



Enrique Leonardo: Return To Sport: Post ACL Reconstruction
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Abstract:

ACL tear is an athlete's nightmare. This means the athlete will be out for awhile and has to go through never-ending vigorous physiotherapy and conditioning before he can reach the same level as he was pre injury. Getting back to sport is always the athlete's goal after an ACL Reconstruction. There are so many factors involved which needs to be considered before an athlete is cleared to go back to play. The current literatures contains plenty of studies aimed at evaluating return to sport, and the factors that may affect or predict this outcome, e.g. intrinsic factors like genetics, biology, type of lesion, anatomical features, motivation and psychology, and extrinsic factors such as graft type, surgical technique, rehabilitation protocols, and biological support. In this Lecture, we will review the current evidence regarding RTS after ACLR, discuss current criteria used to determine readiness to RTS, and identify potential



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Publications:

1. Evaluating the Mechanical Properties of Admixed Blended Cement Pastes and Estimating its Kinetics of Hydration by Different Techniques
2. Genetic Diversity Using Random Amplified Polymorphic DNA (RAPD) Analysis for Aspergillus niger isolates
3. Au-Ag-Cu nanoparticles alloys showed antifungal activity against the antibiotics-resistant Candida albicans
4. Induce mutations for Bavistin resistance in Trichoderma harzianum by UV-irradiation
5. Biliary Sludge. Analysis of a Clinical Case

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