

Epidemiological Interface of Tuberculosis at Human Livestock Wildlife in Ethiopia

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ABSTRACT

Bovine Tuberculosis (BTB) is endemic in Ethiopian cattle. BTB is caused by *Mycobacterium bovis* (*M. bovis*) and has economic and public health significance. Which has significant impact on the health of livestock and human? It has been significantly a cause for great economic loss in animal production. Associated risk factors contributed to the prevalence of the disease in cattle and its transmission. Moreover, the majority of cattle owners lack awareness about the disease and its public health significance. The presence of multiple hosts including wild animals, inefficient diagnostic techniques, absence of defined national controls and eradication programs could impede the control of bovine TB. Awareness rising about the disease, its transmission and zoonotic implication however, in Ethiopia bovine tuberculosis in human livestock wildlife interface is not well studied in the country and there were no studies concerning the burden of the disease between human, animal and wildlife which is of great importance for reduction and control measures. This paper aims to review the potential health and economic impact of bovine tuberculosis control in order to safeguard human and animal population in Ethiopia.

Keywords: Bovine tuberculosis; Human; Interface; Livestock; Wildlife; Ethiopia

INTRODUCTION

In Ethiopia, the current information system does not provide the government with sufficient information on the incidence, prevalence and impact of zoonoses on society, thereby making it challenging to measure the returns on investments aimed at their prevention, management and control. There is a growing recognition of the importance of multi-species interaction for the emergence and re-emergence of pathogens in wildlife, livestock and humans.

Human diseases being multi-host pathogens and three-quarter of emerging human diseases being zoonotic, there is a strong public health interest in better understanding the dynamics of multi-species pathogens. In other cases, the spill-over of domestic animal pathogens to wildlife caused severe outbreaks with great concerns for conservation, such as pastorellosis and sierra nevada outbreak in bighorn sheep, rabies in Ethiopian wolves, and bovine brucellosis and tuberculosis in bison [1-3].

Bovine tuberculosis is one of the chronic bacterial diseases of animals that can take a variable amount of time (from a few weeks to a lifetime) to develop from infection to clinical disease and to become infectious to other animals. The disease mostly affects cattle and rarely other species of domestic animals.

Mycobacterium bovis has an exceptionally wide range of mammalian hosts and affects all age groups of susceptible hosts of domestic, wild animals and humans. Cattle are the most common maintenance host for *M. bovis* infection from which transmission can occur to wildlife or people from animals. Opossums, badgers and bison are known maintenance hosts in different European countries and African buffalo, Kudu, deer, lechwe and wild boar have been classified as maintenance hosts for *M. bovis* in Africa many susceptible animals and wildlife species, including man are spillover hosts in which infection is not self-maintaining.

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Moreover, the information on the epidemiology of the disease in wildlife-livestock-human interface is scarce and not well established at a national level [4-6].

Therefore, objectives of this paper is;

- To review the epidemiological features of in wildlife-livestock-human interface.
- To highlight risk factors considered in studies conducted so far in wildlife in Ethiopia.
- To over view the diseases economic losses in Ethiopia.

Epidemiology of bovine tuberculosis

Risk factors in cattle: In Ethiopia the overall prevalence of bovine tuberculosis the national estimate of 5.8 percent though available estimates vary widely. In the urban/peri-urban dairy systems, prevalence level ranging from 8.14 percent to 30 percent was reported. Bovine tuberculosis is also widely prevalent in the traditional production systems of mixed crop-livestock with values ranging between 1.6 percent and 22.2 percent and pastoral/agropastoral with values from 0.6 percent to 4.4 percent. In cattle, risk factors for bovine TB can be classified as animal level and herd level.

Animal level risk factors: Bovine tuberculosis has been frequently reported in Ethiopia from small scale studies. Prevalence varies depending on the geographical areas, the breeds and the husbandry practices. Yet large areas in the country remain uninvestigated and as data is lacking across the different geographical areas, breed and host species, husbandry practices and wildlife reservoir, it is not ease to make association with these risk factors.

MATERIALS AND METHODS

Different authors reported ranges of prevalence rate in Ethiopia based on abattoir based study. For instance Regassa, et al., reported 1.1% prevalence at Hawassa; Woyessa, et al. reported 5.9% at Nekemte Municipality abattoir; Shitaye, et al., reported 3.46% in Addis Ababa; Teklul, et al., reported 4.53% at Hossana; Ameni and Wudie, repoted 5.16% from Adama Manicipaliy abattoir; Ameni, et al., repoted 5% at Kombolch meat processing plant, Southern Wollo; Regassa, et al., reported 7.96% at Wolaita Sodo; Demelash, et al. reported 4.2% at five different abattoirs including four Municipal (Addis Ababa, Adama, Hawassa and Yabello) and one export (Melge-Wondo) abattoirs and Mamo, et al. reported 5% prevalence of gross tuberculous lesion in camels slaughtered at Dire Dawa abattoir in eastern Ethiopia. Hiko and Agga, reported 4.2% abattoir prevalence of BTB in Mojo export abattoir base on gross lesions.

Prevalence in dairy farms with cross-breeds varying between 3.5% and 50%. Skin test prevalence in traditionally kept zebu cattle varies between 0.9%-4% based on international used cut of value. Kiros, found that in Eastern Shoa of central Ethiopia local breeds had much lower prevalence rate 5.6% than exotic breeds (Holstein, 86.4%). Ameni, et al., found an individual animal prevalence of 7.9% using Comparative Intradermal Tuberculin Test (CIDT) in Wuchale district of central Ethiopia. Large scale study involving 5424 cattle carried out in Central

Ethiopia showed that the overall prevalence in cattle was 13.5%, with higher prevalence found in Holstein (22.2%) compared to local zebu (11.6%). But prevalence in extensive farming system is generally low as it was reported by Tschopp, et al. Prevalence of BTB at human-livestock-wildlife interface in Hamer Woreda of South-West Ethiopia was showed individual BTB prevalence in cattle was 0.8% with the ≥ 4 mm cut-off and 3.4% with the ≥ 2 mm cut-off [7-9].

RESULTS

In Ethiopia, there were studies found that, statistically significant difference prevalence among age groups where higher prevalence of BTB was observed in older animals than younger ones. Gender mostly appears as a risk factor in published African studies. In addition to management practices or behavioural habits, variation in disease prevalence between sexes of the animal can also be related with sample size problem.

According to the study reports, higher bovine tuberculin reactivity was observed in animals with poor body condition as compared to those with good BCS. However, in cross-sectional studies, it is difficult to know the initial status of animals and this challenge to decide whether BTB has caused poor body condition in animals or animals with poor BCS are more susceptible to the disease. The real impact of BCS should be the subject of directed studies dealing with diet restriction [10].

In contrast to the above results, Ameni and Erkuhin, and Regassa, et al., were found higher prevalence of the disease in animals with good body condition than poor body conditioned animals. On the other hand, during abattoir meat inspection animals, Demelash, et al.; Gebrezgabiher, et al.; Namomsa, et al.; and Zeru, et al. were found that animals with medium and good body condition were less likely to have tuberculous lesions than those with poor body conditions. Although it is not commonly reported in our country, physiological state of the animal is also considered as one of the animal risk factor. This agree with Ameni and Erkuhin, were found significant variation in relation to reproductive status. This could be because animals lose sensitivity to tuberculin shortly before and after calving [11].

Herd level risk factors: Risk factors at herd level are; herd size, types of farming practice and housing of cattle, geographical origin, history of bovine TB in the herd and human antecedent of tuberculosis in the household. In addition to this contact between animals and with wildlife reservoirs, introduction of cattle in a herd, herd movements and trading, lack of performance of diagnostic tests, the use of hired/shared bulls, manure and environmental persistence of *M. bovis*.

In Ethiopia, Firdessa, et al.; Ameni and Erkuhin, Elias, et al.; Tsegaye, et al.; Romha, et al.; Biru, et al. and Zeru, et al. were observed prevalence of *M. bovis* where both individual animal and herd prevalence were found higher in large and medium herd size as compared to small herds. According to literature, in some intensive dairy farms of our country, particularly in those having large herd size, the prevalence of the disease in individual animal and herd level could be rises up to (89.9%) and (100%) respectively [12-15].

DISCUSSION

Risk factors in wild life

Although no *M. bovis* infections have been reported in Ethiopian wildlife population so far, reports from different parts of the world have demonstrated several risk factors for the presence of the disease in wildlife. Direct contact or sharing of environment with domestic cattle, the extent of the disease prevalence within the region/country or domestic animal reservoir host, herd size (wildlife densities) and previous history of *M. bovis* in the wildlife populations are among the potential risk factors. The presence of the aforementioned animals in different wildlife reserves may have an epidemiological role in the spread of the disease among other wild and domestic animal.

On the other hand, in Ethiopia, as wildlife habitats are not fenced, there is intensive interaction between a fast-growing human population and livestock and wildlife competing for scarce grazing land. Wildlife and, in particular, herbivores sharing pastures with cattle might therefore be at risk for bovine TB transmission. Mamo, et al., have reported that, in Amibara district of Afar pastoral region, domestic animal were sharing grazing land in close proximity with wildlife in the area where wild animals lives (in and around awash national park). This suggests that there is a possible exposure for potential risk of disease transmission to wildlife populations in Ethiopia.

Risk factors in human

In Ethiopia prevalence rates for bovine tuberculosis in humans are lower than those reported in the literature. For both cattle keepers and consumers, prevalence is 0.006 percent in this study. The findings of the literature are varying between 0.41 percent and 24 percent, but are again based on different reference periods and small samples. The proportion of BTB to the total of TB cases in humans depends on the prevalence of the disease in cattle, socioeconomic conditions, consumer habits, practiced food hygiene and medical prophylaxis measures.

The main risk factors which contribute to the acquisition *M. bovis* infections in both urban and rural human populations are poverty, malnutrition, HIV infection, illiteracy, the consumption of raw milk (unpasteurized milk), uncooked or poorly cooked meat, work condition and close contact to livestock and using cow dung for plastering wall or floor.

Diagnosis: TB can be diagnosed clinically, but usually only in the later stages of the disease. The tuberculin skin test is universally recognized and is generally used for preliminary diagnosis in BTB control programs. However, in countries with low disease prevalence or disease free status, meat inspection is used for diagnosis and surveillance. Other tests, such as an antibody Enzyme Linked Immunoassay (ELISA) and the gamma interferon assay, have been used as supplementary tests in eradication and control. Classical mycobacteria culture remains the routine method for confirmation of infection [16-18].

Control of tuberculosis

Control and eradication programs for BTB, human TB and zoonotic TB of humans due to *M. bovis* are based on early accurate detection and removal of infected animals, chemotherapy of infected humans and vaccination of target populations to attenuate or prevent the manifestation of the disease.

The test and slaughter policy is the basis for international BTB control and eradication programs using the TST to detect affected herds (and re-test) periodically and removing reacting cattle that may shed the infective organism. In many industrialized countries there is effective compulsory reporting of *M. bovis* infection of all animals, quarantine of infected herds, tracing and re-testing of animals in contact with BTB skin positive reactors. As well as movement restrictions of cattle herds not yet tested for TB as well as controlled animal movement out of known TB infected herds and endemic areas.

However, the test and segregation program, a modified form of the test and slaughter policy, may be more useful for developing countries, where the test and slaughter policy cannot be practicable for the whole cattle population.

Thus, interim measures to segregate infected herds and phased slaughter of reactors are done. In most countries with strict TB eradication programmers, the test and segregation strategy made up the early stages followed by the test and slaughter methods in the final stage and infected slaughter/meat cases during inspection are traced back to the originating farms. Informed farm management decisions such as proper sanitation and disinfection are also important to reduce the spread of *Mycobacterium*, within and between herds as well as the risks of exposure and transmission of BTB infection to humans.

The occurrence of *M. bovis* in wildlife reservoir hosts complicates eradication efforts. Culling to reduce population density can decrease animal TB transmission but the situation must be assessed carefully to avoid unanticipated effects such as the economic benefit and increase scattering members of the infected species. The development of TB vaccines for wildlife reservoirs and use in situations where the test and slaughter policy is totally impracticable is also being considered as an alternative. Also, human TB due to *M. bovis* is rare in countries where raw and poorly cooked meat are not consumed and pasteurization of milk and milk products are components of BTB eradication programs.

Economic importance of tuberculosis in Ethiopia

Mycobacterium bovis has been widely distributed throughout the world and it represents a very significant economic and public health problem in numerous countries in both developed and the developing world. Consequently, most developed nations have embarked on campaigns to eradicate *M. bovis* from the cattle population or at least to control the spread of the infection. In developed countries, although tuberculosis is eliminated in cattle, the disease still has a major economic impact, mainly due to the existence of a permanent wildlife reservoir that reduces the efficiency of control strategies. For

instance, in the United Kingdom, where badger and other wildlife such as deer remain an important source of infection for livestock, approximately £100 million is spent annually in efforts to control the disease.

Republic of Ireland and New Zealand also spent approximately 35 million and 13 million US \$ annually for disease control. In Argentina, the annual loss due to bovine TB is approximately US\$63 million. Although the disease has zoonotic threat, economic and financial burden to society, its cost has rarely been assessed and is largely unknown for Africa.

Animal tuberculosis is a disease of high economic relevance within the context of livestock farming as it directly affects animal productivity. The disease considerably reduces milk and meat production of infected animal and affect animal reproduction as well as it reduce pulling power in traditional farming system. Infected animal loses 10% to 25% of their productive efficiency. Direct losses due to the infection become evident by decrease in 10% to 18% milk and 15% reduction in meat production. The culling loss is estimated to be 30%-50%

of the difference between the values of a dairy or beef breeding cow and its value at slaughter [19,20].

Moreover, national and international trade (market restrictions) and other economic sectors maybe indirectly affected by the disease. Tuberculosis has also an economical and financial burden to society human health costs. The disease become is an obstacle to socioeconomic development; 75% of people affected by TB are within the economically productive age group of 15 years-54 years. This may have a negative influence on the national economy.

The public health cost of bovine tuberculosis in Ethiopia. The estimated total public health costs (USD PPP) of the disease among livestock keepers in all production systems and consumers are USD 74 740 696 and USD 12 781 597, respectively. This amounts to 0.05 percent of total GDP (Table 1).

Table 1: Estimates of the annual public health costs of bovine tuberculosis in Ethiopia.

	Livestock keepers	Consumers	Total
Years of life due to morality (YLL)	35530.48	6045.37	41575.85
Years lost due to mobility (YLD)	60.33	41.11	101.44
DALYs (YLL+YLD)	35 5590	6 086.47	41 677.28
Willingness to pay one year of 2 100 healthy life (USD PPP)		2 100	2 100
Total social cost (USD PPP)	74 740 696	12 781 597	87 522 293
Total social cost as percent of GDP (USD PPP)	0.04	0.01	0.05

The costs of bovine tuberculosis in livestock keepers to costs for the cattle sector by production system. Urban/peri-urban and commercial dairy sectors suffer the most in terms of loss incurred due to death of animals, reduced and foregone production amounting to USD 1 500 876 724 and USD 1 223

364 444 (PPP), respectively. The public health costs are higher in mixed crop livestock and pastoral/agro-pastoral cattle production systems, largely due to their sheer sizes. The estimated monetary cost of the disease in animals accounts for 98 percent of the total loss caused by the disease (Table 2).

Table 2: Annual costs of bovine tuberculosis in humans and cattle in different production systems.

	Dairy C	Feedlot	U/P-U	Mixed	P/A-P	Total
Animals (USD PPP)	122336444	780309	1500876724	691183046	63321549	3479526073
Livestock keepers (USD PPP)	2090959	-	2903802	57155167	12590767	74740696

Dairy C: Commercial Dairy; Feedlot: Beef Feedlot; U/P-U: Urban/Peri Urban; Mixed: Mixed crop live stock; P/A-P: Pastoral/Agro-Pastoral

Although the economic importance and public health significance of tuberculosis has been established in many countries, the economic impact of *M. bovis* on cattle productivity, bovine TB control programmes and other related

economic effects of the disease are not yet well documented or studied in Ethiopia.

Only few meat inspection surveillances in the abattoirs have shown the economic loss due to condemnation of total or

partial carcass and organs. According to Gezahegne, a report from eight export abattoirs showed a prevalence of 0.8% (978/144 487) of slaughtered animals, in which the whole carcasses of the infected animals were condemned. Asseged, et al., also demonstrated that, based on the ten years retrospective analysis of the detection of tuberculous lesions in the Addis Ababa abattoir, there was a cause of 0.028% for whole carcass condemnation. Furthermore, study results of Shitaye, et al., conducted in Addis Ababa and Debre-Zeit abattoirs 35 indicated that causes condemnation of carcasses and/or organs due to tuberculous lesions found to be highly significant economically.

According to the study reports, a prevalence of 0.052% and 0.001% was observed in cattle and shoats respectively, and causes the whole animal's carcass condemnation. *Mycobacterium bovis* infections in wildlife can affect the ecosystem; moreover, the disease constitutes a threat to endangered species and can hamper BTB eradication and control schemes in domestic cattle.

Bovine tuberculosis at the human livestock wildlife interface

Diseases transmitted between humans, domestic animals, and wildlife is increasingly challenging public and veterinary health systems. Three-fourths of all Emerging Infectious Diseases (EIDs) of humans are zoonotic with most originating from wildlife reservoirs. Therefore, diseases that arise from the livestock wildlife interface are of paramount importance and must be an area of focus for public and veterinary health systems. Despite this importance, cross-species transmission is one of the least studied aspects of disease ecology.

In East Africa, due to increasing environmental pressure (e.g. drought, decreasing grazing areas) livestock share the same pastures and water sources as wildlife. Wildlife species share resources with pastoralist livestock, and this may influence the prevalence of bTB in cattle by having direct or indirect contact (i.e., ingestion of contaminated pastures) with cattle. Africa is recognized as a hotspot for biodiversity, but is suffering from rapid and extensive loss of that diversity. Current theories on diversity-disease relationships describe host species diversity as important factor influencing disease risk, either diluting or amplifying disease prevalence in a community. Thus, despite many studies of the relationship between diversity and diseases, evaluating the effects of different diversity metrics on disease risk has proven to be rare.

Human livestock wildlife interface is not a standard concept but rather one that varies tremendously across Sub-Saharan African pastoralists depending on human, livestock and wildlife densities and their movements (e.g. migration, transhumance), wildlife species, environmental factors and anthropogenic land use change.

BTB infections may be maintained (independently or not) within livestock populations and within wildlife populations, whereas human infections result from pathogen spillover from animals, and very rarely from human-to-human transmission.

Factors associated with BTB spillover from livestock to wildlife should also influence BTB spillback from wildlife to livestock. The main risk factors are thus linked with: (i) The type of interface (fence, herding practices) and the distribution of resources (water and grazing), which directly influence contact patterns between livestock and wildlife the environmental conditions, which directly influence the persistence of BTB in the environment. In this wildlife livestock human interfaces husbandry practices (housing, mixing cattle with small ruminants), food preferences (consumption of raw milk) and overall health and hygienic conditions are identified as the main BTB risks of transmission between livestock and humans. The complex and dynamic interactions involving domestic animals, wildlife, and humans create environments favourable for the transmission of infectious diseases across different species (Figure 1).

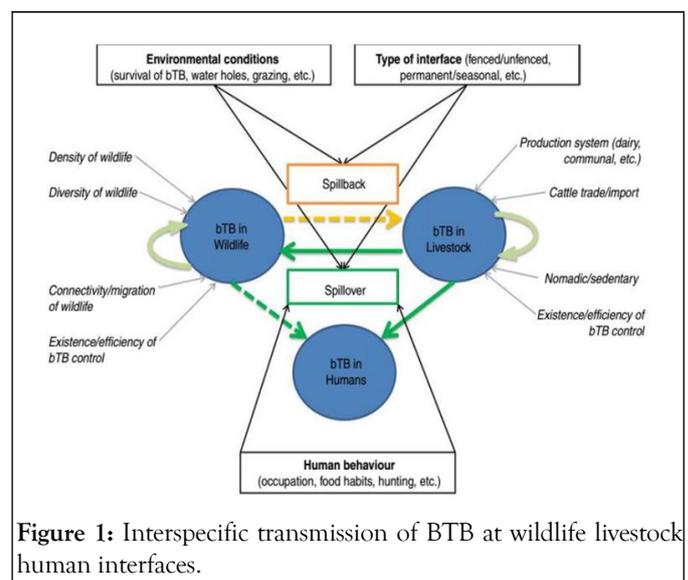


Figure 1: Interspecific transmission of BTB at wildlife livestock human interfaces.

Mycobacterium bovis is an example of a pathogen shared at the human livestock wildlife interface. In East Africa, humans encroach into wildlife habitats with their livestock in search of grazing areas and water, particularly during the dry season. Wildlife species that share resources with pastoralist livestock may influence the prevalence of bTB in cattle by having direct or indirect contact (i.e., ingestion of contaminated pastures) with cattle. More studies are required to better understand the effects of interactions between ecological and animal management risk factors in multi-host communities.

The list of wildlife species around the world from which *M. bovis* has been isolated is long and reports in the literature of new susceptible species have increased in recent years. Some wildlife species have long been known to be maintenance hosts (i.e., wildlife species that can maintain the disease in the absence of infected cattle). The maintenance hosts are a source of infection for livestock and can also be described as a source for BTB in humans that have close contact with infected animals, such as hunters and game farmers.

Classic examples of maintenance hosts include; the brush tail possum (*Trichosurus vulpecula*) in New Zealand; the white-tailed deer (*Odocoileus virginianus*) in the USA; the Eurasian badger (*Meles meles*) in the UK and Ireland; the African buffalo (*Syncerus*

caffer) in South Africa. In addition to these the more recently described, the wild boar (*Sus scrofa*) in Spain and wood bison (*Bison bison*) in Canada. In Ethiopia grant's gazelle and one lesser kudu.

However, intermediate species such as impala, kudu and warthog (*Phacochoerus africanus*), which are less affected by livestock presence, could play a role as disease 'vector' by having close physical contact with BTB buffalo reactors, that stay within the park, and with livestock in the agricultural land outside the park.

Common use of pastureland is another potential risk for BTB transmission between wildlife and livestock. Mainly wildlife grazer species (as opposed to browser species) are likely to compete with cattle. There seems to be a species-specific tolerance level for cattle presence. Many grazer species favour grazing in old pastoral places where grass cover is rich due to the cattle manure. As *M. bovis* can be excreted in cattle manure and survive in the environment over days and months, it is worth remembering that disease transmission can still occur even with a temporally asymmetric interface (with no direct animal contact).

Presence and abundance of wildlife species is also affected by the vegetation cover. If the latter is altered naturally or anthropogenetically, wild animals will move elsewhere, likely shifting the existing dynamics of the interface. *Mycobacterium bovis* has been designated a multi-host pathogen, for which open ecosystems provide almost unrestricted opportunities for pathogen exchange between domestic and wild animal.

Cattle have historically played a key role in the introduction of BTB into wildlife conservation areas in many countries. Once endemic, the possibility for spillback from wildlife to livestock and humans constitutes an animal and public health risk to communities neighbouring infected wildlife reserves.

CONCLUSIONS

The prevalence of BTB in Ethiopia is reported to be high similar to other developing countries. However, no studies concerning the burden of the disease in wildlife and human beings were undertaken and this indicates that BTB is not well studied in the country. Human livestock wildlife interaction is dynamic. There are no sufficient studies clearly indicating the role of humans, livestock, wildlife and their environment with respect to the transmission dynamics of *Mycobacterium bovis* in the Ethiopian pastoral areas. Widespread evidence of *M. bovis* infection in animals and humans should be an alarm sign for medical and veterinary health professionals and government bodies. This illustrates the importance of the 'one health concept' that can bring together medical and veterinary practitioners as an important tool to fight diseases of public health and economic importance. Therefore, from above In conclusion, the following recommendations forwarded;

- Detail studies concerning the burden of the diseases in wildlife, livestock and human beings should be undertaken.

- Further studies investigation the epidemiology of NTMs circulating between humans, livestock and wildlife in order to point out and address the possible measures in diseases.
- More research in identifying the role played by transmission in animals, humans and wild life in Ethiopia.

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