or {two|a handful|some} hours to extract two hundred grafts for a scar correction to a surgery over two consecutive days for a megasession of two, 500 to 3,000 grafts. With the FUE

Hair Transplant procedure there area unit restrictions on patient cause. Clients area unit hand-picked for FUE supported a fox check, although there's some dialogue regarding the quality of this in screening shoppers for FUE.

FUE will offer terribly natural results. The advantage over strip gather is that FUE gather negates the necessity for giant areas of scalp tissue to be harvested, therefore there's no linear incision on the rear of the pinnacle and it does not leave a linear scar. as a result of individual follicles area unit removed, only small, punctate scars stay that area unit nearly not visible and any post-surgical pain and discomfort is reduced. As no suture removal is needed, recovery from small attachment FUE is a smaller amount than seven days.

Disadvantages embody magnified surgical times and better price to the patient. it's difficult for brand new surgeons as a result of the procedure is physically tight and also the learning curve to accumulate the abilities necessary is drawn-out and hard. [citation needed] Some surgeons note that FUE will cause a lower quantitative relation of with success transplanted follicles as compared to strip gather.

## Follicular unit transplantation (FUT)

It is a hair restoration technique, additionally referred to as the strip procedure, wherever a patient's hair is transplanted in present teams of one to four hairs, referred to as cyst units. cyst units additionally contain fat (oil) glands, nerves, atiny low muscle, and occasional fine vellus hairs. In cyst unit transplantation, these little units permit the medico to soundly transplant thousands of grafts during a single session, that maximizes the cosmetic impact of the procedure.

FUT is taken into account AN advance over older hair transplantation procedures that used larger grafts and sometimes created a pluggy, unnatural look. during a properly-performed cyst unit transplant, the results can mimic the method hair grows in nature and can be undetectable as a hair transplant.

In recent history, FUT had been the foremost common procedure for hair restoration. As of 2017, the newer cyst unit extraction aka FUE procedure has become the foremost common procedure. Because of the longer time required in surgery and also the technically stringent nature of the procedure, FUE tends to be

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Received: February 01, 2021; Accepted: February 18, 2021; Published: February 26, 2021

Citation: Patwardhan N (2021) Q Follicular Unit Transplantation, Follicular Unit Extraction: The Modern Hair Transplantation Techniques. Hair Transplant. 11: e115.

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costlier than FUT.At The Frederic William Maitland Clinic a scalp to scalp FUE transplant is priced at £5 per graft, compared to FUT that prices £4 per graft for the primary one thousand grafts then drops to as low as £2 per graft for larger procedures. but – it's vital to not opt for a procedure supported price alone. It's important to

pick out the hair restoration methodology that may manufacture a natural-looking result for you. A hair transplant must last your whole life – and selecting AN inappropriate procedure in an effort to avoid wasting cash is usually a false economy.